



# Krishnamurti

FOUNDATION TRUST

EXTRACTS FROM  
RECORDINGS

2026  
EDITION



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# Introduction

The official Krishnamurti YouTube channel began in 2006. Since then, Krishnamurti Foundation Trust has been solely responsible for managing and producing its entire content of over 2,000 videos and audio recordings carefully stored in our state-of-the-art archives at Brockwood Park, UK. Every week, we continue to publish a previously-unreleased full-length audio recording, and a new topical video extract. All our content is offered free of charge and without adverts.

The Krishnamurti Foundation Trust Channel on YouTube started in 2011 and contains thousands of extracts carefully selected by the Foundation staff, as well as all the episodes of *The Urgency Of Change* Krishnamurti Podcast. These podcasts are available on Apple Podcasts, the Krishnamurti Foundation Trust website, YouTube, and all major podcast platforms. Transcripts are available for many of the episodes at [kfoundation.org/podcast](http://kfoundation.org/podcast).

This directory contains information about, and direct links to, all the video and audio **extracts** taken from J. Krishnamurti's talks and discussions currently on [J. Krishnamurti - Official Channel](#) and/or the [Krishnamurti Foundation Trust Channel](#). Many more recordings will be added in the future and will be included in updated versions of the directory.

## How to use this directory

You can consult the directory on a computer, tablet or phone and perform a word search to get information about recordings on specific topics. For phones and tablets, you might need to download a PDF reader app which allows word search. On a computer you can use **CTRL + F** (Windows) or **COMMAND + F** (Mac) when the document is opened to activate the search function.

You can directly go to a specific extract, podcast or full-length recording by clicking on the link in the Table of Contents.

At the bottom of every page you will find [Click here to return to the Table of Contents](#) which allows you to go back to the beginning of the Table of Contents from anywhere in the document.

To watch or listen to a recording on YouTube, click on the links provided. Your device needs to be connected to the internet. To enable subtitles in YouTube, click on the gear icon (Settings), then select 'Subtitles/CC' and the language desired. Please note that auto-generated subtitles will contain errors.

## Code format

### Events

**SA80T3** = Saanen 1980 Public Talk No. 3

**BR75D4** = Brockwood Park 1975 Public Discussion No. 4

### Extracts

**AM69T4-SQ01** = Amsterdam 1969 Public Talk No.4 *Spoken Question* No.1

**MA8182Q1-WQ04** = Madras 1981-82 Question & Answer Meeting No. 1 *Written Question* No. 4

**OJ79T6-EX01** = Ojai 1979 Public Talk No. 6 *Extract* No. 1

### Most common places

**AM:** Amsterdam, Netherlands

**BA:** Bangalore, India

**BE:** Benares, India

**BK:** Berkeley, USA

**BO:** Bombay (Mumbai), India

**BR:** Brockwood Park, England

**CC:** Calcutta (Kolkata), India

**CL:** Claremont, USA

**CO:** Colombo, Sri Lanka

**LO:** London, England

**LS:** Los Alamos, USA

**MA:** Madras (Chennai), India

**ML:** Malibu, USA

**ND:** New Delhi, India

**NY:** New York, USA

**OJ:** Ojai, USA

**RA:** Rajghat, India

**RV:** Rishi Valley, India

**SA:** Saanen, Switzerland

**SF:** San Francisco, USA

### Event types

**C:** Conversation

**D:** Public Discussion

**DS:** Discussion with Students

**DSG:** Discussion with Small Group

**DSS:** Discussion with Staff and Students

**DT:** Discussion with Teachers

**DYP:** Discussion with Young People

**F:** Film

**I:** Interview

**Q:** Public Question & Answer Meeting

**T:** Public Talk

**TS:** Talk to Students

## Get involved

Our videos are translated by volunteers from all over the world. If you would like to help us with translating subtitles, please contact us at [digital@kfoundation.org](mailto:digital@kfoundation.org)

For more information on the work and activities of the Foundation, including dozens of featured articles delving deeper into Krishnamurti's teachings, an introduction to Krishnamurti, a comprehensive Index of Topics, and information on [Brockwood Park](#) and [The Krishnamurti Centre](#), please visit [kfoundation.org](http://kfoundation.org)



# Video and Audio Extracts

## YouTube playlists

[J. Krishnamurti Official Channel – Video Extracts](#)

[J. Krishnamurti Official Channel – Audio Extracts](#)

[Krishnamurti Foundation Trust Channel - Extracts](#)

## Acceptance

[J. Krishnamurti RA84T2-EX06 Begin with acceptance](#)

Video - 5 minutes

From [J. Krishnamurti RA84T2 A religious mind has great sense of beauty](#)

## Accumulation

[J. Krishnamurti ML70DSG7-EX02 A mind freed from accumulation](#)

Video - 13 minutes

From [J. Krishnamurti ML70DSG7 What is order?](#)

## Achievement/Control

[J. Krishnamurti SD74CA8-EX04 Can you hold the sea in your hand?](#)

Video - 4 minutes

From [J. Krishnamurti SD74CA8 Does pleasure bring happiness?](#)

## Action

[J. Krishnamurti MA7879T1-EX02 An action not of the past](#)

Video - 13 minutes

From [J. Krishnamurti MA7879T1 Organisations have not saved man](#)

[J. Krishnamurti MA8081Q2-WQ05 What should I do to make my mind behave rightly?](#)

Video - 11 minutes

From [J. Krishnamurti MA8081Q2 2nd Question & Answer Meeting](#)

[J. Krishnamurti OJ80Q3-WQ02 On seeing and action](#)

Video - 13 minutes

From [J. Krishnamurti OJ80Q3 3rd Question & Answer Meeting](#)

[J. Krishnamurti OJ80T6-EX01 Is there an action not born of time?](#)

Video - 10 minutes

From [J. Krishnamurti OJ80T6 Action, observation and dying while living](#)

[J. Krishnamurti OJ82Q2-WQ02 What is an action and state of being that is pure?](#)

Video - 28 minutes

From [J. Krishnamurti OJ82Q2 2nd Question & Answer Meeting](#)

[J. Krishnamurti SA81Q2-WQ02 On the individual's responsibility for his actions](#)

Video - 13 minutes

From [J. Krishnamurti SA81Q2 2nd Question & Answer Meeting](#)

[J. Krishnamurti SA85Q2-WQ01 When one understands something must one act?](#)

Video - 22 minutes

From [J. Krishnamurti SA85Q2 2nd Question & Answer Meeting](#)

[J. Krishnamurti OJ80Q3-EX01 Acting from anonymity](#)

Video - 1 minute

From [J. Krishnamurti OJ80Q3 3rd Question & Answer Meeting](#)

[J. Krishnamurti US66FRR5-EX08 A totally different action](#)

Video - 2 minutes

From [J. Krishnamurti US66FRR5 What is love?](#)

[J. Krishnamurti WA85T2-EX02 What is action?](#)

Video - 8 minutes

From [J. Krishnamurti WA85T2 At the end of sorrow is passion](#)

[J. Krishnamurti OJ80T6-EX04 An action that is not self-centred](#)

Video - 6 minutes

From [J. Krishnamurti OJ80T6 Action, observation and dying while living](#)

[J. Krishnamurti RA85T1-EX01 Our daily action is based on thinking](#)

Video - 8 minutes

From [J. Krishnamurti RA85T1 Whatever you think, you are](#)

[J. Krishnamurti BR79S2-EX02 Is there an action that is not self-centred?](#)

Video - 6 minutes

From [J. Krishnamurti BR79S2 Observing my prejudice](#)

[J. Krishnamurti BR81S5-EX04 What do we do, faced with this tremendous problem?](#)

Video - 7 minutes

From [J. Krishnamurti BR81S5 Communication](#)

[J. Krishnamurti OJBR80CB9-EX07 When you see a dangerous animal](#)

Video - 5 minutes

From [J. Krishnamurti OJBR80CB9 Senility and the brain cells](#)

[J. Krishnamurti SA76T3-EX05 An action not born of will](#)

Video - 7 minutes

From [J. Krishnamurti SA76T3 The impediments to radical transformation](#)

### **Action/Knowledge**

[J. Krishnamurti BR84SBR2-EX02 Action based on knowledge is limited](#)

Video - 9 minutes

From [J. Krishnamurti BR84SBR2 Is there an action in which there is no limitation?](#)

### **Action/Limited**

[J. Krishnamurti BR84SBR2-EX03 Is there an action that is not limited?](#)

Video - 11 minutes

From [J. Krishnamurti BR84SBR2 Is there an action in which there is no limitation?](#)

### **Action/Me**

[J. Krishnamurti BR79S5-EX04 What is action without a me?](#)

Video - 6 minutes

From [J. Krishnamurti BR79S5 What do I do in a deteriorating world?](#)

### **Action/Political**

[J. Krishnamurti OJ82Q3-WQ03 Isn't political action necessary to bring about total change?](#)

Video - 11 minutes

From [J. Krishnamurti OJ82Q3 3rd Question & Answer Meeting](#)

[J. Krishnamurti OJ82Q4-WQ01 On active political involvement](#)

Video - 20 minutes

From [J. Krishnamurti OJ82Q4 4th Question & Answer Meeting](#)

### **Action/Reaction**

[J. Krishnamurti BR83CPJ1-EX05 We act and react like the ebb and flow of the tide](#)

Video - 4 minutes

From [J. Krishnamurti BR83CPJ1 What will bring about change in the brain?](#)

[J. Krishnamurti RV83S1-EX08 Can action and reaction stop?](#)

Video - 6 minutes

From [J. Krishnamurti RV83S1 Why are you educating your children?](#)

### **Action/Right**

[J. Krishnamurti BR81Q2-WQ03 What is right action that will meet everything in our lives?](#)

Video - 19 minutes

From [J. Krishnamurti BR81Q2 2nd Question & Answer Meeting](#)

[J. Krishnamurti BR82Q1-WQ02 Can right action ever encompass violence?](#)

Video - 16 minutes

From [J. Krishnamurti BR82Q1 1st Question & Answer Meeting](#)

[J. Krishnamurti OJ81Q4-WQ02 What is right action when understanding isn't total?](#)

Video - 7 minutes

From [J. Krishnamurti OJ81Q4 4th Question & Answer Meeting](#)

[J. Krishnamurti BR78T1-EX01 What is right action?](#)

Video - 9 minutes

From [J. Krishnamurti BR78T1 Can I strip myself of the network of language?](#)

[J. Krishnamurti BR80T1-EX02 Who knows what right action is?](#)

Video - 8 minutes

From [J. Krishnamurti BR80T1 What is right action in this chaotic world?](#)

[J. Krishnamurti OJ81T3-EX04 Is there a right action?](#)

Video - 5 minutes

From [J. Krishnamurti OJ81T3 Can thought bring about right action?](#)

[J. Krishnamurti OJ81T3-EX02 Can thought bring about right action?](#)

Video - 2 minutes

From [J. Krishnamurti OJ81T3 Can thought bring about right action?](#)

[J. Krishnamurti BR7879CBS3-EX02 Right action](#)

Video - 7 minutes

From [J. Krishnamurti BR7879CBS3 Does free will exist?](#)

### **Action/Thought**

[J. Krishnamurti SA78T3-EX07 Is there an action not based on thought?](#)

Video - 17 minutes

From [J. Krishnamurti SA78T3 The limitation of thought](#)

[J. Krishnamurti SA84T1-EX07 Is there an action not based on thought?](#)

Video - 11 minutes

From [J. Krishnamurti SA84T1 If all time is now, what is action?](#)

### **Action/Violence**

[J. Krishnamurti BR79S2-EX01 What am I to do in this violent world?](#)

Video - 9 minutes

From [J. Krishnamurti BR79S2 Observing my prejudice](#)

### **Activity/Self-centred**

[J. Krishnamurti BR84SBR2-EX04 Put away all self-centred activity](#)

Video - 8 minutes

From [J. Krishnamurti BR84SBR2 Is there an action in which there is no limitation?](#)

### **Agree/Disagree**

[J. Krishnamurti MA8485T2-EX02 What is the need to agree or disagree?](#)

Video - 7 minutes

From [J. Krishnamurti MA8485T2 Can thought give human beings security?](#)

### **Analyser/Fragment**

[J. Krishnamurti SD70T2-EX02 The analyser is a fragment](#)

Video - 9 minutes

From [J. Krishnamurti SD70T2 Can the human mind be completely free of fear?](#)

### **Analysis**

[J. Krishnamurti NY71T2-EX02 Analysis is not the way](#)

Video - 14 minutes

From [J. Krishnamurti NY71T2 What you think, you are](#)

[J. Krishnamurti BR79T1-EX04 The game of analysis](#)

Video - 10 minutes

From [J. Krishnamurti BR79T1 What will make us change?](#)

## **Analysis/Action**

[J. Krishnamurti SD71DYP1-EX03 Analysis is postponement of action](#)

Video - 8 minutes

From [J. Krishnamurti SD71DYP1 Can human beings radically bring about in themselves a psychological revolution?](#)

## **Analysis/Conflict**

[J. Krishnamurti SA77T3-EX03 Where there is analysis there must be conflict](#)

Video - 4 minutes

From [J. Krishnamurti SA77T3 What is the relationship of clarity to compassion?](#)

## **Analysis/Time**

[J. Krishnamurti OJ72T2-EX02 Analysis implies time](#)

Video - 5 minutes

From [J. Krishnamurti OJ72T2 Order has its own law](#)

## **Anger**

[J. Krishnamurti BR83T3-EX02 I am anger](#)

Video - 2 minutes

From [J. Krishnamurti BR83T2 Only in peace can the human mind be free](#)

[J. Krishnamurti BR81CPJ2-EX04 Watching the whole movement of anger](#)

Video - 7 minutes

From [J. Krishnamurti BR81CPJ2 Living with death](#)

## **Art**

[J. Krishnamurti SA76T2-EX02 Art means to put everything in its right place](#)

Video - 9 minutes

From [J. Krishnamurti SA76T2 Observation and fear](#)

## **Art of Learning/Listening/Seeing**

[J. Krishnamurti SA85Q3-EX01 The art of listening, seeing and learning](#)

Video - 17 minutes

From [J. Krishnamurti SA85Q3 3rd Question & Answer Meeting](#)

[J. Krishnamurti MA8081T5-EX02 The arts of listening, seeing and learning](#)

Video - 17 minutes

From [J. Krishnamurti MA8081T5 Is thought the cause of the decay of man?](#)

[J. Krishnamurti SA82Q3-WQ01 On seeing and listening](#)

Video - 15 minutes

From [J. Krishnamurti SA82Q3 3rd Question & Answer Meeting](#)



[J. Krishnamurti SA77T3-EX05 The arts of learning, seeing and listening](#)

Video - 4 minutes

From [J. Krishnamurti SA77T3 What is the relationship of clarity to compassion?](#)

## **Artist**

[J. Krishnamurti OJ83Q1-WQ01 What is the role of the artist?](#)

Video - 20 minutes

From [J. Krishnamurti OJ83Q1 1st Question & Answer Meeting](#)

[J. Krishnamurti SD74CA17-EX02 What is an artist?](#)

Video - 4 minutes

From [J. Krishnamurti SD74CA17 Meditation, a quality of attention that pervades all of one's life](#)

## **Attachment**

[J. Krishnamurti BO85T4-EX04 We are attached to so many things](#)

Video - 12 minutes

From [J. Krishnamurti BO85T4 Is there a meditation that is not brought about by thought?](#)

[J. Krishnamurti BR80Q2-WQ04 Why do you say attachment is corruption?](#)

Video - 7 minutes

From [J. Krishnamurti BR80Q2 2nd Question & Answer Meeting](#)

[J. Krishnamurti CC82T3-EX08 You are all attached to something](#)

Video - 11 minutes

From [J. Krishnamurti CC82T3 What is the nature and the structure of disorder?](#)

[J. Krishnamurti SA80Q5-WQ05 On attachment and detachment](#)

Video - 14 minutes

From [J. Krishnamurti SA80Q5 5th Question & Answer Meeting](#)

[J. Krishnamurti OJ77T5-EX02 Why are you attached?](#)

Video - 3 minutes

From [J. Krishnamurti OJ77T5 Love and death](#)

[J. Krishnamurti BR84T3-EX02 Is there an ending of attachment?](#)

Video - 8 minutes

From [J. Krishnamurti BR84T3 Is it possible to end all sorrow?](#)

[J. Krishnamurti RA85T3-EX05 Why not get free of attachment now?](#)

Video - 3 minutes

From [J. Krishnamurti RA85T3 As long as there is a meditator, there is no meditation](#)

[J. Krishnamurti BR78S5-EX02 Can one stay with attachment?](#)

Video - 8 minutes

From [J. Krishnamurti BR78S5 Pain is the reaction to attachment](#)

[J. Krishnamurti SA77T6-EX05 There is no freedom in attachment](#)

Video - 4 minutes

From [J. Krishnamurti SA77T6 What is it to observe holistically?](#)

[J. Krishnamurti OJ80T4-EX02 You are attached – why?](#)

Video - 9 minutes

From [J. Krishnamurti OJ80T4 Desire, attachment and fear](#)

## **Attachment/Ending**

[J. Krishnamurti MA8384T3-EX10 End attachment while living](#)

Video - 4 minutes

From [J. Krishnamurti MA8384T3 To live means also to end](#)

## **Attacking/Defending**

[J. Krishnamurti UN85T-EX04 If a tyrant attacks, do you not defend?](#)

Video - 2 minutes

From [J. Krishnamurti UN85T Why can't man live peacefully on the earth?](#)

## **Attention**

[J. Krishnamurti BO85Q1-WQ02 Why can't we sustain attention?](#)

Video - 12 minutes

From [J. Krishnamurti BO85Q1 1st Question & Answer Meeting](#)

[J. Krishnamurti BR69T1-EX01 Total vs partial attention](#)

Audio - 4 minutes

From [J. Krishnamurti BR69T1 Living without resistance](#)

[J. Krishnamurti BR84Q1-WQ01 What is attention if it has nothing to do with thought?](#)

Video - 15 minutes

From [J. Krishnamurti BR84Q1 1st Question & Answer Meeting](#)

[J. Krishnamurti OJ80Q4-WQ05 What is the relationship of attention to thought?](#)

Video - 12 minutes

From [J. Krishnamurti OJ80Q4 4th Question & Answer Meeting](#)

[J. Krishnamurti OJ81Q4-WQ01 Is it possible to achieve a constant attention?](#)

Video - 29 minutes

From [J. Krishnamurti OJ81Q4 4th Question & Answer Meeting](#)

[J. Krishnamurti OJ82Q2-WQ01 What can one do to nourish attention?](#)

Video - 17 minutes

From [J. Krishnamurti OJ82Q2 2nd Question & Answer Meeting](#)

[J. Krishnamurti SA84Q3-WQ02 Does attention become a constant spontaneous state of action?](#)

Video - 12 minutes

From [J. Krishnamurti SA84Q3 3rd Question & Answer Meeting](#)

[J. Krishnamurti BR78D2-EX07 Be attentive for a single moment](#)

Video - 4 minutes

From [J. Krishnamurti BR78D2 Can one learn through relationship?](#)

[J. Krishnamurti SA79T1-EX01 Total attention](#)

Video - 7 minutes

From [J. Krishnamurti SA79T1 Is there a way out of the crisis in the world?](#)

[J. Krishnamurti BR84CMZ2-EX03 An extraordinary quality of attention](#)

Video - 4 minutes

From [J. Krishnamurti BR84CMZ2 What is the fact of fear?](#)

[J. Krishnamurti OJBR80CB13-EX05 Total attention is the only means](#)

Video - 10 minutes

From [J. Krishnamurti OJBR80CB13 The ending of psychological knowledge](#)

[J. Krishnamurti BR81DT5-EX06 Giving complete attention](#)

Video - 10 minutes

From [J. Krishnamurti BR81DT5 What is the quality of your mind?](#)

### **Attention/Concentration**

[J. Krishnamurti BR85T4-EX05 Attention vs Concentration](#)

Video - 6 minutes

From [J. Krishnamurti BR85T4 The nature of the brain that lives religiously](#)

### **Attention/Confusion**

[J. Krishnamurti BR80T3-EX04 When there is no attention, confusion arises](#)

Video - 2 minutes

From [J. Krishnamurti BR80T3 What is the relationship between the inner and outer confusion?](#)

### **Attention/Division**

[J. Krishnamurti SD72CA2-EX06 Attention in which there is no division](#)

Video - 6 minutes

From [J. Krishnamurti SD72CA2 What is the point of education?](#)

### **Attention/Inattention**

[J. Krishnamurti SD70T4-EX04 Awareness of inattention is attention](#)

Video - 8 minutes

From [J. Krishnamurti SD70T4 What is meditation?](#)

### **Attention/Problem**

[J. Krishnamurti OJBR80CB15-EX04 Where there is attention there is no problem](#)

Video - 8 minutes

From [J. Krishnamurti OJBR80CB15 Can human problems be solved?](#)

### **Attention/Silence**

[J. Krishnamurti MA8283T4-EX05 In attention is great silence](#)

Video - 2 minutes

From [J. Krishnamurti MA8283T4 Remaining with the challenge of sorrow](#)

[J. Krishnamurti LS84S2-EX04 Where there is attention there is silence](#)

Video - 7 minutes

From [J. Krishnamurti LS84S2 Creation comes out of meditation](#)

## **Austerity**

[J. Krishnamurti SA80Q1-WQ02 On austerity, integrity and total transformation](#)

Video - 24 minutes

From [J. Krishnamurti SA80Q1 1st Question & Answer Meeting](#)

## **Authority**

[J. Krishnamurti BR76CTM3-EX04 Why follow authority?](#)

Video - 12 minutes

From [J. Krishnamurti BR76CTM3 Can I completely change at the very root?](#)

[J. Krishnamurti SA82Q3-WQ03 I feel what you say is right and I have left my guru](#)

Video - 9 minutes

From [J. Krishnamurti SA82Q3 3rd Question & Answer Meeting](#)

[J. Krishnamurti LO82T2-EX04 In the realm of the spirit there is no authority](#)

Video - 3 minutes

From [J. Krishnamurti LO82T2 Order in consciousness](#)

[J. Krishnamurti SA84T3-EX01 A platform doesn't mean authority](#)

Video - 2 minutes

From [J. Krishnamurti SA84T3 Thought and the divisive process](#)

[J. Krishnamurti BR77T1-EX03 Authority must come to an end](#)

Video - 8 minutes

From [J. Krishnamurti BR77T1 Is it possible to see the limitation of thought?](#)

## **Authority/Change**

[J. Krishnamurti BR79T1-EX03 Authority does not bring about change](#)

Video - 9 minutes

From [J. Krishnamurti BR79T1 What will make us change?](#)

## **Authority/Conformity**

[J. Krishnamurti SA77T2-EX01 Where there is authority there is conformity](#)

Video - 8 minutes

From [J. Krishnamurti SA77T2 Is there security in psychological authority?](#)

## **Authority/Disorder**

[J. Krishnamurti BR76CTM3-EX01 Authority exists because we are in disorder](#)

Video - 1 minute

From [J. Krishnamurti BR76CTM3 Can I completely change at the very root?](#)

## **Authority/Psychological**

[J. Krishnamurti SA77T2-EX03 Psychological authority](#)

Video - 10 minutes

From [J. Krishnamurti SA77T2](#) Is there security in psychological authority?

## **Authority/Questioning**

[J. Krishnamurti MA8384T1-EX09](#) Question all authority

Video - 4 minutes

From [J. Krishnamurti MA8384T1](#) Can we radically bring about a change in ourselves?

## **Authority/Spiritual**

[J. Krishnamurti SD74CA15-EX01](#) Why do we accept spiritual authority?

Video - 14 minutes

From [J. Krishnamurti SD74CA15](#) Religion, authority and education - Part 1

[J. Krishnamurti SD74CA16-EX03](#) Do not accept spiritual authority

Video - 6 minutes

From [J. Krishnamurti SD74CA16](#) Religion, authority and education - Part 2

[J. Krishnamurti CC82T3-EX03](#) Spiritual authority

Video - 8 minutes

From [J. Krishnamurti CC82T3](#) What is the nature and the structure of disorder?

## **Awareness**

[J. Krishnamurti BO85Q1-WQ04](#) Can one be aware with all the senses simultaneously?

Video - 16 minutes

From [J. Krishnamurti BO85Q1](#) 1st Question & Answer Meeting

[J. Krishnamurti BR7879CBS5-EX07](#) What is awareness?

Video - 15 minutes

From [J. Krishnamurti BR7879CBS5](#) Is there life after death?

[J. Krishnamurti BR83Q2-WQ01](#) Is awareness beyond time?

Video - 36 minutes

From [J. Krishnamurti BR83Q2](#) 2nd Question & Answer Meeting

[J. Krishnamurti SA80Q2-WQ02](#) Is it possible to be completely awake?

Video - 14 minutes

From [J. Krishnamurti SA80Q2](#) 2nd Question & Answer Meeting

[J. Krishnamurti SA80Q3-WQ02](#) On inattention, and the gap between understanding and action

Video - 21 minutes

From [J. Krishnamurti SA80Q3](#) 3rd Question & Answer Meeting

[J. Krishnamurti SA81Q2-WQ03](#) On awareness and the awakening of intelligence

Video - 17 minutes

From [J. Krishnamurti SA81Q2](#) 2nd Question & Answer Meeting

[J. Krishnamurti SF73T1-SQ01](#) There is no continuous awareness

Audio - 11 minutes

From [J. Krishnamurti SF73T1](#) Knowledge in relationship creates division



[J. Krishnamurti SF73T4-SQ03 Just be aware](#)

Audio - 2 minutes

From [J. Krishnamurti SF73T4 Total negation of the self](#)

[J. Krishnamurti SM72T1-EX06 The simplicity of awareness](#)

Video - 1 minute

From [J. Krishnamurti SM72T1 To act instantly is to see actually 'what is'](#)

[J. Krishnamurti SA85Q1-EX01 Are you aware?](#)

Video - 1 minute

From [J. Krishnamurti SA85Q1 1st Question & Answer Meeting](#)

[J. Krishnamurti SA76T4-EX06 What is it to be aware?](#)

Video - 4 minutes

From [J. Krishnamurti SA76T4 Can the content of consciousness free itself?](#)

[J. Krishnamurti SD72CES1-EX08 What does it mean to be aware?](#)

Video - 5 minutes

From [J. Krishnamurti SD72CES1 Goodness only flowers in freedom](#)

## **Beauty**

[J. Krishnamurti BO84Q-WQ01 On beauty](#)

Video - 9 minutes

From [J. Krishnamurti BO84Q Question & Answer Meeting](#)

[J. Krishnamurti SD74CA9-EX10 Must beauty be expressed?](#)

Video - 10 minutes

From [J. Krishnamurti SD74CA9 Sorrow, passion and beauty](#)

[J. Krishnamurti BR81T4-EX01 A beauty not found in nature or art](#)

Video - 7 minutes

From [J. Krishnamurti BR81T4 What is meditation?](#)

[J. Krishnamurti OJ84T4-EX02 What is beauty?](#)

Video - 6 minutes

From [J. Krishnamurti OJ84T4 Is love part of consciousness?](#)

[J. Krishnamurti BR83T1-EX03 Beauty has no cause](#)

Video - 5 minutes

From [J. Krishnamurti BR83T1 How can the brain transform itself?](#)

[J. Krishnamurti BR84T4-EX02 Beauty is when the self is not](#)

Video - 5 minutes

From [J. Krishnamurti BR85T4 The nature of the brain that lives religiously](#)

[J. Krishnamurti WA85T1-EX05 Have you ever asked what beauty is?](#)

Video - 7 minutes

From [J. Krishnamurti WA85T1 In the present is the whole of time](#)

[J. Krishnamurti SA76T7-EX09 Beauty is when you are not](#)

Video - 7 minutes

From [J. Krishnamurti SA76T7 When you are a light to yourself you are a light to the world](#)

[J. Krishnamurti SA82T5-EX03 The nature of beauty](#)

Video - 9 minutes

From [J. Krishnamurti SA82T5 What is it to listen, to learn and to observe?](#)

[J. Krishnamurti SD74CA9-EX05 I don't know what beauty is](#)

Video - 10 minutes

From [J. Krishnamurti SD74CA9 Sorrow, passion and beauty](#)

[J. Krishnamurti SD74CA9-EX07 Very few have a sense of beauty](#)

Video - 6 minutes

From [J. Krishnamurti SD74CA9 Sorrow, passion and beauty](#)

## **Beauty/Self**

[J. Krishnamurti BR77T4-EX05 When the 'me' is absent there is beauty](#)

Video - 4 minutes

From [J. Krishnamurti BR77T4 Is the flowering of goodness a matter of time?](#)

[J. Krishnamurti RA85T2-EX01 For a second you don't exist](#)

Video - 8 minutes

From [J. Krishnamurti RA85T2 All time is contained now](#)

[J. Krishnamurti MA8485T3-EX04 When beauty is, the self is not](#)

Video - 9 minutes

From [J. Krishnamurti MA8485T3 The shallowness of a life without passion](#)

## **Beauty/Truth**

[J. Krishnamurti MA8485T3-EX03 Beauty is truth](#)

Video - 8 minutes

From [J. Krishnamurti MA8485T3 The shallowness of a life without passion](#)

## **Becoming**

[J. Krishnamurti OJBR80CB15-EX06 Seeing the danger of becoming](#)

Video - 11 minutes

From [J. Krishnamurti OJBR80CB15 Can human problems be solved?](#)

[J. Krishnamurti SA78T7-EX04 The end of becoming](#)

Video - 11 minutes

From [J. Krishnamurti SA78T7 If you are not occupied, are you nothing?](#)

[J. Krishnamurti OJBR80CB15-EX05 Becoming is a curse](#)

Video - 8 minutes

From [J. Krishnamurti OJBR80CB15 Can human problems be solved?](#)

[J. Krishnamurti SA81T3-EX01 The constant struggle to become](#)

Video - 6 minutes

From [J. Krishnamurti SA81T3 The ending of conflict](#)

[J. Krishnamurti SA81T3-EX02 Everyone is trying to become](#)

Video - 9 minutes

From [J. Krishnamurti SA81T3 The ending of conflict](#)

[J. Krishnamurti SA83T3-EX05 What is it that is becoming?](#)  
Video - 8 minutes  
From [J. Krishnamurti SA83T3 Where does one find complete security?](#)

[J. Krishnamurti SA82T4-EX01 What are you trying to become?](#)  
Video - 11 minutes  
From [J. Krishnamurti SA82T4 What are we human beings trying to become?](#)

### **Becoming/Desire**

[J. Krishnamurti BR80T2-EX02 Becoming is the urge of desire](#)  
Video - 7 minutes  
From [J. Krishnamurti BR80T2 Can the brain transform itself?](#)

### **Becoming/Time**

[J. Krishnamurti CC82T2-EX06 Becoming is time](#)  
Video - 7 minutes  
From [J. Krishnamurti CC82T2 Is there a new instrument totally different from thought?](#)

### **Behaviour**

[J. Krishnamurti SM72T1-EX10 What does it take to snap from conditioned behaviour to spontaneity?](#)  
Video - 2 minutes  
From [J. Krishnamurti SM72T1 To act instantly is to see actually 'what is'](#)

### **Belief**

[J. Krishnamurti OJ80Q2-WQ01 What is an intelligent response to the belief that everything is relative?](#)  
Video - 29 minutes  
From [J. Krishnamurti OJ80Q2 2nd Question & Answer Meeting](#)

### **Belief/Hope**

[J. Krishnamurti US66FRR5-EX03 Belief is a form of hope](#)  
Video - 1 minute  
From [J. Krishnamurti US66FRR5 What is love?](#)

### **Belonging**

[J. Krishnamurti SD72CES2-EX03 Why belong to anything?](#)  
Video - 8 minutes  
From [J. Krishnamurti SD72CES2 Ending disorder is the ending of death](#)

### **Beyond**

[J. Krishnamurti BO85T4-EX06 Is there something beyond?](#)  
Video - 3 minutes

From [J. Krishnamurti BO85T4](#) Is there a meditation that is not brought about by thought?

## **Bible**

[J. Krishnamurti SD74CA7-EX02](#) Using the bible as blinkers

Video - 4 minutes

From [J. Krishnamurti SD74CA7](#) Understanding, not controlling, desire

## **Body/Brain**

[J. Krishnamurti MA8485T4-EX01](#) Our bodies are as misused as our brains

Video - 8 minutes

From [J. Krishnamurti MA8485T4](#) Death is not at the far end of life

## **Book of oneself**

[J. Krishnamurti SA76T6-EX05](#) The unread book of yourself

Video - 5 minutes

From [J. Krishnamurti SA76T6](#) Can attachment, belief, experience, knowledge, end now?

[J. Krishnamurti SA81Q3-WQ02](#) What do you mean by 'reading the book of one's life' in one look?

Video - 9 minutes

From [J. Krishnamurti SA81Q3](#) 3rd Question & Answer Meeting

## **Brain**

[J. Krishnamurti AM69T5-EX01](#) The brain is quiet when there is attention.

Audio - 12 minutes

From [J. Krishnamurti AM69T5](#) What is a religious life?

[J. Krishnamurti BR76CTM2-EX01](#) The mechanical brain

Video - 10 minutes

From [J. Krishnamurti BR76CTM2](#) A mechanical way of living leads to disorder

[J. Krishnamurti NY71T2-EX01](#) It is only in quietness that the brain renews itself

Video - 10 minutes

From [J. Krishnamurti NY71T2](#) What you think, you are

[J. Krishnamurti OJ79T5-EX02](#) Is it possible to keep the brain young?

Video - 5 minutes

From [J. Krishnamurti OJ79T5](#) What is disorder in one's life and what is death?

[J. Krishnamurti RV83S1-EX03](#) Is it possible to use the whole brain?

Video - 11 minutes

From [J. Krishnamurti RV83S1](#) Why are you educating your children?

[J. Krishnamurti SA83T2-EX01](#) What is the function of the brain?

Video - 11 minutes

From [J. Krishnamurti SA83T2](#) The function of the brain

[J. Krishnamurti SA83T2-EX02](#) Why is the brain concerned with itself?

Video - 13 minutes

From [J. Krishnamurti SA83T2 The function of the brain](#)

[J. Krishnamurti SA84T5-EX03 The brain is in constant turmoil](#)

Video - 11 minutes

From [J. Krishnamurti SA84T5 Why do we live with unresolved problems?](#)

[J. Krishnamurti BR83T4-EX02 If the brain is burdened you can't go far](#)

Video - 1 minute

From [J. Krishnamurti BR83T4 What kind of brain is needed for meditation?](#)

[J. Krishnamurti BR77T2-EX03 The function of the brain](#)

Video - 8 minutes

From [J. Krishnamurti BR77T2 What is the function of the brain?](#)

[J. Krishnamurti BR81T2-EX03 Can the brain function as a whole?](#)

Video - 3 minutes

From [J. Krishnamurti BR81T2 Looking at the whole content of consciousness](#)

[J. Krishnamurti BR81T2-EX06 Can the brain act as a whole?](#)

Video - 4 minutes

From [J. Krishnamurti BR81T2 Looking at the whole content of consciousness](#)

[J. Krishnamurti OJBR80CB9-EX02 The brain is constantly occupied](#)

Video - 9 minutes

From [J. Krishnamurti OJBR80CB9 Senility and the brain cells](#)

[J. Krishnamurti BR83CB2-EX01 The brain is programmed like a computer](#)

Video - 3 minutes

From [J. Krishnamurti BR83CB2 Is there evolution of consciousness?](#)

[J. Krishnamurti OJBR80CB9-EX01 Is the human brain capable of revival?](#)

Video - 7 minutes

From [J. Krishnamurti OJBR80CB9 Senility and the brain cells](#)

[J. Krishnamurti OJBR80CB10-EX02 What has damaged the brain?](#)

Video - 10 minutes

From [J. Krishnamurti OJBR80CB10 Cosmic order](#)

[J. Krishnamurti SA82T4-EX05 Can the brain break the pattern?](#)

Video - 7 minutes

From [J. Krishnamurti SA82T4 What are we human beings trying to become?](#)

[J. Krishnamurti RA84T2-EX04 Our brains have become mechanical](#)

Video - 7 minutes

From [J. Krishnamurti RA84T2 A religious mind has great sense of beauty](#)

[J. Krishnamurti SA83T5-EX05 What is going to happen to your brain?](#)

Video - 8 minutes

From [J. Krishnamurti SA83T5 Unconditioning the brain cells](#)

## **Brain/Body/Heart**

[J. Krishnamurti BR78DSS1.2-EX04 Are the brain, body and heart divided?](#)

Video - 6 minutes

From [J. Krishnamurti BR78DSS1.2 Can thought bring about a life that is totally harmonious?](#)



## **Brain/Change**

[J. Krishnamurti BR78T4-EX08 The brain cells undergo a change](#)

Video - 5 minutes

From [J. Krishnamurti BR78T4 The beginning of meditation](#)

[J. Krishnamurti BR83T1-EX01 What will change the brain cells?](#)

Video - 5 minutes

From [J. Krishnamurti BR83T1 How can the brain transform itself?](#)

## **Brain/Chattering**

[J. Krishnamurti OJ80Q4-EX01 Why is your mind chattering?](#)

Video - 7 minutes

From [J. Krishnamurti OJ80Q4 4th Question & Answer Meeting](#)

[J. Krishnamurti BR83T4-EX04 Ending the mind's chatter](#)

Video - 1 minute

From [J. Krishnamurti BR83T4 What kind of brain is needed for meditation?](#)

## **Brain/Computer**

[J. Krishnamurti SA83T1-EX03 With the computer, what will happen to your brain?](#)

Video - 10 minutes

From [J. Krishnamurti SA83T1 Is it possible to live in peace?](#)

## **Brain/Conditioning**

[J. Krishnamurti BR83T1-EX04 Why is the brain conditioned?](#)

Video - 8 minutes

From [J. Krishnamurti BR83T1 How can the brain transform itself?](#)

## **Brain/Content**

[J. Krishnamurti BR84CMZ1-EX01 Can the brain be free of its content?](#)

Video - 9 minutes

From [J. Krishnamurti BR84CMZ1 What do we mean by conditioning?](#)

## **Brain/Deterioration**

[J. Krishnamurti OJBR80CB9-EX05 Ending the deterioration of the brain](#)

Video - 7 minutes

From [J. Krishnamurti OJBR80CB9 Senility and the brain cells](#)

## **Brain/Effort**

[J. Krishnamurti BR80T4-EX02 Constant struggle wears out the brain](#)

Video - 6 minutes

From [J. Krishnamurti BR80T4 Religion, death and meditation](#)

## **Brain/Freedom**

[J. Krishnamurti BO85T1-EX02 Can the human brain be entirely free?](#)

Video - 4 minutes

From [J. Krishnamurti BO85T1 What is our brain?](#)

## **Brain/Images**

[J. Krishnamurti SA76T5-EX02 Why does the brain build up images?](#)

Video - 8 minutes

From [J. Krishnamurti SA76T5 Suffering and love](#)

## **Brain/Knowledge**

[J. Krishnamurti MA82DSG-EX08 The brain is conditioned by knowledge](#)

Video - 12 minutes

From [J. Krishnamurti MA82DSG Is it possible for the brain to act totally?](#)

[J. Krishnamurti OJBR80CB9-EX03 Can the brain be free of knowledge?](#)

Video - 10 minutes

From [J. Krishnamurti OJBR80CB9 Senility and the brain cells](#)

## **Brain/Limitations**

[J. Krishnamurti BR85T1-EX03 Can the brain be aware of its limitation?](#)

Video - 7 minutes

From [J. Krishnamurti BR85T1 Why do we have so many problems?](#)

## **Brain/Mind**

[J. Krishnamurti BO84Q-WQ05 On the difference between brain and mind](#)

Video - 11 minutes

From [J. Krishnamurti BO84Q Question & Answer Meeting](#)

[J. Krishnamurti BR82Q2-WQ03 What do you mean by brain, mind and consciousness?](#)

Video - 12 minutes

From [J. Krishnamurti BR82Q2 2nd Question & Answer Meeting](#)

[J. Krishnamurti MA8081Q1-WQ02 Is there any difference between the brain and mind?](#)

Video - 15 minutes

From [J. Krishnamurti MA8081Q1 1st Question & Answer Meeting](#)

[J. Krishnamurti OJ81Q1-WQ02 Is there a difference between the brain and the mind?](#)

Video - 15 minutes

From [J. Krishnamurti OJ81Q1 1st Question & Answer Meeting](#)

[J. Krishnamurti SA83Q2-WQ02 Could we speak about the brain and the mind?](#)

Video - 36 minutes

From [J. Krishnamurti SA83Q2 2nd Question & Answer Meeting](#)

[J. Krishnamurti SA85Q2-WQ05 Why do you differentiate between the brain and the mind?](#)

Video - 14 minutes

From [J. Krishnamurti SA85Q2 2nd Question & Answer Meeting](#)

[J. Krishnamurti RV82CPA-EX04 The brain is the mind when it is totally free](#)

Video - 6 minutes

From [J. Krishnamurti RV82CPA Reading the book of mankind](#)

[J. Krishnamurti RV82CPA-EX02 In the psychological realm, we have hardly moved](#)

Video - 8 minutes

From [J. Krishnamurti RV82CPA Reading the book of mankind](#)

### **Brain/Mutation**

[J. Krishnamurti CC82T1-EX01 Mutation in the brain cells](#)

Video - 8 minutes

From [J. Krishnamurti CC82T1 Your consciousness is the consciousness of all humanity](#)

[J. Krishnamurti SA83T1-EX06 A mutation in the brain](#)

Video - 7 minutes

From [J. Krishnamurti SA83T1 Is it possible to live in peace?](#)

### **Brain/Occupation**

[J. Krishnamurti BR81T4-EX04 We are always occupied](#)

Video - 5 minutes

From [J. Krishnamurti BR81T4 What is meditation?](#)

### **Brain/Past**

[J. Krishnamurti SA84T1-EX06 Can the brain be free of the past?](#)

Video - 10 minutes

From [J. Krishnamurti SA84T1 If all time is now, what is action?](#)

### **Brain/Problem**

[J. Krishnamurti BR83Q2-EX01 Is your brain free from problems?](#)

Video - 18 minutes

From [J. Krishnamurti BR83Q2 2nd Question & Answer Meeting](#)

[J. Krishnamurti BR85T1-EX02 Is your brain free to solve problems?](#)

Video - 9 minutes

From [J. Krishnamurti BR85T1 Why do we have so many problems?](#)

[J. Krishnamurti BO85T1-EX09 Can the brain be without a single problem?](#)

Video - 5 minutes

From [J. Krishnamurti BO85T1 What is our brain?](#)

[J. Krishnamurti MA8384T1-EX04 The brain has a problem](#)

Video - 7 minutes

From [J. Krishnamurti MA8384T1 Can we radically bring about a change in ourselves?](#)

[J. Krishnamurti RA85T1-EX02 Our brain is conditioned to have problems](#)

Video - 8 minutes

From [J. Krishnamurti RA85T1 Whatever you think, you are](#)

[J. Krishnamurti SA84T2-EX05 The brain is responsible for problems](#)

Video - 8 minutes

From [J. Krishnamurti SA84T2 The relationship of health to freedom](#)

### **Brain/Quiet/Order**

[J. Krishnamurti SA84T6-EX05 The brain is quiet when there is order](#)

Video - 11 minutes

From [J. Krishnamurti SA84T6 Living with death and life together](#)

### **Brain/Recording**

[J. Krishnamurti BR81T4-EX03 Can the brain stop recording?](#)

Video - 6 minutes

From [J. Krishnamurti BR81T4 What is meditation?](#)

[J. Krishnamurti MA8384T2-EX04 The brain is always recording](#)

Video - 5 minutes

From [J. Krishnamurti MA8384T2 What relationship has time to fear?](#)

### **Brain/Security**

[J. Krishnamurti SA83T2-EX03 Is the brain merely concerned with security?](#)

Video - 10 minutes

From [J. Krishnamurti SA83T2 The function of the brain](#)

### **Brain/Silence**

[J. Krishnamurti SA83T6-EX06 Absolute silence in the brain](#)

Video - 8 minutes

From [J. Krishnamurti SA83T6 Religion and meditation](#)

### **Brain/Space**

[J. Krishnamurti BR83T4-EX05 A brain must have space](#)

Video - 9 minutes

From [J. Krishnamurti BR83T4 What kind of brain is needed for meditation?](#)

### **Brain/Time**

[J. Krishnamurti OJ81T3-EX03 The brain functions in time](#)

Video - 10 minutes

From [J. Krishnamurti OJ81T3 Can thought bring about right action?](#)

[J. Krishnamurti OJ80T1-EX02 The brain is the result of time](#)

Video - 9 minutes

From [J. Krishnamurti OJ80T1 Can we think together about the crisis we are facing?](#)

## **Brain/Understanding**

[J. Krishnamurti BR84SBR1-EX01 Understanding the brain](#)

Video - 10 minutes

From [J. Krishnamurti BR84SBR1 What is thought?](#)

## **Broken up/Being**

[J. Krishnamurti SA82T2-EX01 Do we realise we are broken up?](#)

Video - 10 minutes

From [J. Krishnamurti SA82T2 What makes our lives so fragmented?](#)

## **Buddha**

[J. Krishnamurti NY71T1-EX07 Question: What do you think about the Buddha?](#)

Video - 2 minutes

From [J. Krishnamurti NY71T1 To be aware of our past](#)

## **Capacity/Society**

[J. Krishnamurti BR78S3-EX03 Society has helped us to have no capacity](#)

Video - 9 minutes

From [J. Krishnamurti BR78S3 Can you face the fact that you are absolutely nothing?](#)

## **Cause/Effect**

[J. Krishnamurti BR77T3-EX02 Cause and effect](#)

Video - 9 minutes

From [J. Krishnamurti BR77T3 What is at the very root of sorrow?](#)

[J. Krishnamurti SA82T2-EX02 Understanding cause and effect](#)

Video - 11 minutes

From [J. Krishnamurti SA82T2 What makes our lives so fragmented?](#)

## **Cause/Effect/Time**

[J. Krishnamurti SA82T3-EX02 The movement from cause to effect is time](#)

Video - 10 minutes

From [J. Krishnamurti SA82T3 An intelligence beyond cause](#)

## **Certainty**

[J. Krishnamurti SA80Q5-WQ06 Is there an absolute certainty?](#)

Video - 13 minutes

From [J. Krishnamurti SA80Q5 5th Question & Answer Meeting](#)

[J. Krishnamurti BR78D2-EX04 We want to be certain](#)

Video - 7 minutes

From [J. Krishnamurti BR78D2 Can one learn through relationship?](#)



## Change

[J. Krishnamurti AM69T1-EX01 Why don't we have the energy to change?](#)

Audio - 13 minutes

From [J. Krishnamurti AM69T1 Why don't we have the energy to change?](#)

[J. Krishnamurti BR79S6-EX04 Will anything make us change?](#)

Video - 11 minutes

From [J. Krishnamurti BR79S6 Can you have insight if there is a centre?](#)

[J. Krishnamurti BR80Q2-WQ05 Can a minority of integrated people outweigh the majority?](#)

Video - 4 minutes

From [J. Krishnamurti BR80Q2 2nd Question & Answer Meeting](#)

[J. Krishnamurti BR85Q2-WQ02 If I change, what will happen afterwards?](#)

Video - 10 minutes

From [J. Krishnamurti BR85Q2 2nd Question & Answer Meeting](#)

[J. Krishnamurti MA8081Q1-WQ06 On change and destiny](#)

Video - 8 minutes

From [J. Krishnamurti MA8081Q1 1st Question & Answer Meeting](#)

[J. Krishnamurti MA8384Q1-SQ01 What have you done about poverty?](#)

Video - 9 minutes

From [J. Krishnamurti MA8384Q1 1st Question & Answer Meeting](#)

[J. Krishnamurti MA8384Q1-WQ01 How can mere individuals change and affect the whole?](#)

Video - 37 minutes

From [J. Krishnamurti MA8384Q1 1st Question & Answer Meeting](#)

[J. Krishnamurti MA8384Q1-WQ02 Is mutation purely a psychological happening?](#)

Video - 32 minutes

From [J. Krishnamurti MA8384Q1 1st Question & Answer Meeting](#)

[J. Krishnamurti OJ80Q2-WQ03 On the urgency of change](#)

Video - 11 minutes

From [J. Krishnamurti OJ80Q2 2nd Question & Answer Meeting](#)

[J. Krishnamurti OJ82Q2-WQ04 Why do we not change?](#)

Video - 12 minutes

From [J. Krishnamurti OJ82Q2 2nd Question & Answer Meeting](#)

[J. Krishnamurti OJ85Q2-WQ02 Are we struggling against our nature in seeking to change?](#)

Video - 6 minutes

From [J. Krishnamurti OJ85Q2 2nd Question & Answer Meeting](#)

[J. Krishnamurti SA79T5-EX01 We remain more or less the same](#)

Video - 11 minutes

From [J. Krishnamurti SA79T5 Are desire and time responsible for fear?](#)

[J. Krishnamurti SA83Q3-WQ05 How am I to radically bring about a change in my life?](#)

Video - 11 minutes

From [J. Krishnamurti SA83Q3 3rd Question & Answer Meeting](#)

[J. Krishnamurti SD74CA1-EX01 It is your responsibility to change](#)

Video - 3 minutes

From [J. Krishnamurti SD74CA1 Knowledge and the transformation of man](#)

[J. Krishnamurti SD74CA1-EX02 Change at the root](#)

Video - 2 minutes

From [J. Krishnamurti SD74CA1 Knowledge and the transformation of man](#)

[J. Krishnamurti US84FCC-EX04 Why don't you change?](#)

Video - 1 minute

From [J. Krishnamurti US84FCC The challenge of change](#)

[J. Krishnamurti SA81T5-EX04 Whose fault is it you haven't changed?](#)

Video - 1 minute

From [J. Krishnamurti SA81T5 Can the brain be totally free?](#)

[J. Krishnamurti BR83CPJ1-EX01 Do we want to change?](#)

Video - 1 minute

From [J. Krishnamurti BR83CPJ1 What will bring about change in the brain?](#)

[J. Krishnamurti SA79T2-EX06 What will make you change?](#)

Video - 4 minutes

From [J. Krishnamurti SA79T2 Can we together create a good society?](#)

[J. Krishnamurti BR80T1-EX03 What will make us change?](#)

Video - 9 minutes

From [J. Krishnamurti BR80T1 What is right action in this chaotic world?](#)

[J. Krishnamurti BR76CTM3-EX03 I want to change](#)

Video - 8 minutes

From [J. Krishnamurti BR76CTM3 Can I completely change at the very root?](#)

[J. Krishnamurti BR81S3-EX01 If one person changes, it affects the whole](#)

Video - 6 minutes

From [J. Krishnamurti BR81S3 Can thought see itself?](#)

[J. Krishnamurti BR84CRE-EX02 What is change?](#)

Video - 5 minutes

From [J. Krishnamurti BR84CRE Can fear be completely wiped away?](#)

[J. Krishnamurti BR84SBR1-EX06 A complete change of direction](#)

Video - 5 minutes

From [J. Krishnamurti BR84SBR1 What is thought?](#)

[J. Krishnamurti SA76T3-EX02 Why haven't you changed?](#)

Video - 10 minutes

From [J. Krishnamurti SA76T3 The impediments to radical transformation](#)

[J. Krishnamurti SA76T3-EX01 Very few human beings change radically](#)

Video - 9 minutes

From [J. Krishnamurti SA76T3 The impediments to radical transformation](#)

[J. Krishnamurti OJ83CJS-EX03 Change is imperative](#)

Video - 4 minutes

From [J. Krishnamurti OJ83CJS What makes us change?](#)

[J. Krishnamurti OJ79D4-EX06 Man has not changed](#)

Video - 11 minutes

From [J. Krishnamurti OJ79D4 What is blocking us from change?](#)

## **Change/Time**

[J. Krishnamurti BR83CB2-EX02 Time is not necessary to change](#)

Video - 10 minutes

From [J. Krishnamurti BR83CB2 Is there evolution of consciousness?](#)

[J. Krishnamurti SM72T1-EX03 We have no time](#)

Video - 1 minute

From [J. Krishnamurti SM72T1 To act instantly is to see actually 'what is'](#)

[J. Krishnamurti BR84CIM1-EX06 What I am now will be what I am tomorrow, unless I change now](#)

Video - 11 minutes

From [J. Krishnamurti BR84CIM1 Where there is self-interest love is not](#)

## **Chaos**

[J. Krishnamurti OJ79T3-EX01 You are contributing to chaos](#)

Video - 6 minutes

From [J. Krishnamurti OJ79T3 What is the root of fear?](#)

## **Chaos/Responsibility**

[J. Krishnamurti OJ83T1-EX02 Who is responsible for this chaos?](#)

Video - 2 minutes

From [J. Krishnamurti OJ83T1 Thought and knowledge are limited](#)

## **Chastity**

[J. Krishnamurti SD71DYP2-EX06 What is chastity?](#)

Video - 4 minutes

From [J. Krishnamurti SD71DYP2 A possibility of change](#)

## **Chattering**

[J. Krishnamurti BR79T4-EX04 How am I to stop chattering?](#)

Video - 8 minutes

From [J. Krishnamurti BR79T4 Meditation, the timeless and love](#)

## **Chattering/(Story)**

[J. Krishnamurti BR83Q1-EX01 The chattering lady](#)

Video - 3 minutes

From [J. Krishnamurti BR83Q1 1st Question & Answer Meeting](#)

## **Children**

[J. Krishnamurti RV83S1-EX04 Do we love our children?](#)

Video - 5 minutes

From J. Krishnamurti RV83S1 [Why are you educating your children?](#)

### **Choice/Clarity**

J. Krishnamurti SA77T7-EX02 [Choice comes about when there is no clarity](#)

Video - 6 minutes

From J. Krishnamurti SA77T7 [A movement which is timeless](#)

### **Choice/Confusion**

J. Krishnamurti OJ81T3-EX01 [Only the confused mind chooses](#)

Video - 5 minutes

From J. Krishnamurti OJ81T3 [Can thought bring about right action?](#)

### **Choiceless Awareness**

J. Krishnamurti MA8283T4-EX04 [Be aware without choice](#)

Video - 3 minutes

From J. Krishnamurti MA8283T4 [Remaining with the challenge of sorrow](#)

### **Clarity**

J. Krishnamurti SA77T4-EX01 [Clarity is not born of logic](#)

Video - 8 minutes

From J. Krishnamurti SA77T4 [Does compassion flower in the field of desire?](#)

### **Communion**

J. Krishnamurti SD74CA3-EX01 [Communion requires seriousness](#)

Video - 5 minutes

From J. Krishnamurti SD74CA3 [What is communication with others?](#)

### **Comparison**

J. Krishnamurti OJ82CNM2-EX02 [Can you live without comparing yourself?](#)

Video - 6 minutes

From J. Krishnamurti OJ82CNM2 [Psychological suffering](#)

J. Krishnamurti SD72CA2-EX04 [Comparison](#)

Video - 8 minutes

From J. Krishnamurti SD72CA2 [What is the point of education?](#)

J. Krishnamurti SA83T5-EX06 [Can you end all comparison now?](#)

Video - 9 minutes

From J. Krishnamurti SA83T5 [Unconditioning the brain cells](#)

### **Comparison/Conflict**

J. Krishnamurti MA8384T4-EX04 [There is conflict in comparison](#)

Video - 8 minutes

From [J. Krishnamurti MA8384T4](#) What has religion to do with your daily life?

### **Comparison/Habit**

[J. Krishnamurti BR76DSS2.2-EX01](#) To compare yourself is a habit

Video - 6 minutes

From [J. Krishnamurti BR76DSS2.2](#) Is there a different way of helping the student to learn?

### **Compassion**

[J. Krishnamurti BR80Q2-WQ02](#) Does compassion spring from observation or thought?

Video - 11 minutes

From [J. Krishnamurti BR80Q2](#) 2nd Question & Answer Meeting

[J. Krishnamurti BR82Q1-WQ03](#) On compassion and action

Video - 13 minutes

From [J. Krishnamurti BR82Q1](#) 1st Question & Answer Meeting

[J. Krishnamurti MA8283T4-EX02](#) The highest expression of compassion

Video - 5 minutes

From [J. Krishnamurti MA8283T4](#) Remaining with the challenge of sorrow

[J. Krishnamurti SA77T3-EX07](#) What is compassion?

Video - 6 minutes

From [J. Krishnamurti SA77T3](#) What is the relationship of clarity to compassion?

### **Compassion/Intelligence**

[J. Krishnamurti BR83CB2-EX03](#) Compassion is related to intelligence

Video - 6 minutes

From [J. Krishnamurti BR83CB2](#) Is there evolution of consciousness?

### **Competition**

[J. Krishnamurti MA8182Q1-WQ05](#) Is it possible to be competitive and yet not hurt?

Video - 8 minutes

From [J. Krishnamurti MA8182Q1](#) 1st Question & Answer Meeting

### **Comprehension/Totality**

[J. Krishnamurti BR83CPJ2-EX03](#) Comprehension of the totality of things

Video - 10 minutes

From [J. Krishnamurti BR83CPJ2](#) Why are we frightened to be nothing?

### **Computer**

[J. Krishnamurti MA8081T5-EX01](#) The computer is taking over

Video - 29 minutes

From [J. Krishnamurti MA8081T5](#) Is thought the cause of the decay of man?



[J. Krishnamurti BR85T4-EX02 When the computer takes over](#)  
Video - 1 minute  
From [J. Krishnamurti BR85T4 The nature of the brain that lives religiously](#)

[J. Krishnamurti BR81T1-EX02 Computers are taking over](#)  
Video - 9 minutes  
From [J. Krishnamurti BR81T1 Thought and the problems of our world](#)

[J. Krishnamurti BR81S4-EX01 Does the computer learn as we do?](#)  
Video - 5 minutes  
From [J. Krishnamurti BR81S4 You are humanity](#)

## **Concentration**

[J. Krishnamurti BR80Q1-WQ07 I derive strength from concentrating on a symbol. Is this an illusion?](#)  
Video - 8 minutes  
From [J. Krishnamurti BR80Q1 1st Question & Answer Meeting](#)

[J. Krishnamurti OJ77T6-EX01 In concentration is conflict](#)  
Video - 7 minutes  
From [J. Krishnamurti OJ77T6 What is the significance of meditation?](#)

## **Conclusion**

[J. Krishnamurti SA79D5-EX01 We are hooked on our own conclusions](#)  
Video - 2 minutes  
From [J. Krishnamurti SA79D5 How can we bring about a good society?](#)

[J. Krishnamurti SA77T6-EX01 Conclusions about another](#)  
Video - 5 minutes  
From [J. Krishnamurti SA77T6 What is it to observe holistically?](#)

## **Conditioning**

[J. Krishnamurti BR76D2-EX15 Everyone is conditioned](#)  
Video - 19 minutes  
From [J. Krishnamurti BR76D2 Can thought perceive the whole?](#)

[J. Krishnamurti BR7879CBS3-EX07 What is the beginning of conditioning?](#)  
Video - 11 minutes  
From [J. Krishnamurti BR7879CBS3 Does free will exist?](#)

[J. Krishnamurti BR81S4-EX05 We are so heavily conditioned](#)  
Video - 11 minutes  
From [J. Krishnamurti BR81S4 You are humanity](#)

[J. Krishnamurti OJ81Q1-WQ01 On conditioning](#)  
Video - 33 minutes  
From [J. Krishnamurti OJ81Q1 1st Question & Answer Meeting](#)

[J. Krishnamurti OJ85Q1-WQ02 Do racial physical differences affect conditioning?](#)  
Video - 14 minutes  
From [J. Krishnamurti OJ85Q1 1st Question & Answer Meeting](#)

[J. Krishnamurti SA78D1-EX01 You are not different from your conditioning](#)

Video - 6 minutes

From [J. Krishnamurti SA78D1 Can the drive of selfishness end?](#)

[J. Krishnamurti SA78D2-EX03 Seeing the danger of conditioning](#)

Video - 34 minutes

From [J. Krishnamurti SA78D2 What will make a human being change?](#)

[J. Krishnamurti SF73T4-SQ02 The mind can be free from conditioning](#)

Audio - 7 minutes

From [J. Krishnamurti SF73T4 Total negation of the self](#)

[J. Krishnamurti BR83Q2-EX04 I am conditioned](#)

Video - 1 minute

From [J. Krishnamurti BR83Q1 1st Question & Answer Meeting](#)

[J. Krishnamurti BR84IER-EX02 How do I strip away my conditioning?](#)

Video - 4 minutes

From a full recording not yet on YouTube

## **Conditioning/Danger**

[J. Krishnamurti OJ72T1-EX04 You don't see the danger of your conditioning](#)

Video - 12 minutes

From [J. Krishnamurti OJ72T1 What will bring humanity together?](#)

## **Conflict**

[J. Krishnamurti BR76D1-EX02 Inward conflict expresses itself outwardly](#)

Video - 4 minutes

From [J. Krishnamurti BR76D1 How do you observe your fears?](#)

[J. Krishnamurti OJ80T2-EX02 You are in conflict](#)

Video - 9 minutes

From [J. Krishnamurti OJ80T2 Observation is the total denial of analysis](#)

[J. Krishnamurti OJ82Q1-WQ02 Will there be less conflict when you depart?](#)

Video - 11 minutes

From [J. Krishnamurti OJ82Q1 1st Question & Answer Meeting](#)

[J. Krishnamurti WA85T1-EX02 Why are we perpetually in conflict?](#)

Video - 14 minutes

From [J. Krishnamurti WA85T1 In the present is the whole of time](#)

[J. Krishnamurti BR85T1-EX08 Can we live without a single conflict?](#)

Video - 5 minutes

From [J. Krishnamurti BR85Q1 1st Question & Answer Meeting](#)

[J. Krishnamurti BR84T1-EX01 What is the root of conflict?](#)

Video - 9 minutes

From [J. Krishnamurti BR84T1 The cause of conflict in relationship](#)

[J. Krishnamurti MA8384T2-EX02 Can you live without conflict?](#)

Video - 9 minutes

From [J. Krishnamurti MA8384T2 What relationship has time to fear?](#)

[J. Krishnamurti OJ80T1-EX01 The battle inside](#)

Video - 9 minutes

From [J. Krishnamurti OJ80T1 Can we think together about the crisis we are facing?](#)

[J. Krishnamurti BO85T1-EX03 Why do we have conflict?](#)

Video - 6 minutes

From [J. Krishnamurti BO85T1 What is our brain?](#)

[J. Krishnamurti SA81T2-EX01 We have been programmed for thousands of years](#)

Video - 8 minutes

From [J. Krishnamurti SA81T2 Learning that transforms consciousness](#)

[J. Krishnamurti BR82DSS2.3-EX02 Why have we accepted conflict?](#)

Video - 11 minutes

From [J. Krishnamurti BR82DSS2.3 Discovering something totally new](#)

### **Conflict/Comparison**

[J. Krishnamurti SA77T5-EX02 Conflict and comparison](#)

Video - 6 minutes

From [J. Krishnamurti SA77T5 Is there an action which is without cause and motive?](#)

### **Conflict/Ending**

[J. Krishnamurti BR85T1-EX06 Can conflict end?](#)

Video - 5 minutes

From [J. Krishnamurti BR85T1 Why do we have so many problems?](#)

[J. Krishnamurti SA81T3-EX04 A perception that ends conflict immediately](#)

Video - 10 minutes

From [J. Krishnamurti SA81T3 The ending of conflict](#)

### **Conflict/Knowledge**

[J. Krishnamurti SA81T3-EX03 Does knowledge end conflict?](#)

Video - 9 minutes

From [J. Krishnamurti SA81T3 The ending of conflict](#)

### **Conflict/Time**

[J. Krishnamurti BR84T1-EX02 Is time one of the causes of conflict?](#)

Video - 10 minutes

From [J. Krishnamurti BR84T1 The cause of conflict in relationship](#)

### **Confusion/Doing**

[J. Krishnamurti BR76D2-EX10 Whatever you do out of confusion will be confused](#)

Video - 6 minutes

From [J. Krishnamurti BR76D2 Can thought perceive the whole?](#)

[J. Krishnamurti SD71DYP1-EX06 What do I do when I'm confused?](#)

Video - 6 minutes

From [J. Krishnamurti SD71DYP1 Can human beings radically bring about in themselves a psychological revolution?](#)

## **Conscious/Unconscious**

[J. Krishnamurti SA78T6-EX02 Dividing consciousness into the conscious and unconscious is a mistake](#)

Video - 24 minutes

From [J. Krishnamurti SA78T6 Can consciousness go beyond itself?](#)

## **Consciousness**

[J. Krishnamurti BR76CTM3-EX05 Can consciousness empty?](#)

Video - 11 minutes

From [J. Krishnamurti BR76CTM3 Can I completely change at the very root?](#)

[J. Krishnamurti BR82Q1-WQ01 On individual and group consciousness](#)

Video - 21 minutes

From [J. Krishnamurti BR82Q1 1st Question & Answer Meeting](#)

[J. Krishnamurti CC82T1-EX02 Your consciousness is not yours](#)

Video - 10 minutes

From [J. Krishnamurti CC82T1 Your consciousness is the consciousness of all humanity](#)

[J. Krishnamurti OJ80Q3-WQ05 What does it mean to step out of the stream?](#)

Video - 8 minutes

From [J. Krishnamurti OJ80Q3 3rd Question & Answer Meeting](#)

[J. Krishnamurti OJ81Q4-WQ05 On revolution in consciousness](#)

Video - 10 minutes

From [J. Krishnamurti OJ81Q4 4th Question & Answer Meeting](#)

[J. Krishnamurti OJ81T1-EX01 Consciousness is not yours, it is global](#)

Video - 10 minutes

From [J. Krishnamurti OJ81T1 What is the root of the crisis in mankind?](#)

[J. Krishnamurti OJ84Q1-WQ01 On sharing the same consciousness](#)

Video - 26 minutes

From [J. Krishnamurti OJ84Q1 1st Question & Answer Meeting](#)

[J. Krishnamurti SA80Q5-WQ03 Are there different levels of consciousness?](#)

Video - 18 minutes

From [J. Krishnamurti SA80Q5 5th Question & Answer Meeting](#)

[J. Krishnamurti SA81T2-EX03 What is the nature of your consciousness?](#)

Video - 12 minutes

From [J. Krishnamurti SA81T2 Learning that transforms consciousness](#)

[J. Krishnamurti BR77T4-EX01 Consciousness reveals its story](#)

Video - 7 minutes

From [J. Krishnamurti BR77T4 Is the flowering of goodness a matter of time?](#)

[J. Krishnamurti BR81T3-EX05 Your consciousness is the consciousness of all humanity](#)

Video - 5 minutes

From [J. Krishnamurti BR81T3 Knowledge, sorrow, death, and to be free of the content of consciousness](#)

[J. Krishnamurti OJ81T2-EX02 We are the result of a million years](#)

Video - 3 minutes

From [J. Krishnamurti OJ81T2 Life is a movement of relationship](#)

[J. Krishnamurti OJ72T2-EX03 Consciousness is its content](#)

Video - 6 minutes

From [J. Krishnamurti OJ72T2 Order has its own law](#)

[J. Krishnamurti BR81S4-EX03 My consciousness is the consciousness of the world](#)

Video - 7 minutes

From [J. Krishnamurti BR81S4 You are humanity](#)

[J. Krishnamurti SA81T1-EX01 The turning point is in our consciousness](#)

Video - 10 minutes

From [J. Krishnamurti SA81T1 What is the nature of our consciousness?](#)

[J. Krishnamurti SA83T5-EX02 Your consciousness is not something personal](#)

Video - 8 minutes

From [J. Krishnamurti SA83T5 Unconditioning the brain cells](#)

[J. Krishnamurti OJBR80CB11-EX06 Moving beyond manmade consciousness](#)

Video - 7 minutes

From [J. Krishnamurti OJBR80CB11 The liberation of insight](#)

[J. Krishnamurti SA81T6-EX05 Cleansing the consciousness of humanity](#)

Video - 4 minutes

From [J. Krishnamurti SA81T6 Love and freedom](#)

### **Consciousness/Awareness**

[J. Krishnamurti BR76CTM3-EX06 Can consciousness be aware of itself?](#)

Video - 5 minutes

From [J. Krishnamurti BR76CTM3 Can I completely change at the very root?](#)

### **Consciousness/Change**

[J. Krishnamurti SA82Q3-WQ02 Can the change of a few affect total consciousness?](#)

Video - 9 minutes

From [J. Krishnamurti SA82Q3 3rd Question & Answer Meeting](#)

### **Consciousness/Death**

[J. Krishnamurti CC82T4-EX03 You are a vast reservoir](#)

Video - 6 minutes

From [J. Krishnamurti CC82T4 Time, death and meditation](#)

## **Consciousness/Emptying**

[J. Krishnamurti SA84T5-EX05 Can consciousness be emptied?](#)

Video - 7 minutes

From [J. Krishnamurti SA84T5 Why do we live with unresolved problems?](#)

## **Consciousness/Images**

[J. Krishnamurti BR76CTM6-EX02 Consciousness is filled with images](#)

Video - 1 minute

From [J. Krishnamurti BR76CTM6 Any form of image prevents the beauty of relationship](#)

## **Consciousness/Observing**

[J. Krishnamurti BR79T2-EX05 Observing our consciousness](#)

Video - 7 minutes

From [J. Krishnamurti BR79T2 Is thought the instrument of right action?](#)

[J. Krishnamurti SA76T4-EX02 Observing consciousness](#)

Video - 7 minutes

From [J. Krishnamurti SA76T4 Can the content of consciousness free itself?](#)

## **Consciousness/Seeing**

[J. Krishnamurti BR78S7-EX04 Can consciousness see itself wholly?](#)

Video - 11 minutes

From [J. Krishnamurti BR78S7 What is it that flowers?](#)

## **Consciousness/Self-centredness**

[J. Krishnamurti SA76T4-EX01 Our consciousness is self-centred](#)

Video - 8 minutes

From [J. Krishnamurti SA76T4 Can the content of consciousness free itself?](#)

## **Continuity**

[J. Krishnamurti BR81CPJ2-EX02 Deep continuity](#)

Video - 9 minutes

From [J. Krishnamurti BR81CPJ2 Living with death](#)

## **Contradiction**

[J. Krishnamurti OJ72T2-EX01 Contradiction in oneself](#)

Video - 7 minutes

From [J. Krishnamurti OJ72T2 Order has its own law](#)

## **Control**

[J. Krishnamurti SA79T7-EX04 We are educated to control](#)

Video - 10 minutes



From [J. Krishnamurti SA79T7](#) In total silence the mind comes upon the eternal

[J. Krishnamurti BR78T4-EX03](#) Is it possible to live without any form of control?

Video - 10 minutes

From [J. Krishnamurti BR78T4](#) The beginning of meditation

[J. Krishnamurti SA81T7-EX05](#) Can one live without controlling?

Video - 5 minutes

From [J. Krishnamurti SA81T7](#) To live without a shadow of control

## **Corruption**

[J. Krishnamurti MA8081Q1-WQ01](#) On the corrupt and immoral society

Video - 12 minutes

From [J. Krishnamurti MA8081Q1](#) 1st Question & Answer Meeting

[J. Krishnamurti RA84T1-EX03](#) The start of corruption

Video - 6 minutes

From [J. Krishnamurti RA84T1](#) What is the significance of our daily life?

## **Cosmos**

[J. Krishnamurti SA81T4-EX03](#) The whole cosmos is movement in relationship

Video - 8 minutes

From [J. Krishnamurti SA81T4](#) Living without images

## **Creation**

[J. Krishnamurti SA85Q1-WQ03](#) What do you mean by creation?

Video - 15 minutes

From [J. Krishnamurti SA85Q1](#) 1st Question & Answer Meeting

[J. Krishnamurti BR84T4-EX07](#) Creation is not invention

Video - 3 minutes

From [J. Krishnamurti BR84T4](#) The nature, depth and beauty of death

[J. Krishnamurti BR83T4-EX07](#) What is creation?

Video - 8 minutes

From [J. Krishnamurti BR83T4](#) What kind of brain is needed for meditation?

## **Creation/Love**

[J. Krishnamurti LS84S1-EX03](#) Creation is only possible where there is love

Video - 7 minutes

From [J. Krishnamurti LS84S1](#) Can thought be creative?

## **Creation/Stillness**

[J. Krishnamurti OJBR80CB14-EX03](#) Is creation born out of stillness?

Video - 9 minutes

From [J. Krishnamurti OJBR80CB14](#) The mind in the universe

## **Creativity**

[J. Krishnamurti OJ80Q3-WQ01 What is true creativity?](#)

Video - 17 minutes

From [J. Krishnamurti OJ80Q3 3rd Question & Answer Meeting](#)

[J. Krishnamurti SA84Q2-WQ01 Cannot creativity include the activity of thought?](#)

Video - 28 minutes

From [J. Krishnamurti SA84Q2 2nd Question & Answer Meeting](#)

## **Crisis**

[J. Krishnamurti BR85Q1-WQ03 What is my responsibility toward the world crisis?](#)

Video - 9 minutes

From [J. Krishnamurti BR85Q1 1st Question & Answer Meeting](#)

[J. Krishnamurti SD74CA3-EX03 A crisis is always new](#)

Video - 1 minute

From [J. Krishnamurti SD74CA3 What is communication with others?](#)

[J. Krishnamurti SA79D4-EX01 We only come together during a crisis](#)

Video - 1 minute

From [J. Krishnamurti SA79D4 What is the central issue of our life?](#)

## **Culture**

[J. Krishnamurti BR83CPJ1-EX07 Have our cultures collapsed?](#)

Video - 12 minutes

From [J. Krishnamurti BR83CPJ1 What will bring about change in the brain?](#)

## **Death**

[J. Krishnamurti BR76T3-EX15 What is the relationship of time to death?](#)

Video - 19 minutes

From [J. Krishnamurti BR76T3 Is psychological time an invention of thought?](#)

[J. Krishnamurti BR7879CBS5-EX01 What is it that dies?](#)

Video - 10 minutes

From [J. Krishnamurti BR7879CBS5 Is there life after death?](#)

[J. Krishnamurti MA8081Q2-WQ06 Is there any survival after death?](#)

Video - 16 minutes

From [J. Krishnamurti MA8081Q2 2nd Question & Answer Meeting](#)

[J. Krishnamurti MA8182Q2-WQ05 How shall I be rid of the fear of death?](#)

Video - 8 minutes

From [J. Krishnamurti MA8182Q2 2nd Question & Answer Meeting](#)

[J. Krishnamurti NY66T4-SQ02 There is no yesterday or tomorrow](#)

Audio - 7 minutes

From a full recording not yet on YouTube

[J. Krishnamurti OJ79T5-EX10 What is death?](#)

Video - 18 minutes

[From J. Krishnamurti OJ79T5 What is disorder in one's life and what is death?](#)

[J. Krishnamurti OJ80Q3-WQ04 On reincarnation](#)

Video - 17 minutes

[From J. Krishnamurti OJ80Q3 3rd Question & Answer Meeting](#)

[J. Krishnamurti OJ81T6-EX04 What is the significance of death?](#)

Video - 10 minutes

[From J. Krishnamurti OJ81T6 In ending, which is death, is great beauty](#)

[J. Krishnamurti OJ85T4-EX01 On death, continuity and creation](#)

Video - 22 minutes

[From J. Krishnamurti OJ85T4 The ending of continuity](#)

[J. Krishnamurti SA80Q2-WQ03 Can one live in a timeless state?](#)

Video - 19 minutes

[From J. Krishnamurti SA80Q2 2nd Question & Answer Meeting](#)

[J. Krishnamurti SA82Q2-WQ01 On death and detachment](#)

Video - 53 minutes

[From J. Krishnamurti SA82Q2 2nd Question & Answer Meeting](#)

[J. Krishnamurti SA83Q3-WQ04 What does death mean to you?](#)

Video - 18 minutes

[From J. Krishnamurti SA83Q3 3rd Question & Answer Meeting](#)

[J. Krishnamurti WA85T2-EX05 Death says you can't take anything with you](#)

Video - 14 minutes

[From J. Krishnamurti WA85T2 At the end of sorrow is passion](#)

[J. Krishnamurti LO82T2-EX06 What is death?](#)

Video - 1 minute

[From J. Krishnamurti LO82T2 Order in consciousness](#)

[J. Krishnamurti BR85T4-EX01 We make a fuss about death](#)

Video - 3 minutes

[From J. Krishnamurti BR85T4 The nature of the brain that lives religiously](#)

[J. Krishnamurti BR84T4-EX04 What does it mean to die?](#)

Video - 9 minutes

[From J. Krishnamurti BR84T4 The nature, depth and beauty of death](#)

[J. Krishnamurti BR77T3-EX04 Meeting death](#)

Video - 9 minutes

[From J. Krishnamurti BR77T3 What is at the very root of sorrow?](#)

[J. Krishnamurti BR83T3-EX05 What is it to die?](#)

Video - 9 minutes

[From J. Krishnamurti BR83T3 Freedom from the self](#)

[J. Krishnamurti OJ80T6-EX07 Death will not argue with you](#)

Video - 6 minutes

[From J. Krishnamurti OJ80T6 Action, observation and dying while living](#)

[J. Krishnamurti MA8384T3-EX07 Why have you put death far away from you?](#)

Video - 5 minutes

From [J. Krishnamurti MA8384T3 To live means also to end](#)

[J. Krishnamurti MA8384T3-EX08 Death is the final ending](#)

Video - 5 minutes

From [J. Krishnamurti MA8384T3 To live means also to end](#)

[J. Krishnamurti RA84T2-EX07 Death means ending](#)

Video - 7 minutes

From [J. Krishnamurti RA84T2 A religious mind has great sense of beauty](#)

[J. Krishnamurti BR81CPJ2-EX01 When death comes](#)

Video - 12 minutes

From [J. Krishnamurti BR81CPJ2 Living with death](#)

[J. Krishnamurti SA82T5-EX05 Death is ending](#)

Video - 8 minutes

From [J. Krishnamurti SA82T5 What is it to listen, to learn and to observe?](#)

[J. Krishnamurti OJ79T5-EX07 You can't argue with death](#)

Video - 12 minutes

From [J. Krishnamurti OJ79T5 What is disorder in one's life and what is death?](#)

### **Death/(Story)**

[J. Krishnamurti SA80T6-EX01 The boy sent to visit Death](#)

Video - 5 minutes

From [J. Krishnamurti SA80T6 The ending of sorrow brings love and compassion](#)

### **Death/Attachment**

[J. Krishnamurti BR81S2-EX03 Attachment after somebody dies](#)

Video - 6 minutes

From [J. Krishnamurti BR81S2 The division between the observer and the observed is illusory](#)

### **Death/Consciousness**

[J. Krishnamurti BR81T3-EX01 Death - What happens if I don't end all the content of my consciousness?](#)

Video - 30 minutes

From [J. Krishnamurti BR81T3 Knowledge, sorrow, death, and to be free of the content of consciousness](#)

[J. Krishnamurti SD74CA13-EX01 On death and the ending of consciousness 1](#)

Video - 15 minutes

From [J. Krishnamurti SD74CA13 A different way of living](#)

[J. Krishnamurti SD74CA13-EX02 On death and the ending of consciousness 2](#)

Video - 38 minutes

From [J. Krishnamurti SD74CA13 A different way of living](#)

## **Death/Continuity**

[J. Krishnamurti MA8485T4-EX02 We all want to continue](#)

Video - 10 minutes

From [J. Krishnamurti MA8485T4 Death is not at the far end of life](#)

## **Death/Fact**

[J. Krishnamurti BR83CPJ1-EX09 Facing the fact that my son is dead](#)

Video - 8 minutes

From [J. Krishnamurti BR83CPJ1 What will bring about change in the brain?](#)

## **Death/Fear**

[J. Krishnamurti SA78T6-EX03 Why are we afraid of death?](#)

Video - 23 minutes

From [J. Krishnamurti SA78T6 Can consciousness go beyond itself?](#)

[J. Krishnamurti RA85T3-EX04 Why are we scared of death?](#)

Video - 7 minutes

From [J. Krishnamurti RA85T3 As long as there is a meditator, there is no meditation](#)

## **Death/Life**

[J. Krishnamurti OJ81T6-EX03 Death is part of life](#)

Video - 6 minutes

From [J. Krishnamurti OJ81T6 In ending, which is death, is great beauty](#)

## **Death/Living**

[J. Krishnamurti AM81T2-EX02 Death is not separate from living](#)

Video - 4 minutes

From [J. Krishnamurti AM81T2 A religious mind is a very factual mind](#)

## **Death/Order/Disorder**

[J. Krishnamurti SD72CES2-EX01 Death, order and disorder](#)

Video - 14 minutes

From [J. Krishnamurti SD72CES2 Ending disorder is the ending of death](#)

## **Deceiving/Oneself**

[J. Krishnamurti BR84SBR3-EX06 Are you deceiving yourself?](#)

Video - 10 minutes

From [J. Krishnamurti BR84SBR3 Can thought come to an end?](#)

## **Dependence**

[J. Krishnamurti US84FCC-EX03 Who is there to tell you what to do?](#)

Video - 1 minute

From [J. Krishnamurti US84FCC The challenge of change](#)

## **Dependence/Isolation**

[J. Krishnamurti SA82T6-EX01 Dependence and isolation](#)

Video - 7 minutes

From [J. Krishnamurti SA82T6 Meditation and the ending of the self](#)

## **Desire**

[J. Krishnamurti BR83Q1-WQ02 Is desire something fundamental?](#)

Video - 37 minutes

From [J. Krishnamurti BR83Q1 1st Question & Answer Meeting](#)

[J. Krishnamurti OJ85Q1-WQ06 What is it that all of us desire?](#)

Video - 12 minutes

From [J. Krishnamurti OJ85Q1 1st Question & Answer Meeting](#)

[J. Krishnamurti SA77T4-EX11 What is desire?](#)

Video - 12 minutes

From [J. Krishnamurti SA77T4 Does compassion flower in the field of desire?](#)

[J. Krishnamurti SA80Q1-WQ01 On self-knowledge without desire and will](#)

Video - 30 minutes

From [J. Krishnamurti SA80Q1 1st Question & Answer Meeting](#)

[J. Krishnamurti SA83Q3-WQ01 What is desire?](#)

Video - 24 minutes

From [J. Krishnamurti SA83Q3 3rd Question & Answer Meeting](#)

[J. Krishnamurti SD74CA17-EX04 Why should I control my desires?](#)

Video - 7 minutes

From [J. Krishnamurti SD74CA17 Meditation, a quality of attention that pervades all of one's life](#)

[J. Krishnamurti US66FRR1-EX11 What's wrong with desire?](#)

Video - 1 minute

From [J. Krishnamurti US66FRR1 Where are we going?](#)

[J. Krishnamurti BR77T2-EX01 The movement of desire](#)

Video - 3 minutes

From [J. Krishnamurti BR77T2 What is the function of the brain?](#)

[J. Krishnamurti BR78T2-EX02 The structure of desire](#)

Video - 9 minutes

From [J. Krishnamurti BR78T2 How is one to have complete order?](#)

[J. Krishnamurti BR77T1-EX04 We have so many desires](#)

Video - 7 minutes

From [J. Krishnamurti BR77T1 Is it possible to see the limitation of thought?](#)

[J. Krishnamurti BR84T3-EX03 Why are we slaves to desire?](#)

Video - 10 minutes

From [J. Krishnamurti BR84T3 Is it possible to end all sorrow?](#)



[J. Krishnamurti RA85T2-EX05 The nature of desire](#)

Video - 3 minutes

From [J. Krishnamurti RA85T3 As long as there is a meditator, there is no meditation](#)

[J. Krishnamurti BR80DSG2.0-EX04 When does desire begin?](#)

Video - 8 minutes

From [J. Krishnamurti BR80DSG2.0 Thought is the beginning of desire](#)

[J. Krishnamurti SA81T4-EX07 We are all crazy about desire](#)

Video - 5 minutes

From [J. Krishnamurti SA81T4 Living without images](#)

[J. Krishnamurti SA84T3-EX08 How desire is born](#)

Video - 7 minutes

From [J. Krishnamurti SA84T3 Thought and the divisive process](#)

[J. Krishnamurti OJBR80CB12-EX03 Can my mind be desireless?](#)

Video - 8 minutes

From [J. Krishnamurti OJBR80CB12 The intelligence of love](#)

[J. Krishnamurti SA84T3-EX07 We are tortured by desire](#)

Video - 10 minutes

From [J. Krishnamurti SA84T3 Thought and the divisive process](#)

[J. Krishnamurti BR84CIM1-EX03 Understanding desire](#)

Video - 7 minutes

From [J. Krishnamurti BR84CIM1 Where there is self-interest love is not](#)

### **Desire/Beginning**

[J. Krishnamurti OJ80T4-EX01 Where does desire begin?](#)

Video - 5 minutes

From [J. Krishnamurti OJ80T4 Desire, attachment and fear](#)

### **Desire/Image**

[J. Krishnamurti SA79T5-EX04 Desire flowers the moment you create the image](#)

Video - 6 minutes

From [J. Krishnamurti SA79T5 Are desire and time responsible for fear?](#)

### **Desire/Love**

[J. Krishnamurti SA81T4-EX05 Desire is not love](#)

Video - 8 minutes

From [J. Krishnamurti SA81T4 Living without images](#)

### **Desire/Pleasure**

[J. Krishnamurti SD74CA7-EX01 On desire and pleasure](#)

Video - 35 minutes

From [J. Krishnamurti SD74CA7 Understanding, not controlling, desire](#)

## **Desire/Sensation**

[J. Krishnamurti AM81T1-EX03 Desire begins with sensation](#)

Video - 5 minutes

From [J. Krishnamurti AM81T1 Thought and time are the root of fear](#)

## **Desire/Source**

[J. Krishnamurti SA81T4-EX06 What is the source of desire?](#)

Video - 14 minutes

From [J. Krishnamurti SA81T4 Living without images](#)

## **Desire/Suppression**

[J. Krishnamurti US66FRR5-EX04 Suppression of desire](#)

Video - 1 minute

From [J. Krishnamurti US66FRR5 What is love?](#)

## **Desire/Thought**

[J. Krishnamurti US66FRR5-EX06 Thought strengthens desire](#)

Video - 1 minute

From [J. Krishnamurti US66FRR5 What is love?](#)

[J. Krishnamurti US66FRR5-EX07 Looking at something beautiful without thought](#)

Video - 1 minute

From [J. Krishnamurti US66FRR5 What is love?](#)

## **Desire/Thought/Sensation**

[J. Krishnamurti RA85T2-EX03 Thought creates desire from sensation](#)

Video - 9 minutes

From [J. Krishnamurti RA85T2 All time is contained now](#)

## **Discipline**

[J. Krishnamurti NY71T4-EX01 Discipline means 'to learn'](#)

Video - 10 minutes

From [J. Krishnamurti NY71T4 Can the mind become quiet?](#)

## **Discipline/Leaning**

[J. Krishnamurti SA79T4-EX01 Discipline means to learn, not to conform](#)

Video - 6 minutes

From [J. Krishnamurti SA79T4 Can goodness, love and truth be born of discipline?](#)

[J. Krishnamurti SD74CA8-EX10 Discipline and learning](#)

Video - 12 minutes

From [J. Krishnamurti SD74CA8 Does pleasure bring happiness?](#)

## **Discontent**

[J. Krishnamurti SA80Q3-WQ01 I am discontented with everything - what is wrong with me?](#)

Video - 25 minutes

From [J. Krishnamurti SA80Q3 3rd Question & Answer Meeting](#)

[J. Krishnamurti BR80T2-EX08 Discontent burns](#)

Video - 7 minutes

From [J. Krishnamurti BR80T2 Can the brain transform itself?](#)

## **Disorder**

[J. Krishnamurti OJ81T4-EX01 There is disorder as long as there is conflict](#)

Video - 10 minutes

From [J. Krishnamurti OJ81T4 Do we have the patience to listen to ourselves?](#)

[J. Krishnamurti SA78D5-EX02 Does a limited way of life cause disorder?](#)

Video - 5 minutes

From [J. Krishnamurti SA78D5 Order in oneself](#)

[J. Krishnamurti SD74CA5-EX01 Why is there such disorder in the world?](#)

Video - 8 minutes

From [J. Krishnamurti SD74CA5 Order comes from the understanding of our disorder](#)

[J. Krishnamurti SD74CA5-EX05 Disorder is not outside of me](#)

Video - 19 minutes

From [J. Krishnamurti SD74CA5 Order comes from the understanding of our disorder](#)

[J. Krishnamurti BR77D2-EX01 Disorder](#)

Video - 10 minutes

From [J. Krishnamurti BR77D2 Why is your mind chattering?](#)

[J. Krishnamurti BR80T3-EX01 How do you approach disorder?](#)

Video - 8 minutes

From [J. Krishnamurti BR80T3 What is the relationship between the inner and outer confusion?](#)

[J. Krishnamurti CC82T3-EX01 What is disorder?](#)

Video - 4 minutes

From [J. Krishnamurti CC82T3 What is the nature and the structure of disorder?](#)

[J. Krishnamurti SA82T3-EX04 Any movement away is disorder](#)

Video - 6 minutes

From [J. Krishnamurti SA82T3 An intelligence beyond cause](#)

## **Distortion**

[J. Krishnamurti BR76T4-EX05 The factors of distortion](#)

Video - 5 minutes

From [J. Krishnamurti BR76T4 Freedom is the first and last step](#)

## **Distraction**

[J. Krishnamurti NY71T1-EX08 Is distraction really distraction?](#)

Video - 4 minutes

From [J. Krishnamurti NY71T1 To be aware of our past](#)

[J. Krishnamurti MA8485T4-EX05 Is there such thing as distraction?](#)

Video - 12 minutes

From [J. Krishnamurti MA8485T4 Death is not at the far end of life](#)

[J. Krishnamurti MA7879T2-EX02 There is no distraction](#)

Video - 11 minutes

From [J. Krishnamurti MA7879T2 An action that is not the outcome of thought](#)

## **Division**

[J. Krishnamurti BR85T1-EX07 Why is there a divisive element in us?](#)

Video - 7 minutes

From [J. Krishnamurti BR85T1 Why do we have so many problems?](#)

[J. Krishnamurti BR80T3-EX02 The root of division](#)

Video - 8 minutes

From [J. Krishnamurti BR80T3 What is the relationship between the inner and outer confusion?](#)

## **Division/Conflict**

[J. Krishnamurti BR78D2-EX03 It is a law that in division is conflict](#)

Video - 3 minutes

From [J. Krishnamurti BR78D2 Can one learn through relationship?](#)

[J. Krishnamurti NY71T2-EX03 If there is division there must be conflict](#)

Video - 9 minutes

From [J. Krishnamurti NY71T2 What you think, you are](#)

## **Division/Psychological**

[J. Krishnamurti BR84CIM2-EX03 Why should there be division psychologically?](#)

Video - 7 minutes

From [J. Krishnamurti BR84CIM2 When there is love there is truth and beauty](#)

## **Division/Sorrow**

[J. Krishnamurti BR70IOH-EX10 Division implies sorrow](#)

Video - 1 minute

From a full recording not yet on YouTube

## **Doing**

[J. Krishnamurti RV83S1-EX05 Do we do anything voluntarily?](#)

Video - 4 minutes

From [J. Krishnamurti RV83S1 Why are you educating your children?](#)

## **Doubt**

[J. Krishnamurti SA84T1-EX02 The importance of doubt](#)

Video - 12 minutes

From [J. Krishnamurti SA84T1 If all time is now, what is action?](#)

[J. Krishnamurti OJ80T6-EX06 One must know when to doubt](#)

Video - 2 minutes

From [J. Krishnamurti OJ80T6 Action, observation and dying while living](#)

[J. Krishnamurti BR84CMZ3-EX03 Doubt everything](#)

Video - 6 minutes

From [J. Krishnamurti BR84CMZ3 What is religion to you?](#)

## **Dream**

[J. Krishnamurti SF73T2-SQ02 Are dreams necessary?](#)

Audio - 8 minutes

From [J. Krishnamurti SF73T2 What is the place of thought?](#)

## **Duality**

[J. Krishnamurti SD74CA2-EX02 The mind has evolved in duality](#)

Video - 1 minute

From [J. Krishnamurti SD74CA2 Knowledge and conflict in human relationships](#)

[J. Krishnamurti SA76T3-EX06 We have created a duality](#)

Video - 6 minutes

From [J. Krishnamurti SA76T3 The impediments to radical transformation](#)

[J. Krishnamurti SA84T4-EX02 The dualistic process within us](#)

Video - 6 minutes

From [J. Krishnamurti SA84T4 Ending disorder now](#)

## **Dying**

[J. Krishnamurti OJ77T5-EX01 Dying to everything each minute](#)

Video - 23 minutes

From [J. Krishnamurti OJ77T5 Love and death](#)

## **Dying/Every day**

[J. Krishnamurti SD70T3-EX05 Die every day](#)

Video - 7 minutes

From [J. Krishnamurti SD70T3 Understanding meditation requires order](#)

## **Dying/Sorrow**

[J. Krishnamurti MA8485T4-EX04 When I die, pain and sorrow go on](#)

Video - 5 minutes

From [J. Krishnamurti MA8485T4 Death is not at the far end of life](#)

## **Earth**

[J. Krishnamurti OJ83T1-EX11 We are destroying the beauty of the earth](#)

Video - 1 minute

From [J. Krishnamurti OJ83T1 Thought and knowledge are limited](#)

## **East/West**

[J. Krishnamurti BR83CPJ1-EX04 Is the East more inward-looking than the West?](#)

Video - 9 minutes

From [J. Krishnamurti BR83CPJ1 What will bring about change in the brain?](#)

## **Education**

[J. Krishnamurti BR82IR-SQ01 What is right education?](#)

Video - 4 minutes

From a full recording not yet on YouTube

[J. Krishnamurti BR82IR-SQ02 What are we doing at Brockwood?](#)

Video - 4 minutes

From a full recording not yet on YouTube

[J. Krishnamurti BR84Q2-WQ02 Do your schools give an understanding of human problems?](#)

Video - 10 minutes

From [J. Krishnamurti BR84Q2 2nd Question & Answer Meeting](#)

[J. Krishnamurti MA8081Q1-WQ07 Can a teacher inculcate decent behaviour in children?](#)

Video - 15 minutes

From [J. Krishnamurti MA8081Q1 1st Question & Answer Meeting](#)

[J. Krishnamurti OJ77D3-EX01 The complex problems in education](#)

Video - 12 minutes

From [J. Krishnamurti OJ77D3 Education and conditioning](#)

[J. Krishnamurti OJ77D3-EX05 There is no teacher separate from the taught](#)

Video - 20 minutes

From [J. Krishnamurti OJ77D3 Education and conditioning](#)

[J. Krishnamurti OJ80Q1-WQ01 What is the significance of history in education?](#)

Video - 16 minutes

From [J. Krishnamurti OJ80Q1 1st Question & Answer Meeting](#)

[J. Krishnamurti OJ82Q1-WQ01 How do we help children face the threatening world?](#)

Video - 23 minutes

From [J. Krishnamurti OJ82Q1 1st Question & Answer Meeting](#)

[J. Krishnamurti OJ82Q3-WQ01 On money going to educate a small group of children](#)

Video - 18 minutes

From [J. Krishnamurti OJ82Q3 3rd Question & Answer Meeting](#)

[J. Krishnamurti RV83DS2-EX01 What is the greatest profession?](#)

Video - 6 minutes

From [J. Krishnamurti RV83DS2 The function of an educator is to help students have a good academic brain and be good human beings](#)



[J. Krishnamurti SA80Q2-WQ01 What is the right way to earn a living?](#)

Video - 45 minutes

From [J. Krishnamurti SA80Q2 2nd Question & Answer Meeting](#)

[J. Krishnamurti SA80Q5-WQ01 How do I educate my young child?](#)

Video - 7 minutes

From [J. Krishnamurti SA80Q5 5th Question & Answer Meeting](#)

[J. Krishnamurti SA82Q3-WQ05 What preparation can I give my child for today's world?](#)

Video - 8 minutes

From [J. Krishnamurti SA82Q3 3rd Question & Answer Meeting](#)

[J. Krishnamurti SA83Q2-WQ01 Is there such thing as right education?](#)

Video - 28 minutes

From [J. Krishnamurti SA83Q2 2nd Question & Answer Meeting](#)

[J. Krishnamurti SA84Q2-WQ03 How can we educate our children to be intelligent and free?](#)

Video - 12 minutes

From [J. Krishnamurti SA84Q2 2nd Question & Answer Meeting](#)

[J. Krishnamurti SA84Q2-EX02 What do we mean by education?](#)

Video - 1 minute

From [J. Krishnamurti SA84Q2 2nd Question & Answer Meeting](#)

[J. Krishnamurti BR81S1-EX02 Educate yourself](#)

Video - 3 minutes

From [J. Krishnamurti BR81S1 Immediate change](#)

[J. Krishnamurti SA84T4-EX03 Education destroys children](#)

Video - 5 minutes

From [J. Krishnamurti SA84T4 Ending disorder now](#)

[J. Krishnamurti RV83S1-EX01 What do we want our education to be?](#)

Video - 9 minutes

From [J. Krishnamurti RV83S1 Why are you educating your children?](#)

[J. Krishnamurti SD72CA2-EX03 What is the point of education?](#)

Video - 8 minutes

From [J. Krishnamurti SD72CA2 What is the point of education?](#)

## **Education/Action**

[J. Krishnamurti BR81S1-EX01 What am I to do?](#)

Video - 10 minutes

From [J. Krishnamurti BR81S1 Immediate change](#)

## **Education/Child**

[J. Krishnamurti BO85Q1-WQ01 What is the best way to educate a child?](#)

Video - 32 minutes

From [J. Krishnamurti BO85Q1 1st Question & Answer Meeting](#)

## **Education/Krishnamurti schools**

[J. Krishnamurti BR81Q1-WQ01 Do your schools create an elite atmosphere?](#)

Video - 10 minutes

From [J. Krishnamurti BR81Q1 1st Question & Answer Meeting](#)

## **Education/Violence**

[J. Krishnamurti BR69T2-EX02 Education at present is a form of violence](#)

Audio - 8 minutes

From [J. Krishnamurti BR69T2 Why are we not completely aware of the psychological dangers in which we live?](#)

## **Educator/Educated**

[J. Krishnamurti RV83S2-EX09 The educator and the educated are in the same boat](#)

Video - 9 minutes

From [J. Krishnamurti RV83S2 From whom are we learning?](#)

## **Effort**

[J. Krishnamurti NY66T4-SQ04 There is effort when there is comparison](#)

Audio - 5 minutes

From a full recording not yet on YouTube

[J. Krishnamurti SD71DYP2-EX03 Who is the maker of effort?](#)

Video - 6 minutes

From [J. Krishnamurti SD71DYP2 A possibility of change](#)

[J. Krishnamurti BR70IOH-EX07 Is effort necessary?](#)

Video - 1 minute

From a full recording not yet on YouTube

[J. Krishnamurti BR74FPL-EX01 Living Effortlessly](#)

Video - 1 minute

From a full recording not yet on YouTube

[J. Krishnamurti BR79T2-EX02 The movement of effort](#)

Video - 8 minutes

From [J. Krishnamurti BR79T2 Is thought the instrument of right action?](#)

[J. Krishnamurti BR79S5-EX02 Effort vs no effort](#)

Video - 4 minutes

From [J. Krishnamurti BR79S5 What do I do in a deteriorating world?](#)

[J. Krishnamurti RA85T3-EX02 Why all this effort?](#)

Video - 7 minutes

From [J. Krishnamurti RA85T3 As long as there is a meditator, there is no meditation](#)

## **Ego**

[J. Krishnamurti BR78D1-EX01 The structure of the ego](#)

Video - 6 minutes

From [J. Krishnamurti BR78D1](#) Are you aware of the structure of yourself?

[J. Krishnamurti SA79T4-EX05](#) What is the ego?

Video - 7 minutes

From [J. Krishnamurti SA79T4](#) Can goodness, love and truth be born of discipline?

## **Emotion**

[J. Krishnamurti BR79Q1-WQ04](#) On reducing the strength of emotions

Video - 17 minutes

From [J. Krishnamurti BR79Q1](#) 1st Question & Answer Meeting

[J. Krishnamurti SA76T5-EX08](#) Are emotions rooted in thought?

Video - 3 minutes

From [J. Krishnamurti SA76T5](#) Suffering and love

## **Emotions/Thought**

[J. Krishnamurti SA76T5-EX08](#) Are emotions rooted in thought?

Video - 3 minutes

From [J. Krishnamurti SA76T5](#) Suffering and love

## **Emptiness**

[J. Krishnamurti BR81S3-EX04](#) Complete emptiness

Video - 6 minutes

From [J. Krishnamurti BR81S3](#) Can thought see itself?

## **Emptiness/Silence**

[J. Krishnamurti SA77D4-EX09](#) The silence of emptiness

Video - 5 minutes

From [J. Krishnamurti SA77D4](#) Facts, reality and truth

## **Ending**

[J. Krishnamurti MA7879T6-EX02](#) In the ending is a beginning

Video - 12 minutes

From [J. Krishnamurti MA7879T6](#) The movement of meditation

[J. Krishnamurti SD74CA9-EX01](#) The action of ending

Video - 11 minutes

From [J. Krishnamurti SD74CA9](#) Sorrow, passion and beauty

[J. Krishnamurti BR79T3-EX05](#) Can you voluntarily end?

Video - 7 minutes

From [J. Krishnamurti BR79T3](#) Can one know oneself completely?

[J. Krishnamurti BR81CPJ2-EX05](#) There is great beauty in ending

Video - 4 minutes

From [J. Krishnamurti BR81CPJ2](#) Living with death

[J. Krishnamurti RA84T1-EX08 Can you end everything now?](#)

Video - 8 minutes

From [J. Krishnamurti RA84T1 What is the significance of our daily life?](#)

[J. Krishnamurti SA76T6-EX06 An immediate ending](#)

Video - 6 minutes

From [J. Krishnamurti SA76T6 Can attachment, belief, experience, knowledge, end now?](#)

[J. Krishnamurti SA76T6-EX03 Ending is a new beginning](#)

Video - 11 minutes

From [J. Krishnamurti SA76T6 Can attachment, belief, experience, knowledge, end now?](#)

## **Ending/Beginning**

[J. Krishnamurti BR80T4-EX04 Ending is more important than beginning](#)

Video - 7 minutes

From [J. Krishnamurti BR80T4 Religion, death and meditation](#)

## **Ending/Living**

[J. Krishnamurti BR81T3-EX04 Is it possible to end while living?](#)

Video - 8 minutes

From [J. Krishnamurti BR81T3 Knowledge, sorrow, death, and to be free of the content of consciousness](#)

## **Ending/Time**

[J. Krishnamurti OJ80T3-EX02 Is time necessary to end something?](#)

Video - 9 minutes

From [J. Krishnamurti OJ80T3 Is time necessary to end something psychologically?](#)

## **Energy**

[J. Krishnamurti BR85T4-EX03 Explosive energy](#)

Video - 4 minutes

From [J. Krishnamurti BR85T4 The nature of the brain that lives religiously](#)

## **Enlightenment**

[J. Krishnamurti OJ82Q2-WQ03 Can we truly be enlightened through words?](#)

Video - 11 minutes

From [J. Krishnamurti OJ82Q2 2nd Question & Answer Meeting](#)

[J. Krishnamurti SA80Q4-WQ03 What is enlightenment?](#)

Video - 14 minutes

From [J. Krishnamurti SA80Q4 4th Question & Answer Meeting](#)

[J. Krishnamurti OJ82CNM3-EX01 You don't know what enlightenment is](#)

Video - 5 minutes

From [J. Krishnamurti OJ82CNM3 The need for security](#)

[J. Krishnamurti RA84T2-EX09](#) Becoming enlightened is a horrible idea

Video - 4 minutes

From [J. Krishnamurti RA84T2](#) A religious mind has great sense of beauty

## **Enlightenment/Time**

[J. Krishnamurti BR80T2-EX01](#) Enlightenment is not a matter of time

Video - 5 minutes

From [J. Krishnamurti BR80T2](#) Can the brain transform itself?

## **Entertainment**

[J. Krishnamurti SA81T5-EX01](#) Will you be entertained, or turn inward?

Video - 2 minutes

From [J. Krishnamurti SA81T5](#) Can the brain be totally free?

[J. Krishnamurti MA8485T2-EX04](#) Are you lost in entertainment?

Video - 6 minutes

From [J. Krishnamurti MA8485T2](#) Can thought give human beings security?

## **Entertainment/Brain**

[J. Krishnamurti MA8384T4-EX06](#) The entertainment industry is taking over your brain

Video - 5 minutes

From [J. Krishnamurti MA8384T4](#) What has religion to do with your daily life?

## **Environment**

[J. Krishnamurti OJ84Q2-WQ04](#) How is one to live on earth without destructing its beauty?

Video - 15 minutes

From [J. Krishnamurti OJ84Q2](#) 2nd Question & Answer Meeting

## **Envy**

[J. Krishnamurti BR84CIM1-EX05](#) I am envious, envy is me

Video - 5 minutes

From [J. Krishnamurti BR84CIM1](#) Where there is self-interest love is not

## **Escape**

[J. Krishnamurti BR81T3-EX02](#) Stopping escape

Video - 9 minutes

From [J. Krishnamurti BR81T3](#) Knowledge, sorrow, death, and to be free of the content of consciousness

## **Evolution/Psychological**

[J. Krishnamurti BR78S7-EX01](#) We are caught in the same trap as the primitive man

Video - 10 minutes

From [J. Krishnamurti BR78S7](#) What is it that flowers?

[J. Krishnamurti MA7879T3-EX01 There is no psychological evolution](#)

Video - 10 minutes

From [J. Krishnamurti MA7879T3 Is freedom a matter of time?](#)

[J. Krishnamurti OJ85Q1-WQ04 Why do you say there is no psychological evolution?](#)

Video - 17 minutes

From [J. Krishnamurti OJ85Q1 1st Question & Answer Meeting](#)

[J. Krishnamurti SM72T1-EX02 Is there such thing as inward growth?](#)

Video - 1 minute

From [J. Krishnamurti SM72T1 To act instantly is to see actually 'what is'](#)

## **Experience**

[J. Krishnamurti BR85Q1-WQ01 How can we know if mystical experiences are illusions?](#)

Video - 20 minutes

From [J. Krishnamurti BR85Q1 1st Question & Answer Meeting](#)

[J. Krishnamurti SA80Q4-WQ04 What are experiences beyond the senses?](#)

Video - 14 minutes

From [J. Krishnamurti SA80Q4 4th Question & Answer Meeting](#)

[J. Krishnamurti SD74CA15-EX02 The craving for experience](#)

Video - 9 minutes

From [J. Krishnamurti SD74CA15 Religion, authority and education - Part 1](#)

[J. Krishnamurti BR78S5-EX01 We are attached to experience](#)

Video - 3 minutes

From [J. Krishnamurti BR78S5 Pain is the reaction to attachment](#)

[J. Krishnamurti BR84SBR1-EX08 Experience is limited](#)

Video - 6 minutes

From [J. Krishnamurti BR84SBR1 What is thought?](#)

[J. Krishnamurti SA76T7-EX03 What is implied in experience](#)

Video - 8 minutes

From [J. Krishnamurti SA76T7 When you are a light to yourself you are a light to the world](#)

[J. Krishnamurti SA84T3-EX05 Who is the experienter?](#)

Video - 11 minutes

From [J. Krishnamurti SA84T3 Thought and the divisive process](#)

## **Experienter/Experienced**

[J. Krishnamurti BR76T2-EX02 The experienter is the experienced](#)

Video - 4 minutes

From [J. Krishnamurti BR76T2 Pleasure is a factor of conditioning](#)

## **Fact**

[J. Krishnamurti BO85Q2-WQ04 Why is it that certain facts remain mere concepts?](#)

Video - 32 minutes

From [J. Krishnamurti BO85Q2 2nd Question & Answer Meeting](#)



[J. Krishnamurti SA82T3-EX06 How do you deal with a fact?](#)

Video - 12 minutes

From [J. Krishnamurti SA82T3 An intelligence beyond cause](#)

[J. Krishnamurti BR81T3-EX03 What takes place when you remain with a fact?](#)

Video - 6 minutes

From [J. Krishnamurti BR81T3 Knowledge, sorrow, death, and to be free of the content of consciousness](#)

[J. Krishnamurti BR79S3-EX02 Complete contact with the fact](#)

Video - 5 minutes

From [J. Krishnamurti BR79S3 What is the root cause of the disorder in the world?](#)

### **Fact/Concept**

[J. Krishnamurti BR81T1-EX04 What is the difference between a fact and a concept?](#)

Video - 9 minutes

From [J. Krishnamurti BR81T1 Thought and the problems of our world](#)

### **Fact/Duality**

[J. Krishnamurti SA83T4-EX03 A fact has no duality](#)

Video - 9 minutes

From [J. Krishnamurti SA83T4 What is supreme intelligence?](#)

### **Fact/Non-fact**

[J. Krishnamurti MA8485T2-EX05 Fact and non-fact](#)

Video - 7 minutes

From [J. Krishnamurti MA8485T2 Can thought give human beings security?](#)

### **Fact/Watching**

[J. Krishnamurti BR78S5-EX04 Can you watch the fact?](#)

Video - 9 minutes

From [J. Krishnamurti BR78S5 Pain is the reaction to attachment](#)

### **Facts/Conditioning**

[J. Krishnamurti SA84T4-EX05 Facts break conditioning](#)

Video - 10 minutes

From [J. Krishnamurti SA84T4 Ending disorder now](#)

### **Failure**

[J. Krishnamurti MA8384Q2-WQ01 What is the cause of my many failures?](#)

Video - 45 minutes

From [J. Krishnamurti MA8384Q2 2nd Question & Answer Meeting](#)

## Faith

[J. Krishnamurti BO84Q-WQ06 What is faith?](#)

Video - 6 minutes

From [J. Krishnamurti BO84Q Question & Answer Meeting](#)

[J. Krishnamurti UN85T-EX03 What is faith?](#)

Video - 1 minute

From [J. Krishnamurti UN85T Why can't man live peacefully on the earth?](#)

## False/Seeing

[J. Krishnamurti SA83T3-EX03 Seeing the false as false](#)

Video - 12 minutes

From [J. Krishnamurti SA83T3 Where does one find complete security?](#)

## Fear

[J. Krishnamurti BO85Q1-WQ05 I live in fear of the divine souls-Can you advise me?](#)

Video - 10 minutes

From [J. Krishnamurti BO85Q1 1st Question & Answer Meeting](#)

[J. Krishnamurti BR76T1-EX01 You cannot do a thing about fear](#)

Video - 2 minutes

From [J. Krishnamurti BR76T1 A transformation which implies freedom](#)

[J. Krishnamurti BR76T1-EX10 No fear](#)

Video - 7 minutes

From [J. Krishnamurti BR76T1 A transformation which implies freedom](#)

[J. Krishnamurti BR78S3-EX02 What do we do with fear?](#)

Video - 10 minutes

From [J. Krishnamurti BR78S3 Can you face the fact that you are absolutely nothing?](#)

[J. Krishnamurti MA8485T2-EX07 Burn away the cause of fear](#)

Video - 12 minutes

From [J. Krishnamurti MA8485T2 Can thought give human beings security?](#)

[J. Krishnamurti OJ77T3-EX02 Fear comes into being when I think of tomorrow](#)

Video - 17 minutes

From [J. Krishnamurti OJ77T3 Can man radically transform himself psychologically?](#)

[J. Krishnamurti OJ80Q4-WQ01 What is the actual substance of fear?](#)

Video - 19 minutes

From [J. Krishnamurti OJ80Q4 4th Question & Answer Meeting](#)

[J. Krishnamurti OJ81Q3-WQ02 How does one tackle the dormant seed of fear?](#)

Video - 30 minutes

From [J. Krishnamurti OJ81Q3 3rd Question & Answer Meeting](#)

[J. Krishnamurti OJ82Q1-WQ03 How do I deal with my deep-rooted emotion?](#)

Video - 37 minutes

From [J. Krishnamurti OJ82Q1 1st Question & Answer Meeting](#)

[J. Krishnamurti OJ83Q2-WQ04 On fears and escapes](#)

Video - 21 minutes

From [J. Krishnamurti OJ83Q2 2nd Question & Answer Meeting](#)

[J. Krishnamurti OJ85Q2-WQ01 What is the difference between shyness and fear?](#)

Video - 28 minutes

From [J. Krishnamurti OJ85Q2 2nd Question & Answer Meeting](#)

[J. Krishnamurti RA85T2-EX06 Do you know your fears?](#)

Video - 11 minutes

From [J. Krishnamurti RA85T2 All time is contained now](#)

[J. Krishnamurti SA64T5-EX01 The idea of fear](#)

Audio - 18 minutes

From [J. Krishnamurti SA64T5 Fear, comparison and deterioration](#)

[J. Krishnamurti SA79T5-EX05 Is desire responsible for fear?](#)

Video - 11 minutes

From [J. Krishnamurti SA79T5 Are desire and time responsible for fear?](#)

[J. Krishnamurti SA82T4-EX04 - What is the cause of fear in humanity?](#)

Video - 11 minutes

From [J. Krishnamurti SA82T4 What are we human beings trying to become?](#)

[J. Krishnamurti SD74CA6-EX02 Fear can be put away completely](#)

Video - 14 minutes

From [J. Krishnamurti SD74CA6 The nature and total eradication of fear](#)

[J. Krishnamurti SA81T5-EX07 We are all afraid](#)

Video - 1 minute

From [J. Krishnamurti SA81T5 Can the brain be totally free?](#)

[J. Krishnamurti BR76T1-EX01 You cannot do a thing about fear](#)

Video - 2 minutes

From [J. Krishnamurti BR76T1 A transformation which implies freedom](#)

[J. Krishnamurti OJ82Q1-EX03 Fear has existed for time immemorial](#)

Video - 1 minute

From [J. Krishnamurti OJ82Q1 1st Question & Answer Meeting](#)

[J. Krishnamurti OJ82Q1-EX02 If I give complete attention to fear, it doesn't exist](#)

Video - 1 minute

From [J. Krishnamurti OJ82Q1 1st Question & Answer Meeting](#)

[J. Krishnamurti OJ82Q1-EX01 Endless fear](#)

Video - 1 minute

From [J. Krishnamurti OJ82Q1 1st Question & Answer Meeting](#)

[J. Krishnamurti BR78T1-EX04 What is the cause of fear?](#)

Video - 10 minutes

From [J. Krishnamurti BR78T1 Can I strip myself of the network of language?](#)

[J. Krishnamurti BR85T2-EX05 Observing the cause of fear](#)

Video - 9 minutes

From [J. Krishnamurti BR85T2 The relationship of time and thought to fear](#)

[J. Krishnamurti BR83T3-EX01 Does thought cause fear?](#)

Video - 8 minutes

From [J. Krishnamurti BR83T3 Freedom from the self](#)

[J. Krishnamurti BR77T2-EX02 Going to the root of fear](#)

Video - 6 minutes

From [J. Krishnamurti BR77T2 What is the function of the brain?](#)

[J. Krishnamurti BR85T2-EX06 Fear is common to all](#)

Video - 8 minutes

From [J. Krishnamurti BR85T2 The relationship of time and thought to fear](#)

[J. Krishnamurti WA85T1-EX06 Why have we accepted fear?](#)

Video - 8 minutes

From [J. Krishnamurti WA85T1 In the present is the whole of time](#)

[J. Krishnamurti BR79T3-EX01 The problem of fear](#)

Video - 8 minutes

From [J. Krishnamurti BR79T3 Can one know oneself completely?](#)

[J. Krishnamurti SA77T3-EX02 Wiping fear away](#)

Video - 8 minutes

From [J. Krishnamurti SA77T3 What is the relationship of clarity to compassion?](#)

[J. Krishnamurti OJ80T4-EX04 What is fear?](#)

Video - 4 minutes

From [J. Krishnamurti OJ80T4 Desire, attachment and fear](#)

[J. Krishnamurti BR78S3-EX01 Fear is a disease](#)

Video - 3 minutes

From [J. Krishnamurti BR78S3 Can you face the fact that you are absolutely nothing?](#)

[J. Krishnamurti BO85T2-EX05 How is fear caused?](#)

Video - 6 minutes

From [J. Krishnamurti BO85T2 Thought and time are always together](#)

[J. Krishnamurti BO85T2-EX04 Aren't you afraid?](#)

Video - 8 minutes

From [J. Krishnamurti BO85T2 Thought and time are always together](#)

[J. Krishnamurti BR78S3-EX04 What are you afraid of?](#)

Video - 7 minutes

From [J. Krishnamurti BR78S3 Can you face the fact that you are absolutely nothing?](#)

[J. Krishnamurti SA77T6-EX07 Fear is a terrible burden](#)

Video - 6 minutes

From [J. Krishnamurti SA77T6 What is it to observe holistically?](#)

[J. Krishnamurti BR84CMZ2-EX01 Looking at fear like an extraordinary jewel](#)

Video - 10 minutes

From [J. Krishnamurti BR84CMZ2 What is the fact of fear?](#)

[J. Krishnamurti SA84T4-EX07 The nature of fear](#)

Video - 8 minutes

From [J. Krishnamurti SA84T4 Ending disorder now](#)

[J. Krishnamurti SA81T6-EX04 What are we afraid of?](#)

Video - 12 minutes

From [J. Krishnamurti SA81T6 Love and freedom](#)

[J. Krishnamurti SD74CA6-EX03 What shall I do about fear?](#)

Video - 10 minutes

From [J. Krishnamurti SD74CA6 The nature and total eradication of fear](#)

### **Fear/Comparison**

[J. Krishnamurti SA77T3-EX04 There is fear when there is comparison](#)

Video - 6 minutes

From [J. Krishnamurti SA77T3 What is the relationship of clarity to compassion?](#)

### **Fear/Ending**

[J. Krishnamurti SA84T4-EX01 The Ending of Fear](#)

Video - 25 minutes

From [J. Krishnamurti SA84T4 Ending disorder now](#)

### **Fear/Freedom**

[J. Krishnamurti BR78T1-EX03 Is it possible to be free of fear?](#)

Video - 9 minutes

From [J. Krishnamurti BR78T1 Can I strip myself of the network of language?](#)

[J. Krishnamurti BR80T3-EX05 Can a human being be free of fear?](#)

Video - 5 minutes

From [J. Krishnamurti BR80T3 What is the relationship between the inner and outer confusion?](#)

### **Fear/Looking**

[J. Krishnamurti CL68CHS-EX02 Is it possible to look at fear without the observer?](#)

Video - 2 minutes

From [J. Krishnamurti CL68CHS Authority is destructive](#)

### **Fear/Memory**

[J. Krishnamurti BR78T1-EX05 Is memory responsible for fear?](#)

Video - 10 minutes

From [J. Krishnamurti BR78T1 Can I strip myself of the network of language?](#)

### **Fear/Observing**

[J. Krishnamurti LO82T2-EX01 Observing fear](#)

Video - 2 minutes

From [J. Krishnamurti LO82T2 Order in consciousness](#)

[J. Krishnamurti BR79T3-EX02 How do you observe fear?](#)

Video - 9 minutes

From [J. Krishnamurti BR79T3 Can one know oneself completely?](#)

[J. Krishnamurti SA76T2-EX05 Observe your fear](#)

Video - 11 minutes

From [J. Krishnamurti SA76T2 Observation and fear](#)

[J. Krishnamurti SD70T2-EX04 Can you look at that fear without naming it?](#)

Video - 6 minutes

From [J. Krishnamurti SD70T2 Can the human mind be completely free of fear?](#)

### **Fear/Origin**

[J. Krishnamurti AM81T1-EX04 The origin of fear is thought](#)

Video - 6 minutes

From [J. Krishnamurti AM81T1 Thought and time are the root of fear](#)

### **Fear/Pleasure**

[J. Krishnamurti OJ72T2-EX04 Your life is guided by fear and pleasure](#)

Video - 9 minutes

From [J. Krishnamurti OJ72T2 Order has its own law](#)

### **Fear/Root**

[J. Krishnamurti CC82T2-EX05 Thought and time are the root of fear](#)

Video - 9 minutes

From [J. Krishnamurti CC82T2 Is there a new instrument totally different from thought?](#)

[J. Krishnamurti SA78T4-EX05 Observing the root of fear](#)

Video - 20 minutes

From [J. Krishnamurti SA78T4 Is thought necessary in relationship?](#)

[J. Krishnamurti BR81T2-EX04 You must discover the root of fear](#)

Video - 8 minutes

From [J. Krishnamurti BR81T2 Looking at the whole content of consciousness](#)

[J. Krishnamurti BR79T3-EX03 What is the root of fear?](#)

Video - 8 minutes

From [J. Krishnamurti BR79T3 Can one know oneself completely?](#)

[J. Krishnamurti RA84T1-EX05 We must understand the root of fear](#)

Video - 10 minutes

From [J. Krishnamurti RA84T1 What is the significance of our daily life?](#)

### **Fear/Time**

[J. Krishnamurti SA81T5-EX08 Is time the root of fear?](#)

Video - 1 minute

From [J. Krishnamurti SA81T5 Can the brain be totally free?](#)



## **Fear/Time/Thought**

[J. Krishnamurti MA8485T2-EX06 Fear is time and thought](#)

Video - 10 minutes

From [J. Krishnamurti MA8485T2 Can thought give human beings security?](#)

## **Fear/Watching**

[J. Krishnamurti BR84CMZ2-EX02 Delicately watching fear](#)

Video - 11 minutes

From [J. Krishnamurti BR84CMZ2 What is the fact of fear?](#)

## **Fear/What is**

[J. Krishnamurti SD70T2-EX01 Fear is a movement away from 'what is'](#)

Video - 11 minutes

From [J. Krishnamurti SD70T2 Can the human mind be completely free of fear?](#)

## **Fear/Word**

[J. Krishnamurti SA76T2-EX01 Is there fear without the word 'fear'?](#)

Video - 22 minutes

From [J. Krishnamurti SA76T2 Observation and fear](#)

[J. Krishnamurti SA76T2-EX06 The word 'fear' is not the feeling of fear](#)

Video - 8 minutes

From [J. Krishnamurti SA76T2 Observation and fear](#)

## **Flattery/Insult**

[J. Krishnamurti OJ80T5-EX02 Not to register flattery or insult](#)

Video - 4 minutes

From [J. Krishnamurti OJ80T5 Psychologically we are one unitary movement](#)

## **Flowering**

[J. Krishnamurti BR78S7-EX03 The flowering](#)

Video - 8 minutes

From [J. Krishnamurti BR78S7 What is it that flowers?](#)

## **Following**

[J. Krishnamurti SA78T7-EX07 Why do we follow another?](#)

Video - 5 minutes

From [J. Krishnamurti SA78T7 If you are not occupied, are you nothing?](#)

[J. Krishnamurti BR81T4-EX07 We want to follow](#)

Video - 1 minute

From [J. Krishnamurti BR81T4 What is meditation?](#)

[J. Krishnamurti SA84T1-EX01 To be a follower destroys truth](#)

Video - 1 minute

From [J. Krishnamurti SA84T1 If all time is now, what is action?](#)

### **Fragmentation/Conflict**

[J. Krishnamurti MA8384T1-EX02 Where there is fragmentation there must be conflict](#)

Video - 7 minutes

From [J. Krishnamurti MA8384T1 Can we radically bring about a change in ourselves?](#)

### **Free/Being**

[J. Krishnamurti CO80I-EX05 We crave to be free but get trapped](#)

Video - 10 minutes

From a full recording not yet on YouTube

[J. Krishnamurti WO78DSS1-EX03 Are you free?](#)

Video - 4 minutes

From [J. Krishnamurti WO78DSS1 The purpose of a Krishnamurti school](#)

### **Freedom**

[J. Krishnamurti BR80Q2-WQ09 What is freedom?](#)

Video - 10 minutes

From [J. Krishnamurti BR80Q2 2nd Question & Answer Meeting](#)

[J. Krishnamurti BR85Q2-EX01 Is it possible to be totally free of influence?](#)

Video - 25 minutes

From [J. Krishnamurti BR85Q2 2nd Question & Answer Meeting](#)

[J. Krishnamurti MA8182Q1-WQ04 What is the nature of freedom?](#)

Video - 4 minutes

From [J. Krishnamurti MA8182Q1 1st Question & Answer Meeting](#)

[J. Krishnamurti OJ82CNM4-EX01 When there is freedom](#)

Video - 10 minutes

From [J. Krishnamurti OJ82CNM4 What is a healthy mind?](#)

[J. Krishnamurti SA84Q1-WQ04 On the demands of society and a life of total freedom](#)

Video - 9 minutes

From [J. Krishnamurti SA84Q1 1st Question & Answer Meeting](#)

[J. Krishnamurti SA84Q2-WQ02 How can one be helped to freedom?](#)

Video - 13 minutes

From [J. Krishnamurti SA84Q2 2nd Question & Answer Meeting](#)

[J. Krishnamurti CC82T3-EX05 The word 'freedom' is misused by everybody](#)

Video - 5 minutes

From [J. Krishnamurti CC82T3 What is the nature and the structure of disorder?](#)

[J. Krishnamurti BO85T1-EX07 Freedom](#)

Video - 3 minutes

From [J. Krishnamurti BO85T1 What is our brain?](#)

[J. Krishnamurti OJ72T2-EX09 Freedom is absolutely necessary](#)

Video - 5 minutes

From [J. Krishnamurti OJ72T2 Order has its own law](#)

[J. Krishnamurti SA84T2-EX01 We don't demand freedom](#)

Video - 11 minutes

From [J. Krishnamurti SA84T2 The relationship of health to freedom](#)

### **Freedom/Things/Manmade**

[J. Krishnamurti OJBR80CB11-EX04 There is no freedom in manmade things](#)

Video - 7 minutes

From [J. Krishnamurti OJBR80CB11 The liberation of insight](#)

### **Function/Role**

[J. Krishnamurti OJ82Q3-WQ02 Why do we confuse function with role?](#)

Video - 11 minutes

From [J. Krishnamurti OJ82Q3 3rd Question & Answer Meeting](#)

### **Future**

[J. Krishnamurti BR84Q2-WQ03 What do you mean by 'The future is now'?](#)

Video - 22 minutes

From [J. Krishnamurti BR84Q2 2nd Question & Answer Meeting](#)

[J. Krishnamurti SA82Q3-WQ06 What is the future of mankind?](#)

Video - 7 minutes

From [J. Krishnamurti SA82Q3 3rd Question & Answer Meeting](#)

[J. Krishnamurti SA84T1-EX05 What you are now you will be](#)

Video - 9 minutes

From [J. Krishnamurti SA84T1 If all time is now, what is action?](#)

### **Future/Fear**

[J. Krishnamurti SA79T5-EX07 The future is the movement of fear](#)

Video - 4 minutes

From [J. Krishnamurti SA79T5 Are desire and time responsible for fear?](#)

### **Future/Psychological**

[J. Krishnamurti SA79T2-EX02 Psychologically there is no future](#)

Video - 8 minutes

From [J. Krishnamurti SA79T2 Can we together create a good society?](#)

### **Future/Thought**

[J. Krishnamurti SA79T5-EX06 Thought has created the future](#)

Video - 1 minute

From [J. Krishnamurti SA79T5 Are desire and time responsible for fear?](#)

## **Generation**

[J. Krishnamurti OJBR80CB10-EX01 Why don't we break the pattern of generations?](#)

Video - 8 minutes

From [J. Krishnamurti OJBR80CB10 Cosmic order](#)

## **God**

[J. Krishnamurti MA8182Q2-WQ06 Does God exist?](#)

Video - 19 minutes

From [J. Krishnamurti MA8182Q2 2nd Question & Answer Meeting](#)

[J. Krishnamurti RV85DS2-EX01 How do you know there is a God?](#)

Video - 3 minutes

From [J. Krishnamurti RV85DS2 Thinking about myself all day long](#)

[J. Krishnamurti BO85T4-EX07 Out of fear we invent gods](#)

Video - 9 minutes

From [J. Krishnamurti BO85T4 Is there a meditation that is not brought about by thought?](#)

[J. Krishnamurti MA8384T2-EX05 Thought has invented God](#)

Video - 2 minutes

From [J. Krishnamurti MA8384T2 What relationship has time to fear?](#)

[J. Krishnamurti RA84T1-EX07 How do you know God exists?](#)

Video - 10 minutes

From [J. Krishnamurti RA84T1 What is the significance of our daily life?](#)

[J. Krishnamurti BR85IRFOT-EX02 Are There Different Paths to God?](#)

Video - 1 minute

From [J. Krishnamurti BR85IRF The role of a flower](#)

## **God/Prayer/(Story)**

[J. Krishnamurti BR84Q2-EX02 A man hanging from a cliff prays to God](#)

Video - 1 minute

From [J. Krishnamurti BR84Q2 2nd Question & Answer Meeting](#)

## **Good**

[J. Krishnamurti OJ79T1-EX04 Why don't you be good?](#)

Video - 12 minutes

From [J. Krishnamurti OJ79T1 Living in goodness](#)

## **Good/Bad**

[J. Krishnamurti OJ79T1-EX01 Goodness is not the opposite of the bad](#)

Video - 11 minutes

From [J. Krishnamurti OJ79T1 Living in goodness](#)

[J. Krishnamurti BR77T1-EX02 The good and the bad](#)

Video - 9 minutes

From [J. Krishnamurti BR77T1 Is it possible to see the limitation of thought?](#)

[J. Krishnamurti BR84CIM1-EX02 Are the good and the bad related?](#)

Video - 5 minutes

From [J. Krishnamurti BR84CIM1 Where there is self-interest love is not](#)

[J. Krishnamurti BR80DSG2.0-EX07 Between good and bad there is distance in the mind](#)

Video - 3 minutes

From [J. Krishnamurti BR80DSG2.0 Thought is the beginning of desire](#)

[J. Krishnamurti RA84T2-EX05 Is there a relationship between the good and the bad?](#)

Video - 6 minutes

From [J. Krishnamurti RA84T2 A religious mind has great sense of beauty](#)

## **Good/Evil**

[J. Krishnamurti BR84Q1-WQ04 Is there such a thing as good and evil in the world?](#)

Video - 23 minutes

From [J. Krishnamurti BR84Q1 1st Question & Answer Meeting](#)

[J. Krishnamurti BR84Q2-WQ01 Does goodness or evil exist outside our thinking?](#)

Video - 9 minutes

From [J. Krishnamurti BR84Q2 2nd Question & Answer Meeting](#)

[J. Krishnamurti BR81S5-EX01 Good and evil](#)

Video - 5 minutes

From [J. Krishnamurti BR81S5 Communication](#)

[J. Krishnamurti CC82T3-EX02 Is good the opposite of evil?](#)

Video - 5 minutes

From [J. Krishnamurti CC82T3 What is the nature and the structure of disorder?](#)

[J. Krishnamurti OJ79T1-EX03 Goodness is unrelated to evil](#)

Video - 3 minutes

From [J. Krishnamurti OJ79T1 Living in goodness](#)

## **Greed**

[J. Krishnamurti BR80T3-EX03 I am greed](#)

Video - 9 minutes

From [J. Krishnamurti BR80T3 What is the relationship between the inner and outer confusion?](#)

[J. Krishnamurti BR7879CBS1-EX01 Can a human being be free of greed now?](#)

Video - 7 minutes

From [J. Krishnamurti BR7879CBS1 Are you not saying what the Buddha said?](#)

## **Group**

[J. Krishnamurti BR80Q2-WQ08 Does being a member of a Gurdjieff group create fragmentation?](#)

Video - 9 minutes

From [J. Krishnamurti BR80Q2 2nd Question & Answer Meeting](#)

## **Guiding**

[J. Krishnamurti SA76T7-EX01 There is no one to guide you](#)

Video - 6 minutes

From [J. Krishnamurti SA76T7 When you are a light to yourself you are a light to the world](#)

## **Guilt**

[J. Krishnamurti OJ85Q1-WQ01 On guilt and its relation to the ego](#)

Video - 24 minutes

From [J. Krishnamurti OJ85Q1 1st Question & Answer Meeting](#)

[J. Krishnamurti SA83Q2-WQ03 Why is the feeling of guilt such a deep, tenacious one?](#)

Video - 10 minutes

From [J. Krishnamurti SA83Q2 2nd Question & Answer Meeting](#)

[J. Krishnamurti SA85Q1-WQ02 What is guilt?](#)

Video - 35 minutes

From [J. Krishnamurti SA85Q1 1st Question & Answer Meeting](#)

## **Guru**

[J. Krishnamurti BR80Q1-WQ02 Is it wrong to work with an enlightened man and be a sannyasi?](#)

Video - 8 minutes

From [J. Krishnamurti BR80Q1 1st Question & Answer Meeting](#)

[J. Krishnamurti SA80Q1-WQ03 How is one to know if the gurus are speaking the truth?](#)

Video - 17 minutes

From [J. Krishnamurti SA80Q1 1st Question & Answer Meeting](#)

[J. Krishnamurti OJ77T5-EX01 On gurus](#)

Video - 1 minute

From [J. Krishnamurti OJ77T5 Love and death](#)

[J. Krishnamurti BR84IER-EX03 I am not your guru](#)

Video - 2 minutes

From a full recording not yet on YouTube

[J. Krishnamurti OJ81T6-EX05 Gurus multiply like mushrooms](#)

Video - 6 minutes

From [J. Krishnamurti OJ81T6 In ending, which is death, is great beauty](#)

## **Guru/Krishnamurti**

[J. Krishnamurti BR81Q1-EX01 Krishnamurti, the guru of gurus?](#)

Video - 4 minutes

From [J. Krishnamurti BR81CPJ2 Living with death](#)



## **Guru/Leader**

[J. Krishnamurti SA85Q1-EX03 You don't need any guru or leader](#)

Video - 1 minute

From [J. Krishnamurti SA85Q1 1st Question & Answer Meeting](#)

## **Guru/Mantra**

[J. Krishnamurti OJ83Q1-WQ05 On gurus and mantras](#)

Video - 12 minutes

From [J. Krishnamurti OJ83Q1 1st Question & Answer Meeting](#)

## **Habit**

[J. Krishnamurti BR69T2-EX01 Habits make the mind dull](#)

Audio - 7 minutes

From [J. Krishnamurti BR69T2 Why are we not completely aware of the psychological dangers in which we live?](#)

[J. Krishnamurti BR83Q1-SQ01 How does one break free of habits?](#)

Video - 19 minutes

From [J. Krishnamurti BR83Q1 1st Question & Answer Meeting](#)

[J. Krishnamurti SA78T5-EX02 Habit produces disorder](#)

Video - 24 minutes

From [J. Krishnamurti SA78T5 Is love a movement of time and thought?](#)

[J. Krishnamurti OJ81T6-EX01 The terrible tragedy of habit](#)

Video - 3 minutes

From [J. Krishnamurti OJ81T6 In ending, which is death, is great beauty](#)

[J. Krishnamurti SA83T3-EX04 Breaking a habit](#)

Video - 11 minutes

From [J. Krishnamurti SA83T3 Where does one find complete security?](#)

## **Happiness**

[J. Krishnamurti BO84Q-WQ07 How is it that one person is happy and another is unhappy?](#)

Video - 16 minutes

From [J. Krishnamurti BO84Q Question & Answer Meeting](#)

## **Harmony/Conflict**

[J. Krishnamurti OJ72T1-EX03 Where there is harmony there is no conflict](#)

Video - 4 minutes

From [J. Krishnamurti OJ72T1 What will bring humanity together?](#)

## **Hate/Love**

[J. Krishnamurti BR84SBR3-EX07 Hate has no relationship to love](#)

Video - 3 minutes

From [J. Krishnamurti BR84SBR3 Can thought come to an end?](#)

## **Healing**

[J. Krishnamurti OJ82Q3-WQ05 What part does psychic healing play in this?](#)

Video - 19 minutes

From [J. Krishnamurti OJ82Q3 3rd Question & Answer Meeting](#)

## **Health**

[J. Krishnamurti SA84T2-EX03 What is health?](#)

Video - 7 minutes

From [J. Krishnamurti SA84T2 The relationship of health to freedom](#)

## **Help**

[J. Krishnamurti BR69D1-EX01 Nobody can help you](#)

Audio - 4 minutes

From [J. Krishnamurti BR69D1 How am I to become extraordinarily alert?](#)

[J. Krishnamurti OJ83T1-EX03 Nobody on earth or in heaven can help you](#)

Video - 1 minute

From [J. Krishnamurti OJ83T1 Thought and knowledge are limited](#)

[J. Krishnamurti BR85T1-EX04 Seeking help is useless](#)

Video - 3 minutes

From [J. Krishnamurti BR85T1 Why do we have so many problems?](#)

[J. Krishnamurti NY71T1-EX06 Can one help another?](#)

Video - 2 minutes

From [J. Krishnamurti NY71T1 To be aware of our past](#)

## **Hesitating**

[J. Krishnamurti SD74CA16-EX07 Why do we hesitate?](#)

Video - 6 minutes

From [J. Krishnamurti SD74CA16 Religion, authority and education - Part 2](#)

## **Homosexuality**

[J. Krishnamurti OJ84Q2-WQ03 On homosexuality](#)

Video - 30 minutes

From [J. Krishnamurti OJ84Q2 2nd Question & Answer Meeting](#)

## **Honesty/Responsibility**

[J. Krishnamurti BR84CIM2-EX01 Honesty and responsibility](#)

Video - 8 minutes

From [J. Krishnamurti BR84CIM2 When there is love there is truth and beauty](#)

## **Hope/Faith**

[J. Krishnamurti US66FRR1-EX04 Hope and faith have no significance](#)

Video - 1 minute

From [J. Krishnamurti US66FRR1 Where are we going?](#)

## **How**

[J. Krishnamurti BR76CTM6-EX03 Never ask how](#)

Video - 1 minute

From [J. Krishnamurti BR76CTM6 Any form of image prevents the beauty of relationship](#)

## **Human**

[J. Krishnamurti SD74CA1-EX03 You are a human being, not a Christian or Hindu](#)

Video - 2 minutes

From [J. Krishnamurti SD74CA1 Knowledge and the transformation of man](#)

[J. Krishnamurti SM72T2-EX04 When you are human you are not a woman or man](#)

Video - 10 minutes

From [J. Krishnamurti SM72T2 Is there a total action which will be sane in an insane world?](#)

## **Humanity**

[J. Krishnamurti BR85T3-EX03 What do we have in common?](#)

Video - 3 minutes

From [J. Krishnamurti BR85T3 The relationship of freedom to self-interest](#)

[J. Krishnamurti SA77T4-EX02 Every human being is the rest of humanity](#)

Video - 3 minutes

From [J. Krishnamurti SA77T4 Does compassion flower in the field of desire?](#)

[J. Krishnamurti CC82T1-EX03 The salvation of all humanity](#)

Video - 2 minutes

From [J. Krishnamurti CC82T1 Your consciousness is the consciousness of all humanity](#)

[J. Krishnamurti SA77T6-EX06 The house of humanity is burning](#)

Video - 5 minutes

From [J. Krishnamurti SA77T6 What is it to observe holistically?](#)

## **Humanity/Future**

[J. Krishnamurti SA83T5-EX04 What is the future of humanity?](#)

Video - 6 minutes

From [J. Krishnamurti SA83T5 Unconditioning the brain cells](#)

## **Humanity/Save**

[J. Krishnamurti MA7879T1-EX01 What will save man?](#)

Video - 10 minutes

From [J. Krishnamurti MA7879T1 Organisations have not saved man](#)

## **Humanity/Stream**

[J. Krishnamurti BR7879CBS5-EX02 The stream of humanity](#)

Video - 5 minutes

From [J. Krishnamurti BR7879CBS5 Is there life after death?](#)

## **Humility**

[J. Krishnamurti SM72T2-EX01 Be humble to find out about goodness](#)

Video - 5 minutes

From [J. Krishnamurti SM72T2 Is there a total action which will be sane in an insane world?](#)

## **Humility/Modesty**

[J. Krishnamurti OJ82Q4-WQ04 What are humility and modesty?](#)

Video - 9 minutes

From [J. Krishnamurti OJ82Q4 4th Question & Answer Meeting](#)

## **Hurt**

[J. Krishnamurti BR76D1-EX01 Why are you hurt?](#)

Video - 9 minutes

From [J. Krishnamurti BR76D1 How do you observe your fears?](#)

[J. Krishnamurti BR78S2-02 Why do I get hurt?](#)

Video - 11 minutes

From [J. Krishnamurti BR78S2 Is it possible never to be hurt?](#)

[J. Krishnamurti MA8081Q2-WQ02 Having been recently hurt, can I get rid of the image?](#)

Video - 21 minutes

From [J. Krishnamurti MA8081Q2 2nd Question & Answer Meeting](#)

[J. Krishnamurti MA8384T3-EX04 Most of us are wounded](#)

Video - 10 minutes

From [J. Krishnamurti MA8384T3 To live means also to end](#)

[J. Krishnamurti OJ77D2-EX01 If you have a self image you are going be hurt](#)

Video - 23 minutes

From [J. Krishnamurti OJ77D2 The relationship of experience and thought](#)

[J. Krishnamurti OJ81Q1-WQ03 I have been deeply hurt in childhood-What am I to do?](#)

Video - 16 minutes

From [J. Krishnamurti OJ81Q1 1st Question & Answer Meeting](#)

[J. Krishnamurti SA78D3-EX03 Can past hurts be wiped away?](#)

Video - 6 minutes

From [J. Krishnamurti SA78D3 Can time end?](#)

[J. Krishnamurti SD74CA11-EX01 The nature of hurt](#)

Video - 15 minutes

From [J. Krishnamurti SD74CA11 Being hurt and hurting others](#)

[J. Krishnamurti SA81T5-EX10 Why are we hurt?](#)

Video - 1 minute

From J. Krishnamurti SA81T5 Can the brain be totally free?

J. Krishnamurti BR78T4-EX06 Ending hurt

Video - 10 minutes

From J. Krishnamurti BR78T4 The beginning of meditation

J. Krishnamurti BR7879CBS3-EX03 Why can't we give up hurt?

Video - 9 minutes

From J. Krishnamurti BR7879CBS3 Does free will exist?

J. Krishnamurti BR78S2-EX04 Wiping away hurt

Video - 5 minutes

From J. Krishnamurti BR78S2 Is it possible never to be hurt?

J. Krishnamurti OJ80T2-EX03 What is it that is hurt?

Video - 8 minutes

From J. Krishnamurti OJ80T2 Observation is the total denial of analysis

J. Krishnamurti BR78S2-EX03 What is hurt?

Video - 8 minutes

From J. Krishnamurti BR78S2 Is it possible never to be hurt?

## I

J. Krishnamurti MA82DSG-EX05 I am the time-maker

Video - 8 minutes

From J. Krishnamurti MA82DSG Is it possible for the brain to act totally?

J. Krishnamurti BR83CB1-EX02 Am I independent of my thoughts?

Video - 6 minutes

From J. Krishnamurti BR83CB1 Is there an action not touched by thought?

J. Krishnamurti BR83CPJ1-EX06 The 'I' is not separate

Video - 8 minutes

From J. Krishnamurti BR83CPJ1 What will bring about change in the brain?

## Idea

J. Krishnamurti RV83S1-EX06 What is an idea?

Video - 3 minutes

From J. Krishnamurti RV83S1 Why are you educating your children?

J. Krishnamurti NY71T1-EX03 Ideas are the most important things in our lives

Video - 4 minutes

From J. Krishnamurti NY71T1 To be aware of our past

## Ideal

J. Krishnamurti SD72CA1-EX02 Why do we have ideals?

Video - 9 minutes

From J. Krishnamurti SD72CA1 Listening is a great miracle

## Identification

J. Krishnamurti SA78T4-EX02 Can one not identify with another?

Video - 9 minutes

From J. Krishnamurti SA78T4 Is thought necessary in relationship?

J. Krishnamurti SM72T1-EX09 It is your conditioning that demands you identify yourself with 'Godself'

Video - 6 minutes

From J. Krishnamurti SM72T1 To act instantly is to see actually 'what is'

J. Krishnamurti SD70T1-EX04 Identification is a trick

Video - 6 minutes

From J. Krishnamurti SD70T1 How does one learn about oneself?

## Identification/Humility

J. Krishnamurti BR83T1-EX02 In identification we are incapable of being humble

Video - 10 minutes

From J. Krishnamurti BR83T1 How can the brain transform itself?

## Illness

J. Krishnamurti BR85Q1-WQ02 Does illness have another significance?

Video - 12 minutes

From J. Krishnamurti BR85Q1 1st Question & Answer Meeting

J. Krishnamurti SA80Q4-WQ02 I have cancer, what should I do?

Video - 16 minutes

From J. Krishnamurti SA80Q4 4th Question & Answer Meeting

J. Krishnamurti SA82Q1-WQ02 How can one face an incurable disease?

Video - 32 minutes

From J. Krishnamurti SA82Q1 1st Question & Answer Meeting

J. Krishnamurti SA85Q2-WQ04 Is there any benefit to physical illness?

Video - 9 minutes

From J. Krishnamurti SA85Q2 2nd Question & Answer Meeting

## Illusion

J. Krishnamurti BR78S5-EX06 Letting illusion flower

Video - 5 minutes

From J. Krishnamurti BR78S5 Pain is the reaction to attachment

J. Krishnamurti BR84CIM1-EX07 I live in illusion

Video - 8 minutes

From J. Krishnamurti BR84CIM1 Where there is self-interest love is not

## Illusion/Fact

J. Krishnamurti BR79S4-EX01 Illusion and fact

Video - 5 minutes



From [J. Krishnamurti BR79S4 When the illusion of individuality ends](#)

## **Image**

[J. Krishnamurti SA76T5-EX03 Is it possible to not build images?](#)

Video - 10 minutes

From [J. Krishnamurti SA76T5 Suffering and love](#)

[J. Krishnamurti OJ85Q1-EX01 Worshipping images](#)

Video - 3 minutes

From [J. Krishnamurti BR85Q1 1st Question & Answer Meeting](#)

[J. Krishnamurti BO85T1-EX08 Is it possible to live without a single image?](#)

Video - 5 minutes

From [J. Krishnamurti BO85T1 What is our brain?](#)

[J. Krishnamurti SA76T5-EX04 Two people without images is a miraculous thing](#)

Video - 7 minutes

From [J. Krishnamurti SA76T5 Suffering and love](#)

[J. Krishnamurti SA81T6-EX01 We all have images of ourselves](#)

Video - 10 minutes

From [J. Krishnamurti SA81T6 Love and freedom](#)

[J. Krishnamurti SA82T2-EX04 Can images end?](#)

Video - 8 minutes

From [J. Krishnamurti SA82T2 What makes our lives so fragmented?](#)

[J. Krishnamurti SA76T3-EX07 A battle between two images](#)

Video - 8 minutes

From [J. Krishnamurti SA76T3 The impediments to radical transformation](#)

## **Image/(Story)**

[J. Krishnamurti SD74CA14-EX01 The man who wanted to meet his dead wife](#)

Video - 2 minutes

From [J. Krishnamurti SD74CA14 Death, life and love are indivisible](#)

## **Image/Freedom**

[J. Krishnamurti BR78S2-EX05 Being free of the egotistic pictures of ourselves](#)

Video - 11 minutes

From [J. Krishnamurti BR78S2 Is it possible never to be hurt?](#)

## **Image/Hurt**

[J. Krishnamurti SD74CA11-EX05 If you have an image, you are going to be hurt](#)

Video - 10 minutes

From [J. Krishnamurti SD74CA11 Being hurt and hurting others](#)

## **Image/Krishnamurti**

[J. Krishnamurti MA8384T1-EX07 You have an image of me](#)

Video - 6 minutes

From [J. Krishnamurti MA8384T1 Can we radically bring about a change in ourselves?](#)

## **Image/Oneself**

[J. Krishnamurti SA81T4-EX01 Why do we have images about ourselves?](#)

Video - 10 minutes

From [J. Krishnamurti SA81T4 Living without images](#)

## **Image/Relationship**

[J. Krishnamurti OJ80Q3-WQ03 For the making of images to end, must thought also end?](#)

Video - 21 minutes

From [J. Krishnamurti OJ80Q3 3rd Question & Answer Meeting](#)

[J. Krishnamurti BR70IOH-EX04 Do we look at anyone with fresh eyes?](#)

Video - 2 minutes

From a full recording not yet on YouTube

[J. Krishnamurti SA77T4-EX08 Image-making in relationship](#)

Video - 2 minutes

From [J. Krishnamurti SA77T4 Does compassion flower in the field of desire?](#)

## **Image/Thought**

[J. Krishnamurti MA8384T4-EX01 Thought invents the image and worships it](#)

Video - 6 minutes

From [J. Krishnamurti MA8384T4 What has religion to do with your daily life?](#)

[J. Krishnamurti CC82T2-EX04 Thought creates an image out of sensation](#)

Video - 4 minutes

From [J. Krishnamurti CC82T2 Is there a new instrument totally different from thought?](#)

## **Image/Yourself**

[J. Krishnamurti SA76T2-EX04 You have an image about yourself](#)

Video - 9 minutes

From [J. Krishnamurti SA76T2 Observation and fear](#)

## **Imagination**

[J. Krishnamurti SF73T4-SQ01 What place has imagination?](#)

Audio - 7 minutes

From [J. Krishnamurti SF73T4 Total negation of the self](#)

## **Immeasurable**

[J. Krishnamurti BR85Q2-WQ05 Are people who follow a discipline and come upon the immeasurable self-deluded?](#)

Video - 9 minutes

From [J. Krishnamurti BR85Q2 2nd Question & Answer Meeting](#)

## **Immeasurable/Brain**

[J. Krishnamurti BR85T4-EX06 Can the brain see the immeasurable?](#)

Video - 5 minutes

From [J. Krishnamurti BR85T4 The nature of the brain that lives religiously](#)

## **Immeasurable/Thought**

[J. Krishnamurti BR84CMZ3-EX02 Limited thought cannot understand the immeasurable](#)

Video - 7 minutes

From [J. Krishnamurti BR84CMZ3 What is religion to you?](#)

## **Immortality**

[J. Krishnamurti BR7879CBS5-EX05 What is immortality?](#)

Video - 7 minutes

From [J. Krishnamurti BR7879CBS5 Is there life after death?](#)

## **Inattention**

[MA7879T2-EX02 Awareness of inattention is attention](#)

Video - 15 minutes

From [J. Krishnamurti MA7879T2 An action that is not the outcome of thought](#)

## **India**

[J. Krishnamurti MA8182Q1-WQ02 What should be done to help India and its people?](#)

Video - 12 minutes

From [J. Krishnamurti MA8182Q1 1st Question & Answer Meeting](#)

[J. Krishnamurti MA8283Q2-WQ01 What has happened to the wisdom of the Indian mind?](#)

Video - 32 minutes

From [J. Krishnamurti MA8283Q2 2nd Question & Answer Meeting](#)

## **Individual**

[J. Krishnamurti BR79S5-EX03 The individual can only be insecure](#)

Video - 17 minutes

From [J. Krishnamurti BR79S5 What do I do in a deteriorating world?](#)

## Individuality

[J. Krishnamurti BR79S5-EX06 Drop your individuality](#)

Video - 14 minutes

From [J. Krishnamurti BR79S5 What do I do in a deteriorating world?](#)

[J. Krishnamurti SA81T1-EX02 We have been programmed to think we are individuals](#)

Video - 12 minutes

From [J. Krishnamurti SA81T1 What is the nature of our consciousness?](#)

[J. Krishnamurti BR83T2-EX01 Are you an individual?](#)

Video - 6 minutes

From [J. Krishnamurti BR83T1 How can the brain transform itself?](#)

[J. Krishnamurti OJ81T1-EX02 Are we individuals?](#)

Video - 7 minutes

From [J. Krishnamurti OJ81T1 What is the root of the crisis in mankind?](#)

[J. Krishnamurti BR79S4-EX04 Turn your back on individuality](#)

Video - 5 minutes

From [J. Krishnamurti BR79S4 When the illusion of individuality ends](#)

[J. Krishnamurti BR79S4-EX03 We are not individuals](#)

Video - 5 minutes

From [J. Krishnamurti BR79S4 When the illusion of individuality ends](#)

[J. Krishnamurti BO85T1-EX06 Why do you think you are an individual?](#)

Video - 4 minutes

From [J. Krishnamurti BO85T1 What is our brain?](#)

[J. Krishnamurti BR80DSG2.0-EX01 To whom can I turn?](#)

Video - 7 minutes

From [J. Krishnamurti BR80DSG2.0 Thought is the beginning of desire](#)

[J. Krishnamurti BR83CB1-EX05 We think we are separate individuals](#)

Video - 6 minutes

From [J. Krishnamurti BR83CB1 Is there an action not touched by thought?](#)

## Injustice

[J. Krishnamurti MA8182Q2-WQ01 Is there no place in your teachings to fight injustice?](#)

Video - 20 minutes

From [J. Krishnamurti MA8182Q2 2nd Question & Answer Meeting](#)

## Inquiry

[J. Krishnamurti SA84Q1-EX01 How far would we go in pursuing something serious in life?](#)

Video - 24 minutes

From [J. Krishnamurti SA84Q1 1st Question & Answer Meeting](#)

[J. Krishnamurti US66FRR5-EX09 Inquiry is not profitable](#)

Video - 1 minute

From [J. Krishnamurti US66FRR5 What is love?](#)

[J. Krishnamurti BR79T4-EX05 Inquiry into yourself](#)

Video - 8 minutes

From [J. Krishnamurti BR79T4 Meditation, the timeless and love](#)

## **Insecurity**

[J. Krishnamurti SA82T2-EX05 Why are we insecure?](#)

Video - 11 minutes

From [J. Krishnamurti SA82T2 What makes our lives so fragmented?](#)

## **Insight**

[J. Krishnamurti BR79Q2-WQ02 Isn't insight intuition?](#)

Video - 16 minutes

From [J. Krishnamurti BR79Q2 2nd Question & Answer Meeting](#)

[J. Krishnamurti BR85Q1-WQ05 What is total vision?](#)

Video - 7 minutes

From [J. Krishnamurti BR85Q1 1st Question & Answer Meeting](#)

[J. Krishnamurti OJ80Q2-WQ05 What does it mean to see the totality of something?](#)

Video - 8 minutes

From [J. Krishnamurti OJ80Q2 2nd Question & Answer Meeting](#)

[J. Krishnamurti OJ81Q3-WQ05 What is the difference between insight and enlightenment?](#)

Video - 6 minutes

From [J. Krishnamurti OJ81Q3 3rd Question & Answer Meeting](#)

[J. Krishnamurti SA80Q4-WQ05 What is the nature of the insight you speak about?](#)

Video - 21 minutes

From [J. Krishnamurti SA80Q4 4th Question & Answer Meeting](#)

[J. Krishnamurti SA83Q1-WQ01 On deep insight and stopping thought](#)

Video - 59 minutes

From [J. Krishnamurti SA83Q1 1st Question & Answer Meeting](#)

[J. Krishnamurti BR78T1-EX02 Instant insight](#)

Video - 5 minutes

From [J. Krishnamurti BR78T1 Can I strip myself of the network of language?](#)

[J. Krishnamurti SA77T5-EX01 Intelligent insight](#)

Video - 5 minutes

From [J. Krishnamurti SA77T5 Is there an action which is without cause and motive?](#)

[J. Krishnamurti SA81T7-EX06 Quick insight](#)

Video - 8 minutes

From [J. Krishnamurti SA81T7 To live without a shadow of control](#)

[J. Krishnamurti OJBR80CB11-EX02 Profound insight](#)

Video - 7 minutes

From [J. Krishnamurti OJBR80CB11 The liberation of insight](#)

## **Insight/Action**

[J. Krishnamurti BR79S5-EX05 Insight and action](#)

Video - 8 minutes

From [J. Krishnamurti BR79S5 What do I do in a deteriorating world?](#)

## **Insight/Brain**

[J. Krishnamurti BR7879CBS2-EX07 Insight transforms the brain](#)

Video - 7 minutes

From [J. Krishnamurti BR7879CBS2 Is there a state of mind without the self?](#)

## **Insight/Experience**

[J. Krishnamurti BR79S6-EX03 Insight and experience](#)

Video - 7 minutes

From [J. Krishnamurti BR79S6 Can you have insight if there is a centre?](#)

## **Insight/Intuition**

[J. Krishnamurti SA81Q1-WQ01 On insight and intuition](#)

Video - 20 minutes

From [J. Krishnamurti SA81Q1 1st Question & Answer Meeting](#)

[J. Krishnamurti SA79T3-EX04 Insight is not intuition](#)

Video - 5 minutes

From [J. Krishnamurti SA79T3 Is there security at all psychologically?](#)

## **Insight/Memory**

[J. Krishnamurti BR83CPJ1-EX10 Insight is not a matter of memory](#)

Video - 10 minutes

From [J. Krishnamurti BR83CPJ1 What will bring about change in the brain?](#)

## **Insight/Past**

[J. Krishnamurti OJBR80CB10-EX04 Insight wipes away the past](#)

Video - 6 minutes

From [J. Krishnamurti OJBR80CB10 Cosmic order](#)

## **Insight/Perception**

[J. Krishnamurti BR84SBR1-EX09 Insight implies instant perception](#)

Video - 3 minutes

From [J. Krishnamurti BR84SBR1 What is thought?](#)



## **Intelligence**

[J. Krishnamurti OJ81Q3-WQ01 What is the relationship between intelligence and responsibility?](#)

Video - 9 minutes

From [J. Krishnamurti OJ81Q3 3rd Question & Answer Meeting](#)

[J. Krishnamurti OJ83Q2-WQ02 On livelihood and on being unselfish and intelligent](#)

Video - 23 minutes

From [J. Krishnamurti OJ83Q2 2nd Question & Answer Meeting](#)

[J. Krishnamurti OJ83Q2-WQ06 On the nature of intelligence](#)

Video - 17 minutes

From [J. Krishnamurti OJ83Q2 2nd Question & Answer Meeting](#)

[J. Krishnamurti SA79T6-EX04 The quality of intelligence](#)

Video - 12 minutes

From [J. Krishnamurti SA79T6 Intelligence, love, and compassion](#)

[J. Krishnamurti SA84Q3-WQ03 Could you tell us more about this vast intelligence?](#)

Video - 23 minutes

From [J. Krishnamurti SA84Q3 3rd Question & Answer Meeting](#)

[J. Krishnamurti SA85Q2-WQ03 What is intelligence?](#)

Video - 14 minutes

From [J. Krishnamurti SA85Q2 2nd Question & Answer Meeting](#)

[J. Krishnamurti SD74CA12-EX03 Intelligence means sensitivity to the situation](#)

Video - 10 minutes

From [J. Krishnamurti SD74CA12 Love, sex and pleasure](#)

[J. Krishnamurti MA8081T6-EX02 What is intelligence?](#)

Video - 11 minutes

From [J. Krishnamurti MA8081T6 Can the brain ever be free from the known?](#)

## **Intelligence/(Story)**

[J. Krishnamurti SA81Q2-EX01 The man in a bowler hat](#)

Video - 1 minute

From [J. Krishnamurti SA81Q2 2nd Question & Answer Meeting](#)

## **Intelligence/Body**

[J. Krishnamurti SD70T4-EX05 We are destroying the body's intelligence](#)

Video - 7 minutes

From [J. Krishnamurti SD70T4 What is meditation?](#)

## **Intelligence/Depression**

[J. Krishnamurti BR83CPJ1-EX12 Intelligence has no depression](#)

Video - 5 minutes

From [J. Krishnamurti BR83CPJ1 What will bring about change in the brain?](#)

## **Intelligence/False**

[J. Krishnamurti SA82T2-EX06 To discard the false is intelligence](#)

Video - 6 minutes

From [J. Krishnamurti SA82T2 What makes our lives so fragmented?](#)

## **Intelligence/Love/Compassion**

[J. Krishnamurti BR84SBR2-EX06 Where there is love and compassion there is intelligence](#)

Video - 9 minutes

From [J. Krishnamurti BR84SBR2 Is there an action in which there is no limitation?](#)

## **Intelligence/Thought**

[J. Krishnamurti BR84SBR2-EX05 Is there an intelligence not born of thought?](#)

Video - 8 minutes

From [J. Krishnamurti BR84SBR2 Is there an action in which there is no limitation?](#)

[J. Krishnamurti BR83CB1-EX08 Intelligence is not the activity of thought](#)

Video - 3 minutes

From [J. Krishnamurti BR83CB1 Is there an action not touched by thought?](#)

## **Jealousy**

[J. Krishnamurti BR78S4-EX01 Can I observe jealousy?](#)

Video - 6 minutes

From [J. Krishnamurti BR78S4 Observing fear as it happens](#)

[J. Krishnamurti SA84T6-EX04 If you are jealous today, you will be jealous tomorrow](#)

Video - 8 minutes

From [J. Krishnamurti SA84T6 Living with death and life together](#)

## **Joining**

[J. Krishnamurti SD70T4-EX02 Don't join anything](#)

Video - 5 minutes

From [J. Krishnamurti SD70T4 What is meditation?](#)

## **Joy**

[J. Krishnamurti SM72T1-EX07 Krishnamurti, when have you experienced joy?](#)

Video - 8 minutes

From [J. Krishnamurti SM72T1 To act instantly is to see actually 'what is'](#)

## **Judgement**

[J. Krishnamurti OJ84Q2-WQ02 What is judgement?](#)

Video - 15 minutes

From [J. Krishnamurti OJ84Q2 2nd Question & Answer Meeting](#)

## **Judging**

[J. Krishnamurti SM72T4-EX03 Why do you judge at all?](#)

Video - 5 minutes

From [J. Krishnamurti SM72T4 A different kind of energy](#)

## **Justice/Change**

[J. Krishnamurti OJ80Q4-WQ02 On justice and changing oneself](#)

Video - 8 minutes

From [J. Krishnamurti OJ80Q4 4th Question & Answer Meeting](#)

## **Killing**

[J. Krishnamurti SD74CA12-EX02 Killing has become an industry](#)

Video - 8 minutes

From [J. Krishnamurti SD74CA12 Love, sex and pleasure](#)

[J. Krishnamurti SA83T4-EX01 We are killing nature, and ourselves](#)

Video - 10 minutes

From [J. Krishnamurti SA83T4 What is supreme intelligence?](#)

## **Knowing**

[J. Krishnamurti BR78S2-EX07 You can't know me](#)

Video - 4 minutes

From [J. Krishnamurti BR78S2 Is it possible never to be hurt?](#)

## **Knowing/Oneself**

[J. Krishnamurti BO85Q1-SQ01 Is it possible to know yourself when you are not related to anybody?](#)

Video - 3 minutes

From [J. Krishnamurti BO85Q1 1st Question & Answer Meeting](#)

## **Knowledge**

[J. Krishnamurti CC82T2-EX01 Knowledge is always in the past](#)

Video - 12 minutes

From [J. Krishnamurti CC82T2 Is there a new instrument totally different from thought?](#)

[J. Krishnamurti LS84S1-EX01 Knowledge can never be creative](#)

Video - 10 minutes

From [J. Krishnamurti LS84S1 Can thought be creative?](#)

[J. Krishnamurti OJ80Q1-WQ02 Why is knowledge always incomplete?](#)

Video - 40 minutes

From [J. Krishnamurti OJ80Q1 1st Question & Answer Meeting](#)

[J. Krishnamurti OJ80T2-EX01 Security in knowledge is a trick](#)

Video - 10 minutes

From [J. Krishnamurti OJ80T2 Observation is the total denial of analysis](#)

[J. Krishnamurti SA81Q1-WQ04 On knowledge](#)

Video - 13 minutes

From [J. Krishnamurti SA81Q1 1st Question & Answer Meeting](#)

[J. Krishnamurti OJ83T1-EX06 There is no complete knowledge about anything](#)

Video - 1 minute

From [J. Krishnamurti OJ83T1 Thought and knowledge are limited](#)

[J. Krishnamurti BR83T2-EX05 Knowledge is always incomplete](#)

Video - 4 minutes

From [J. Krishnamurti BR83T2 Only in peace can the human mind be free](#)

[J. Krishnamurti BR81S2-EX01 We are caught in knowledge](#)

Video - 5 minutes

From [J. Krishnamurti BR81S2 The division between the observer and the observed is illusory](#)

[J. Krishnamurti BR83CB1-EX03 Why is knowledge limited?](#)

Video - 7 minutes

From [J. Krishnamurti BR83CB1 Is there an action not touched by thought?](#)

[J. Krishnamurti OJBR80CB13-EX02 It is important not to get caught in knowledge](#)

Video - 7 minutes

From [J. Krishnamurti OJBR80CB13 The ending of psychological knowledge](#)

[J. Krishnamurti OJBR80CB13-EX04 It is enormously difficult to be free of knowledge](#)

Video - 5 minutes

From [J. Krishnamurti OJBR80CB13 The ending of psychological knowledge](#)

[J. Krishnamurti MA7879T1-EX09 What is the place of knowledge?](#)

Video - 11 minutes

From [J. Krishnamurti MA7879T1 Organisations have not saved man](#)

### **Knowledge/Action**

[J. Krishnamurti BR84SBR2-EX01 What is the relationship of knowledge to action?](#)

Video - 8 minutes

From [J. Krishnamurti BR84SBR2 Is there an action in which there is no limitation?](#)

### **Knowledge/Change**

[J. Krishnamurti BR81DT1-EX01 No amount of knowledge is going to change man](#)

Video - 10 minutes

From [J. Krishnamurti BR81DT1 What place has knowledge in life?](#)

### **Knowledge/Ending**

[J. Krishnamurti OJBR80CB13-EX01 Very few people end knowledge](#)

Video - 7 minutes

From [J. Krishnamurti OJBR80CB13 The ending of psychological knowledge](#)

## **Knowledge/Love**

[J. Krishnamurti BR81T3-EX01 What relationship has knowledge to love?](#)

Video - 9 minutes

From [J. Krishnamurti BR81T3 Knowledge, sorrow, death, and to be free of the content of consciousness](#)

## **Knowledge/Psychological**

[J. Krishnamurti BR81S4-EX02 What is psychological knowledge?](#)

Video - 10 minutes

From [J. Krishnamurti BR81S4 You are humanity](#)

[J. Krishnamurti BR80T1-EX04 Do I need to accumulate psychological knowledge?](#)

Video - 9 minutes

From [J. Krishnamurti BR80T1 What is right action in this chaotic world?](#)

## **Knowledge/Relationship**

[J. Krishnamurti SA84T3-EX09 Knowledge destroys relationship](#)

Video - 8 minutes

From [J. Krishnamurti SA84T3 Thought and the divisive process](#)

## **Known**

[J. Krishnamurti SA76T6-EX04 We cling to the known](#)

Video - 11 minutes

From [J. Krishnamurti SA76T6 Can attachment, belief, experience, knowledge, end now?](#)

## **Known/Ending**

[J. Krishnamurti BR78T3-EX05 End the known now, not when death comes](#)

Video - 10 minutes

From [J. Krishnamurti BR78T3 How is freedom to be understood and lived?](#)

## **Krishnamurti**

[J. Krishnamurti BR79Q2-WQ03 Why do you have your own organisation?](#)

Video - 5 minutes

From [J. Krishnamurti BR79Q2 2nd Question & Answer Meeting](#)

[J. Krishnamurti OJ85Q1-WQ03 How do you live in regards to income?](#)

Video - 2 minutes

From [J. Krishnamurti OJ85Q1 1st Question & Answer Meeting](#)

[J. Krishnamurti SA81Q3-WQ05 Who are you?](#)

Video - 8 minutes

From [J. Krishnamurti SA81Q3 3rd Question & Answer Meeting](#)

[J. Krishnamurti SA83Q3-WQ03 Is not K's consciousness put together by thought and words?](#)

Video - 12 minutes

From [J. Krishnamurti SA83Q3 3rd Question & Answer Meeting](#)

[J. Krishnamurti SA84Q2-WQ04 What is your relationship to us?](#)

Video - 15 minutes

From [J. Krishnamurti SA84Q2 2nd Question & Answer Meeting](#)

[J. Krishnamurti SM72T1-EX08 Krishnamurti, are you aware of the contradiction between your words and your life?](#)

Video - 6 minutes

From [J. Krishnamurti SM72T1 To act instantly is to see actually 'what is'](#)

[J. Krishnamurti OJ82CNM2-EX01 Krishnamurti, you are stuck in a rut](#)

Video - 6 minutes

From [J. Krishnamurti OJ82CNM2 Psychological suffering](#)

[J. Krishnamurti BR85IRFOT-EX01 What Is the Role of a Flower?](#)

Video - 1 minute

From [J. Krishnamurti BR85IRF The role of a flower](#)

### **Krishnamurti/(Story)**

[J. Krishnamurti SD74CA8-EX05 Krishnamurti is visited by a monkey](#)

Video - 2 minutes

From [J. Krishnamurti SD74CA8 Does pleasure bring happiness?](#)

### **Krishnamurti/(Story)**

[J. Krishnamurti SA85Q3-EX01 The boy Krishnamurti invited in](#)

Video - 3 minutes

From [J. Krishnamurti SA85Q3 3rd Question & Answer Meeting](#)

### **Krishnamurti/(Story)**

[J. Krishnamurti RA85T3-EX08 Krishnamurti loved jokes](#)

Video - 4 minutes

From [J. Krishnamurti RA85T3 As long as there is a meditator, there is no meditation](#)

### **Krishnamurti/(Story)**

[J. Krishnamurti MA8384T2-EX01 The speaker has been angry only once](#)

Video - 6 minutes

From [J. Krishnamurti MA8384T2 What relationship has time to fear?](#)

### **Krishnamurti/Doubt**

[J. Krishnamurti SA83T3-EX01 Doubt what I am saying](#)

Video - 9 minutes

From [J. Krishnamurti SA83T3 Where does one find complete security?](#)

## Krishnamurti's teachings

[J. Krishnamurti BR79Q2-WQ01 Is K's teaching only for the few?](#)

Video - 14 minutes

From [J. Krishnamurti BR79Q2 2nd Question & Answer Meeting](#)

[J. Krishnamurti BR80Q1-WQ01 Why do you have schools and foundations?](#)

Video - 7 minutes

From [J. Krishnamurti BR80Q1 1st Question & Answer Meeting](#)

[J. Krishnamurti BR80Q1-WQ04 On the urgency to change fading](#)

Video - 14 minutes

From [J. Krishnamurti BR80Q1 1st Question & Answer Meeting](#)

[J. Krishnamurti BR82Q2-WQ06 What can one do to keep the profoundness of your talks?](#)

Video - 5 minutes

From [J. Krishnamurti BR82Q2 2nd Question & Answer Meeting](#)

[J. Krishnamurti BR83Q1-EX01 From whom do you expect the answers?](#)

Video - 4 minutes

From [J. Krishnamurti BR83Q1 1st Question & Answer Meeting](#)

[J. Krishnamurti BR83Q1-WQ01 How do you know what you are saying is true?](#)

Video - 19 minutes

From [J. Krishnamurti BR83Q1 1st Question & Answer Meeting](#)

[J. Krishnamurti BR83Q2-WQ02 Why don't you encourage people to hold group discussions?](#)

Video - 11 minutes

From [J. Krishnamurti BR83Q2 2nd Question & Answer Meeting](#)

[J. Krishnamurti BR84Q1-WQ03 On listening to Krishnamurti](#)

Video - 7 minutes

From [J. Krishnamurti BR84Q1 1st Question & Answer Meeting](#)

[J. Krishnamurti BR84Q2-WQ05 What are we to do when you are no longer with us?](#)

Video - 4 minutes

From [J. Krishnamurti BR84Q2 2nd Question & Answer Meeting](#)

[J. Krishnamurti BR85Q1-EX01 Why are you here?](#)

Video - 20 minutes

From [J. Krishnamurti BR85Q1 1st Question & Answer Meeting](#)

[J. Krishnamurti BR85Q2-WQ04 What do you say to people who pick parts of what you say?](#)

Video - 8 minutes

From [J. Krishnamurti BR85Q2 2nd Question & Answer Meeting](#)

[J. Krishnamurti MA8081Q1-WQ03 What should I do to understand K's message fully?](#)

Video - 13 minutes

From [J. Krishnamurti MA8081Q1 1st Question & Answer Meeting](#)

[J. Krishnamurti MA8485Q1-WQ01 How can I get at what you are saying without any effort?](#)

Video - 15 minutes

From [J. Krishnamurti MA8485Q1 1st Question & Answer Meeting](#)

[J. Krishnamurti MA8586T3-EX01 Krishnamurti's last public words](#)

Video - 9 minutes

From [J. Krishnamurti MA8586T3 What is creation, the origin, the beginning?](#)



[J. Krishnamurti OJ83Q2-WQ01 Why aren't you more practical and less abstract?](#)

Video - 19 minutes

From [J. Krishnamurti OJ83Q2 2nd Question & Answer Meeting](#)

[J. Krishnamurti OJ84Q1-WQ02 Have you designated a special person to carry on your teachings?](#)

Video - 5 minutes

From [J. Krishnamurti OJ84Q1 1st Question & Answer Meeting](#)

[J. Krishnamurti RA85D-SQ01 Are the teachings of K going to meet the same fate of Buddha's and Christ's?](#)

Video - 12 minutes

From [J. Krishnamurti RA85D Why do we divide the spiritual and the mundane?](#)

[J. Krishnamurti SA80Q3-WQ03 Should we talk about your teachings?](#)

Video - 9 minutes

From [J. Krishnamurti SA80Q3 3rd Question & Answer Meeting](#)

[J. Krishnamurti SA84Q3-WQ01 How does one live without motives?](#)

Video - 18 minutes

From [J. Krishnamurti SA84Q3 3rd Question & Answer Meeting](#)

[J. Krishnamurti SA84Q3-WQ04 Why do your teachings have so little effect on us?](#)

Video - 10 minutes

From [J. Krishnamurti SA84Q3 3rd Question & Answer Meeting](#)

[J. Krishnamurti SA85Q1-EX01 Why do you come to these meetings?](#)

Video - 8 minutes

From [J. Krishnamurti SA85Q1 1st Question & Answer Meeting](#)

[J. Krishnamurti SA85Q1-WQ01 On gurus saying they give the same teaching as K](#)

Video - 13 minutes

From [J. Krishnamurti SA85Q1 1st Question & Answer Meeting](#)

[J. Krishnamurti SA85Q1-EX02 Why do you come here?](#)

Video - 8 minutes

From [J. Krishnamurti SA85Q1 1st Question & Answer Meeting](#)

[J. Krishnamurti OJ84Q1-EX01 Krishnamurti designated no one to carry on his work](#)

Video - 5 minutes

From [J. Krishnamurti OJ84Q1 1st Question & Answer Meeting](#)

[J. Krishnamurti BR83CB2-EX07 Who will listen to this?](#)

Video - 10 minutes

From [J. Krishnamurti BR83CB2 Is there evolution of consciousness?](#)

[J. Krishnamurti RV83S2-EX05 Don't make these teachings into a system](#)

Video - 8 minutes

From [J. Krishnamurti RV83S2 From whom are we learning?](#)

## **Krishnamurti's teachings/Change**

[J. Krishnamurti SA78D2-EX05 I have listened to you for many years. Why haven't I changed?](#)

Video - 20 minutes

From [J. Krishnamurti SA78D2 What will make a human being change?](#)

## **Law/Freedom**

[J. Krishnamurti BR83Q2-WQ04 On law and freedom](#)

Video - 14 minutes

From [J. Krishnamurti BR83Q2 2nd Question & Answer Meeting](#)

## **Leader**

[J. Krishnamurti SD74CA16-EX05 Our rulers are irreligious](#)

Video - 2 minutes

From [J. Krishnamurti SD74CA16 Religion, authority and education - Part 2](#)

[J. Krishnamurti MA8182Q2-EX01 If you depend on leaders you become weak](#)

Video - 2 minutes

From [J. Krishnamurti MA8182Q2 2nd Question & Answer Meeting](#)

[J. Krishnamurti OJ81T2-EX01 We always look to others to lead us](#)

Video - 6 minutes

From [J. Krishnamurti OJ81T3 Can thought bring about right action?](#)

## **Learning**

[J. Krishnamurti MA7879T1-EX03 Another way of learning](#)

Video - 15 minutes

From [J. Krishnamurti MA7879T1 Organisations have not saved man](#)

[J. Krishnamurti OJ77T2-EX01 You can learn only when you have leisure](#)

Video - 9 minutes

From [J. Krishnamurti OJ77T2 The source of conflict](#)

[J. Krishnamurti OJ79T4-EX01 A learning that is not acquiring knowledge](#)

Video - 14 minutes

From [J. Krishnamurti OJ79T4 The art of observing the book of mankind](#)

[J. Krishnamurti SD74CA10-EX01 What is there to learn?](#)

Video - 21 minutes

From [J. Krishnamurti SD74CA10 The art of listening](#)

[J. Krishnamurti BR78D2-EX01 Is there another way of learning?](#)

Video - 10 minutes

From [J. Krishnamurti BR78D2 Can one learn through relationship?](#)

[J. Krishnamurti MA8384T3-EX02 The art of learning](#)

Video - 3 minutes

From [J. Krishnamurti MA8384T3 To live means also to end](#)

[J. Krishnamurti RV83S2-EX02 From whom are you learning?](#)

Video - 5 minutes

From [J. Krishnamurti RV83S2 From whom are we learning?](#)

[J. Krishnamurti OJ83CJS-EX02 Are we wandering blindly?](#)

Video - 9 minutes

From [J. Krishnamurti OJ83CJS What makes us change?](#)

[J. Krishnamurti SA81T7-EX01 There is nothing to be learnt from anyone](#)

Video - 10 minutes

From [J. Krishnamurti SA81T7 To live without a shadow of control](#)

[J. Krishnamurti SA81T2-EX04 What does it mean to learn?](#)

Video - 5 minutes

From [J. Krishnamurti SA81T2 Learning that transforms consciousness](#)

[J. Krishnamurti RV83S2-EX03 Is there another kind of learning?](#)

Video - 8 minutes

From [J. Krishnamurti RV83S2 From whom are we learning?](#)

[J. Krishnamurti SA84T6-EX02 Learning is flowing, never static](#)

Video - 9 minutes

From [J. Krishnamurti SA84T6 Living with death and life together](#)

### **Learning/Accumulation**

[J. Krishnamurti SA82T5-EX01 Learning without accumulation](#)

Video - 6 minutes

From [J. Krishnamurti SA82T5 What is it to listen, to learn and to observe?](#)

### **Learning/Acting**

[J. Krishnamurti WO78DSS3-EX23 Learning is to act](#)

Video - 6 minutes

From [J. Krishnamurti WO78DSS3 The arts of listening and learning](#)

### **Learning/Freedom**

[J. Krishnamurti CL68CHS-EX01 The moment I learn about something I am free of it](#)

Video - 1 minute

From [J. Krishnamurti CL68CHS Authority is destructive](#)

### **Learning/Oneself**

[J. Krishnamurti BR78S5-EX05 There is nothing to learn about yourself](#)

Video - 8 minutes

From [J. Krishnamurti BR78S5 Pain is the reaction to attachment](#)

[J. Krishnamurti BR85DS1.1-EX05 Begin to learn about yourself](#)

Video - 13 minutes

From [J. Krishnamurti BR85DS1.1 What was your background like?](#)

## **Learning/Relationship**

[J. Krishnamurti BR78D2-EX05 Learning about oneself in relationship](#)

Video - 5 minutes

From [J. Krishnamurti BR78D2 Can one learn through relationship?](#)

## **Letting go**

[J. Krishnamurti BR85T4-EX04 Letting go](#)

Video - 10 minutes

From [J. Krishnamurti BR85T4 The nature of the brain that lives religiously](#)

## **Liberation**

[J. Krishnamurti BR81Q2-WQ05 How can liberation be a matter of the whole of humanity?](#)

Video - 14 minutes

From [J. Krishnamurti BR81Q2 2nd Question & Answer Meeting](#)

## **Life**

[J. Krishnamurti PA65T4-EX01 Life is impermanent](#)

Audio - 4 minutes

From a full recording not yet on YouTube

[J. Krishnamurti NY71T1-EX02 The totality of our lives](#)

Video - 5 minutes

From [J. Krishnamurti NY71T1 To be aware of our past](#)

[J. Krishnamurti BO85T4-EX09 Life is precious](#)

Video - 4 minutes

From [J. Krishnamurti BO85T4 Is there a meditation that is not brought about by thought?](#)

[J. Krishnamurti SA76T5-EX05 Can you live a harmonious life?](#)

Video - 6 minutes

From [J. Krishnamurti SA76T5 Suffering and love](#)

## **Life/Conflict**

[J. Krishnamurti BR85IRFOT-EX04 Life Without Conflict](#)

Video - 15 minutes

From [J. Krishnamurti BR85IRF The role of a flower](#)

## **Life/Death**

[J. Krishnamurti BR77T3-EX03 Living and death](#)

Video - 10 minutes

From [J. Krishnamurti BR77T3 What is at the very root of sorrow?](#)

[J. Krishnamurti BO84T3-EX07 Life and death go together](#)

Video - 12 minutes

From [J. Krishnamurti BO84T3 The art of living and dying](#)

## **Life/Looking/Problems**

J. Krishnamurti BR83T2-EX04 Can you look at life with a mind free of problems?

Video - 9 minutes

From J. Krishnamurti BR83T2 Only in peace can the human mind be free

## **Life/Love**

J. Krishnamurti CC82T3-EX07 Life is empty without love

Video - 5 minutes

From J. Krishnamurti CC82T3 What is the nature and the structure of disorder?

## **Life/Observing**

J. Krishnamurti SA77T6-EX02 Can you observe life as a total movement?

Video - 6 minutes

From J. Krishnamurti SA77T6 What is it to observe holistically?

## **Life/Relationship**

J. Krishnamurti SA83T2-EX04 Life is a movement in relationship

Video - 12 minutes

From J. Krishnamurti SA83T2 The function of the brain

## **Life/Religious**

J. Krishnamurti CC82T4-EX04 What is a religious life?

Video - 8 minutes

From J. Krishnamurti CC82T4 Time, death and meditation

## **Life/Security**

J. Krishnamurti BR84T1-EX06 Is there any security in life?

Video - 8 minutes

From J. Krishnamurti BR84T1 The cause of conflict in relationship

## **Light/Being**

J. Krishnamurti SM72T1-EX05 What does being a light to oneself mean?

Video - 1 minute

From J. Krishnamurti SM72T1 To act instantly is to see actually 'what is'

J. Krishnamurti BR78S6-EX05 Be a light to all humanity

Video - 4 minutes

From J. Krishnamurti BR78S6 Can I be a light globally?

## **Limitation/Conflict**

J. Krishnamurti BR84T1-EX03 When there is limitation there must be conflict

Video - 2 minutes

From [J. Krishnamurti BR84T1 The cause of conflict in relationship](#)

## **Linguistic**

[J. Krishnamurti SA84T2-EX02 The linguistic prison](#)

Video - 7 minutes

From [J. Krishnamurti SA84T2 The relationship of health to freedom](#)

## **Listening**

[J. Krishnamurti BO85Q2-WQ01 On having an active brain and on listening without action](#)

Video - 14 minutes

From [J. Krishnamurti BO85Q2 2nd Question & Answer Meeting](#)

[J. Krishnamurti BR7879CBS2-EX04 Can I listen?](#)

Video - 11 minutes

From [J. Krishnamurti BR7879CBS2 Is there a state of mind without the self?](#)

[J. Krishnamurti BR83CPJ2-EX07 Listening to the entirety](#)

Video - 11 minutes

From [J. Krishnamurti BR83CPJ2 Why are we frightened to be nothing?](#)

[J. Krishnamurti MA7879T1-EX01 Do you ever listen?](#)

Video - 9 minutes

From [J. Krishnamurti MA7879T1 Organisations have not saved man](#)

[J. Krishnamurti SD74CA10-EX02 What happens when I actually listen?](#)

Video - 13 minutes

From [J. Krishnamurti SD74CA10 The art of listening](#)

[J. Krishnamurti US66FRR1-EX03 Hearing words is not listening](#)

Video - 1 minute

From [J. Krishnamurti US66FRR1 Where are we going?](#)

[J. Krishnamurti BR76CTM6-EX01 To whom are we talking?](#)

Video - 1 minute

From [J. Krishnamurti BR76CTM6 Any form of image prevents the beauty of relationship](#)

[J. Krishnamurti BR80T1-EX01 The sermon is over](#)

Video - 1 minute

From [J. Krishnamurti BR80T1 What is right action in this chaotic world?](#)

[J. Krishnamurti BR78D2-EX06 What does it mean to listen?](#)

Video - 7 minutes

From [J. Krishnamurti BR78D2 Can one learn through relationship?](#)

[J. Krishnamurti SA79T4-EX07 Listen with care](#)

Video - 6 minutes

From [J. Krishnamurti SA79T4 Can goodness, love and truth be born of discipline?](#)

[J. Krishnamurti BO85T2-EX06 Learn the art of listening](#)

Video - 3 minutes

From [J. Krishnamurti BO85T2 Thought and time are always together](#)

[J. Krishnamurti MA8384T3-EX01 The art of listening](#)

Video - 7 minutes

From [J. Krishnamurti MA8384T3 To live means also to end](#)

[J. Krishnamurti RA84T1-EX04 Listening is the greatest miracle](#)

Video - 4 minutes

From [J. Krishnamurti RA84T1 What is the significance of our daily life?](#)

[J. Krishnamurti SA83T6-EX01 The miracle of listening](#)

Video - 10 minutes

From [J. Krishnamurti SA83T6 Religion and meditation](#)

[J. Krishnamurti BR85IRFOT-EX03 There Is an Art of Listening](#)

Video - 1 minute

From [J. Krishnamurti BR85IRF The role of a flower](#)

[J. Krishnamurti SA84T5-EX02 Listening is a great art](#)

Video - 6 minutes

From [J. Krishnamurti SA84T5 Why do we live with unresolved problems?](#)

### **Listening/Accumulation**

[J. Krishnamurti SD70T1-EX05 Can you listen without accumulation?](#)

Video - 5 minutes

From [J. Krishnamurti SD70T1 How does one learn about oneself?](#)

### **Listening/Free human being**

[J. Krishnamurti OJBR80CB13-EX03 Listening to a free human being](#)

Video - 10 minutes

From [J. Krishnamurti OJBR80CB13 The ending of psychological knowledge](#)

### **Livelihood**

[J. Krishnamurti SA76T7-EX10 What is right livelihood?](#)

Video - 3 minutes

From [J. Krishnamurti SA76T7 When you are a light to yourself you are a light to the world](#)

### **Living**

[J. Krishnamurti BR76CTM3-EX02 Why do human beings live this way?](#)

Video - 9 minutes

From [J. Krishnamurti BR76CTM3 Can I completely change at the very root?](#)

[J. Krishnamurti BR81Q2-WQ01 How do we meet life as it is today?](#)

Video - 16 minutes

From [J. Krishnamurti BR81Q2 2nd Question & Answer Meeting](#)

[J. Krishnamurti BR82Q1-WQ04 On the inner and outer chaos](#)

Video - 19 minutes

From [J. Krishnamurti BR82Q1 1st Question & Answer Meeting](#)



[J. Krishnamurti BR83Q2-WQ03 On the problem of livelihood](#)

Video - 14 minutes

From [J. Krishnamurti BR83Q2 2nd Question & Answer Meeting](#)

[J. Krishnamurti BR84Q1-EX01 Understanding problems, and the art of living](#)

Video - 28 minutes

From [J. Krishnamurti BR84Q1 1st Question & Answer Meeting](#)

[J. Krishnamurti OJ85Q1-WQ05 On living peacefully with intelligence](#)

Video - 13 minutes

From [J. Krishnamurti OJ85Q1 1st Question & Answer Meeting](#)

[J. Krishnamurti SA82Q2-WQ03 How am I to live in this world without becoming part of its cruelty?](#)

Video - 12 minutes

From [J. Krishnamurti SA82Q2 2nd Question & Answer Meeting](#)

[J. Krishnamurti SA84Q3-EX01 Can one live totally honestly?](#)

Video - 21 minutes

From [J. Krishnamurti SA84Q3 3rd Question & Answer Meeting](#)

[J. Krishnamurti MA8283T4-EX03 Are you clinging to life?](#)

Video - 7 minutes

From [J. Krishnamurti MA8283T4 Remaining with the challenge of sorrow](#)

[J. Krishnamurti BR83CPJ2-EX01 We live petty lives](#)

Video - 1 minute

From [J. Krishnamurti BR83CPJ2 Why are we frightened to be nothing?](#)

[J. Krishnamurti OJ80T6-EX05 This is what we call living](#)

Video - 6 minutes

From [J. Krishnamurti OJ80T6 Action, observation and dying while living](#)

[J. Krishnamurti SA77T2-EX02 Is it possible to live without a pattern?](#)

Video - 8 minutes

From [J. Krishnamurti SA77T2 Is there security in psychological authority?](#)

[J. Krishnamurti BO85T4-EX02 Are we wasting our lives?](#)

Video - 4 minutes

From [J. Krishnamurti BO85T4 Is there a meditation that is not brought about by thought?](#)

[J. Krishnamurti OM32F-EX01 Footage at Ommen, 1930s](#)

Video - 1 minute

Only footage available

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[J. Krishnamurti SA82T6-EX03 Our lives are based on causation](#)

Video - 7 minutes

From [J. Krishnamurti SA82T6 Meditation and the ending of the self](#)

[J. Krishnamurti RA84T2-EX10 You make me cry](#)

Video - 1 minute

From [J. Krishnamurti RA84T2 A religious mind has great sense of beauty](#)

## **Living/Conflict**

[J. Krishnamurti BR78S4-EX02 Is it possible to live a life without conflict?](#)

Video - 8 minutes

From [J. Krishnamurti BR78S4 Observing fear as it happens](#)

[J. Krishnamurti LS84S2-EX03 Is it possible to live without conflict?](#)

Video - 8 minutes

From [J. Krishnamurti LS84S2 Creation comes out of meditation](#)

[J. Krishnamurti SA84T2-EX04 Why do we live in conflict?](#)

Video - 9 minutes

From [J. Krishnamurti SA84T2 The relationship of health to freedom](#)

[J. Krishnamurti MA8485T3-EX01 Can we live in the modern world without conflict?](#)

Video - 8 minutes

From [J. Krishnamurti MA8485T3 The shallowness of a life without passion](#)

[J. Krishnamurti SD74CA13-EX01 To live without conflict](#)

Video - 12 minutes

From [J. Krishnamurti SD74CA13 A different way of living](#)

[J. Krishnamurti SD71DYP2-EX04 Living without conflict](#)

Video - 5 minutes

From [J. Krishnamurti SD71DYP2 A possibility of change](#)

## **Living/Control**

[J. Krishnamurti SA78D3-EX02 Can one live a life without control?](#)

Video - 10 minutes

From [J. Krishnamurti SA78D3 Can time end?](#)

[J. Krishnamurti SD74CA18-EX01 Living without control](#)

Video - 7 minutes

From [J. Krishnamurti SD74CA18 Meditation and the sacred mind](#)

[J. Krishnamurti SA81T7-EX04 Living with no control](#)

Video - 8 minutes

From [J. Krishnamurti SA81T7 To live without a shadow of control](#)

## **Living/Death**

[J. Krishnamurti MA8384T3-EX09 Living with death](#)

Video - 4 minutes

From [J. Krishnamurti MA8384T3 To live means also to end](#)

[J. Krishnamurti MA8485T4-EX03 Live every day with death](#)

Video - 11 minutes

From [J. Krishnamurti MA8485T4 Death is not at the far end of life](#)

## **Living/Decision**

[J. Krishnamurti SA77T7-EX01 Living without making decisions](#)

Video - 8 minutes

From [J. Krishnamurti SA77T7 A movement which is timeless](#)

## **Living/Dying**

[J. Krishnamurti BR84T4-EX05 Can one live and die every day?](#)

Video - 2 minutes

From [J. Krishnamurti BR84T4 The nature, depth and beauty of death](#)

[J. Krishnamurti BO85T4-EX03 We have separated living from dying](#)

Video - 8 minutes

From [J. Krishnamurti BO85T4 Is there a meditation that is not brought about by thought?](#)

## **Living/Effort**

[J. Krishnamurti BR79T2-EX04 Is it possible to live without effort?](#)

Video - 2 minutes

From [J. Krishnamurti BR79T2 Is thought the instrument of right action?](#)

## **Living/Problem**

[J. Krishnamurti OJBR80CB15-EX02 Can I live without a single problem?](#)

Video - 7 minutes

From [J. Krishnamurti OJBR80CB15 Can human problems be solved?](#)

## **Loneliness**

[J. Krishnamurti BR78S3-EX06 Loneliness remains](#)

Video - 10 minutes

From [J. Krishnamurti BR78S3 Can you face the fact that you are absolutely nothing?](#)

[J. Krishnamurti BR78S3-EX07 Can I observe my loneliness?](#)

Video - 10 minutes

From [J. Krishnamurti BR78S3 Can you face the fact that you are absolutely nothing?](#)

[J. Krishnamurti MA8081T3-EX11 What is loneliness?](#)

Video - 6 minutes

From [J. Krishnamurti MA8081T3 Salvaging the brain](#)

[J. Krishnamurti SA78D2-EX02 Loneliness is different to solitude](#)

Video - 11 minutes

From [J. Krishnamurti SA78D2 What will make a human being change?](#)

[J. Krishnamurti SM72T3-EX04 You never face your loneliness](#)

Video - 7 minutes

From [J. Krishnamurti SM72T3 In freedom there is order](#)

[The Krishnamurti Podcast - Ep. 3-EX01 On Loneliness \(Audio\)](#)

Audio - 1 minute

From [The Krishnamurti Podcast - Ep. 3 - Krishnamurti's Commentaries on Living read by Terence Stamp \(Part 2\)](#)

[J. Krishnamurti SA84T4-EX10 What is loneliness?](#)

Video - 5 minutes

From [J. Krishnamurti SA84T4 Ending disorder now](#)

[J. Krishnamurti BR77T2-EX05 Remain with loneliness](#)

Video - 2 minutes

From [J. Krishnamurti BR77T2 What is the function of the brain?](#)

[J. Krishnamurti BR77D1-EX05 What is the cause of loneliness?](#)

Video - 4 minutes

From [J. Krishnamurti BR77D1 Is there such a thing as love?](#)

[J. Krishnamurti BR77D1-EX04 Watching loneliness](#)

Video - 10 minutes

From [J. Krishnamurti BR77D1 Is there such a thing as love?](#)

[J. Krishnamurti BR78S3-EX05 How is it that I am lonely?](#)

Video - 8 minutes

From [J. Krishnamurti BR78S3 Can you face the fact that you are absolutely nothing?](#)

[J. Krishnamurti SA76T5-EX07 Facing loneliness](#)

Video - 7 minutes

From [J. Krishnamurti SA76T5 Suffering and love](#)

[J. Krishnamurti SA82T4-EX02 What is it to be lonely?](#)

Video - 9 minutes

From [J. Krishnamurti SA82T4 What are we human beings trying to become?](#)

## **Loneliness/Identification**

[J. Krishnamurti SA81T4-EX04 Out of loneliness we want identification](#)

Video - 2 minutes

From [J. Krishnamurti SA81T4 Living without images](#)

## **Longing**

[J. Krishnamurti SA79T7-EX02 Can you observe your longing?](#)

Video - 8 minutes

From [J. Krishnamurti SA79T7 In total silence the mind comes upon the eternal](#)

[J. Krishnamurti MA82DSG-EX07 Looking all the time afresh](#)

Video - 11 minutes

From [J. Krishnamurti MA82DSG Is it possible for the brain to act totally?](#)

[J. Krishnamurti SA78T1-EX03 Can you look without the past?](#)

Video - 7 minutes

From [J. Krishnamurti SA78T1 The structure of self-centred concern](#)

[J. Krishnamurti SM72T3-EX03 Can you look without prejudice?](#)

Video - 3 minutes

From [J. Krishnamurti SM72T3 In freedom there is order](#)

[J. Krishnamurti MA8384T2-EX06 Do you ever look?](#)

Video - 4 minutes

From [J. Krishnamurti MA8384T2 What relationship has time to fear?](#)

[J. Krishnamurti NY71T4-EX04 Are you capable of looking?](#)

Video - 4 minutes

From [J. Krishnamurti NY71T4 Can the mind become quiet?](#)

[J. Krishnamurti SA81T1-EX03 Be free to look](#)

Video - 8 minutes

From [J. Krishnamurti SA81T1 What is the nature of our consciousness?](#)

### **Looking/Freedom**

[J. Krishnamurti SA77D5-EX01 You must be free to look](#)

Video - 7 minutes

From [J. Krishnamurti SA77D5 Relationship and intelligence](#)

### **Looking/Image**

[J. Krishnamurti SM72T3-EX02 Can you look at yourself without an image?](#)

Video - 4 minutes

From [J. Krishnamurti SM72T3 In freedom there is order](#)

[J. Krishnamurti SM72T3-EX05 To look at another without an image is a blessing](#)

Video - 5 minutes

From [J. Krishnamurti SM72T3 In freedom there is order](#)

[J. Krishnamurti NY71T1-EX04 Looking through an image](#)

Video - 7 minutes

From [J. Krishnamurti NY71T1 To be aware of our past](#)

### **Looking/Mind**

[J. Krishnamurti MA7879T1-EX08 A mind free to look](#)

Video - 11 minutes

From [J. Krishnamurti MA7879T1 Organisations have not saved man](#)

### **Looking/Recording**

[J. Krishnamurti BR84SBR1-EX03 Looking without recording](#)

Video - 8 minutes

From [J. Krishnamurti BR84SBR1 What is thought?](#)

### **Looking/Word**

[J. Krishnamurti US66FRR1-EX02 You must be free of words to look](#)

Video - 1 minute

From [J. Krishnamurti US66FRR1 Where are we going?](#)

### **Looking/Words/knowledge**

[J. Krishnamurti BR83T2-EX03 Looking is blocked by words and knowledge](#)

Video - 9 minutes

From [J. Krishnamurti BR83T2 Only in peace can the human mind be free](#)

## LookingSenses

[J. Krishnamurti SA81T7-EX07 Looking with all your senses](#)

Video - 5 minutes

From [J. Krishnamurti SA81T7 To live without a shadow of control](#)

## Loss

[J. Krishnamurti RV82CPA-EX01 When you lose someone you loved](#)

Video - 5 minutes

From [J. Krishnamurti RV82CPA Reading the book of mankind](#)

## Love

[J. Krishnamurti BR79S5-EX01 As an individual, can you love?](#)

Video - 15 minutes

From [J. Krishnamurti BR79S5 What do I do in a deteriorating world?](#)

[J. Krishnamurti MA8081Q2-WQ03 On love and attachment](#)

Video - 8 minutes

From [J. Krishnamurti MA8081Q2 2nd Question & Answer Meeting](#)

[J. Krishnamurti OJ81Q2-WQ03 On attachment and love](#)

Video - 21 minutes

From [J. Krishnamurti OJ81Q2 2nd Question & Answer Meeting](#)

[J. Krishnamurti OJ81Q4-WQ04 Is there love between people only when physically present?](#)

Video - 18 minutes

From [J. Krishnamurti OJ81Q4 4th Question & Answer Meeting](#)

[J. Krishnamurti SA81Q2-WQ01 Can I prevent the world from corrupting my son?](#)

Video - 21 minutes

From [J. Krishnamurti SA81Q2 2nd Question & Answer Meeting](#)

[J. Krishnamurti SA83Q1-WQ02 I long to be loved. It is a constant anguish-What am I to do?](#)

Video - 14 minutes

From [J. Krishnamurti SA83Q1 1st Question & Answer Meeting](#)

[J. Krishnamurti SD72CES2-EX02 Love is total attention](#)

Video - 11 minutes

From [J. Krishnamurti SD72CES2 Ending disorder is the ending of death](#)

[J. Krishnamurti US66FRR1-EX12 How can we find out what love is?](#)

Video - 1 minute

From [J. Krishnamurti US66FRR1 Where are we going?](#)

[J. Krishnamurti US66FRR1-EX01 What is love?](#)

Video - 1 minute

From [J. Krishnamurti US66FRR1 Where are we going?](#)

[J. Krishnamurti BR70IOH-EX05 What love is not](#)

Video - 3 minutes

From a full recording not yet on YouTube

[J. Krishnamurti BR70IOH-EX06 When does love come into being?](#)

Video - 1 minute

From a full recording not yet on YouTube

[J. Krishnamurti BR70IOH-EX09 Why can't we love?](#)

Video - 1 minute

From a full recording not yet on YouTube

[J. Krishnamurti BR85T3-EX06 Can love exist where there is hate?](#)

Video - 5 minutes

From [J. Krishnamurti BR85T3 The relationship of freedom to self-interest](#)

[J. Krishnamurti BR77D1-EX02 Do you love anybody?](#)

Video - 6 minutes

From [J. Krishnamurti BR77D1 Is there such a thing as love?](#)

[J. Krishnamurti BR78T3-EX02 Does love have an opposite?](#)

Video - 9 minutes

From [J. Krishnamurti BR78T3 How is freedom to be understood and lived?](#)

[J. Krishnamurti BR77D1-EX03 I don't know what love is](#)

Video - 8 minutes

From [J. Krishnamurti BR77D1 Is there such a thing as love?](#)

[J. Krishnamurti SA77T4-EX09 Is love a remembrance?](#)

Video - 5 minutes

From [J. Krishnamurti SA77T4 Does compassion flower in the field of desire?](#)

[J. Krishnamurti BR81S2-EX05 I love you; I don't want a thing from you](#)

Video - 7 minutes

From [J. Krishnamurti BR81S2 The division between the observer and the observed is illusory](#)

[J. Krishnamurti BR79S6-EX01 A love that is not individualistic](#)

Video - 6 minutes

From [J. Krishnamurti BR79S6 Can you have insight if there is a centre?](#)

[J. Krishnamurti BR7879CBS3-EX05 The quality of love](#)

Video - 3 minutes

From [J. Krishnamurti BR7879CBS3 Does free will exist?](#)

[J. Krishnamurti BR83CB2-EX05 Love is not personal](#)

Video - 8 minutes

From [J. Krishnamurti BR83CB2 Is there evolution of consciousness?](#)

[J. Krishnamurti OJBR80CB15-EX07 How do you convey that love is not personal?](#)

Video - 12 minutes

From [J. Krishnamurti OJBR80CB15 Can human problems be solved?](#)

## **Love**

[J. Krishnamurti MA8081T1-EX03 Why don't we love and care?](#)

Video - 11 minutes

From [J. Krishnamurti MA8081T1 What is the cause of the present crisis?](#)



## **Love/Attachment**

[J. Krishnamurti BR80DSG2.0 Is love attachment?](#)

Video - 5 minutes

From [J. Krishnamurti BR80DSG2.0 Thought is the beginning of desire](#)

[J. Krishnamurti SA79D2-EX04 Love is not attachment](#)

Video - 6 minutes

From [J. Krishnamurti SA79D2 Finding out what love is](#)

## **Love/Compassion/Intelligence**

[J. Krishnamurti BR83CB1-EX11 Without love and compassion there is no intelligence](#)

Video - 5 minutes

From [J. Krishnamurti BR83CB1 Is there an action not touched by thought?](#)

## **Love/Consciousness**

[J. Krishnamurti BR84CIM1-EX04 Is love part of my consciousness?](#)

Video - 7 minutes

From [J. Krishnamurti BR84CIM1 Where there is self-interest love is not](#)

## **Love/Desire**

[J. Krishnamurti SA77T4-EX10 Is love desire?](#)

Video - 3 minutes

From [J. Krishnamurti SA77T4 Does compassion flower in the field of desire?](#)

## **Love/Intelligence**

[J. Krishnamurti OJBR80CB12-EX05 Love with intelligence breaks the wall](#)

Video - 12 minutes

From [J. Krishnamurti OJBR80CB12 The intelligence of love](#)

## **Love/Isolation**

[J. Krishnamurti BR80T2-EX07 How can an isolated entity love?](#)

Video - 4 minutes

From [J. Krishnamurti BR80T2 Can the brain transform itself?](#)

## **Love/Memory**

[J. Krishnamurti US66FRR1-EX13 Has memory anything to do with love?](#)

Video - 1 minute

From [J. Krishnamurti US66FRR1 Where are we going?](#)

[J. Krishnamurti BO85T4-EX05 Love is not a memory](#)

Video - 4 minutes

From [J. Krishnamurti BO85T4 Is there a meditation that is not brought about by thought?](#)

## **Love/Negation**

[J. Krishnamurti SA77T4-EX13 Negate what love is not](#)

Video - 3 minutes

From [J. Krishnamurti SA77T4 Does compassion flower in the field of desire?](#)

[J. Krishnamurti BR78S7-EX06 Negate everything that's not love](#)

Video - 7 minutes

From [J. Krishnamurti BR78S7 What is it that flowers?](#)

## **Love/Pleasure**

[J. Krishnamurti BR84T3-EX04 Is love pleasure?](#)

Video - 5 minutes

From [J. Krishnamurti BR84T3 Is it possible to end all sorrow?](#)

[J. Krishnamurti WA85T2-EX04 We have identified love with pleasure](#)

Video - 5 minutes

From [J. Krishnamurti WA85T2 At the end of sorrow is passion](#)

## **Love/Relationship**

[J. Krishnamurti SA78T5-EX01 When there is love all relationship changes](#)

Video - 15 minutes

From [J. Krishnamurti SA78T5 Is love a movement of time and thought?](#)

[J. Krishnamurti BR70IOH-EX10 Love and Relationship](#)

Video - 3 minutes

From a full recording not yet on YouTube

## **Love/Time**

[J. Krishnamurti BR77T4-EX03 Love is without time](#)

Video - 8 minutes

From [J. Krishnamurti BR77T4 Is the flowering of goodness a matter of time?](#)

## **Machine**

[J. Krishnamurti SA83T5-EX03 Machines will control human beings](#)

Video - 6 minutes

From [J. Krishnamurti SA83T5 Unconditioning the brain cells](#)

## **Man (Humanity)/Story**

[J. Krishnamurti RV82CPA-EX06 The story of man has no beginning or end](#)

Video - 8 minutes

From [J. Krishnamurti RV82CPA Reading the book of mankind](#)

## **Man/Woman**

[J. Krishnamurti AM81T1-EX01 There is conflict between man and woman](#)

Video - 7 minutes

From [J. Krishnamurti AM81T1 Thought and time are the root of fear](#)

## **Mankind/Unity**

[J. Krishnamurti BR76T4-EX01 There must be unity of mankind](#)

Video - 5 minutes

From [J. Krishnamurti BR76T4 Freedom is the first and last step](#)

## **Mantra**

[J. Krishnamurti SA80T7-EX01 Mesmerised by mantras](#)

Video - 2 minutes

From [J. Krishnamurti SA80T7 Is there anything sacred in life?](#)

[J. Krishnamurti SA81T7-EX02 Mantra](#)

Video - 6 minutes

From [J. Krishnamurti SA81T7 To live without a shadow of control](#)

## **Mantra/Meditation**

[J. Krishnamurti SA79D3-EX06 Repeating a mantra is not meditation](#)

Video - 8 minutes

From [J. Krishnamurti SA79D3 Meditation is giving thought its right place](#)

## **Me**

[J. Krishnamurti SA79T4-EX03 The concept of me and you](#)

Video - 11 minutes

From [J. Krishnamurti SA79T4 Can goodness, love and truth be born of discipline?](#)

[J. Krishnamurti BR7879CBS5-EX04 There is no permanent 'me'](#)

Video - 7 minutes

From [J. Krishnamurti BR7879CBS5 Is there life after death?](#)

[J. Krishnamurti SA79D5-EX05 Me first, you second](#)

Video - 6 minutes

From [J. Krishnamurti SA79D5 How can we bring about a good society?](#)

## **Measureless**

[J. Krishnamurti SA80Q5-WQ02 Can you share something measureless to man?](#)

Video - 27 minutes

From [J. Krishnamurti SA80Q5 5th Question & Answer Meeting](#)

## Measurement

[J. Krishnamurti SA83T6-EX04 Measurement is destructive](#)

Video - 8 minutes

From [J. Krishnamurti SA83T6 Religion and meditation](#)

## Measurement/Energy

[J. Krishnamurti MA8384T4-EX08 Measurement and energy](#)

Video - 5 minutes

From [J. Krishnamurti MA8384T4 What has religion to do with your daily life?](#)

## Mediocrity

[J. Krishnamurti SA80Q5-WQ04 Why is it that almost all human beings are mediocre?](#)

Video - 11 minutes

From [J. Krishnamurti SA80Q5 5th Question & Answer Meeting](#)

## Meditation

[J. Krishnamurti BR69T4-EX01 The beauty of meditation](#)

Audio - 18 minutes

From [J. Krishnamurti BR69T4 Meditation is the beginning of understanding oneself](#)

[J. Krishnamurti MA7879T6-EX01 Meditation, attention and silence](#)

Video - 18 minutes

From [J. Krishnamurti MA7879T6 The movement of meditation](#)

[J. Krishnamurti MA8081T6-EX01 Meditation is unpremeditated art](#)

Video - 18 minutes

From [J. Krishnamurti MA8081T6 Can the brain ever be free from the known?](#)

[J. Krishnamurti NY71T4-EX02 What does it mean to meditate?](#)

Video - 10 minutes

From [J. Krishnamurti NY71T4 Can the mind become quiet?](#)

[J. Krishnamurti OJ80T6-EX09 Meditation is understanding the whole movement of life](#)

Video - 11 minutes

From [J. Krishnamurti OJ80T6 Action, observation and dying while living](#)

[J. Krishnamurti SA78D3-EX01 What place has meditation in daily life?](#)

Video - 8 minutes

From [J. Krishnamurti SA78D3 Can time end?](#)

[J. Krishnamurti SA78T7-EX11 Come to meditation freshly, innocently](#)

Video - 22 minutes

From [J. Krishnamurti SA78T7 If you are not occupied, are you nothing?](#)

[J. Krishnamurti SD72CA2-EX05 Meditation is to cleanse the mind of all deception](#)

Video - 12 minutes

From [J. Krishnamurti SD72CA2 What is the point of education?](#)

[J. Krishnamurti SD74CA17-EX01 Start meditation not knowing](#)

Video - 8 minutes

From [J. Krishnamurti SD74CA17 Meditation, a quality of attention that pervades all of one's life](#)

[J. Krishnamurti MA8283T4-EX01 You may be practising the wrong note](#)

Video - 1 minute

From [J. Krishnamurti MA8283T4 Remaining with the challenge of sorrow](#)

[J. Krishnamurti SA77D3-EX11 Real meditation](#)

Video - 1 minute

From [J. Krishnamurti SA77D3 Education, meditation and death](#)

[J. Krishnamurti OJ84T4-EX04 Meditation has no rewards](#)

Video - 1 minute

From [J. Krishnamurti OJ84T4 Is love part of consciousness?](#)

[J. Krishnamurti SA78T7-EX10 Come to meditation afresh](#)

Video - 1 minute

From [J. Krishnamurti SA78T7 If you are not occupied, are you nothing?](#)

[J. Krishnamurti SA76T2-EX07 The foundations of meditation](#)

Video - 4 minutes

From [J. Krishnamurti SA76T2 Observation and fear](#)

[J. Krishnamurti BR70IOH-EX08 What meditation is not](#)

Video - 6 minutes

From a full recording not yet on YouTube

[J. Krishnamurti OJ83T1-EX09 Part of meditation is to live without division](#)

Video - 1 minute

From [J. Krishnamurti OJ83T1 Thought and knowledge are limited](#)

[J. Krishnamurti OJ84T4-EX03 Meditation is not a practice](#)

Video - 6 minutes

From [J. Krishnamurti OJ84T4 Is love part of consciousness?](#)

[J. Krishnamurti BR78T4-EX01 What is meditation?](#)

Video - 10 minutes

From [J. Krishnamurti BR78T4 The beginning of meditation](#)

[J. Krishnamurti BR80T4-EX06 Why should one meditate?](#)

Video - 10 minutes

From [J. Krishnamurti BR80T4 Religion, death and meditation](#)

[J. Krishnamurti BR80T1-EX06 Real meditation](#)

Video - 3 minutes

From [J. Krishnamurti BR80T1 What is right action in this chaotic world?](#)

[J. Krishnamurti WA85T2-EX06 You may be repeating a wrong note](#)

Video - 9 minutes

From [J. Krishnamurti WA85T2 At the end of sorrow is passion](#)

[J. Krishnamurti BO85T4-EX08 Is meditation a deliberate act?](#)

Video - 9 minutes

From [J. Krishnamurti BO85T4 Is there a meditation that is not brought about by thought?](#)

[J. Krishnamurti BR79S6-EX02 Meditation is not about achieving a result](#)

Video - 5 minutes

From [J. Krishnamurti BR79S6 Can you have insight if there is a centre?](#)

[J. Krishnamurti OJBR80CB10-EX05 Meditation is uninvited](#)

Video - 11 minutes

From [J. Krishnamurti OJBR80CB10 Cosmic order](#)

[J. Krishnamurti SD72CCTR-EX02 Why make meditation into a problem?](#)

Video - 9 minutes

From [J. Krishnamurti SD72CCTR J. Krishnamurti What is meditation?](#)

[J. Krishnamurti SA83T6-EX03 Nobody can tell you what meditation means](#)

Video - 7 minutes

From [J. Krishnamurti SA83T6 Religion and meditation](#)

[J. Krishnamurti RA84T2-EX08 Conscious meditation is no mediation](#)

Video - 4 minutes

From [J. Krishnamurti RA84T2 A religious mind has great sense of beauty](#)

[J. Krishnamurti SA79D3-EX03 What is called meditation is not meditation](#)

Video - 10 minutes

From [J. Krishnamurti SA79D3 Meditation is giving thought its right place](#)

[J. Krishnamurti US66FRR4-EX03 The tricks of meditation](#)

Video - 5 minutes

From [J. Krishnamurti US66FRR4 Meditation](#)

### **Meditation/(Story)**

[J. Krishnamurti BR79Q1-EX02 The story of the master and the stones](#)

Video - 1 minute

From [J. Krishnamurti BR79Q1 1st Question & Answer Meeting](#)

[J. Krishnamurti BR79Q2-EX01 The man who meditated for 25 years](#)

Video - 3 minutes

From [J. Krishnamurti BR79Q2 2nd Question & Answer Meeting](#)

### **Meditation/Brain/Conditioning**

[J. Krishnamurti SA81T7-EX03 Meditation demands that the brain is not conditioned](#)

Video - 9 minutes

From [J. Krishnamurti SA81T7 To live without a shadow of control](#)

### **Meditation/Control**

[J. Krishnamurti CC82T4-EX05 Meditation and control](#)

Video - 13 minutes

From [J. Krishnamurti CC82T4 Time, death and meditation](#)

### **Meditation/Effort**

[J. Krishnamurti BR84CIM2-EX04 Meditation is without effort](#)

Video - 6 minutes

From [J. Krishnamurti BR84CIM2 When there is love there is truth and beauty](#)

## **Meditation/Freedom**

[J. Krishnamurti BR84T4-EX06 The freedom of meditation](#)

Video - 8 minutes

From [J. Krishnamurti BR84T4 The nature, depth and beauty of death](#)

## **Meditation/Krishnamurti's teachings**

[J. Krishnamurti SD70T4-EX03 I am not offering you anything](#)

Video - 8 minutes

From [J. Krishnamurti SD70T4 What is meditation?](#)

## **Meditation/Mantra/Yoga**

[J. Krishnamurti OJ72T2-EX07 Mantra, meditation, yoga](#)

Video - 5 minutes

From [J. Krishnamurti OJ72T2 Order has its own law](#)

## **Meditation/Mediator**

[J. Krishnamurti RA85T3-EX07 If there is a mediator there is no meditation](#)

Video - 9 minutes

From [J. Krishnamurti RA85T3 As long as there is a mediator, there is no meditation](#)

## **Meditation/Mind**

[J. Krishnamurti MA8586T3-EX08 Meditation and the quiet mind](#)

Video - 12 minutes

From [J. Krishnamurti MA8586T3 What is creation, the origin, the beginning?](#)

## **Meditation/Practice**

[J. Krishnamurti LO82T2-EX08 Is meditation a practice?](#)

Video - 3 minutes

From [J. Krishnamurti LO82T2 Order in consciousness](#)

[J. Krishnamurti SD72CCTR-EX01 Is meditation something to practise?](#)

Video - 6 minutes

From [J. Krishnamurti SD72CCTR J. Krishnamurti What is meditation?](#)

## **Meditation/Self**

[J. Krishnamurti SA82T6-EX05 Meditation is the ending of the self](#)

Video - 13 minutes

From [J. Krishnamurti SA82T6 Meditation and the ending of the self](#)



## **Meditation/System**

[J. Krishnamurti MA8384T4-EX07 One must be free of all systems to meditate](#)

Video - 7 minutes

From [J. Krishnamurti MA8384T4 What has religion to do with your daily life?](#)

## **Memory**

[J. Krishnamurti BR76T2-EX06 Mechanistic memory](#)

Video - 7 minutes

From [J. Krishnamurti BR76T2 Pleasure is a factor of conditioning](#)

[J. Krishnamurti SA84Q1-WQ02 What is the action of not letting memory intrude?](#)

Video - 30 minutes

From [J. Krishnamurti SA84Q1 1st Question & Answer Meeting](#)

[J. Krishnamurti SA84T3-EX06 My whole being is memory](#)

Video - 10 minutes

From [J. Krishnamurti SA84T3 Thought and the divisive process](#)

[J. Krishnamurti BR81S2-EX04 You are memory](#)

Video - 5 minutes

From [J. Krishnamurti BR81S2 The division between the observer and the observed is illusory](#)

[J. Krishnamurti AM81T2-EX01 We are memory](#)

Video - 9 minutes

From [J. Krishnamurti AM81T2 A religious mind is a very factual mind](#)

[J. Krishnamurti SA83T1-EX04 Psychological memories](#)

Video - 7 minutes

From [J. Krishnamurti SA83T1 Is it possible to live in peace?](#)

## **Memory/Beauty**

[J. Krishnamurti BR85T2-EX01 Memory and beauty](#)

Video - 7 minutes

From [J. Krishnamurti BR85T2 The relationship of time and thought to fear](#)

## **Memory/Looking**

[J. Krishnamurti BR83T1-EX05 How does one look at memories?](#)

Video - 8 minutes

From [J. Krishnamurti BR83T1 How can the brain transform itself?](#)

## **Mind**

[J. Krishnamurti BO85Q2-WQ03 What is the mind?](#)

Video - 11 minutes

From [J. Krishnamurti BO85Q2 2nd Question & Answer Meeting](#)

[J. Krishnamurti BR76T4-EX10 A mind that is free](#)

Video - 15 minutes

From [J. Krishnamurti BR76T4 Freedom is the first and last step](#)

[J. Krishnamurti BR79Q1-WQ05 Why does the mind so readily accept trivial answers?](#)

Video - 7 minutes

From [J. Krishnamurti BR79Q1 1st Question & Answer Meeting](#)

[J. Krishnamurti BR80Q1-WQ03 On my mind being the same as others', and responsibility](#)

Video - 9 minutes

From [J. Krishnamurti BR80Q1 1st Question & Answer Meeting](#)

[J. Krishnamurti BR81Q1-WQ02 What is it in the human mind that wants to follow?](#)

Video - 42 minutes

From [J. Krishnamurti BR81Q1 1st Question & Answer Meeting](#)

[J. Krishnamurti OJ82CNM4-EX02 What is a healthy mind?](#)

Video - 10 minutes

From [J. Krishnamurti OJ82CNM4 What is a healthy mind?](#)

[J. Krishnamurti SD71DYP2-EX01 How to make the mind sensitive](#)

Video - 11 minutes

From [J. Krishnamurti SD71DYP2 A possibility of change](#)

[J. Krishnamurti BR81S4-EX06 Is there an immovable state of mind?](#)

Video - 6 minutes

From [J. Krishnamurti BR81S4 You are humanity](#)

[J. Krishnamurti OJ83CJS-EX01 What cripples the mind?](#)

Video - 3 minutes

From [J. Krishnamurti OJ83CJS What makes us change?](#)

[J. Krishnamurti BR83CPJ1-EX03 Is there a difference between the Eastern and Western mind?](#)

Video - 8 minutes

From [J. Krishnamurti BR83CPJ1 What will bring about change in the brain?](#)

[J. Krishnamurti BR83CB2-EX04 Is your mind yours?](#)

Video - 9 minutes

From [J. Krishnamurti BR83CB2 Is there evolution of consciousness?](#)

[J. Krishnamurti OJBR80CB11-EX05 The mind is no longer the limited mind](#)

Video - 8 minutes

From [J. Krishnamurti OJBR80CB11 The liberation of insight](#)

### **Mind/Accumulation**

[J. Krishnamurti OJBR80CB12-EX04 Can the mind be free of accumulation?](#)

Video - 6 minutes

From [J. Krishnamurti OJBR80CB12 The intelligence of love](#)

### **Mind/Attentive**

[J. Krishnamurti BR7879CBS5-EX08 What is the state of mind that is completely attentive?](#)

Video - 7 minutes

From [J. Krishnamurti BR7879CBS5 Is there life after death?](#)

## **Mind/Brain**

[J. Krishnamurti BR83CPJ2-EX02 Communication between the mind and the brain](#)

Video - 8 minutes

From [J. Krishnamurti BR83CPJ2 Why are we frightened to be nothing?](#)

## **Mind/Choiceless/Freedom**

[J. Krishnamurti BR76T4-EX02 A mind that is choiceless is a free mind](#)

Video - 5 minutes

From [J. Krishnamurti BR76T4 Freedom is the first and last step](#)

## **Mind/Deterioration**

[J. Krishnamurti MA8283Q2-WQ02 Is the ageing of the mind inevitable?](#)

Video - 16 minutes

From [J. Krishnamurti MA8283Q2 2nd Question & Answer Meeting](#)

[J. Krishnamurti SA82Q1-WQ01 Is the deterioration of the mind inevitable?](#)

Video - 36 minutes

From [J. Krishnamurti SA82Q1 1st Question & Answer Meeting](#)

## **Mind/Empty**

[J. Krishnamurti OJBR80CB14-EX02 The empty mind](#)

Video - 11 minutes

From [J. Krishnamurti OJBR80CB14 The mind in the universe](#)

## **Mind/Freedom**

[J. Krishnamurti BR78S1-EX01 Can the mind be completely free?](#)

Video - 10 minutes

From [J. Krishnamurti BR78S1 The art of questioning](#)

[J. Krishnamurti SD72CES1-EX01 A mind free of the 'me'](#)

Video - 28 minutes

From [J. Krishnamurti SD72CES1 Goodness only flowers in freedom](#)

[J. Krishnamurti SA79T3-EX02 What is the quality of a mind that is free?](#)

Video - 7 minutes

From [J. Krishnamurti SA79T3 Is there security at all psychologically?](#)

[J. Krishnamurti AM81T2-EX05 The mind must be completely free](#)

Video - 3 minutes

From [J. Krishnamurti AM81T2 A religious mind is a very factual mind](#)

## **Mind/Illusion**

[J. Krishnamurti SA79T3-EX01 Does the mind like to live in illusions?](#)

Video - 11 minutes

From [J. Krishnamurti SA79T3 Is there security at all psychologically?](#)

## **Mind/Occupation**

[J. Krishnamurti BR77D2-EX05 Why is your mind J. Krishnamurti OJ. Krishnamurti CCupied?](#)

Video - 10 minutes

From [J. Krishnamurti BR77D2 Why is your mind chattering?](#)

## **Mind/Occupied**

[J. Krishnamurti BR79DSS1.5-EX03 The occupied mind](#)

Video - 11 minutes

From [J. Krishnamurti BR79DSS1.5 Why is the mind always occupied?](#)

## **Mind/Quiet**

[J. Krishnamurti NY71T4-EX03 How does the mind become quiet?](#)

Video - 11 minutes

From [J. Krishnamurti NY71T4 Can the mind become quiet?](#)

[J. Krishnamurti OJ72T2-EX06 How is the mind to be made quiet?](#)

Video - 5 minutes

From [J. Krishnamurti OJ72T2 Order has its own law](#)

## **Mind/Religious**

[J. Krishnamurti SD74CA11-EX02 What is the quality of a religious mind?](#)

Video - 15 minutes

From [J. Krishnamurti SD74CA11 Being hurt and hurting others](#)

[J. Krishnamurti BR80T4-EX01 The quality of a religious mind](#)

Video - 9 minutes

From [J. Krishnamurti BR80T4 Religion, death and meditation](#)

## **Mind/Religious/Factual**

[J. Krishnamurti AM81T2-EX03 A religious mind is a factual mind](#)

Video - 4 minutes

From [J. Krishnamurti AM81T2 A religious mind is a very factual mind](#)

## **Mind/Seeing**

[J. Krishnamurti OJBR80CB9-EX09 How do we make the mind see?](#)

Video - 11 minutes

From [J. Krishnamurti OJBR80CB9 Senility and the brain cells](#)

## **Mind/Silent**

[J. Krishnamurti LO82T2-EX10 Absolute silence of the mind](#)

Video - 3 minutes

From [J. Krishnamurti LO82T2 Order in consciousness](#)

[J. Krishnamurti SA79T7-EX05 An absolutely silent mind](#)

Video - 7 minutes

From [J. Krishnamurti SA79T7 In total silence the mind comes upon the eternal](#)

[J. Krishnamurti SA76T7-EX08 A silent mind](#)

Video - 3 minutes

From [J. Krishnamurti SA76T7 When you are a light to yourself you are a light to the world](#)

### **Mind/Time**

[J. Krishnamurti BR78T4-EX05 Can the mind empty itself of time?](#)

Video - 6 minutes

From [J. Krishnamurti BR78T4 The beginning of meditation](#)

### **Miracle**

[J. Krishnamurti MA8081Q2-WQ04 What is your stand with regard to miracles?](#)

Video - 6 minutes

From [J. Krishnamurti MA8081Q2 2nd Question & Answer Meeting](#)

### **Misc.**

[J. Krishnamurti BR84SBR3-EX05 Whatever I do, I am still a monkey](#)

Video - 12 minutes

From [J. Krishnamurti BR84SBR3 Can thought come to an end?](#)

### **Misc.**

[J. Krishnamurti BR83CB1-EX10 I am my brother's keeper](#)

Video - 1 minute

From [J. Krishnamurti BR83CB1 Is there an action not touched by thought?](#)

### **Modesty**

[J. Krishnamurti OJ81Q3-WQ03 How would you define and value the quality of modesty?](#)

Video - 7 minutes

From [J. Krishnamurti OJ81Q3 3rd Question & Answer Meeting](#)

### **Money**

[J. Krishnamurti BR81Q2-WQ04 What is the right relationship to money?](#)

Video - 18 minutes

From [J. Krishnamurti BR81Q2 2nd Question & Answer Meeting](#)

### **Monk/(Story)**

[J. Krishnamurti SD74CA7-EX01 The self-castrated monk](#)

Video - 4 minutes

From [J. Krishnamurti SD74CA7 Understanding, not controlling, desire](#)

[J. Krishnamurti SD74CA16-EX06 The monks who had left the world but not their baggage](#)

Video - 4 minutes

From [J. Krishnamurti SD74CA16 Religion, authority and education - Part 2](#)

### **Morality**

[J. Krishnamurti MA8485Q2-WQ03 Can humanity survive without a code of morality?](#)

Video - 11 minutes

From [J. Krishnamurti MA8485Q2 2nd Question & Answer Meeting](#)

### **More/Better/Good**

[J. Krishnamurti BR81T2-EX01 The 'more' or the 'better' is the enemy of the good](#)

Video - 5 minutes

From [J. Krishnamurti BR81T2 Looking at the whole content of consciousness](#)

### **Movement/Psychological/World**

[J. Krishnamurti BR83CPJ2-EX04 Psychological movement creates the world as it is](#)

Video - 4 minutes

From [J. Krishnamurti BR83CPJ2 Why are we frightened to be nothing?](#)

### **Mutation/Psychological**

[J. Krishnamurti MA8384T1-EX03 Psychological mutation](#)

Video - 8 minutes

From [J. Krishnamurti MA8384T1 Can we radically bring about a change in ourselves?](#)

### **Nationalism**

[J. Krishnamurti OJ81Q2-WQ02 What can this country give to the rest of the world?](#)

Video - 9 minutes

From [J. Krishnamurti OJ81Q2 2nd Question & Answer Meeting](#)

[J. Krishnamurti US84FCC-EX01 Nationalism is Glorified Tribalism](#)

Video - 1 minute

From [J. Krishnamurti US84FCC The challenge of change](#)

[J. Krishnamurti BR83Q2-EX02 Does anybody care?](#)

Video - 1 minute

From [J. Krishnamurti BR83Q2 2nd Question & Answer Meeting](#)

### **Nature**

[J. Krishnamurti BO85Q2-WQ02 How does nature come into existence?](#)

Video - 8 minutes

From [J. Krishnamurti BO85Q2 2nd Question & Answer Meeting](#)

[J. Krishnamurti BR80Q2-WQ03 On the balance of nature and death and suffering](#)

Video - 4 minutes

From [J. Krishnamurti BR80Q2 2nd Question & Answer Meeting](#)

[J. Krishnamurti GS78COC-EX01 Have we lost touch with nature?](#)

Audio - 4 minutes

From a full recording not yet on YouTube

[J. Krishnamurti SD74CA9-EX04 We have lost touch with nature](#)

Video - 2 minutes

From [J. Krishnamurti SD74CA9 Sorrow, passion and beauty](#)

## **Nature/Thought**

[J. Krishnamurti OJ80T3-EX01 Thought is destroying nature](#)

Video - 10 minutes

From [J. Krishnamurti OJ80T3 Is time necessary to end something psychologically?](#)

## **Needs/Psychological**

[J. Krishnamurti OJ80Q2-WQ04 Is there such a thing as true psychological needs?](#)

Video - 1 minute

From [J. Krishnamurti OJ80Q2 2nd Question & Answer Meeting](#)

## **Negation**

[J. Krishnamurti SD74CA3-EX10 Negating oneself](#)

Video - 11 minutes

From [J. Krishnamurti SD74CA3 What is communication with others?](#)

## **Neurosis**

[J. Krishnamurti OJ81Q2-WQ01 I realise I act neurotically but the neurosis remains. What can I do?](#)

Video - 16 minutes

From [J. Krishnamurti OJ81Q2 2nd Question & Answer Meeting](#)

## **New**

[J. Krishnamurti SM72T3-EX01 Where does the new come from?](#)

Video - 5 minutes

From [J. Krishnamurti SM72T3 In freedom there is order](#)

## **New/Resisting**

[J. Krishnamurti SA82T6-EX02 We resist anything new](#)

Video - 11 minutes

From [J. Krishnamurti SA82T6 Meditation and the ending of the self](#)

## **Non-violence**

[J. Krishnamurti SA83T3-EX06 Pursuing non-violence](#)

Video - 8 minutes



From [J. Krishnamurti SA83T3](#) Where does one find complete security?

## **Nothing/Being**

[J. Krishnamurti BR83CPJ2-EX06](#) The fact is we are nothing

Video - 11 minutes

From [J. Krishnamurti BR83CPJ2](#) Why are we frightened to be nothing?

[J. Krishnamurti BR83CPJ2-EX05](#) We are afraid to be nothing

Video - 6 minutes

From [J. Krishnamurti BR83CPJ2](#) Why are we frightened to be nothing?

## **Nothingness**

[J. Krishnamurti SA78T7-EX05](#) Can you be nothing?

Video - 9 minutes

From [J. Krishnamurti SA78T7](#) If you are not occupied, are you nothing?

## **Now**

[J. Krishnamurti SA83T4-EX05](#) Remain in the now

Video - 10 minutes

From [J. Krishnamurti SA83T4](#) What is supreme intelligence?

## **Observation**

[J. Krishnamurti BR77T1-EX01](#) Observing clearly

Video - 9 minutes

From [J. Krishnamurti BR77T1](#) Is it possible to see the limitation of thought?

[J. Krishnamurti BR77D2-EX03](#) Observation without distortion

Video - 7 minutes

From [J. Krishnamurti BR77D2](#) Why is your mind chattering?

[J. Krishnamurti BR77T4-EX02](#) The art of observation

Video - 10 minutes

From [J. Krishnamurti BR77T4](#) Is the flowering of goodness a matter of time?

[J. Krishnamurti BR80T3-EX06](#) Learn to observe

Video - 9 minutes

From [J. Krishnamurti BR80T3](#) What is the relationship between the inner and outer confusion?

[J. Krishnamurti SA79T6-EX03](#) Pure observation

Video - 6 minutes

From [J. Krishnamurti SA79T6](#) Intelligence, love, and compassion

[J. Krishnamurti BR81S2-EX02](#) Am I different from what I observe?

Video - 7 minutes

From [J. Krishnamurti BR81S2](#) The division between the observer and the observed is illusory

[J. Krishnamurti OJ80T4-EX03](#) What is observation?

Video - 6 minutes

From [J. Krishnamurti OJ80T4](#) Desire, attachment and fear

### **Observation/Accumulation**

[J. Krishnamurti SA82T5-EX02 Observation vs accumulation](#)

Video - 11 minutes

From [J. Krishnamurti SA82T5 What is it to listen, to learn and to observe?](#)

### **Observation/Attention**

[J. Krishnamurti RA84T2-EX03 Observation means complete attention](#)

Video - 10 minutes

From [J. Krishnamurti RA84T2 A religious mind has great sense of beauty](#)

### **Observation/Desire/Discipline**

[J. Krishnamurti BR80T2-EX03 Observation, desire and discipline](#)

Video - 9 minutes

From [J. Krishnamurti BR80T2 Can the brain transform itself?](#)

### **Observation/Direction**

[J. Krishnamurti SA76T7-EX07 Observation with no direction](#)

Video - 6 minutes

From [J. Krishnamurti SA76T7 When you are a light to yourself you are a light to the world](#)

### **Observation/Freedom**

[J. Krishnamurti SA76T3-EX08 There must be freedom to observe](#)

Video - 5 minutes

From [J. Krishnamurti SA76T3 The impediments to radical transformation](#)

### **Observation/Motive**

[J. Krishnamurti BR78S1-EX03 Have I a motive in my observation?](#)

Video - 13 minutes

From [J. Krishnamurti BR78S1 The art of questioning](#)

[J. Krishnamurti SA79T7-EX01 Observation without motive](#)

Video - 9 minutes

From [J. Krishnamurti SA79T7 In total silence the mind comes upon the eternal](#)

### **Observation/Now**

[J. Krishnamurti SA76T7-EX02 Observation can only take place in the now](#)

Video - 6 minutes

From [J. Krishnamurti SA76T7 When you are a light to yourself you are a light to the world](#)

## **Observation/Past**

[J. Krishnamurti SA82T4-EX03 An observation without the past](#)

Video - 10 minutes

From [J. Krishnamurti SA82T4 What are we human beings trying to become?](#)

## **Observation/Prejudice**

[J. Krishnamurti SA77D4-EX03 Observation without prejudice](#)

Video - 6 minutes

From [J. Krishnamurti SA77D4 Facts, reality and truth](#)

## **Observation/Pressure**

[J. Krishnamurti SA78T1-EX02 Can you observe without pressure?](#)

Video - 9 minutes

From [J. Krishnamurti SA78T1 The structure of self-centred concern](#)

## **Observation/Seeing**

[J. Krishnamurti BO84Q-WQ02 On the perception of the actual without thought](#)

Video - 8 minutes

From [J. Krishnamurti BO84Q Question & Answer Meeting](#)

[J. Krishnamurti MA8081Q2-WQ01 Why don't we notice things as you do?](#)

Video - 17 minutes

From [J. Krishnamurti MA8081Q2 2nd Question & Answer Meeting](#)

[J. Krishnamurti ML70DSG5-EX01 Can I observe without controlling or resisting?](#)

Video - 34 minutes

From [J. Krishnamurti ML70DSG5 Attention leads to learning](#)

[J. Krishnamurti OJ83Q2-WQ03 How am I to have a global vision?](#)

Video - 12 minutes

From [J. Krishnamurti OJ83Q2 2nd Question & Answer Meeting](#)

[J. Krishnamurti OJ84Q2-WQ01 What is necessary to allow a sustained clarity?](#)

Video - 22 minutes

From [J. Krishnamurti OJ84Q2 2nd Question & Answer Meeting](#)

[J. Krishnamurti OJ85Q2-WQ04 What is the obstacle preventing observation and insight?](#)

Video - 4 minutes

From [J. Krishnamurti OJ85Q2 2nd Question & Answer Meeting](#)

[J. Krishnamurti SA77D2-EX01 On observation and motive](#)

Video - 25 minutes

From [J. Krishnamurti SA77D2 Motive prevents observation](#)

[J. Krishnamurti SA84Q1-WQ01 On the difference between observing and thinking about oneself](#)

Video - 16 minutes

From [J. Krishnamurti SA84Q1 1st Question & Answer Meeting](#)

[J. Krishnamurti SD71DYP1-SQ01 How is it possible to see clearly when I am in confusion?](#)

Video - 6 minutes

From [J. Krishnamurti SD71DYP1 Can human beings radically bring about in themselves a psychological revolution?](#)

### **Observation/Silence**

[J. Krishnamurti BR7879CBS4-EX04 Observation implies silence](#)

Video - 12 minutes

From [J. Krishnamurti BR7879CBS4 What is truth?](#)

### **Observation/Words**

[J. Krishnamurti SA83T6-EX02 Can you observe without words?](#)

Video - 5 minutes

From [J. Krishnamurti SA83T6 Religion and meditation](#)

### **Observer**

[J. Krishnamurti SD70T1-EX01 Who is the observer?](#)

Video - 10 minutes

From [J. Krishnamurti SD70T1 How does one learn about oneself?](#)

### **Observer/Observed**

[J. Krishnamurti OJ80Q4-WQ04 In observation without the observer is there a transformation?](#)

Video - 19 minutes

From [J. Krishnamurti OJ80Q4 4th Question & Answer Meeting](#)

[J. Krishnamurti SA76T4-EX03 The observer and the observed are the same](#)

Video - 11 minutes

From [J. Krishnamurti SA76T4 Can the content of consciousness free itself?](#)

[J. Krishnamurti SA81Q1-WQ05 How can we fully understand 'The observer is the observed'?](#)

Video - 9 minutes

From [J. Krishnamurti SA81Q1 1st Question & Answer Meeting](#)

[J. Krishnamurti BR79S3-EX01 There is no observer](#)

Video - 9 minutes

From [J. Krishnamurti BR79S3 What is the root cause of the disorder in the world?](#)

### **Observing**

[J. Krishnamurti ML70DSG6-EX01 Observing oneself without time or verbalisation](#)

Video - 8 minutes

From [J. Krishnamurti ML70DSG6 Fear in consciousness](#)

[J. Krishnamurti SD74CA8-EX03 Observing the extraordinary map of your life](#)

Video - 7 minutes

From [J. Krishnamurti SD74CA8 Does pleasure bring happiness?](#)

[J. Krishnamurti NY71T1-EX01 We observe ourselves with the eyes of the past](#)

Video - 4 minutes

From [J. Krishnamurti NY71T1 To be aware of our past](#)

[J. Krishnamurti BR79S2-EX03 Observing without distortion](#)

Video - 7 minutes

From [J. Krishnamurti BR79S2 Observing my prejudice](#)

[J. Krishnamurti SD70T1-EX02 How do you observe?](#)

Video - 5 minutes

From [J. Krishnamurti SD70T1 How does one learn about oneself?](#)

[J. Krishnamurti SA77D1-EX10 Observing inwardly](#)

Video - 11 minutes

From [J. Krishnamurti SA77D1 What it means to be totally aware](#)

### **Observing/Choice**

[J. Krishnamurti SD70T3-EX02 Observing without choice](#)

Video - 8 minutes

From [J. Krishnamurti SD70T3 Understanding meditation requires order](#)

### **Observing/Division**

[J. Krishnamurti SD72CA1-EX01 To observe without division](#)

Video - 7 minutes

From [J. Krishnamurti SD72CA1 Listening is a great miracle](#)

### **Observing/Learning**

[J. Krishnamurti SA77T6-EX04 Learning how to observe](#)

Video - 6 minutes

From [J. Krishnamurti SA77T6 What is it to observe holistically?](#)

### **Observing/Observer**

[J. Krishnamurti BR84SBR1-EX02 Observing without the observer](#)

Video - 8 minutes

From [J. Krishnamurti BR84SBR1 What is thought?](#)

### **Observing/Sense**

[J. Krishnamurti OJ81T4-EX02 Observe with all your senses](#)

Video - 8 minutes

From [J. Krishnamurti OJ81T4 Do we have the patience to listen to ourselves?](#)

### **Observing/Senses**

[J. Krishnamurti OJ79T2-EX03 Is it possible to observe with all your senses?](#)

Video - 10 minutes

From J. Krishnamurti OJ79T2 What is the relationship between desire, thought and action?

## **Observing/Word**

[J. Krishnamurti CC82T2-EX02 Observing without words](#)

Video - 8 minutes

From [J. Krishnamurti CC82T2 Is there a new instrument totally different from thought?](#)

[J. Krishnamurti SA81T3-EX06 Observe without the word](#)

Video - 10 minutes

From [J. Krishnamurti SA81T3 The ending of conflict](#)

## **Opinion/Prejudice**

[J. Krishnamurti SA83T4-EX02 Can you live without opinion and prejudice?](#)

Video - 7 minutes

From [J. Krishnamurti SA83T4 What is supreme intelligence?](#)

## **Opinions**

[J. Krishnamurti SA83Q3-WQ02 On having opinions about serious things](#)

Video - 13 minutes

From [J. Krishnamurti SA83Q3 3rd Question & Answer Meeting](#)

[J. Krishnamurti BR7879CBS5-EX06 Have you dropped your opinions?](#)

Video - 4 minutes

From [J. Krishnamurti BR7879CBS5 Is there life after death?](#)

## **Opposite**

[J. Krishnamurti OJ80Q2-WQ06 Is there a state that has no opposite?](#)

Video - 6 minutes

From [J. Krishnamurti OJ80Q2 2nd Question & Answer Meeting](#)

## **Opposite**

[J. Krishnamurti SA82T3-EX03 The opposite is born out of its own opposite](#)

Video - 11 minutes

From [J. Krishnamurti SA82T3 An intelligence beyond cause](#)

## **Opposites**

[J. Krishnamurti BR78T3-EX01 Living in opposites](#)

Video - 11 minutes

From [J. Krishnamurti BR78T3 How is freedom to be understood and lived?](#)

## **Order**

[J. Krishnamurti ML70DSG7-EX03 Order within oneself](#)

Video - 17 minutes

From [J. Krishnamurti ML70DSG7 What is order?](#)

[J. Krishnamurti SA78D5-EX01 Are you serious enough to live a life of total order?](#)

Video - 15 minutes

From [J. Krishnamurti SA78D5 Order in oneself](#)

[J. Krishnamurti BR83T4-EX08 Undisciplined order](#)

Video - 2 minutes

From [J. Krishnamurti BR83T4 What kind of brain is needed for meditation?](#)

[J. Krishnamurti BR76CTM4-EX01 Do we have order within us?](#)

Video - 1 minute

From [J. Krishnamurti BR76CTM4 In aloneness you can be completely secure](#)

[J. Krishnamurti LO82T2-EX02 We say one thing and do another](#)

Video - 2 minutes

From [J. Krishnamurti LO82T2 Order in consciousness](#)

[J. Krishnamurti OJBR80CB11-EX01 Put your house in order](#)

Video - 7 minutes

From [J. Krishnamurti OJBR80CB11 The liberation of insight](#)

### **Order/Brain**

[J. Krishnamurti BR76T2-EX07 When there is order the brain is at rest](#)

Video - 4 minutes

From [J. Krishnamurti BR76T2 Pleasure is a factor of conditioning](#)

### **Order/Consciousness**

[J. Krishnamurti OJ72T2-EX05 Order doesn't exist within the field of consciousness](#)

Video - 6 minutes

From [J. Krishnamurti OJ72T2 Order has its own law](#)

### **Order/Disorder**

[J. Krishnamurti BR69T3-SQ01 The danger of disorder](#)

Audio - 28 minutes

From [J. Krishnamurti BR69T3 Knowing what love is](#)

[J. Krishnamurti BR84Q1-WQ02 Why is man so disorderly?](#)

Video - 14 minutes

From [J. Krishnamurti BR84Q1 1st Question & Answer Meeting](#)

[J. Krishnamurti MA8182Q2-WQ03 Can one remain unaffected by the disorder of the world?](#)

Video - 11 minutes

From [J. Krishnamurti MA8182Q2 2nd Question & Answer Meeting](#)

[J. Krishnamurti OJ77T2-EX02 Are you aware you are in disorder?](#)

Video - 7 minutes

From [J. Krishnamurti OJ77T2 The source of conflict](#)



## **Order/Disorder/Awareness**

[J. Krishnamurti SD72CCTR-EX04 Does awareness of disorder bring order?](#)

Video - 5 minutes

From [J. Krishnamurti SD72CCTR J. Krishnamurti What is meditation?](#)

## **Order/Energy**

[J. Krishnamurti BR78T2-EX01 There is tremendous energy in order](#)

Video - 8 minutes

From [J. Krishnamurti BR78T2 How is one to have complete order?](#)

## **Order/Life**

[J. Krishnamurti OJBR80CB14-EX04 Order in daily life](#)

Video - 9 minutes

From [J. Krishnamurti OJBR80CB14 The mind in the universe](#)

## **Order/Sound/Silence**

[J. Krishnamurti MA8485T4-EX06 When you don't separate sound from silence there is complete order](#)

Video - 7 minutes

From [J. Krishnamurti MA8485T4 Death is not at the far end of life](#)

## **Origin**

[J. Krishnamurti BR76CTM7-EX03 The origin of everything](#)

Video - 1 minute

From [J. Krishnamurti BR76CTM7 Life is sacred](#)

## **Other/Mind/Manmade**

[J. Krishnamurti OJBR80CB11-EX07 The manmade mind has no relationship to the 'other'](#)

Video - 9 minutes

From [J. Krishnamurti OJBR80CB11 The liberation of insight](#)

## **Pain**

[J. Krishnamurti SF73T1-SQ02 What is the place of pain?](#)

Audio - 9 minutes

From [J. Krishnamurti SF73T1 Knowledge in relationship creates division](#)

[J. Krishnamurti MA82DSG-EX03 Looking at pain without escaping](#)

Video - 6 minutes

From [J. Krishnamurti MA82DSG Is it possible for the brain to act totally?](#)

## Past

[J. Krishnamurti AM69T4-SQ01 Does it take time to get rid of the past?](#)

Audio - 10 minutes

From [J. Krishnamurti AM69T4 Looking at life, loving and dying as one movement](#)

[J. Krishnamurti BR78T2-EX04 We live in the past](#)

Video - 4 minutes

From [J. Krishnamurti BR78T2 How is one to have complete order?](#)

[J. Krishnamurti SA79T2-EX05 Will you let your past go?](#)

Video - 4 minutes

From [J. Krishnamurti SA79T2 Can we together create a good society?](#)

[J. Krishnamurti BR81S1-EX03 We are drenched in the past](#)

Video - 7 minutes

From [J. Krishnamurti BR81S1 Immediate change](#)

[J. Krishnamurti CC82T4-EX02 The past is dead](#)

Video - 3 minutes

From [J. Krishnamurti CC82T4 Time, death and meditation](#)

[J. Krishnamurti BR85IRFOT-EX05 I Don't Carry the Burden of the Past](#)

Video - 7 minutes

From [J. Krishnamurti BR85IRF The role of a flower](#)

## Past/Freedom

[J. Krishnamurti SA83T1-EX05 Freedom from the past](#)

Video - 10 minutes

From [J. Krishnamurti SA83T1 Is it possible to live in peace?](#)

## Pattern

[J. Krishnamurti SA81T2-EX06 Move away from the old pattern](#)

Video - 4 minutes

From [J. Krishnamurti SA81T2 Learning that transforms consciousness](#)

## Peace

[J. Krishnamurti BR69T1-SQ01 How am I to live peacefully?](#)

Audio - 7 minutes

From [J. Krishnamurti BR69T1 Living without resistance](#)

[J. Krishnamurti BR84Q2-EX01 How does one find peace in the world, and in oneself?](#)

Video - 30 minutes

From [J. Krishnamurti BR84Q2 2nd Question & Answer Meeting](#)

[J. Krishnamurti UN85T-EX01 Can we live peacefully with each other?](#)

Video - 10 minutes

From [J. Krishnamurti UN85T Why can't man live peacefully on the earth?](#)

[J. Krishnamurti BR83Q2-EX01 If you are identified we will never have peace](#)

Video - 1 minute

From J. Krishnamurti BR83Q2 2nd Question & Answer Meeting

J. Krishnamurti MA8384T1-EX01 There is no peace in the world or in ourselves

Video - 8 minutes

From J. Krishnamurti MA8384T1 Can we radically bring about a change in ourselves?

J. Krishnamurti MA8384T4-EX03 What is peace?

Video - 6 minutes

From J. Krishnamurti MA8384T4 What has religion to do with your daily life?

J. Krishnamurti SA83T1-EX01 Where does one find peace?

Video - 9 minutes

From J. Krishnamurti SA83T1 Is it possible to live in peace?

### **Peace/Conflict**

J. Krishnamurti UN85T-EX02 There can only be peace if there is no conflict within yourself

Video - 5 minutes

From J. Krishnamurti UN85T Why can't man live peacefully on the earth?

### **Perceiver/Perceived**

J. Krishnamurti BR76CTM6-EX04 Is the perceiver different from the perceived?

Video - 1 minute

From J. Krishnamurti BR76CTM6 Any form of image prevents the beauty of relationship

### **Perception**

J. Krishnamurti MA8384T3-EX03 The art of perception

Video - 4 minutes

From J. Krishnamurti MA8384T3 To live means also to end

J. Krishnamurti OJBR80CB9-EX08 Perception is out of time

Video - 9 minutes

From J. Krishnamurti OJBR80CB9 Senility and the brain cells

J. Krishnamurti SA81T3-EX05 A perception not born of knowledge

Video - 8 minutes

From J. Krishnamurti SA81T3 The ending of conflict

J. Krishnamurti SA84T4-EX06 What prevents perception?

Video - 5 minutes

From J. Krishnamurti SA84T4 Ending disorder now

### **Perception/Memory**

J. Krishnamurti BR83CB1-EX07 Is it possible to perceive without memory?

Video - 10 minutes

From J. Krishnamurti BR83CB1 Is there an action not touched by thought?

## **Perception/Order**

[J. Krishnamurti BR83T4-EX06 Perception brings order](#)

Video - 7 minutes

From [J. Krishnamurti BR83T4 What kind of brain is needed for meditation?](#)

## **Permanency**

[J. Krishnamurti BR84T4-EX03 Is there anything permanent?](#)

Video - 7 minutes

From [J. Krishnamurti BR84T4 The nature, depth and beauty of death](#)

## **Pleasure**

[J. Krishnamurti BR76T2-EX15 With pleasure comes fear](#)

Video - 11 minutes

From [J. Krishnamurti BR76T2 Pleasure is a factor of conditioning](#)

[J. Krishnamurti OJ77T5-EX05 Pleasure causes deterioration](#)

Video - 5 minutes

From [J. Krishnamurti OJ77T5 Love and death](#)

[J. Krishnamurti SA76T4-EX01 Why is there this demand for pleasure?](#)

Video - 15 minutes

From [J. Krishnamurti SA76T4 Can the content of consciousness free itself?](#)

[J. Krishnamurti SD74CA8-EX01 Pleasure has no relationship to joy](#)

Video - 16 minutes

From [J. Krishnamurti SD74CA8 Does pleasure bring happiness?](#)

[J. Krishnamurti SM72T2-EX02 What is implied in the pursuit of pleasure?](#)

Video - 6 minutes

From [J. Krishnamurti SM72T2 Is there a total action which will be sane in an insane world?](#)

[J. Krishnamurti SA81T5-EX06 The repetition of pleasure](#)

Video - 1 minute

From [J. Krishnamurti SA81T5 Can the brain be totally free?](#)

[J. Krishnamurti BR78T2-EX06 Does pleasure play the greatest part in your life?](#)

Video - 7 minutes

From [J. Krishnamurti BR78T2 How is one to have complete order?](#)

[J. Krishnamurti BR81T2-EX07 Why do we cling to pleasure?](#)

Video - 8 minutes

From [J. Krishnamurti BR81T2 Looking at the whole content of consciousness](#)

[J. Krishnamurti SA77T4-EX04 Every human being is seeking pleasure](#)

Video - 7 minutes

From [J. Krishnamurti SA77T4 Does compassion flower in the field of desire?](#)

[J. Krishnamurti OJ80T5-EX01 The pursuit of pleasure](#)

Video - 7 minutes

From [J. Krishnamurti OJ80T5 Psychologically we are one unitary movement](#)

[J. Krishnamurti BR80DSG2.0-EX03 Understanding the nature of pleasure](#)

Video - 6 minutes

From [J. Krishnamurti BR80DSG2.0 Thought is the beginning of desire](#)

[J. Krishnamurti SA76T7-EX06 Dropping pleasure instantly](#)

Video - 6 minutes

From [J. Krishnamurti SA76T7 When you are a light to yourself you are a light to the world](#)

[J. Krishnamurti SA76T4-EX04 Why do you pursue pleasure?](#)

Video - 11 minutes

From [J. Krishnamurti SA76T4 Can the content of consciousness free itself?](#)

[J. Krishnamurti OJBR80CB10-EX03 Pleasure is the past](#)

Video - 5 minutes

From [J. Krishnamurti OJBR80CB10 Cosmic order](#)

[J. Krishnamurti OJ79T3-EX08 Seeking pleasure](#)

Video - 11 minutes

From [J. Krishnamurti OJ79T3 What is the root of fear?](#)

### **Pleasure/Fear**

[J. Krishnamurti BR70IOH-EX03 Thought is responsible for pleasure and fear](#)

Video - 1 minute

From a full recording not yet on YouTube

### **Pleasure/Joy**

[J. Krishnamurti SD74CA8-EX04 Pleasure vs joy](#)

Video - 9 minutes

From [J. Krishnamurti SD74CA8 Does pleasure bring happiness?](#)

### **Pleasure/Love**

[J. Krishnamurti OJ77T4-EX01 Why is pleasure more dominant than love?](#)

Video - 16 minutes

From [J. Krishnamurti OJ77T4 The art of listening, seeing, learning and living](#)

### **Pleasure/Pain**

[J. Krishnamurti OJBR80CB14-EX05 Freedom from pleasure and pain](#)

Video - 4 minutes

From [J. Krishnamurti OJBR80CB14 The mind in the universe](#)

### **Pleasure/Recording**

[J. Krishnamurti SA76T4-EX05 Is it possible to not record pleasure?](#)

Video - 6 minutes

From [J. Krishnamurti SA76T4 Can the content of consciousness free itself?](#)

## **Politician**

[J. Krishnamurti SA81T6-EX03 Politicians are not going to solve a thing](#)

Video - 8 minutes

From [J. Krishnamurti SA81T6 Love and freedom](#)

## **Power**

[J. Krishnamurti OJ77T3-EX01 Can you be free of the desire for power?](#)

Video - 15 minutes

From [J. Krishnamurti OJ77T3 Can man radically transform himself psychologically?](#)

[J. Krishnamurti SA78T7-EX06 Why do you want power over another?](#)

Video - 8 minutes

From [J. Krishnamurti SA78T7 If you are not occupied, are you nothing?](#)

[J. Krishnamurti BR78T4-EX07 We are seeking power](#)

Video - 5 minutes

From [J. Krishnamurti BR78T4 The beginning of meditation](#)

[J. Krishnamurti MA8384T3-EX11 Is power evil?](#)

Video - 3 minutes

From [J. Krishnamurti MA8384T3 To live means also to end](#)

## **Power/Money/Sex**

[J. Krishnamurti SM72T1-EX04 Power, money and sex are the most important things in this world](#)

Video - 1 minute

From [J. Krishnamurti SM72T1 To act instantly is to see actually 'what is'](#)

## **Prayer**

[J. Krishnamurti BR84Q2-WQ04 Why do you not find value in prayer?](#)

Video - 13 minutes

From [J. Krishnamurti BR84Q2 2nd Question & Answer Meeting](#)

## **Prayer/Faith**

[J. Krishnamurti BR80Q2-WQ06 On prayers and faith](#)

Video - 9 minutes

From [J. Krishnamurti BR80Q2 2nd Question & Answer Meeting](#)

## **Prejudice**

[J. Krishnamurti BR79S2-EX05 Are you aware of your prejudices?](#)

Video - 6 minutes

From [J. Krishnamurti BR79S2 Observing my prejudice](#)

[J. Krishnamurti BR79S2-EX04 Will you drop your prejudices?](#)

Video - 5 minutes

From [J. Krishnamurti BR79S2 Observing my prejudice](#)

[J. Krishnamurti RV83S1-EX09 Are you free of prejudice?](#)

Video - 5 minutes

From [J. Krishnamurti RV83S1 Why are you educating your children?](#)

[J. Krishnamurti BR76DT3-EX04 Ending prejudice](#)

Video - 11 minutes

From [J. Krishnamurti BR76DT3 In the ending of violence is the flowering of intelligence](#)

## **Prejudice/Perception**

[J. Krishnamurti SA81T2-EX05 Prejudice prevents perception](#)

Video - 8 minutes

From [J. Krishnamurti SA81T2 Learning that transforms consciousness](#)

## **Present**

[J. Krishnamurti SA78T2-EX01 To perceive the present, the past must be absent](#)

Video - 17 minutes

From [J. Krishnamurti SA78T2 The identification of thought](#)

## **Present/Looking**

[J. Krishnamurti MA8384T4-EX05 You are looking at the present with the past](#)

Video - 9 minutes

From [J. Krishnamurti MA8384T4 What has religion to do with your daily life?](#)

## **Problems**

[J. Krishnamurti BR79T4-EX02 Is it possible to live a life without a single problem?](#)

Video - 4 minutes

From [J. Krishnamurti BR79T4 Meditation, the timeless and love](#)

[J. Krishnamurti BR85T1-EX01 Why have we so many problems?](#)

Video - 10 minutes

From [J. Krishnamurti BR85T1 Why do we have so many problems?](#)

[J. Krishnamurti BR83CB1-EX04 We all have more or less the same problems](#)

Video - 5 minutes

From [J. Krishnamurti BR83CB1 Is there an action not touched by thought?](#)

[J. Krishnamurti MA8485T2-EX03 We are crowded with problems](#)

Video - 9 minutes

From [J. Krishnamurti MA8485T2 Can thought give human beings security?](#)

[J. Krishnamurti BR81DSS3-EX02 Escaping from problems](#)

Video - 13 minutes

From [J. Krishnamurti BR81DSS3 Why haven't we been able to resolve our problems?](#)

[J. Krishnamurti BR78S1-EX04 How do you approach a problem?](#)

Video - 10 minutes

From [J. Krishnamurti BR78S1 The art of questioning](#)



[J. Krishnamurti MA8485Q1-EX01 What is a problem?](#)

Video - 23 minutes

From [J. Krishnamurti MA8485Q1 1st Question & Answer Meeting](#)

[J. Krishnamurti OJ81Q2-WQ05 On giving complete attention to a problem](#)

Video - 6 minutes

From [J. Krishnamurti OJ81Q2 2nd Question & Answer Meeting](#)

[J. Krishnamurti OJ83Q2-WQ05 Is it lack of energy that prevents us going to the end of problems?](#)

Video - 15 minutes

From [J. Krishnamurti OJ83Q2 2nd Question & Answer Meeting](#)

[J. Krishnamurti SA78T7-EX02 The correct approach to a problem](#)

Video - 6 minutes

From [J. Krishnamurti SA78T7 If you are not occupied, are you nothing?](#)

[J. Krishnamurti SA84T5-EX01 Why have we not solved any of our problems?](#)

Video - 12 minutes

From [J. Krishnamurti SA84T5 Why do we live with unresolved problems?](#)

[J. Krishnamurti SD74CA3-EX02 Come to a problem afresh](#)

Video - 8 minutes

From [J. Krishnamurti SD74CA3 What is communication with others?](#)

[J. Krishnamurti WA85T1-EX03 Is it possible to be free from problems?](#)

Video - 12 minutes

From [J. Krishnamurti WA85T1 In the present is the whole of time](#)

### **Problems/Knowledge**

[J. Krishnamurti SA81T2-EX02 We think knowledge will solve our problems](#)

Video - 12 minutes

From [J. Krishnamurti SA81T2 Learning that transforms consciousness](#)

### **Problems/Perception**

[J. Krishnamurti SA84T2-EX06 Perception of a problem](#)

Video - 8 minutes

From [J. Krishnamurti SA84T2 The relationship of health to freedom](#)

### **Programmed/Being**

[J. Krishnamurti BO85T1-EX01 All of us are programmed](#)

Video - 4 minutes

From [J. Krishnamurti BO85T1 What is our brain?](#)

[J. Krishnamurti SA83T1-EX02 You have been programmed](#)

Video - 10 minutes

From [J. Krishnamurti SA83T1 Is it possible to live in peace?](#)

## **Progress**

[J. Krishnamurti MA8182Q1-WQ01 How can there be progress without the desire to improve?](#)

Video - 40 minutes

From [J. Krishnamurti MA8182Q1 1st Question & Answer Meeting](#)

## **Quarrelling**

[J. Krishnamurti SA84T2-EX07 Quarrelling](#)

Video - 4 minutes

From [J. Krishnamurti SA84T2 The relationship of health to freedom](#)

## **Questioning**

[J. Krishnamurti BR82Q1-EX01 Do questions need answers?](#)

Video - 11 minutes

From [J. Krishnamurti BR82Q1 1st Question & Answer Meeting](#)

[J. Krishnamurti OJ81Q4-WQ03 What is the role of questions in life?](#)

Video - 10 minutes

From [J. Krishnamurti OJ81Q4 4th Question & Answer Meeting](#)

[J. Krishnamurti SA81Q3-WQ04 On the art of questioning](#)

Video - 22 minutes

From [J. Krishnamurti SA81Q3 3rd Question & Answer Meeting](#)

[J. Krishnamurti SA82Q1-EX01 What is the intention behind the question?](#)

Video - 7 minutes

From [J. Krishnamurti SA82Q1 1st Question & Answer Meeting](#)

[J. Krishnamurti SA82Q2-WQ02 How do you pose a fundamental question?](#)

Video - 12 minutes

From [J. Krishnamurti SA82Q2 2nd Question & Answer Meeting](#)

[J. Krishnamurti SA82Q3-EX01 Why is it that we cannot find the answers in ourselves?](#)

Video - 23 minutes

From [J. Krishnamurti SA82Q3 3rd Question & Answer Meeting](#)

[J. Krishnamurti SA84Q2-EX01 Is there one final question that will answer all questions?](#)

Video - 15 minutes

From [J. Krishnamurti SA84Q2 2nd Question & Answer Meeting](#)

## **Questioning/Brain/Quiet**

[J. Krishnamurti BR84SBR3-EX02 When only the question remains, the brain is quiet](#)

Video - 6 minutes

From [J. Krishnamurti BR84SBR3 Can thought come to an end?](#)

## **Quietness**

[J. Krishnamurti OJBR80CB15-EX01 Quietness obtained from another doesn't last](#)

Video - 2 minutes

From [J. Krishnamurti OJBR80CB14 The mind in the universe](#)

## **Reaction**

[J. Krishnamurti OJBR80CB14-EX01 The chain of reaction](#)

Video - 6 minutes

From [J. Krishnamurti OJBR80CB14 The mind in the universe](#)

## **Reality**

[J. Krishnamurti OJ72T2-EX08 What is reality?](#)

Video - 5 minutes

From [J. Krishnamurti OJ72T2 Order has its own law](#)

## **Reality/Thought**

[J. Krishnamurti SA77D4-EX06 Whatever thought creates is reality](#)

Video - 9 minutes

From [J. Krishnamurti SA77D4 Facts, reality and truth](#)

## **Reality/Truth**

[J. Krishnamurti BR7879CBS4-EX01 What is reality and what is truth?](#)

Video - 12 minutes

From [J. Krishnamurti BR7879CBS4 What is truth?](#)

## **Recording**

[J. Krishnamurti RA85T3-EX01 Is it necessary to record?](#)

Video - 7 minutes

From [J. Krishnamurti RA85T3 As long as there is a meditator, there is no meditation](#)

[J. Krishnamurti BR7879CBS3-EX06 The recording process](#)

Video - 5 minutes

From [J. Krishnamurti BR7879CBS3 Does free will exist?](#)

[J. Krishnamurti OJ83CJS-EX06 Don't record](#)

Video - 5 minutes

From [J. Krishnamurti OJ83CJS What makes us change?](#)

[J. Krishnamurti SA84T6-EX01 Is it possible to not record?](#)

Video - 6 minutes

From [J. Krishnamurti SA84T6 Living with death and life together](#)

## **Registering**

[J. Krishnamurti BR78T2-EX05 Are you stuck in a groove?](#)

Video - 11 minutes

From [J. Krishnamurti BR78T2 How is one to have complete order?](#)

[J. Krishnamurti SA77T4-EX07 Is it possible to register only the necessary?](#)

Video - 7 minutes

From [J. Krishnamurti SA77T4 Does compassion flower in the field of desire?](#)

[J. Krishnamurti SA77T3-EX01 Only register what is necessary](#)

Video - 4 minutes

From [J. Krishnamurti SA77T3 What is the relationship of clarity to compassion?](#)

[J. Krishnamurti SA76T2-EX03 Is it possible not to register?](#)

Video - 8 minutes

From [J. Krishnamurti SA76T2 Observation and fear](#)

## **Registration**

[J. Krishnamurti SA76T4-EX07 A place of no registration](#)

Video - 4 minutes

From [J. Krishnamurti SA76T4 Can the content of consciousness free itself?](#)

## **Registration/Psychological**

[J. Krishnamurti BR77DSS2.4-EX04 The tremendous danger of psychological registration](#)

Video - 10 minutes

From [J. Krishnamurti BR77DSS2.4 Why does the brain register?](#)

## **Reincarnation**

[J. Krishnamurti BR80T4-EX05 What is it that reincarnates?](#)

Video - 6 minutes

From [J. Krishnamurti BR80T4 Religion, death and meditation](#)

## **Relationship**

[J. Krishnamurti BO84Q-WQ03 On living with a partner who does not care](#)

Video - 9 minutes

From [J. Krishnamurti BO84Q Question & Answer Meeting](#)

[J. Krishnamurti BO84Q-WQ04 On marriage](#)

Video - 6 minutes

From [J. Krishnamurti BO84Q Question & Answer Meeting](#)

[J. Krishnamurti BR82Q2-WQ01 Can a marriage which did not start well become a positive force?](#)

Video - 28 minutes

From [J. Krishnamurti BR82Q2 2nd Question & Answer Meeting](#)

[J. Krishnamurti BR83Q1-WQ03 On jealousy, mistrust and isolation](#)

Video - 15 minutes

From [J. Krishnamurti BR83Q1 1st Question & Answer Meeting](#)

[J. Krishnamurti CC82T1-EX04 Without relationship you cannot exist](#)

Video - 15 minutes

From [J. Krishnamurti CC82T1 Your consciousness is the consciousness of all humanity](#)

[J. Krishnamurti OJ81Q2-WQ04 On relationships and conflict](#)

Video - 29 minutes

From [J. Krishnamurti OJ81Q2 2nd Question & Answer Meeting](#)

[J. Krishnamurti OJ81Q4-WQ06 What is my relationship to society?](#)

Video - 7 minutes

From [J. Krishnamurti OJ81Q4 4th Question & Answer Meeting](#)

[J. Krishnamurti OJ81T2-EX03 Relationship is life](#)

Video - 10 minutes

From [J. Krishnamurti OJ81T2 Life is a movement of relationship](#)

[J. Krishnamurti OJ82CNM1-EX01 Self-centred relationship](#)

Video - 10 minutes

From [J. Krishnamurti OJ82CNM1 The roots of psychological disorder](#)

[J. Krishnamurti OJ83Q1-WQ03 On living together without marriage](#)

Video - 28 minutes

From [J. Krishnamurti OJ83Q1 1st Question & Answer Meeting](#)

[J. Krishnamurti SA81Q3-WQ01 On conflictual relationships](#)

Video - 25 minutes

From [J. Krishnamurti SA81Q3 3rd Question & Answer Meeting](#)

[J. Krishnamurti SD74CA2-EX01 Knowledge in relationship is destructive](#)

Video - 5 minutes

From [J. Krishnamurti SD74CA2 Knowledge and conflict in human relationships](#)

[J. Krishnamurti SD74CA4-EX01 Relationship is the foundation of existence](#)

Video - 9 minutes

From [J. Krishnamurti SD74CA4 What is a responsible human being?](#)

[J. Krishnamurti SM72T2-EX03 Are you related to anybody?](#)

Video - 5 minutes

From [J. Krishnamurti SM72T2 Is there a total action which will be sane in an insane world?](#)

[J. Krishnamurti BR76CTM6-EX06 The greatest and most responsible relationship](#)

Video - 1 minute

From [J. Krishnamurti BR76CTM6 Any form of image prevents the beauty of relationship](#)

[J. Krishnamurti OJ83T1-EX08 Relationship is the greatest thing in life](#)

Video - 1 minute

From [J. Krishnamurti OJ83T1 Thought and knowledge are limited](#)

[J. Krishnamurti OJ83T1-EX10 What is my relationship with someone stupid?](#)

Video - 1 minute

From [J. Krishnamurti OJ83T1 Thought and knowledge are limited](#)

[J. Krishnamurti BR79T4-EX03 Is there love in your relationships?](#)

Video - 9 minutes

From [J. Krishnamurti BR79T4 Meditation, the timeless and love](#)

[J. Krishnamurti BR83T2-EX02 We cannot live without relationship](#)

Video - 9 minutes

From [J. Krishnamurti BR83T2 Only in peace can the human mind be free](#)

[J. Krishnamurti BR81T1-EX03 What is the truth of your relationships?](#)

Video - 4 minutes

From [J. Krishnamurti BR81T1 Thought and the problems of our world](#)

[J. Krishnamurti BR78S2-EX01 Relationship is one of the most important things in life](#)

Video - 5 minutes

From [J. Krishnamurti BR78S2 Is it possible never to be hurt?](#)

[J. Krishnamurti BR78S2-EX06 The problem of relationship](#)

Video - 9 minutes

From [J. Krishnamurti BR78S2 Is it possible never to be hurt?](#)

[J. Krishnamurti MA8384T1-EX06 What goes on in relationship](#)

Video - 3 minutes

From [J. Krishnamurti MA8384T1 Can we radically bring about a change in ourselves?](#)

[J. Krishnamurti SA76T5-EX01 Are our relationships based on memory?](#)

Video - 8 minutes

From [J. Krishnamurti SA76T5 Suffering and love](#)

[J. Krishnamurti RA84T2-EX02 What is relationship?](#)

Video - 8 minutes

From [J. Krishnamurti RA84T2 A religious mind has great sense of beauty](#)

[J. Krishnamurti BR84SBR3-EX03 What is it to be related?](#)

Video - 4 minutes

From [J. Krishnamurti BR84SBR3 Can thought come to an end?](#)

[J. Krishnamurti SA82T3-EX05 Our relationships are mechanical](#)

Video - 13 minutes

From [J. Krishnamurti SA82T3 An intelligence beyond cause](#)

[J. Krishnamurti SA79D4-EX05 Is there any certainty in relationships?](#)

Video - 8 minutes

From [J. Krishnamurti SA79D4 What is the central issue of our life?](#)

### **Relationship/Conflict**

[J. Krishnamurti BR84T1-EX04 Relationship with no shadow of conflict](#)

Video - 9 minutes

From [J. Krishnamurti BR84T1 The cause of conflict in relationship](#)

[J. Krishnamurti BR81T2-EX02 The cause of conflict in our relationships](#)

Video - 9 minutes

From [J. Krishnamurti BR81T2 Looking at the whole content of consciousness](#)

### **Relationship/Confusion**

[J. Krishnamurti BR78S6-EX01 Confusion in relationship](#)

Video - 10 minutes

From [J. Krishnamurti BR78S6 Can I be a light globally?](#)

## **Relationship/Image**

[J. Krishnamurti BR77T2-EX04 Image in relationship](#)

Video - 4 minutes

From [J. Krishnamurti BR77T2 What is the function of the brain?](#)

[J. Krishnamurti BR78D2-EX02 Images in relationship](#)

Video - 5 minutes

From [J. Krishnamurti BR78D2 Can one learn through relationship?](#)

[J. Krishnamurti BR78S1-EX06 Relationship without a single image](#)

Video - 3 minutes

From [J. Krishnamurti BR78S1 The art of questioning](#)

## **Relationship/Mirror**

[J. Krishnamurti WA85T2-EX01 The mirror of relationship](#)

Video - 3 minutes

From [J. Krishnamurti WA85T2 At the end of sorrow is passion](#)

## **Relationship/Pleasure/Pain**

[J. Krishnamurti BR78S6-EX02 Pleasure and pain in relationship](#)

Video - 7 minutes

From [J. Krishnamurti BR78S6 Can I be a light globally?](#)

## **Relationship/Security**

[J. Krishnamurti OJ80T6-EX08 Is there security in relationship?](#)

Video - 6 minutes

From [J. Krishnamurti OJ80T6 Action, observation and dying while living](#)

## **Relationship/Self-knowledge**

[J. Krishnamurti OJ83CJS-EX04 In relationship I see what I am](#)

Video - 9 minutes

From [J. Krishnamurti OJ83CJS What makes us change?](#)

## **Relationship/Thought**

[J. Krishnamurti BR84T1-EX05 The place of thought in relationship](#)

Video - 9 minutes

From [J. Krishnamurti BR84T1 The cause of conflict in relationship](#)

[J. Krishnamurti BR81DSS2-EX07 Relationship based on thought](#)

Video - 10 minutes

From [J. Krishnamurti BR81DSS2 Thought and knowledge](#)



## Religion

[J. Krishnamurti BO84Q-WQ08 What is religion?](#)

Video - 6 minutes

From [J. Krishnamurti BO84Q Question & Answer Meeting](#)

[J. Krishnamurti BR7879CBS2-EX03 Brush aside what the religions say](#)

Video - 9 minutes

From [J. Krishnamurti BR7879CBS2 Is there a state of mind without the self?](#)

[J. Krishnamurti BR81Q2-WQ02 On man's search for something truly religious](#)

Video - 17 minutes

From [J. Krishnamurti BR81Q2 2nd Question & Answer Meeting](#)

[J. Krishnamurti BR83Q2-WQ05 Is there no spiritual value in the inspired works of man?](#)

Video - 13 minutes

From [J. Krishnamurti BR83Q2 2nd Question & Answer Meeting](#)

[J. Krishnamurti OJ77T6-EX02 Organised religion is based on thought](#)

Video - 7 minutes

From [J. Krishnamurti OJ77T6 What is the significance of meditation?](#)

[J. Krishnamurti OJ85Q2-WQ03 Q3: Is there some essential religious instinct in all human beings?](#)

Video - 8 minutes

From [J. Krishnamurti OJ85Q2 2nd Question & Answer Meeting](#)

[J. Krishnamurti SD74CA15-EX05 Negating organised religions](#)

Video - 12 minutes

From [J. Krishnamurti SD74CA15 Religion, authority and education - Part 1](#)

[J. Krishnamurti SD74CA16-EX02 Religion is a factor of regeneration](#)

Video - 3 minutes

From [J. Krishnamurti SD74CA16 Religion, authority and education - Part 2](#)

[J. Krishnamurti SD74CA16-EX10 Putting away everything said about religion](#)

Video - 12 minutes

From [J. Krishnamurti SD74CA16 Religion, authority and education - Part 2](#)

[J. Krishnamurti BR81T4-EX06 Religions have lost their meaning](#)

Video - 3 minutes

From [J. Krishnamurti BR81T4 What is meditation?](#)

[J. Krishnamurti SA84T6-EX03 What is religion?](#)

Video - 9 minutes

From [J. Krishnamurti SA84T6 Living with death and life together](#)

[J. Krishnamurti SD72CES1-EX01 Religion should unify not divide](#)

Video - 6 minutes

From [J. Krishnamurti SD72CES1 Goodness only flowers in freedom](#)

## Religion/Belief

[J. Krishnamurti SA82T6-EX04 A religious man has no belief](#)

Video - 10 minutes

From [J. Krishnamurti SA82T6 Meditation and the ending of the self](#)

## **Religion/Entertainment**

[J. Krishnamurti LO82T2-EX07 Religions have become an entertainment](#)

Video - 3 minutes

From [J. Krishnamurti LO82T2 Order in consciousness](#)

## **Religion/Freedom**

[J. Krishnamurti RA84T1-EX09 There must be freedom from religious concepts](#)

Video - 4 minutes

From [J. Krishnamurti RA84T1 What is the significance of our daily life?](#)

## **Religion/God**

[J. Krishnamurti OJ82Q3-WQ06 On religion and God](#)

Video - 11 minutes

From [J. Krishnamurti OJ82Q3 3rd Question & Answer Meeting](#)

## **Religion/Inquiry**

[J. Krishnamurti SD74CA16-EX01 Inquiring into religion](#)

Video - 10 minutes

From [J. Krishnamurti SD74CA16 Religion, authority and education - Part 2](#)

## **Religion/Life**

[J. Krishnamurti MA8384T4-EX02 What has religion to do with your daily life?](#)

Video - 6 minutes

From [J. Krishnamurti MA8384T4 What has religion to do with your daily life?](#)

## **Remembrance/Love**

[J. Krishnamurti SA81T4-EX02 Is remembrance love?](#)

Video - 10 minutes

From [J. Krishnamurti SA81T4 Living without images](#)

## **Repetition**

[J. Krishnamurti RA85T3-EX06 Repetition leads to dullness](#)

Video - 2 minutes

From [J. Krishnamurti RA85T3 As long as there is a meditator, there is no meditation](#)

## **Resisting**

[J. Krishnamurti BR69D2-EX01 When shall I resist and not resist?](#)

Audio - 9 minutes

From [J. Krishnamurti BR69D2 Can I live completely without resistance?](#)

## **Responsibility**

[J. Krishnamurti OJ85Q2-WQ05 What is our responsibility to ourselves and others?](#)

Video - 19 minutes

From [J. Krishnamurti OJ85Q2 2nd Question & Answer Meeting](#)

[J. Krishnamurti SA85Q2-EX01 What is our responsibility?](#)

Video - 12 minutes

From [J. Krishnamurti SA85Q2 2nd Question & Answer Meeting](#)

[J. Krishnamurti SD74CA3-EX05 Responsibility means responding adequately to a crisis](#)

Video - 5 minutes

From [J. Krishnamurti SD74CA3 What is communication with others?](#)

[J. Krishnamurti SD74CA4-EX02 Responsibility unconsciously enters into the irresponsible mind](#)

Video - 8 minutes

From [J. Krishnamurti SD74CA4 What is a responsible human being?](#)

## **Reward/Change**

[J. Krishnamurti MA8384T1-EX05 Will reward make us change?](#)

Video - 6 minutes

From [J. Krishnamurti MA8384T1 Can we radically bring about a change in ourselves?](#)

## **Reward/Punishment**

[J. Krishnamurti RV83S2-EX08 Do you act according to reward and punishment?](#)

Video - 8 minutes

From [J. Krishnamurti RV83S2 From whom are we learning?](#)

## **Sacred**

[J. Krishnamurti ML70DSG7-EX01 How do you receive something that's beyond the mind?](#)

Video - 20 minutes

From [J. Krishnamurti ML70DSG7 What is order?](#)

[J. Krishnamurti OJ79T6-EX01 Is there anything wholly sacred?](#)

Video - 4 minutes

From [J. Krishnamurti OJ79T6 Meditation is the ending of all the content of one's consciousness](#)

[J. Krishnamurti OJ82Q2-WQ05 On the meaning of holiness](#)

Video - 9 minutes

From [J. Krishnamurti OJ82Q2 2nd Question & Answer Meeting](#)

[J. Krishnamurti SA81Q2-WQ04 Can you help me to apprehend the sacred?](#)

Video - 29 minutes

From [J. Krishnamurti SA81Q2 2nd Question & Answer Meeting](#)

[J. Krishnamurti SA81Q3-WQ03 Are supernatural experiences steps towards illumination?](#)

Video - 11 minutes

From [J. Krishnamurti SA81Q3 3rd Question & Answer Meeting](#)

[J. Krishnamurti SA82Q3-WQ04 Is there something sacred in life?](#)

Video - 10 minutes

From [J. Krishnamurti SA82Q3 3rd Question & Answer Meeting](#)

[J. Krishnamurti SA83Q3-WQ06 What is a spiritual life?](#)

Video - 7 minutes

From [J. Krishnamurti SA83Q3 3rd Question & Answer Meeting](#)

[J. Krishnamurti SA85Q3-WQ04 How can our limited brain grasp the unlimited?](#)

Video - 15 minutes

From [J. Krishnamurti SA85Q3 3rd Question & Answer Meeting](#)

[J. Krishnamurti BR76CTM7-EX01 Something the mind has never touched](#)

Video - 1 minute

From [J. Krishnamurti BR76CTM7 Life is sacred](#)

[J. Krishnamurti SA81T5-EX05 Something timelessly sacred](#)

Video - 1 minute

From [J. Krishnamurti SA81T5 Can the brain be totally free?](#)

[J. Krishnamurti BR78T4-EX09 Is there anything sacred in life?](#)

Video - 5 minutes

From [J. Krishnamurti BR78T4 The beginning of meditation](#)

### **Safe/Feeling**

[J. Krishnamurti OJ83CJS-EX05 We feel safe with our blinkers on](#)

Video - 4 minutes

From [J. Krishnamurti OJ83CJS What makes us change?](#)

### **Saint**

[J. Krishnamurti MA8081Q1-WQ05 On saints' idols and stories](#)

Video - 5 minutes

From [J. Krishnamurti MA8081Q1 1st Question & Answer Meeting](#)

### **Sannyasi**

[J. Krishnamurti SA80T7-EX02 The sannyasi under the tree](#)

Video - 2 minutes

From [J. Krishnamurti SA80T7 Is there anything sacred in life?](#)

### **Searching**

[J. Krishnamurti BR79Q2-WQ06 Is there one thing that will end my seeking?](#)

Video - 14 minutes

From [J. Krishnamurti BR79Q2 2nd Question & Answer Meeting](#)

[J. Krishnamurti BR84CMZ3-EX01 We have always sought something beyond ourselves](#)

Video - 5 minutes

From [J. Krishnamurti BR84CMZ3 What is religion to you?](#)

## Security

[J. Krishnamurti BR79Q1-WQ03 Can there be absolute security in this life?](#)

Video - 14 minutes

From [J. Krishnamurti BR79Q1 1st Question & Answer Meeting](#)

[J. Krishnamurti BR82Q2-WQ02 On security](#)

Video - 21 minutes

From [J. Krishnamurti BR82Q2 2nd Question & Answer Meeting](#)

[J. Krishnamurti RA84T1-EX01 Can there be inward security?](#)

Video - 11 minutes

From [J. Krishnamurti RA84T1 What is the significance of our daily life?](#)

[J. Krishnamurti SA85Q3-WQ03 Isn't it violence and corruption to have security while others starve?](#)

Video - 9 minutes

From [J. Krishnamurti SA85Q3 3rd Question & Answer Meeting](#)

[J. Krishnamurti SA77T1-EX01 Are we seeking security?](#)

Video - 3 minutes

From [J. Krishnamurti SA77T1 What are we seeking?](#)

[J. Krishnamurti RA85T1-EX05 We all want security](#)

Video - 8 minutes

From [J. Krishnamurti RA85T1 Whatever you think, you are](#)

[J. Krishnamurti SA79T3-EX03 We want to find security in attachment](#)

Video - 8 minutes

From [J. Krishnamurti SA79T3 Is there security at all psychologically?](#)

[J. Krishnamurti BR78S4-EX03 Is it possible to have complete physical security?](#)

Video - 4 minutes

From [J. Krishnamurti BR78S4 Observing fear as it happens](#)

[J. Krishnamurti RV83S2-EX06 Where is there security?](#)

Video - 5 minutes

From [J. Krishnamurti RV83S2 From whom are we learning?](#)

[J. Krishnamurti SA83T3-EX02 Where does one find complete security?](#)

Video - 5 minutes

From [J. Krishnamurti SA83T3 Where does one find complete security?](#)

[J. Krishnamurti BR84SBR1-EX07 Is security an illusion?](#)

Video - 3 minutes

From [J. Krishnamurti BR84SBR1 What is thought?](#)

[J. Krishnamurti RV83S2-EX07 Where do you find security?](#)

Video - 9 minutes

From [J. Krishnamurti RV83S2 From whom are we learning?](#)

[J. Krishnamurti SA84T3-EX03 Is there such thing as security?](#)

Video - 4 minutes

From [J. Krishnamurti SA84T3 Thought and the divisive process](#)

## **Security/Dependence**

[J. Krishnamurti BR76D1-EX06 You depend on another for security](#)

Video - 6 minutes

From [J. Krishnamurti BR76D1 How do you observe your fears?](#)

## **Seeing**

[J. Krishnamurti BR7879CBS4-EX03 Seeing without ideas](#)

Video - 11 minutes

From [J. Krishnamurti BR7879CBS4 What is truth?](#)

[J. Krishnamurti BR79S3-EX03 Can we see immediately?](#)

Video - 10 minutes

From [J. Krishnamurti BR79S3 What is the root cause of the disorder in the world?](#)

[J. Krishnamurti SA79T5-EX03 Seeing, sensation, desire](#)

Video - 12 minutes

From [J. Krishnamurti SA79T5 Are desire and time responsible for fear?](#)

[J. Krishnamurti SA77T4-EX05 Seeing without registering](#)

Video - 2 minutes

From [J. Krishnamurti SA77T4 Does compassion flower in the field of desire?](#)

[J. Krishnamurti SA82T5-EX04 What takes place when you see something majestic?](#)

Video - 7 minutes

From [J. Krishnamurti SA82T5 What is it to listen, to learn and to observe?](#)

[J. Krishnamurti SA84T1-EX03 When you have problems, you can't see clearly](#)

Video - 7 minutes

From [J. Krishnamurti SA84T1 If all time is now, what is action?](#)

## **Seeing/The me**

[J. Krishnamurti SD72CCTR-EX03 See without the 'me'](#)

Video - 9 minutes

From [J. Krishnamurti SD72CCTR J. Krishnamurti What is meditation?](#)

## **Seeing/Thought**

[J. Krishnamurti BR76D2-EX01 Seeing what thought has created](#)

Video - 8 minutes

From [J. Krishnamurti BR76D2 Can thought perceive the whole?](#)

## **Seeking**

[J. Krishnamurti SA79T7-EX03 What are you seeking?](#)

Video - 7 minutes

From [J. Krishnamurti SA79T7 In total silence the mind comes upon the eternal](#)

[J. Krishnamurti OJBR80CB11-EX03 Man has sought a different dimension](#)

Video - 7 minutes

From [J. Krishnamurti OJBR80CB11 The liberation of insight](#)

## Self

[J. Krishnamurti BR7879CBS2-EX02 What is the self?](#)

Video - 10 minutes

From [J. Krishnamurti BR7879CBS2 Is there a state of mind without the self?](#)

[J. Krishnamurti BR79Q1-WQ01 Is it possible to be free of self-centred activity?](#)

Video - 22 minutes

From [J. Krishnamurti BR79Q1 1st Question & Answer Meeting](#)

[J. Krishnamurti BR80Q1-WQ06 I have a ten foot wall around me. What do I do?](#)

Video - 15 minutes

From [J. Krishnamurti BR80Q1 1st Question & Answer Meeting](#)

[J. Krishnamurti MA8485Q1-WQ02 What is myself and what is its relation to the cosmos?](#)

Video - 19 minutes

From [J. Krishnamurti MA8485Q1 1st Question & Answer Meeting](#)

[J. Krishnamurti NY71T1-EX05 When you look at yourself](#)

Video - 10 minutes

From [J. Krishnamurti NY71T1 To be aware of our past](#)

[J. Krishnamurti OJ80Q4-WQ03 Can we die psychologically to the self?](#)

Video - 14 minutes

From [J. Krishnamurti OJ80Q4 4th Question & Answer Meeting](#)

[J. Krishnamurti OJ81Q3-WQ04 Show me how to dissolve the 'I'](#)

Video - 18 minutes

From [J. Krishnamurti OJ81Q3 3rd Question & Answer Meeting](#)

[J. Krishnamurti OJ82Q4-WQ02 How does one negate the 'I' without suppression?](#)

Video - 39 minutes

From [J. Krishnamurti OJ82Q4 4th Question & Answer Meeting](#)

[J. Krishnamurti SM72T4-EX02 How did the 'me' come about?](#)

Video - 4 minutes

From [J. Krishnamurti SM72T4 A different kind of energy](#)

[J. Krishnamurti RA85T1-EX04 What are you?](#)

Video - 4 minutes

From [J. Krishnamurti RA85T1 Whatever you think, you are](#)

[J. Krishnamurti OJ80T6-EX03 Is it possible to live without the self-centre?](#)

Video - 8 minutes

From [J. Krishnamurti OJ80T6 Action, observation and dying while living](#)

[J. Krishnamurti OJ79T2-EX02 The self always distorts](#)

Video - 11 minutes

From [J. Krishnamurti OJ79T2 What is the relationship between desire, thought and action?](#)



## **Self/Beauty**

[J. Krishnamurti BO85T4-EX01 Where there is self there is no beauty](#)

Video - 4 minutes

From [J. Krishnamurti BO85T4 Is there a meditation that is not brought about by thought?](#)

[J. Krishnamurti RA84T2-EX01 The self is banished by great beauty](#)

Video - 8 minutes

From [J. Krishnamurti RA84T2 A religious mind has great sense of beauty](#)

## **Self/Division**

[J. Krishnamurti BR84SBR1-EX04 The self is divisive](#)

Video - 6 minutes

From [J. Krishnamurti BR84SBR1 What is thought?](#)

## **Self/Ending**

[J. Krishnamurti BR83T3-EX04 Can the self end?](#)

Video - 8 minutes

From [J. Krishnamurti BR83T3 Freedom from the self](#)

[J. Krishnamurti BR7879CBS2-EX05 When the self ends](#)

Video - 4 minutes

From [J. Krishnamurti BR7879CBS2 Is there a state of mind without the self?](#)

## **Self/Mind**

[J. Krishnamurti BR84SBR3-EX04 No matter how much space exists in the mind, the monkey self remains](#)

Video - 11 minutes

From [J. Krishnamurti BR84SBR3 Can thought come to an end?](#)

## **Self-centredness**

[J. Krishnamurti SA84T4-EX04 The continuation of self-centredness](#)

Video - 7 minutes

From [J. Krishnamurti SA84T4 Ending disorder now](#)

[J. Krishnamurti SA84T4-EX08 Self-centredness produces loneliness](#)

Video - 9 minutes

From [J. Krishnamurti SA84T4 Ending disorder now](#)

## **Self-improvement**

[J. Krishnamurti BR83CB1-EX06 Self-improvement is ugly](#)

Video - 7 minutes

From [J. Krishnamurti BR83CB1 Is there an action not touched by thought?](#)

## Self-Interest

[J. Krishnamurti BR85T3-EX01 Self-interest divides people](#)

Video - 8 minutes

From [J. Krishnamurti BR85T3 The relationship of freedom to self-interest](#)

[J. Krishnamurti BR84CMZ2-EX04 Self-interest is the cause of fear](#)

Video - 3 minutes

From [J. Krishnamurti BR84CMZ2 What is the fact of fear?](#)

[J. Krishnamurti MA8485T3-EX02 Can you live without self-interest?](#)

Video - 7 minutes

From [J. Krishnamurti MA8485T3 The shallowness of a life without passion](#)

[J. Krishnamurti RA84T1-EX02 Living without self-interest](#)

Video - 6 minutes

From [J. Krishnamurti RA84T1 What is the significance of our daily life?](#)

## Selfishness

[J. Krishnamurti SA78D1-EX02 We are driven by selfishness](#)

Video - 7 minutes

From [J. Krishnamurti SA78D1 Can the drive of selfishness end?](#)

[J. Krishnamurti BR83CPJ1-EX02 Selfishness is encouraged](#)

Video - 1 minute

From [J. Krishnamurti BR83CPJ1 What will bring about change in the brain?](#)

[J. Krishnamurti OJ72T1-EX02 We are terribly selfish](#)

Video - 7 minutes

From [J. Krishnamurti OJ72T1 What will bring humanity together?](#)

[J. Krishnamurti SA79T6-EX02 Selfish activity](#)

Video - 11 minutes

From [J. Krishnamurti SA79T6 Intelligence, love, and compassion](#)

## Self-knowledge

[J. Krishnamurti MA8182Q2-WQ02 On right action and self-knowledge](#)

Video - 22 minutes

From [J. Krishnamurti MA8182Q2 2nd Question & Answer Meeting](#)

[J. Krishnamurti SM72T4-EX01 Don't pretend then you'll find out what you are](#)

Video - 7 minutes

From [J. Krishnamurti SM72T4 A different kind of energy](#)

[J. Krishnamurti BR84IER-EX01 Know thyself](#)

Video - 7 minutes

From a full recording not yet on YouTube

[J. Krishnamurti OJ82CNM3-EX02 I don't need anybody to tell me about myself](#)

Video - 6 minutes

From [J. Krishnamurti OJ82CNM3 The need for security](#)

[J. Krishnamurti BR7879CBS3-EX04 I want to know myself](#)

Video - 8 minutes

From [J. Krishnamurti BR7879CBS3 Does free will exist?](#)

## **Sensation**

[J. Krishnamurti SA78T1-EX01 Can you observe sensation without identifying with it?](#)

Video - 19 minutes

From [J. Krishnamurti SA78T1 The structure of self-centred concern](#)

[J. Krishnamurti BR85T3-EX05 We live by sensation](#)

Video - 5 minutes

From [J. Krishnamurti BR85T3 The relationship of freedom to self-interest](#)

[J. Krishnamurti SA76T3-EX04 Sensation is natural](#)

Video - 5 minutes

From [J. Krishnamurti SA76T3 The impediments to radical transformation](#)

## **Sensation/Desire**

[J. Krishnamurti BR81T2-EX05 Sensation awakens desire](#)

Video - 6 minutes

From [J. Krishnamurti BR81T2 Looking at the whole content of consciousness](#)

## **Sense**

[J. Krishnamurti CC82T2-EX03 Why have we destroyed our senses?](#)

Video - 12 minutes

From [J. Krishnamurti CC82T2 Is there a new instrument totally different from thought?](#)

## **Senses**

[J. Krishnamurti MA8485T3-EX05 We are killing our senses](#)

Video - 7 minutes

From [J. Krishnamurti MA8485T3 The shallowness of a life without passion](#)

[J. Krishnamurti BR78T4-EX02 Can the senses function as a whole?](#)

Video - 7 minutes

From [J. Krishnamurti BR78T4 The beginning of meditation](#)

## **Senses/Desire**

[J. Krishnamurti BR79T2-EX03 What is the relationship between the senses and desire?](#)

Video - 10 minutes

From [J. Krishnamurti BR79T2 Is thought the instrument of right action?](#)

## **Senses/Suppression/(Story)**

[J. Krishnamurti MA8283Q2-EX01 The monks who never looked at the beauty of nature](#)

Video - 4 minutes

From [J. Krishnamurti MA8182Q2 2nd Question & Answer Meeting](#)

## **Senses/Thought**

[J. Krishnamurti RV82CPA-EX05 Are the senses controlled by thought?](#)

Video - 5 minutes

From [J. Krishnamurti RV82CPA Reading the book of mankind](#)

## **Seriousness**

[J. Krishnamurti SA77T1-EX02 What we are talking about is serious](#)

Video - 2 minutes

From [J. Krishnamurti SA77T1 What are we seeking?](#)

## **Sex**

[J. Krishnamurti BR79Q2-WQ04 Is sex incompatible with religious life?](#)

Video - 17 minutes

From [J. Krishnamurti BR79Q2 2nd Question & Answer Meeting](#)

[J. Krishnamurti SA80Q3-WQ05 Why does sex play such an important part in life?](#)

Video - 16 minutes

From [J. Krishnamurti SA80Q3 3rd Question & Answer Meeting](#)

[J. Krishnamurti SD74CA12-EX01 Why has sex become so important?](#)

Video - 19 minutes

From [J. Krishnamurti SD74CA12 Love, sex and pleasure](#)

[J. Krishnamurti BR7879CBS2-EX06 Sex](#)

Video - 7 minutes

From [J. Krishnamurti BR7879CBS2 Is there a state of mind without the self?](#)

## **Silence**

[J. Krishnamurti MA67T3-EX01 An indescribable silence](#)

Audio - 9 minutes

From a full recording not yet on YouTube

[J. Krishnamurti MA8485Q2-WQ02 On silence and the transformation of man](#)

Video - 17 minutes

From [J. Krishnamurti MA8485Q2 2nd Question & Answer Meeting](#)

[J. Krishnamurti OJ83Q1-WQ04 Can we live in ways that allow silence to come?](#)

Video - 10 minutes

From [J. Krishnamurti OJ83Q1 1st Question & Answer Meeting](#)

[J. Krishnamurti OJ84Q1-WQ05 Why is the observance of silence so important?](#)

Video - 7 minutes

From [J. Krishnamurti OJ84Q1 1st Question & Answer Meeting](#)

[J. Krishnamurti SA80Q4-WQ01 Has sitting quietly to observe thought any value?](#)

Video - 20 minutes

From [J. Krishnamurti SA80Q4 4th Question & Answer Meeting](#)

[J. Krishnamurti SA84Q1-WQ03 What is the ground on which inner silence may come about?](#)

Video - 12 minutes

From [J. Krishnamurti SA84Q1 1st Question & Answer Meeting](#)

[J. Krishnamurti BR76CTM7-EX02 In that silence](#)

Video - 1 minute

From [J. Krishnamurti BR76CTM7 Life is sacred](#)

## **Silence/Creation**

[J. Krishnamurti SD74CA18-EX10 Silence and creation](#)

Video - 11 minutes

From [J. Krishnamurti SD74CA18 Meditation and the sacred mind](#)

## **Silence/Sound**

[J. Krishnamurti BO85T2-EX02 Silence is not separate from sound](#)

Video - 5 minutes

From [J. Krishnamurti BO85T2 Thought and time are always together](#)

## **Simplicity**

[J. Krishnamurti BR69T3-SQ05 What is simplicity?](#)

Audio - 3 minutes

From [J. Krishnamurti BR69T3 Knowing what love is](#)

## **Sleep**

[J. Krishnamurti ML70DSG8-EX01 An attentive sleepful state](#)

Video - 24 minutes

From [J. Krishnamurti ML70DSG8 How is one to be entirely free of fear?](#)

[J. Krishnamurti SA78T7-EX03 We have divided sleeping and waking](#)

Video - 9 minutes

From [J. Krishnamurti SA78T7 If you are not occupied, are you nothing?](#)

## **Sleep/Being awake**

[J. Krishnamurti SD74CA17-EX10 What is sleep and what is it to be awake?](#)

Video - 12 minutes

From [J. Krishnamurti SD74CA17 Meditation, a quality of attention that pervades all of one's life](#)

## **Society**

[J. Krishnamurti BR85IRF-EX02 How to create a new society](#)

Video - 2 minutes

From [J. Krishnamurti BR85IRF The role of a flower](#)

[J. Krishnamurti BR79T1-EX01 We create society](#)

Video - 9 minutes

From [J. Krishnamurti BR79T1 What will make us change?](#)

[J. Krishnamurti SA79T2-EX03 Can we bring about a good society?](#)

Video - 9 minutes

From [J. Krishnamurti SA79T2 Can we together create a good society?](#)

[J. Krishnamurti SA79D5-EX04 Can we create a good society?](#)

Video - 5 minutes

From [J. Krishnamurti SA79D5 How can we bring about a good society?](#)

## **Society/Change**

[J. Krishnamurti RA85T2-EX02 Unless you change radically, you'll never change society](#)

Video - 7 minutes

From [J. Krishnamurti RA85T2 All time is contained now](#)

[J. Krishnamurti OJ80T1-EX04 Society can only change if you change](#)

Video - 7 minutes

From [J. Krishnamurti OJ80T1 Can we think together about the crisis we are facing?](#)

## **Sorrow**

[J. Krishnamurti MA7879T5-EX01 Observing sorrow](#)

Video - 15 minutes

From [J. Krishnamurti MA7879T5 What is a religious mind?](#)

[J. Krishnamurti MA8182Q1-WQ03 What is sorrow?](#)

Video - 6 minutes

From [J. Krishnamurti MA8182Q1 1st Question & Answer Meeting](#)

[J. Krishnamurti MA8384T3-EX05 Sorrow](#)

Video - 11 minutes

From [J. Krishnamurti MA8384T3 To live means also to end](#)

[J. Krishnamurti MA8485T3-EX06 We are only concerned with our own sorrow](#)

Video - 12 minutes

From [J. Krishnamurti MA8485T3 The shallowness of a life without passion](#)

[J. Krishnamurti SA78T6-EX01 Your sorrow is mankind's sorrow](#)

Video - 17 minutes

From [J. Krishnamurti SA78T6 Can consciousness go beyond itself?](#)

[J. Krishnamurti SD74CA9-EX02 Facing sorrow](#)

Video - 8 minutes

From [J. Krishnamurti SD74CA9 Sorrow, passion and beauty](#)

[J. Krishnamurti OJ77T5-EX04 The challenge of sorrow](#)

Video - 3 minutes

From [J. Krishnamurti OJ77T5 Love and death](#)

[J. Krishnamurti MA8283T4-EX06 Sorrow is your shadow](#)

Video - 10 minutes

From [J. Krishnamurti MA8283T4 Remaining with the challenge of sorrow](#)

[J. Krishnamurti SA83T5-EX01 We cover up our sorrows](#)

Video - 1 minute

From [J. Krishnamurti SA83T5 Unconditioning the brain cells](#)

[J. Krishnamurti BR77T3-EX05 The challenge of sorrow \(Brockwood Park 1977\)](#)

Video - 10 minutes

From [J. Krishnamurti BR77T3 What is at the very root of sorrow?](#)

[J. Krishnamurti BR78T3-EX04 Never run from sorrow](#)

Video - 4 minutes

From [J. Krishnamurti BR78T3 How is freedom to be understood and lived?](#)

[J. Krishnamurti BR78T3-EX03 Global sorrow](#)

Video - 9 minutes

From [J. Krishnamurti BR78T3 How is freedom to be understood and lived?](#)

[J. Krishnamurti BR85T3-EX04 Is there an end to sorrow?](#)

Video - 9 minutes

From [J. Krishnamurti BR85T3 The relationship of freedom to self-interest](#)

[J. Krishnamurti BR83T3-EX03 Sorrow is not personal](#)

Video - 9 minutes

From [J. Krishnamurti BR83T3 Freedom from the self](#)

[J. Krishnamurti WA85T2-EX03 Living with sorrow](#)

Video - 9 minutes

From [J. Krishnamurti WA85T2 At the end of sorrow is passion](#)

[J. Krishnamurti BR79T3-EX04 Why do you live in sorrow?](#)

Video - 7 minutes

From [J. Krishnamurti BR79T3 Can one know oneself completely?](#)

[J. Krishnamurti MA82DSG-EX02 We want to escape from the pain of sorrow](#)

Video - 6 minutes

From [J. Krishnamurti MA82DSG Is it possible for the brain to act totally?](#)

[J. Krishnamurti SA81T6-EX02 I am sorrow](#)

Video - 11 minutes

From [J. Krishnamurti SA81T6 Love and freedom](#)

## **Sorrow/Change**

[J. Krishnamurti BR79T1-EX02 Has sorrow changed humanity?](#)

Video - 3 minutes

From [J. Krishnamurti BR79T1 What will make us change?](#)

## **Sorrow/Ending**

[J. Krishnamurti CC82T3-EX06 Ending sorrow](#)

Video - 8 minutes

From [J. Krishnamurti CC82T3 What is the nature and the structure of disorder?](#)

[J. Krishnamurti OJ81T6-EX02 Can sorrow ever end?](#)

Video - 9 minutes

From [J. Krishnamurti OJ81T6 In ending, which is death, is great beauty](#)



[J. Krishnamurti SA83T5-EX07 Are you contributing anything?](#)

Video - 7 minutes

From [J. Krishnamurti SA83T5 Unconditioning the brain cells](#)

[J. Krishnamurti SA76T5-EX06 Can the sorrow of humanity end?](#)

Video - 10 minutes

From [J. Krishnamurti SA76T5 Suffering and love](#)

### **Sorrow/Loneliness**

[J. Krishnamurti AM81T1-EX05 Sorrow and loneliness](#)

Video - 10 minutes

From [J. Krishnamurti AM81T1 Thought and time are the root of fear](#)

### **Sorrow/Love**

[J. Krishnamurti RA85T3-EX03 If there is sorrow there is no love](#)

Video - 10 minutes

From [J. Krishnamurti RA85T3 As long as there is a meditator, there is no meditation](#)

### **Space**

[J. Krishnamurti SD74CA18-EX02 Space in the mind](#)

Video - 7 minutes

From [J. Krishnamurti SD74CA18 Meditation and the sacred mind](#)

[J. Krishnamurti SA77T7-EX06 It is important to have space](#)

Video - 6 minutes

From [J. Krishnamurti SA77T7 A movement which is timeless](#)

### **Space/Freedom**

[J. Krishnamurti US66FRR8-EX02 When there is space there is freedom](#)

Video - 6 minutes

From [J. Krishnamurti US66FRR8 The end of conflict](#)

### **Space/Order**

[J. Krishnamurti BR77T4-EX04 Space and order](#)

Video - 9 minutes

From [J. Krishnamurti BR77T4 Is the flowering of goodness a matter of time?](#)

### **Strife/Division**

[J. Krishnamurti SA79T4-EX02 Strife must exist where there is division](#)

Video - 8 minutes

From [J. Krishnamurti SA79T4 Can goodness, love and truth be born of discipline?](#)

## Suffering

[J. Krishnamurti BO85Q1-WQ03 Does suffering and enjoyment affect our lives?](#)

Video - 13 minutes

From [J. Krishnamurti BO85Q1 1st Question & Answer Meeting](#)

[J. Krishnamurti BR80Q1-WQ05 Is suffering needed to face the necessity to change?](#)

Video - 21 minutes

From [J. Krishnamurti BR80Q1 1st Question & Answer Meeting](#)

[J. Krishnamurti BR81Q1-WQ03 How can I penetrate the problem of pain without becoming theoretical?](#)

Video - 27 minutes

From [J. Krishnamurti BR81Q1 1st Question & Answer Meeting](#)

[J. Krishnamurti MA8485T3-EX07 Don't escape from suffering](#)

Video - 14 minutes

From [J. Krishnamurti MA8485T3 The shallowness of a life without passion](#)

[J. Krishnamurti OJ77T5-EX02 Why do you tolerate suffering?](#)

Video - 24 minutes

From [J. Krishnamurti OJ77T5 Love and death](#)

[J. Krishnamurti OJ80T5-EX03 Where there is suffering there is no love](#)

Video - 11 minutes

From [J. Krishnamurti OJ80T5 Psychologically we are one unitary movement](#)

[J. Krishnamurti SA77T5-EX01 On suffering](#)

Video - 21 minutes

From [J. Krishnamurti SA77T5 Is there an action which is without cause and motive?](#)

[J. Krishnamurti SA77T5-EX04 If there was no 'me' would there be suffering?](#)

Video - 10 minutes

From [J. Krishnamurti SA77T5 Is there an action which is without cause and motive?](#)

[J. Krishnamurti US66FRR1-EX05 Looking at suffering](#)

Video - 1 minute

From [J. Krishnamurti US66FRR1 Where are we going?](#)

[J. Krishnamurti LO82T2-EX05 We are carrying on like barbarians](#)

Video - 1 minute

From [J. Krishnamurti LO82T2 Order in consciousness](#)

[J. Krishnamurti OJ77T5-EX03 What is suffering?](#)

Video - 3 minutes

From [J. Krishnamurti OJ77T5 Love and death](#)

[J. Krishnamurti BR84T3-EX01 The intense pain of suffering](#)

Video - 8 minutes

From [J. Krishnamurti BR84T3 Is it possible to end all sorrow?](#)

[J. Krishnamurti BR7879CBS5-EX03 Why should I suffer?](#)

Video - 6 minutes

From [J. Krishnamurti BR7879CBS5 Is there life after death?](#)

[J. Krishnamurti BR83CB2-EX06 Thought creates suffering](#)

Video - 6 minutes

From [J. Krishnamurti BR83CB2](#) Is there evolution of consciousness?

[J. Krishnamurti BR83CB1-EX09](#) Suffering is common to all humanity

Video - 6 minutes

From [J. Krishnamurti BR83CB1](#) Is there an action not touched by thought?

[J. Krishnamurti SA84T5-EX06](#) Suffering is like a jewel

Video - 9 minutes

From [J. Krishnamurti SA84T5](#) Why do we live with unresolved problems?

[J. Krishnamurti MA82DSG-EX01](#) The shock of suffering

Video - 6 minutes

From [J. Krishnamurti MA82DSG](#) Is it possible for the brain to act totally?

[J. Krishnamurti MA82DSG-EX04](#) Don't escape from suffering

Video - 6 minutes

From [J. Krishnamurti MA82DSG](#) Is it possible for the brain to act totally?

### **Suffering/Help**

[J. Krishnamurti BR84CIM2-EX02](#) Humanity continues to suffer despite people trying to help

Video - 8 minutes

From [J. Krishnamurti BR84CIM2](#) When there is love there is truth and beauty

### **Teacher**

[J. Krishnamurti RV83S2-EX01](#) Who is the teacher?

Video - 8 minutes

From [J. Krishnamurti RV83S2](#) From whom are we learning?

### **Teacher/Authenticity**

[J. Krishnamurti SD72CA2-EX02](#) A teacher must be authentic

Video - 5 minutes

From [J. Krishnamurti SD72CA2](#) What is the point of education?

### **Teacher/Disciple**

[J. Krishnamurti RV83S2-EX04](#) You are the teacher and the disciple

Video - 6 minutes

From [J. Krishnamurti RV83S2](#) From whom are we learning?

### **Teacher/Student**

[J. Krishnamurti SD72CA2-EX01](#) The relationship between teacher and student

Video - 8 minutes

From [J. Krishnamurti SD72CA2](#) What is the point of education?

## **Thinker/Thought**

[J. Krishnamurti BR76CTM6-EX05 If there is no thinker there is no thought](#)

Video - 1 minute

From [J. Krishnamurti BR76CTM6 Any form of image prevents the beauty of relationship](#)

## **Thinker/Thought**

[J. Krishnamurti BR84CIM1-EX01 Is the thinker his thoughts?](#)

Video - 7 minutes

From [J. Krishnamurti BR84CIM1 Where there is self-interest love is not](#)

[J. Krishnamurti BR80DSG2.0-EX06 The thinker is the thought](#)

Video - 7 minutes

From [J. Krishnamurti BR80DSG2.0 Thought is the beginning of desire](#)

## **Thinking**

[J. Krishnamurti RA85T1-EX03 Why do you think at all?](#)

Video - 10 minutes

From [J. Krishnamurti RA85T1 Whatever you think, you are](#)

[J. Krishnamurti SA78T4-EX01 Think clearly for yourself](#)

Video - 4 minutes

From [J. Krishnamurti SA78T4 Is thought necessary in relationship?](#)

[J. Krishnamurti OJ80T2-EX05 What is the nature of thinking?](#)

Video - 7 minutes

From [J. Krishnamurti OJ80T2 Observation is the total denial of analysis](#)

[J. Krishnamurti SA81T1-EX05 Thinking is a reaction to memory](#)

Video - 8 minutes

From [J. Krishnamurti SA81T1 What is the nature of our consciousness?](#)

[J. Krishnamurti SA84T5-EX04 Thinking is common to all of us](#)

Video - 7 minutes

From [J. Krishnamurti SA84T5 Why do we live with unresolved problems?](#)

## **Thinking/Ending**

[J. Krishnamurti SA76T7-EX05 Can thinking come to an end?](#)

Video - 9 minutes

From [J. Krishnamurti SA76T7 When you are a light to yourself you are a light to the world](#)

## **Thinking/Memory**

[J. Krishnamurti RA84T1-EX06 If you had no memory you would not think](#)

Video - 3 minutes

From [J. Krishnamurti RA84T1 What is the significance of our daily life?](#)

## Thinking/Time

[J. Krishnamurti BR81S3-EX03 Is it possible to not think in terms of time?](#)

Video - 8 minutes

From [J. Krishnamurti BR81S3 Can thought see itself?](#)

## Thinking/Together

[J. Krishnamurti SA80Q3-WQ04 What do you mean by 'thinking together'?](#)

Video - 12 minutes

From [J. Krishnamurti SA80Q3 3rd Question & Answer Meeting](#)

[J. Krishnamurti SA79T2-EX04 Let's think together](#)

Video - 7 minutes

From [J. Krishnamurti SA79T2 Can we together create a good society?](#)

[J. Krishnamurti SA79T2-EX01 Thinking together](#)

Video - 4 minutes

From [J. Krishnamurti SA79T2 Can we together create a good society?](#)

[J. Krishnamurti SA79T1-EX04 The beauty of thinking together](#)

Video - 5 minutes

From [J. Krishnamurti SA79T1 Is there a way out of the crisis in the world?](#)

## Thought

[J. Krishnamurti BR79Q2-WQ05 Can thought be aware of itself?](#)

Video - 15 minutes

From [J. Krishnamurti BR79Q2 2nd Question & Answer Meeting](#)

[J. Krishnamurti BR80Q2-WQ01 On relationship between thought and consciousness](#)

Video - 25 minutes

From [J. Krishnamurti BR80Q2 2nd Question & Answer Meeting](#)

[J. Krishnamurti MA7879T2-EX01 Thought is limited](#)

Video - 13 minutes

From [J. Krishnamurti MA7879T2 An action that is not the outcome of thought](#)

[J. Krishnamurti MA8081Q1-WQ08 How does one go to the very source of thought?](#)

Video - 13 minutes

From [J. Krishnamurti MA8081Q1 1st Question & Answer Meeting](#)

[J. Krishnamurti MA8081T4-EX01 Thought is responsible for our confusion](#)

Video - 15 minutes

From [J. Krishnamurti MA8081T4 Is there order which thought has never touched?](#)

[J. Krishnamurti MA8283Q2-WQ03 Can thought be separated from sensory perceptions?](#)

Video - 17 minutes

From [J. Krishnamurti MA8283Q2 2nd Question & Answer Meeting](#)

[J. Krishnamurti MA8485Q2-WQ01 Is there another instrument of inquiry than thought?](#)

Video - 39 minutes

From [J. Krishnamurti MA8485Q2 2nd Question & Answer Meeting](#)

[J. Krishnamurti OJ79T3-EX06 The right place of thought](#)

Video - 5 minutes

From [J. Krishnamurti OJ79T3 What is the root of fear?](#)

[J. Krishnamurti OJ80Q1-WQ03 Does thought originate as a defence against pain?](#)

Video - 21 minutes

From [J. Krishnamurti OJ80Q1 1st Question & Answer Meeting](#)

[J. Krishnamurti OJ83Q1-WQ02 Isn't the observation of thought continuing its use?](#)

Video - 7 minutes

From [J. Krishnamurti OJ83Q1 1st Question & Answer Meeting](#)

[J. Krishnamurti OJ84Q1-WQ03 What is observing thought down to its very roots?](#)

Video - 28 minutes

From [J. Krishnamurti OJ84Q1 1st Question & Answer Meeting](#)

[J. Krishnamurti RV83S1-EX02 Thought is bringing about division](#)

Video - 11 minutes

From [J. Krishnamurti RV83S1 Why are you educating your children?](#)

[J. Krishnamurti SA78D4-EX01 Mechanical thought deteriorates the brain](#)

Video - 13 minutes

From [J. Krishnamurti SA78D4 Constant effort damages the brain](#)

[J. Krishnamurti SA85Q3-WQ01 On thought being responsible for confusion](#)

Video - 22 minutes

From [J. Krishnamurti SA85Q3 3rd Question & Answer Meeting](#)

[J. Krishnamurti BR76CTM4-EX02 Thought sees the truth and ends](#)

Video - 1 minute

From [J. Krishnamurti BR76CTM4 In aloneness you can be completely secure](#)

[J. Krishnamurti SA77T1-EX05 Being out of this world though living in it](#)

Video - 1 minute

From [J. Krishnamurti SA77T1 What are we seeking?](#)

[J. Krishnamurti SA77T1-EX04 Thought is never intelligent](#)

Video - 2 minutes

From [J. Krishnamurti SA77T1 What are we seeking?](#)

[J. Krishnamurti OJ84T4-EX01 How limited thought is](#)

Video - 4 minutes

From [J. Krishnamurti OJ84T4 Is love part of consciousness?](#)

[J. Krishnamurti BR81T4-EX05 Can thought be still?](#)

Video - 5 minutes

From [J. Krishnamurti BR81T4 What is meditation?](#)

[J. Krishnamurti BR81T4-EX02 Thought wanders away and you pull it back](#)

Video - 3 minutes

From [J. Krishnamurti BR81T4 What is meditation?](#)

[J. Krishnamurti OJ83T1-EX05 You are thought](#)

Video - 3 minutes

From [J. Krishnamurti OJ83T1 Thought and knowledge are limited](#)

[J. Krishnamurti BR77D1-EX06 Can thought realise it is limited?](#)

Video - 5 minutes

From [J. Krishnamurti BR77D1 Is there such a thing as love?](#)

[J. Krishnamurti BR85T2-EX04 Thought is the basis of our life](#)

Video - 5 minutes

From [J. Krishnamurti BR85T2 The relationship of time and thought to fear](#)

[J. Krishnamurti NY71T2-EX04 Thought gives vitality to an incident that is over](#)

Video - 9 minutes

From [J. Krishnamurti NY71T2 What you think, you are](#)

[J. Krishnamurti OJ81T1-EX03 Is thought the only instrument we have?](#)

Video - 4 minutes

From [J. Krishnamurti OJ81T1 What is the root of the crisis in mankind?](#)

[J. Krishnamurti WA85T1-EX08 What is thought?](#)

Video - 9 minutes

From [J. Krishnamurti WA85T1 In the present is the whole of time](#)

[J. Krishnamurti LS84S1-EX02 Can thought be creative?](#)

Video - 8 minutes

From [J. Krishnamurti LS84S1 Can thought be creative?](#)

[J. Krishnamurti MA8384T1-EX08 If thought is the only instrument we have, we are condemned](#)

Video - 4 minutes

From [J. Krishnamurti MA8384T1 Can we radically bring about a change in ourselves?](#)

[J. Krishnamurti BR81S3-EX02 Can thought see what it has done?](#)

Video - 7 minutes

From [J. Krishnamurti BR81S3 Can thought see itself?](#)

[J. Krishnamurti RV83S1-EX07 Is there a different instrument than thought?](#)

Video - 5 minutes

From [J. Krishnamurti RV83S1 Why are you educating your children?](#)

[J. Krishnamurti SA81T1-EX04 The nature of thought](#)

Video - 6 minutes

From [J. Krishnamurti SA81T1 What is the nature of our consciousness?](#)

[J. Krishnamurti RV82CPA-EX03 Thought is born out of limitation](#)

Video - 4 minutes

From [J. Krishnamurti RV82CPA Reading the book of mankind](#)

[J. Krishnamurti BR80DSG2.0-EX05 Find out what thought is](#)

Video - 9 minutes

From [J. Krishnamurti BR80DSG2.0 Thought is the beginning of desire](#)

[J. Krishnamurti SA84T3-EX04 Thought divides](#)

Video - 6 minutes

From [J. Krishnamurti SA84T3 Thought and the divisive process](#)

[J. Krishnamurti SA82T2-EX03 Thought is fragmentary](#)

Video - 9 minutes

From [J. Krishnamurti SA82T2 What makes our lives so fragmented?](#)



[J. Krishnamurti SA82T3-EX01 Thought is insufficient](#)

Video - 5 minutes

From [J. Krishnamurti SA82T3 An intelligence beyond cause](#)

[J. Krishnamurti SA76T3-EX03 Don't let thought seep in](#)

Video - 7 minutes

From [J. Krishnamurti SA76T3 The impediments to radical transformation](#)

### **Thought/Awareness**

[J. Krishnamurti BR85T1-EX05 Can thought be aware of itself?](#)

Video - 6 minutes

From [J. Krishnamurti BR85T1 Why do we have so many problems?](#)

### **Thought/Beginning**

[J. Krishnamurti BR84CMZ1-EX02 Watching the beginning of thought](#)

Video - 8 minutes

From [J. Krishnamurti BR84CMZ1 What do we mean by conditioning?](#)

### **Thought/Control**

[J. Krishnamurti SA76T7-EX04 Can thought be controlled?](#)

Video - 8 minutes

From [J. Krishnamurti SA76T7 When you are a light to yourself you are a light to the world](#)

### **Thought/Desire**

[J. Krishnamurti OJ79T2-EX05 What is the relationship between thought and desire?](#)

Video - 10 minutes

From [J. Krishnamurti OJ79T2 What is the relationship between desire, thought and action?](#)

### **Thought/Division**

[J. Krishnamurti BO85T1-EX04 Thought is responsible for division](#)

Video - 3 minutes

From [J. Krishnamurti BO85T1 What is our brain?](#)

### **Thought/Ending**

[J. Krishnamurti SA83T6-EX05 You still have to wash the dishes](#)

Video - 5 minutes

From [J. Krishnamurti SA83T6 Religion and meditation](#)

### **Thought/Fear**

[J. Krishnamurti SD70T2-EX03 Thought brings about fear](#)

Video - 9 minutes

From [J. Krishnamurti SD70T2 Can the human mind be completely free of fear?](#)

## **Thought/Image**

[J. Krishnamurti BR78T2-EX03 Trouble begins when thought makes an image](#)

Video - 5 minutes

From [J. Krishnamurti BR78T2 How is one to have complete order?](#)

[J. Krishnamurti BR80T2-EX06 Why does thought create images?](#)

Video - 8 minutes

From [J. Krishnamurti BR80T2 Can the brain transform itself?](#)

## **Thought/Insight**

[J. Krishnamurti BR78S7-EX05 Insight into thought](#)

Video - 13 minutes

From [J. Krishnamurti BR78S7 What is it that flowers?](#)

## **Thought/Limited**

[J. Krishnamurti SA84T5-EX07 Thought is ever limited](#)

Video - 5 minutes

From [J. Krishnamurti SA84T5 Why do we live with unresolved problems?](#)

## **Thought/Memory**

[J. Krishnamurti AM81T1-EX02 Thought is the response of memory](#)

Video - 10 minutes

From [J. Krishnamurti AM81T1 Thought and time are the root of fear](#)

## **Thought/Problem**

[J. Krishnamurti BR81T1-EX01 Is thought capable of solving our problems?](#)

Video - 7 minutes

From [J. Krishnamurti BR81T1 Thought and the problems of our world](#)

## **Thought/Sacred**

[J. Krishnamurti AM81T2-EX04 What thought creates is not sacred](#)

Video - 7 minutes

From [J. Krishnamurti AM81T2 A religious mind is a very factual mind](#)

## **Thought/Security**

[J. Krishnamurti SA77T1-EX03 Thought seeks security in what it creates](#)

Video - 2 minutes

From [J. Krishnamurti SA77T1 What are we seeking?](#)

[J. Krishnamurti SA79T4-EX04 Thought hopes to find security](#)

Video - 7 minutes

From [J. Krishnamurti SA79T4 Can goodness, love and truth be born of discipline?](#)

## Thought/Stopping

[J. Krishnamurti BR76CTM6-EX07 When thought stops](#)

Video - 1 minute

From [J. Krishnamurti BR76CTM6 Any form of image prevents the beauty of relationship](#)

[J. Krishnamurti BR78S4-EX05 Can thought stop?](#)

Video - 3 minutes

From [J. Krishnamurti BR78S4 Observing fear as it happens](#)

## Thought/Time

[J. Krishnamurti BR7879CBS4-EX02 Thought and time](#)

Video - 13 minutes

From [J. Krishnamurti BR7879CBS4 What is truth?](#)

[J. Krishnamurti SA84T4-EX09 Are thought and time necessary?](#)

Video - 6 minutes

From [J. Krishnamurti SA84T4 Ending disorder now](#)

## Time

[J. Krishnamurti BR84SBR1-EX05 What is time, apart from chronological?](#)

Video - 11 minutes

From [J. Krishnamurti BR84SBR1 What is thought?](#)

[J. Krishnamurti MA8485Q1-WQ03 Is not psychological time a fact?](#)

Video - 25 minutes

From [J. Krishnamurti MA8485Q1 1st Question & Answer Meeting](#)

[J. Krishnamurti RA85T2-EX08 Tomorrow is now](#)

Video - 9 minutes

From [J. Krishnamurti RA85T2 All time is contained now](#)

[J. Krishnamurti SA77T7-EX05 Time is movement](#)

Video - 9 minutes

From [J. Krishnamurti SA77T7 A movement which is timeless](#)

[J. Krishnamurti SA81Q1-WQ03 On psychological time, conflict and sorrow](#)

Video - 21 minutes

From [J. Krishnamurti SA81Q1 1st Question & Answer Meeting](#)

[J. Krishnamurti SA81Q3-WQ06 Would you speak further on time, measure and space?](#)

Video - 22 minutes

From [J. Krishnamurti SA81Q3 3rd Question & Answer Meeting](#)

[J. Krishnamurti SA85Q3-WQ02 On time and death](#)

Video - 13 minutes

From [J. Krishnamurti SA85Q3 3rd Question & Answer Meeting](#)

[J. Krishnamurti BR85T2-EX02 Can this repetitive cycle end?](#)

Video - 10 minutes

From [J. Krishnamurti BR85T2 The relationship of time and thought to fear](#)

[J. Krishnamurti BR85T2-EX03 The future is now](#)

Video - 10 minutes

From [J. Krishnamurti BR85T2 The relationship of time and thought to fear](#)

[J. Krishnamurti WA85T1-EX07 What is time?](#)

Video - 7 minutes

From [J. Krishnamurti WA85T1 In the present is the whole of time](#)

[J. Krishnamurti BO85T2-EX03 Time is the past, present and future](#)

Video - 6 minutes

From [J. Krishnamurti BO85T2 Thought and time are always together](#)

[J. Krishnamurti OJBR80CB9-EX06 Can the time element not exist?](#)

Video - 8 minutes

From [J. Krishnamurti OJBR80CB9 Senility and the brain cells](#)

[J. Krishnamurti OJBR80CB10-EX06 Is it possible for time to end?](#)

Video - 5 minutes

From [J. Krishnamurti OJBR80CB10 Cosmic order](#)

[J. Krishnamurti OJBR80CB12-EX02 Can I be free of time?](#)

Video - 5 minutes

From [J. Krishnamurti OJBR80CB12 The intelligence of love](#)

[J. Krishnamurti OJBR80CB9-EX04 Breaking the pattern of time](#)

Video - 10 minutes

From [J. Krishnamurti OJBR80CB9 Senility and the brain cells](#)

[J. Krishnamurti SA76T6-EX01 We think time is necessary](#)

Video - 10 minutes

From [J. Krishnamurti SA76T6 Can attachment, belief, experience, knowledge, end now?](#)

## **Time/Death**

[J. Krishnamurti BR80T4-EX03 Time and death](#)

Video - 10 minutes

From [J. Krishnamurti BR80T4 Religion, death and meditation](#)

[J. Krishnamurti SA76T6-EX02 Putting a stop to time is death](#)

Video - 7 minutes

From [J. Krishnamurti SA76T6 Can attachment, belief, experience, knowledge, end now?](#)

## **Time/Ending**

[J. Krishnamurti BR78T4-EX04 Can the movement of time end?](#)

Video - 9 minutes

From [J. Krishnamurti BR78T4 The beginning of meditation](#)

[J. Krishnamurti BR79T2-EX01 Can the whole movement of time come to an end?](#)

Video - 4 minutes

From [J. Krishnamurti BR79T2 Is thought the instrument of right action?](#)

## **Time/Fear**

[J. Krishnamurti MA8384T2-EX03 What relationship has time to fear?](#)

Video - 12 minutes

From [J. Krishnamurti MA8384T2 What relationship has time to fear?](#)

## **Time/Knowledge**

[J. Krishnamurti BR80T2-EX04 Knowledge is the movement of time](#)

Video - 4 minutes

From [J. Krishnamurti BR80T2 Can the brain transform itself?](#)

## **Time/Now**

[J. Krishnamurti SA84T1-EX04 All time is contained in the now](#)

Video - 11 minutes

From [J. Krishnamurti SA84T1 If all time is now, what is action?](#)

## **Time/Psychological**

[J. Krishnamurti SA79T1-EX02 Psychological time](#)

Video - 7 minutes

From [J. Krishnamurti SA79T1 Is there a way out of the crisis in the world?](#)

[J. Krishnamurti OJBR80CB12-EX01 Does psychological time exist?](#)

Video - 4 minutes

From [J. Krishnamurti OJBR80CB12 The intelligence of love](#)

## **Timeless**

[J. Krishnamurti SA77T7-EX07 A movement that is timeless](#)

Video - 9 minutes

From [J. Krishnamurti SA77T7 A movement which is timeless](#)

## **To be**

[J. Krishnamurti BR80T2-EX05 We are always seeking to be](#)

Video - 9 minutes

From [J. Krishnamurti BR80T2 Can the brain transform itself?](#)

## **Tomorrow**

[J. Krishnamurti SA79T1-EX03 Is there a tomorrow at all?](#)

Video - 12 minutes

From [J. Krishnamurti SA79T1 Is there a way out of the crisis in the world?](#)

[J. Krishnamurti BR79T4-EX01 Can you be free of the idea of tomorrow?](#)

Video - 8 minutes

From [J. Krishnamurti BR79T4 Meditation, the timeless and love](#)

[J. Krishnamurti NY71T4-EX05 Is there a tomorrow?](#)  
Video - 5 minutes  
From [J. Krishnamurti NY71T4 Can the mind become quiet?](#)

## **Tradition**

[J. Krishnamurti OJ83T1-EX07 There is nothing left of tradition](#)  
Video - 1 minute  
From [J. Krishnamurti OJ83T1 Thought and knowledge are limited](#)

[J. Krishnamurti BR78S7-EX02 The trap of tradition](#)  
Video - 6 minutes  
From [J. Krishnamurti BR78S7 What is it that flowers?](#)

## **Transformation**

[J. Krishnamurti MA8081Q1-WQ04 On transformation](#)  
Video - 5 minutes  
From [J. Krishnamurti MA8081Q1 1st Question & Answer Meeting](#)

[J. Krishnamurti SD74CA6-EX01 What place has knowledge in transformation?](#)  
Video - 4 minutes  
From [J. Krishnamurti SD74CA6 The nature and total eradication of fear](#)

## **Transformation/Psychological**

[J. Krishnamurti SA77T4-EX03 A radical psychological transformation](#)  
Video - 5 minutes  
From [J. Krishnamurti SA77T4 Does compassion flower in the field of desire?](#)

## **Tribalism**

[J. Krishnamurti SA84T3-EX02 Tribalism](#)  
Video - 5 minutes  
From [J. Krishnamurti SA84T3 Thought and the divisive process](#)

## **Trouble**

[J. Krishnamurti OJ81Q2-EX01 Why do we go to somebody if we are in trouble?](#)  
Video - 1 minute  
From [J. Krishnamurti OJ81Q2 2nd Question & Answer Meeting](#)

## **Truth**

[J. Krishnamurti BO85Q2-SQ01 What is true and what is false?](#)  
Video - 5 minutes  
From [J. Krishnamurti BO85Q2 2nd Question & Answer Meeting](#)

[J. Krishnamurti BR80Q2-WQ07 On supreme truth and mankind's behaviour](#)  
Video - 6 minutes  
From [J. Krishnamurti BR80Q2 2nd Question & Answer Meeting](#)

[J. Krishnamurti BR85Q2-WQ01 Is there a faculty to see that there is no path to truth outside myself?](#)

Video - 21 minutes

From [J. Krishnamurti BR85Q2 2nd Question & Answer Meeting](#)

[J. Krishnamurti OJ82Q3-WQ04 Won't we find truth through service to humanity?](#)

Video - 12 minutes

From [J. Krishnamurti OJ82Q3 3rd Question & Answer Meeting](#)

[J. Krishnamurti OJ84Q1-WQ04 On perceiving truth and not acting](#)

Video - 5 minutes

From [J. Krishnamurti OJ84Q1 1st Question & Answer Meeting](#)

[J. Krishnamurti SA80Q5-WQ07 Are there different paths to truth?](#)

Video - 7 minutes

From [J. Krishnamurti SA80Q5 5th Question & Answer Meeting](#)

[J. Krishnamurti BR85IRF-EX01 There is no path to truth](#)

Video - 6 minutes

From [J. Krishnamurti BR85IRF The role of a flower](#)

[J. Krishnamurti MA82DSG-EX06 The germ of truth](#)

Video - 7 minutes

From [J. Krishnamurti MA82DSG Is it possible for the brain to act totally?](#)

[J. Krishnamurti SA83T4-EX04 Truth has to be found, not told](#)

Video - 8 minutes

From [J. Krishnamurti SA83T4 What is supreme intelligence?](#)

[J. Krishnamurti SA82T5-EX06 Truth is instantaneous](#)

Video - 9 minutes

From [J. Krishnamurti SA82T5 What is it to listen, to learn and to observe?](#)

## **Truth/(Story)**

[J. Krishnamurti SA81Q2-EX02 The boy who left home to search for truth](#)

Video - 2 minutes

From [J. Krishnamurti SA81Q2 2nd Question & Answer Meeting](#)

[J. Krishnamurti BR84SBR3-EX01 The judge who meditated for 25 years](#)

Video - 1 minute

From [J. Krishnamurti BR84SBR3 Can thought come to an end?](#)

[J. Krishnamurti SA78D2-EX03 The disciple who could walk on water](#)

Video - 2 minutes

From [J. Krishnamurti SA77T7 A movement which is timeless](#)

[J. Krishnamurti BR84Q1-EX02 A man finds truth on the road](#)

Video - 2 minutes

From [J. Krishnamurti BR84Q1 1st Question & Answer Meeting](#)



## **Truth/Experience**

[J. Krishnamurti BR81S4-EX04 Truth cannot be experienced](#)

Video - 7 minutes

From [J. Krishnamurti BR81S4 You are humanity](#)

## **Truth/Listening**

[J. Krishnamurti BR81CPJ2-EX03 If you listen to the truth, a seed is planted](#)

Video - 12 minutes

From [J. Krishnamurti BR81CPJ2 Living with death](#)

## **Truth/Organisation/(Story)**

[J. Krishnamurti BR83Q2-EX03 The story of the devil and the fragment of truth](#)

Video - 1 minute

From [J. Krishnamurti BR83Q2 2nd Question & Answer Meeting](#)

## **Understanding**

[J. Krishnamurti BR85Q1-WQ04 Does asking for guidance necessarily prevent understanding?](#)

Video - 14 minutes

From [J. Krishnamurti BR85Q1 1st Question & Answer Meeting](#)

[J. Krishnamurti MA8182Q2-WQ04 What do you mean by 'Give your life to understand life'?](#)

Video - 4 minutes

From [J. Krishnamurti MA8182Q2 2nd Question & Answer Meeting](#)

[J. Krishnamurti OJ85Q2-EX01 What are the barriers that prevent us from understanding?](#)

Video - 21 minutes

From [J. Krishnamurti OJ85Q2 2nd Question & Answer Meeting](#)

## **Understanding/Oneself**

[J. Krishnamurti LS84S2-EX01 Unless I understand myself I may be deceiving myself](#)

Video - 9 minutes

From [J. Krishnamurti LS84S2 Creation comes out of meditation](#)

[J. Krishnamurti LS84S2-EX02 How do I understand myself?](#)

Video - 10 minutes

From [J. Krishnamurti LS84S2 Creation comes out of meditation](#)

[J. Krishnamurti OJ79T1-EX05 When you understand yourself you understand human nature](#)

Video - 8 minutes

From [J. Krishnamurti OJ79T1 Living in goodness](#)

## **United Nations/(Story)**

[J. Krishnamurti OJ85T2-EX01 The United Nations official](#)

Video - 2 minutes

From [J. Krishnamurti OJ85T2 A crisis in our consciousness](#)

## **Universe/Cause**

[J. Krishnamurti BR81S1-EX04 The universe has no cause; we have causes](#)

Video - 6 minutes

From [J. Krishnamurti BR81S1 Immediate change](#)

## **Vanity/Arrogance**

[J. Krishnamurti SA79T6-EX01 Vanity and arrogance](#)

Video - 9 minutes

From [J. Krishnamurti SA79T6 Intelligence, love, and compassion](#)

## **Victim/Predator**

[J. Krishnamurti OJ82Q4-WQ03 On becoming a victim or a predator](#)

Video - 9 minutes

From [J. Krishnamurti OJ82Q4 4th Question & Answer Meeting](#)

## **Violence**

[J. Krishnamurti BR82Q2-WQ04 On reacting while witnessing aggression](#)

Video - 2 minutes

From [J. Krishnamurti BR82Q2 2nd Question & Answer Meeting](#)

[J. Krishnamurti BR82Q2-WQ05 Is there an awareness which will meet the world's violence?](#)

Video - 7 minutes

From [J. Krishnamurti BR82Q2 2nd Question & Answer Meeting](#)

[J. Krishnamurti BR85Q2-WQ03 On aggression and psychological attacks from a relative](#)

Video - 11 minutes

From [J. Krishnamurti BR85Q2 2nd Question & Answer Meeting](#)

[J. Krishnamurti OJ80Q2-WQ02 What is right action with regard to violence?](#)

Video - 18 minutes

From [J. Krishnamurti OJ80Q2 2nd Question & Answer Meeting](#)

[J. Krishnamurti OJ81Q4-WQ07 How do I deal with my deep-rooted violence?](#)

Video - 11 minutes

From [J. Krishnamurti OJ81Q4 4th Question & Answer Meeting](#)

[J. Krishnamurti SA85Q2-WQ02 Would you allow a friend to be attacked in front of you?](#)

Video - 6 minutes

From [J. Krishnamurti SA85Q2 2nd Question & Answer Meeting](#)

[J. Krishnamurti BR83T4-EX01 The majority of people are violent](#)

Video - 2 minutes

From [J. Krishnamurti BR83T4 What kind of brain is needed for meditation?](#)

[J. Krishnamurti BR85T3-EX02 We are violent people](#)

Video - 7 minutes

From [J. Krishnamurti BR85T3 The relationship of freedom to self-interest](#)

[J. Krishnamurti OJ80T1-EX03 Human beings are violent](#)

Video - 4 minutes

From [J. Krishnamurti OJ80T1 Can we think together about the crisis we are facing?](#)

[J. Krishnamurti BO85T1-EX05 Facing violence](#)

Video - 2 minutes

From [J. Krishnamurti BO85T1 What is our brain?](#)

### **Violence/Freedom**

[J. Krishnamurti BR77D1-EX01 Is it possible to be free from violence?](#)

Video - 10 minutes

From [J. Krishnamurti BR77D1 Is there such a thing as love?](#)

### **Violence/Looking**

[J. Krishnamurti SD70T1-EX03 How do I look at violence?](#)

Video - 4 minutes

From [J. Krishnamurti SD70T1 How does one learn about oneself?](#)

### **Violence/Society**

[J. Krishnamurti OJ83T1-EX04 If we are violent, so is society](#)

Video - 1 minute

From [J. Krishnamurti OJ83T1 Thought and knowledge are limited](#)

### **Violence/Watching**

[J. Krishnamurti BR77D2-EX04 Watching violence](#)

Video - 4 minutes

From [J. Krishnamurti BR77D2 Why is your mind chattering?](#)

### **Wanting**

[J. Krishnamurti MA8485T2-EX08 I don't want anything](#)

Video - 6 minutes

From [J. Krishnamurti MA8485T2 Can thought give human beings security?](#)

### **War**

[J. Krishnamurti SD71DYP1-SQ02 What to do when there's a military draft?](#)

Video - 7 minutes

From [J. Krishnamurti SD71DYP1 Can human beings radically bring about in themselves a psychological revolution?](#)

[J. Krishnamurti US84FJCC-EX02 On war](#)

Video - 1 minute

From [J. Krishnamurti US84FCC The challenge of change](#)

[J. Krishnamurti SA81T5-EX09 We are ready for another war](#)

Video - 2 minutes

From [J. Krishnamurti SA81T5 Can the brain be totally free?](#)

[J. Krishnamurti SA82Q2-EX01 Why does war exist at all?](#)

Video - 1 minute

From [J. Krishnamurti SA82Q2 2nd Question & Answer Meeting](#)

[J. Krishnamurti MA8485T2-EX01 Seeking security in a nation creates war](#)

Video - 8 minutes

From [J. Krishnamurti MA8485T2 Can thought give human beings security?](#)

## **War/Peace**

[J. Krishnamurti NY66T4-SQ03 To have peace we must live peacefully](#)

Audio - 3 minutes

From a full recording not yet on YouTube

[J. Krishnamurti LO82T2-EX03 We are pursuing war and talking about peace](#)

Video - 2 minutes

From [J. Krishnamurti LO82T2 Order in consciousness](#)

## **Watching/Watcher**

[J. Krishnamurti BR84CMZ3-EX04 There is no watcher in watching](#)

Video - 8 minutes

From [J. Krishnamurti BR84CMZ3 What is religion to you?](#)

## **What is**

[J. Krishnamurti BR76T1-EX02 We don't know what to do with 'what is'](#)

Video - 3 minutes

From [J. Krishnamurti BR76T1 A transformation which implies freedom](#)

[J. Krishnamurti MA8384Q2-WQ02 How can we gather our entire energy to see 'what is'?](#)

Video - 23 minutes

From [J. Krishnamurti MA8384Q2 2nd Question & Answer Meeting](#)

[J. Krishnamurti SA77T5-EX03 Movement away from 'what is'](#)

Video - 8 minutes

From [J. Krishnamurti SA77T5 Is there an action which is without cause and motive?](#)

[J. Krishnamurti SA77T2-EX06 To live with 'what is'](#)

Video - 10 minutes

From [J. Krishnamurti SA77T2 Is there security in psychological authority?](#)

## **Wholeness**

[J. Krishnamurti BR76DSS2.1-EX02 To be whole](#)

Video - 6 minutes

From [J. Krishnamurti BR76DSS2.1 Acting without contradiction](#)

## **Will**

[J. Krishnamurti SA77T7-EX04 Living without will](#)

Video - 4 minutes

From [J. Krishnamurti SA77T7 A movement which is timeless](#)

## **Will/Free**

[J. Krishnamurti BR7879CBS3-EX01 We say free will exists because we can choose](#)

Video - 12 minutes

From [J. Krishnamurti BR7879CBS3 Does free will exist?](#)

## **Wisdom**

[J. Krishnamurti SD74CA18-EX04 Wisdom is the ending of suffering](#)

Video - 2 minutes

From [J. Krishnamurti SD74CA18 Meditation and the sacred mind](#)

[J. Krishnamurti BR70IOH-EX01 Where is wisdom found?](#)

Video - 2 minutes

From a full recording not yet on YouTube

## **Word**

[J. Krishnamurti BR77D2-EX02 Are we caught in words?](#)

Video - 7 minutes

From [J. Krishnamurti BR77D2 Why is your mind chattering?](#)

[J. Krishnamurti SA77T3-EX06 The word is never the thing](#)

Video - 6 minutes

From [J. Krishnamurti SA77T3 What is the relationship of clarity to compassion?](#)

## **Working/Together**

[J. Krishnamurti OJBR80CB15-EX03 It is important that human beings work together](#)

Video - 5 minutes

From [J. Krishnamurti OJBR80CB15 Can human problems be solved?](#)

## **World**

[J. Krishnamurti SM72T1-EX01 This world of chaos](#)

Video - 3 minutes

From [J. Krishnamurti SM72T1 To act instantly is to see actually 'what is'](#)

[J. Krishnamurti OJ81Q2-EX02 The modern world is making people strange](#)

Video - 1 minute

From [J. Krishnamurti OJ81Q2 2nd Question & Answer Meeting](#)

[J. Krishnamurti OJ83T1-EX01 Look at the whole world](#)

Video - 1 minute

From [J. Krishnamurti OJ83T1 Thought and knowledge are limited](#)

## **World/Action**

[J. Krishnamurti BR79S4-EX02 What is one to do in an insane world?](#)

Video - 6 minutes

From [J. Krishnamurti BR79S4 When the illusion of individuality ends](#)

## **Wound**

[J. Krishnamurti BR78S5-EX08 How do I look at my wound?](#)

Video - 15 minutes

From [J. Krishnamurti BR78S5 Pain is the reaction to attachment](#)

[J. Krishnamurti WA85T1-EX04 Most of us are psychologically wounded](#)

Video - 3 minutes

From [J. Krishnamurti WA85T1 In the present is the whole of time](#)

[J. Krishnamurti BR78S5-EX03 Wounds from childhood](#)

Video - 6 minutes

From [J. Krishnamurti BR78S5 Pain is the reaction to attachment](#)

[J. Krishnamurti BR78S5-EX07 You have been wounded as a child](#)

Video - 5 minutes

From [J. Krishnamurti BR78S5 Pain is the reaction to attachment](#)

## **Yoga**

[J. Krishnamurti BR79Q1-WQ02 Will yoga practice bring about a spiritual awakening?](#)

Video - 11 minutes

From [J. Krishnamurti BR79Q1 1st Question & Answer Meeting](#)

[J. Krishnamurti BR79Q1-EX01 On yoga](#)

Video - 3 minutes

From [J. Krishnamurti BR79Q1 1st Question & Answer Meeting](#)

[J. Krishnamurti BR84T4-EX01 Yoga is not just having a beautiful body](#)

Video - 4 minutes

From [J. Krishnamurti BR84T4 The nature, depth and beauty of death](#)

[J. Krishnamurti OJ85T3-EX01 Yoga has become a business](#)

Video - 1 minute

From [J. Krishnamurti OJ85T3 Creation is never ending](#)

## **You are humanity**

[J. Krishnamurti SA83T2-EX05 You are humanity](#)

Video - 7 minutes

From [J. Krishnamurti SA83T2 The function of the brain](#)

## **You are the rest of mankind**

[J. Krishnamurti OJ83CJS-EX07 You are the rest of mankind](#)

Video - 5 minutes

From [J. Krishnamurti OJ83CJS What makes us change?](#)

## **You are the world and the world is you**

[J. Krishnamurti BR78S1-EX05 Do I realise that the world is me?](#)

Video - 13 minutes

From [J. Krishnamurti BR78S1 The art of questioning](#)

[J. Krishnamurti CC82T4-EX01 You are the rest of humanity](#)

Video - 10 minutes

From [J. Krishnamurti CC82T4 Time, death and meditation](#)

[J. Krishnamurti OJ77T1-EX01 You are not different](#)

Video - 7 minutes

From [J. Krishnamurti OJ77T1 An intelligence in which there is complete security](#)

[J. Krishnamurti SA81Q1-WQ02 How can the idea that 'you are the world' be justified?](#)

Video - 12 minutes

From [J. Krishnamurti SA81Q1 1st Question & Answer Meeting](#)

[J. Krishnamurti WA85T1-EX01 You are mankind](#)

Video - 1 minute

From [J. Krishnamurti WA85T1 In the present is the whole of time](#)

[J. Krishnamurti SA81T5-EX03 We are mankind](#)

Video - 1 minute

From [J. Krishnamurti SA81T5 Can the brain be totally free?](#)

[J. Krishnamurti SA77T6-EX03 You are the representative of all humanity](#)

Video - 6 minutes

From [J. Krishnamurti SA77T6 What is it to observe holistically?](#)

## **Youth**

[J. Krishnamurti BR83CB1-EX01 If we were young, what would our life be?](#)

Video - 7 minutes

From [J. Krishnamurti BR83CB1 Is there an action not touched by thought?](#)

# Urgency of Change: The Krishnamurti Podcast

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[Podbean](#)

## Abstraction

### [Ep. 261 - Krishnamurti on Abstraction](#)

Audio Podcast - 64 minutes

#### Summary

'There is no abstraction, there is only 'what is', there is only the seeing. And when you see, you act.'

This episode on Abstraction has three sections.

The first extract (2:35) is from Krishnamurti's first talk in Bombay 1974, and is titled: Abstractions, Conclusions and Ideas.

The second extract (29:02) is from the second talk at Brockwood Park in 1973, and is titled: Why Does the Mind Draw Abstractions?

The final extract in this episode (57:02) is from Krishnamurti's fourth talk in New Delhi 1964, and is titled: Fear Is Not an Abstraction.

#### Other platforms

[\(Apple\) Krishnamurti Podcast - Ep. 261](#)

[\(Spotify\) Krishnamurti Podcast - Ep. 261](#)

[\(YouTube\) Krishnamurti Podcast - Ep. 261](#)

[\(Podbean\) Krishnamurti Podcast - Ep. 261](#)

## Accumulation

### [Ep. 140 - Krishnamurti on Accumulation](#)

Audio Podcast - 74 minutes

#### Summary

'Accumulation is the centre, the 'me', the ego, and to learn about it one must be free of accumulation.'

This week's episode on Accumulation has three sections.

The first extract (2:39) is from Krishnamurti's third talk in Madras 1971, titled 'Learning is a constant movement with no accumulation'.

The second extract (15:30) is from the fifth talk in Saanen 1982, titled 'The accumulating brain is



mechanical'.

The final extract (38:03) in this episode is from Krishnamurti's fifth talk in Madras 1966, titled 'Accumulation leads to inertia'.

#### **Other platforms**

[\(Apple\) Krishnamurti Podcast - Ep. 140](#)  
[\(Spotify\) Krishnamurti Podcast - Ep. 140](#)  
[\(YouTube\) Krishnamurti Podcast - Ep. 140](#)  
[\(Podbean\) Krishnamurti Podcast - Ep. 140](#)

## **Achievement**

### **[Ep. 145 - Krishnamurti on Achievement](#)**

Audio Podcast - 62 minutes

#### **Summary**

'What is it each one of us wants to achieve? More enlightened? To achieve heaven, nirvana or moksha?'

This week's episode on Achievement has five sections.

The first extract (2:39) is from the fourth talk in Saanen 1982, titled 'Is it natural to want to achieve?'

The second extract (16:47) is from Krishnamurti's second talk in New Delhi 1983, titled 'We use time to achieve'.

The third extract (27:45) is from the first question and answer meeting in Madras 1985, titled 'Achievement is the basis of self-interest'.

The fourth extract (38:48) is from the fourth question and answer meeting in Saanen 1980, titled 'Is enlightenment something to be achieved?'

The final extract in this episode (49:49) is from the third talk in Madras 1986, titled 'Achievement in meditation'.

#### **Other platforms**

[\(Apple\) Krishnamurti Podcast - Ep. 145](#)  
[\(Spotify\) Krishnamurti Podcast - Ep. 145](#)  
[\(YouTube\) Krishnamurti Podcast - Ep. 145](#)  
[\(Podbean\) Krishnamurti Podcast - Ep. 145](#)

## **Action**

### **[Ep. 59 - Krishnamurti on Action](#)**

Audio Podcast - 46 minutes

#### **Summary**

This week's podcast has four sections.

The first extract, starting at 2:06, is from Krishnamurti's third talk in Ojai 1984, titled What is action?

The second extract, starting at 7:10, is from the first talk in Amsterdam 1981, titled The cycle of thought and action.

The third extract, starting at 19:24, is from Krishnamurti's first talk at Brockwood Park in 1978, titled Complete, immediate action.

The final extract this week, starting at 41:19, is from the fourth talk in Saanen 1973, titled Intelligent action.

### Other platforms

(Apple) Krishnamurti Podcast - Ep. 59  
(Spotify) Krishnamurti Podcast - Ep. 59  
(YouTube) Krishnamurti Podcast - Ep. 59  
(Podbean) Krishnamurti Podcast - Ep. 59

## Actuality

### Ep. 126 - Krishnamurti on Actuality

Audio Podcast - 70 minutes

#### Summary

'We are not pursuing ideas or ideologies, but facing actuality. In actuality, and going beyond that actuality, is the truth.'

This week's episode on Actuality has four sections.

The first extract (2:47) is from Krishnamurti's first talk in Washington DC, 1985, titled 'We have done everything possible to run from actuality'.

The second extract (20:51) is from the first talk at Brockwood Park in 1974, titled 'Deal with actuality, not ideas'.

The third extract (32:48) is from Krishnamurti's first talk in Saanen 1975, titled 'Awareness of actuality'.

The final extract in this episode (58:53) is from the second talk in Madras 1979, titled 'Is the self an actuality?'

### Other platforms

(Apple) Krishnamurti Podcast - Ep. 126  
(Spotify) Krishnamurti Podcast - Ep. 126  
(YouTube) Krishnamurti Podcast - Ep. 126  
(Podbean) Krishnamurti Podcast - Ep. 126

## Aggression

### Ep. 127 - Krishnamurti on Aggression

Audio Podcast - 77 minutes

#### Summary

'Aggression is the pattern from childhood - the education, our parents and society. Those around me are aggressive and it gives me pleasure. I accept this and become more aggressive'

This week's episode on Aggression has four sections.

The first extract (2:28) is from Krishnamurti's sixth talk in Saanen 1970, titled 'We are conditioned to be aggressive.'

The second extract (12:02) is from the fourth question and answer meeting in Ojai 1980, titled 'The pattern of aggression.'

The third extract (21:17) is from Krishnamurti's first talk at Rajghat 1967, titled 'Looking at aggression as it is.'

The final extract in this episode (1:08:55) is from the fourth talk in New York 1974, titled 'Intelligence is above and beyond aggression.'

### Other platforms

(Apple) Krishnamurti Podcast - Ep. 127  
(Spotify) Krishnamurti Podcast - Ep. 127

[\(YouTube\) Krishnamurti Podcast - Ep. 127](#)  
[\(Podbean\) Krishnamurti Podcast - Ep. 127](#)

## Aloneness

### [Ep. 167 - Krishnamurti on Aloneness](#)

Audio Podcast - 75 minutes

#### Summary

'Aloneness is something entirely different. Only the mind which is alone is not influenceable. This means the mind has understood the principle of pleasure, and therefore nothing can touch it.'

This week's episode on Aloneness has six sections.

The first extract (2:30) is from the second talk in Saanen 1972, titled: It Is Important To Stand Completely Alone.

The second extract (14:39) is from Krishnamurti's thirteenth talk in Ojai 1949, titled: You Must Be Alone To Understand.

The third extract (26:08) is from the third talk in Saanen 1962, titled: The Mind Is Alone When It Has Understood Influence.

The fourth extract (38:52) is from Krishnamurti's third talk in Madras 1964, titled: Aloneness Is Not Loneliness.

The fifth extract (44:35) is from the fourth talk in London 1961, titled: In Aloneness There Is No Fear.

The final extract in this episode (59:46) is from Krishnamurti's sixth talk in Madras 1966, titled: Silence Comes Because There Is Aloneness.

#### Other platforms

[\(Apple\) Krishnamurti Podcast - Ep. 167](#)  
[\(Spotify\) Krishnamurti Podcast - Ep. 167](#)  
[\(YouTube\) Krishnamurti Podcast - Ep. 167](#)  
[\(Podbean\) Krishnamurti Podcast - Ep. 167](#)

## Ambition

### [Ep. 91 - Krishnamurti on Ambition](#)

Audio Podcast - 62 minutes

#### Summary

'Ambition is the same, whether it is in the world or turned towards God.'

This week's episode on Ambition has four sections.

The first extract (2:18) is from Krishnamurti's first talk in London 1962, titled 'Denying ambition totally.'

The second extract (13:46) is from the sixth talk in Saanen 1981, titled 'Where there is ambition, can love exist?'

The third extract (25:52) is from Krishnamurti's first talk at Brockwood Park in 1973, titled 'Ambition is a waste of energy'.

The final extract this week (43:30) is from the ninth talk in Ojai 1949, titled 'Are you free of ambition?'

#### Other platforms

(Apple) Krishnamurti Podcast - Ep. 91  
(Spotify) Krishnamurti Podcast - Ep. 91  
(YouTube) Krishnamurti Podcast - Ep. 91  
(Podbean) Krishnamurti Podcast - Ep. 91

## Analysis

### Ep. 86 - Krishnamurti on Analysis

Audio Podcast - 57 minutes

#### Summary

'Analysis implies a division between the analyser and the analysed, and in that division there is already the root of conflict.'

This week's podcast has three sections.

The first extract (2:24) is from Krishnamurti's third talk in Saanen 1970, titled 'The division between the analyser and the analysed'.

The second extract (31:42) is from the fifth talk in Saanen 1970, titled 'Can analysis end fear?'

The final extract this week (39:02) is from Krishnamurti's fifth talk in Madras 1978, titled 'Analysis is paralysis'.

#### Other platforms

(Apple) Krishnamurti Podcast - Ep. 86  
(Spotify) Krishnamurti Podcast - Ep. 86  
(YouTube) Krishnamurti Podcast - Ep. 86  
(Podbean) Krishnamurti Podcast - Ep. 86

## Anger

### Ep. 67 - Krishnamurti on Anger

Audio Podcast - 48 minutes

#### Summary

This week's episode on Anger has six sections.

The first extract (2:06) is from Krishnamurti's second talk in Rajghat 1967, titled 'Looking at anger totally'.

The second extract (6:26) is from the second discussion in Madras 1971, titled 'Is it possible to be free of irritation?'

The third extract (11:30) is from the first talk in New Delhi 1967, titled 'Being attentive to anger'.

The fourth extract (15:40) is from the second talk in Madras 1971, titled 'An observation of anger without the observer'.

The fifth extract (33:20) is from the second discussion in Saanen 1972, titled 'Anger has no opposite'.

The final extract (45:10) this week is from the second question and answer meeting in Ojai 1980, titled 'Don't respond to anger with anger'.

#### Other platforms

(Apple) Krishnamurti Podcast - Ep. 67  
(Spotify) Krishnamurti Podcast - Ep. 67  
(YouTube) Krishnamurti Podcast - Ep. 67  
(Podbean) Krishnamurti Podcast - Ep. 67

## Anonymity/Creativity

### [Ep. 94 - Krishnamurti on Anonymity and Creativity](#)

Audio Podcast - 62 minutes

#### Summary

'There is great beauty in being totally anonymous. And the whole world is seeking identity, power, position.' This week's episode on Anonymity and Creativity has four sections.

The first extract (2:32) is from Krishnamurti's third question and answer meeting in Ojai 1980, titled 'In anonymity is true creativity.'

The second extract (19:03) is from the fourth talk at Brockwood Park in 1978, titled 'Total anonymity and humility'.

The third extract (28:42) is from Krishnamurti's seventh talk in Saanen 1961, titled 'Creativity and the still mind'.

The final extract this week (45:34) is from the fourth talk in Amsterdam 1968, titled 'Become completely anonymous'.

#### Other platforms

[\(Apple\) Krishnamurti Podcast - Ep. 94](#)

[\(Spotify\) Krishnamurti Podcast - Ep. 94](#)

[\(YouTube\) Krishnamurti Podcast - Ep. 94](#)

[\(Podbean\) Krishnamurti Podcast - Ep. 94](#)

## Artificial Intelligence/Computers

### [Ep. 265 - Krishnamurti on Artificial Intelligence and Computers](#)

Audio Podcast - 64 minutes

#### Summary

'Where there is compassion, there is supreme intelligence. Not the artificial intelligence of a computer, nor the artificial intelligence of thought.'

This episode on Artificial Intelligence and Computers has seven sections.

The first extract (2:33) is from a small group discussion in Ojai 1981, and is titled The Intelligence of Thought Is Also Artificial.

The second extract (8:26) is from the first discussion with scholars at Rajghat in 1985, and is titled: AI Will Include All Human Knowledge.

The third extract (12:19) is from the second discussion with scholars at Rajghat in 1985, and is titled: We Don't Know What Computers Can Do.

The fourth extract (21:43) is from Krishnamurti's sixth talk in Bombay 1981, and is titled: The Computer Is Changing Society.

The fifth extract (31:16) is from the second talk in Saanen 1981, and is titled: We Have Been Programmed Like the Computer.

The sixth extract (44:26) is from Krishnamurti's fourth talk in Bombay 1983, and is titled: What Will Happen When the Computer Can Do Everything We Can?

The final extract in this episode (56:38) is from the fourth talk in Madras 1985, and is titled: Supreme Intelligence.

#### Other platforms

[\(Apple\) Krishnamurti Podcast - Ep. 265](#)

[\(Spotify\) Krishnamurti Podcast - Ep. 265](#)

[\(YouTube\) Krishnamurti Podcast - Ep. 265](#)

## Arts (of)/Looking/Listening/Learning

### Ep. 109 - Krishnamurti on The Arts of Looking, Listening and Learning

Audio Podcast - 79 minutes

#### Summary

'The real meaning of the word 'art' is to put everything in its right place, so that the mind is liberated.'

This week's episode on The arts of looking, listening and learning has five sections.

The first extract (2:46) is from the fourth talk in Ojai 1977, titled 'In the art of listening there is freedom'.

The second extract (11:07) is from Krishnamurti's sixth talk in Madras 1978, titled 'There is a great miracle in listening'.

The third extract (17:19) is from the second talk in Colombo 1980, titled 'Listening to the story of mankind'.

The fourth extract (38:02) is from Krishnamurti's second talk in Bombay 1978, titled 'The art of seeing.'

The final extract in this episode (49:50) is from the tenth talk in Saanen 1966, titled 'The meaning of existence can only be discovered in seeing and listening.'

#### Other platforms

(Apple) Krishnamurti Podcast - Ep. 109

(Spotify) Krishnamurti Podcast - Ep. 109

(YouTube) Krishnamurti Podcast - Ep. 109

(Podbean) Krishnamurti Podcast - Ep. 109

## Attachment

### Ep. 143 - Krishnamurti on Attachment

Audio Podcast - 75 minutes

#### Summary

'Where there is attachment to a problem, to an idea, to an ideal, to a person, to a dogma, to a ritual, to an organisation, there must be corruption.'

This week's episode on Attachment has five sections.

The first extract (2:29) is from Krishnamurti's sixth talk in Saanen 1972, titled 'Why are we attached?'

The second extract (11:04) is from the fifth question and answer meeting in Saanen 1980, titled 'The consequences of attachment'.

The third extract (23:14) is from Krishnamurti's second talk in Saanen 1974, titled 'Attachment is more important than detachment.'

The fourth extract (34:47) is from the third talk in Saanen 1980, titled 'Observing attachment.'

The final extract in this episode (51:25) is from Krishnamurti's sixth talk in Saanen 1978, titled 'The ending of attachment'.

#### Other platforms

(Apple) Krishnamurti Podcast - Ep. 143

[\(Spotify\) Krishnamurti Podcast - Ep. 143](#)  
[\(YouTube\) Krishnamurti Podcast - Ep. 143](#)  
[\(Podbean\) Krishnamurti Podcast - Ep. 143](#)

## Attention/Inattention

### [Ep. 122 - Krishnamurti on Attention and Inattention](#)

Audio Podcast - 64 minutes

#### Summary

'Is there a sustained attention? Of course not. So, it is important to understand why there is inattention.'

This week's episode on Attention and Inattention has five sections.

The first extract (2:41) is from the first question and answer meeting in Bombay 1985, titled 'Why aren't we capable of sustaining attention?'

The second extract (13:53) is from Krishnamurti's first talk at Rajghat in 1967, titled 'What takes place when you give complete attention?'

The third extract (27:08) is from the fourth talk in Bombay 1979, titled 'Awareness of inattention is attention'.

The fourth extract (35:34) is from Krishnamurti's fourth talk in New Delhi 1966, titled 'Extraordinary attention'.

The final extract in this episode (41:59) is from a direct recording by Krishnamurti in Ojai 1983, titled 'Awareness, attention and insight'. This is an exclusive to the podcast and has not been heard before outside of the archives.

#### Other platforms

[\(Apple\) Krishnamurti Podcast - Ep. 122](#)  
[\(Spotify\) Krishnamurti Podcast - Ep. 122](#)  
[\(YouTube\) Krishnamurti Podcast - Ep. 122](#)  
[\(Podbean\) Krishnamurti Podcast - Ep. 122](#)

## Authority

### [Ep. 72 - Krishnamurti on Authority](#)

Audio Podcast - 57 minutes

#### Summary

This week's episode on Authority has five sections.

The first extract (2:11) is from Krishnamurti's second talk in New Delhi 1962, titled 'Breaking down authority'.

The second extract (18:20) is from the fourth talk at Brockwood Park in 1975, titled 'We accept the authority of gurus'.

The third extract (25:12) is from Krishnamurti's third talk in Bombay 1967, titled 'Spiritual authority is an evil thing'.

The fourth extract (43:54) is from the second talk at Brockwood Park in 1971, titled 'Cooperation without authority'.

The final extract this week (50:59) is from Krishnamurti's second talk in Saanen 1970, titled 'Freedom implies the cessation of all authority'.

#### Other platforms

[\(Apple\) Krishnamurti Podcast - Ep. 72](#)  
[\(Spotify\) Krishnamurti Podcast - Ep. 72](#)  
[\(YouTube\) Krishnamurti Podcast - Ep. 72](#)  
[\(Podbean\) Krishnamurti Podcast - Ep. 72](#)

### [Ep. 10 - Krishnamurti with Huston Smith](#)

Audio Podcast - 62 minutes

#### **Summary**

Authority is Destructive.

Huston Smith is widely regarded as one of the world's most influential figures in religious studies. He was professor of philosophy at MIT and later professor of religious studies at Berkeley, where he met with Krishnamurti in 1968. Smith's works include: The Worlds Religions, which has sold more than three million copies, Tales of Wonder, and the PBS television series The Wisdom of Faith.

Subjects in this podcast include:

Is it possible to live with total lucidity in this confused world?

To have clarity, freedom from authority is essential.

To be a light to yourself you must deny every other light, however great that light be.

As long as we accept violence, we perpetuates fear and accept authority.

The moment you ask 'how' you move away from the central fact of learning.

To learn about something you must face it.

At the moment of fear there is neither the observer nor the observed.

Thought can never be free because it is the response of the past.

#### **Other platforms**

[\(Apple\) Krishnamurti Podcast - Ep. 10](#)  
[\(Spotify\) Krishnamurti Podcast - Ep. 10](#)  
[\(YouTube\) Krishnamurti Podcast - Ep. 10](#)  
[\(Podbean\) Krishnamurti Podcast - Ep. 10](#)

## **Awareness**

### [Ep. 73 - Krishnamurti on Awareness](#)

Audio Podcast - 68 minutes

#### **Summary**

This week's episode on Awareness has six sections.

The first extract (2:08) is from Krishnamurti's second question and answer meeting at Brockwood Park in 1982, titled 'What is it to be aware?'

The second extract (8:14) is from the first talk at Brockwood Park in 1970, titled 'Awareness of your conditioning'.

The third extract (27:21) is from Krishnamurti's eighth talk in Saanen 1963, titled 'Choiceless awareness'.

The fourth extract (40:58) is from the sixth talk in Madras 1978, titled 'Can thought be aware of itself?' The fifth extract (46:28) is from Krishnamurti's seventh talk in Saanen 1971, titled 'Awareness of unawareness'.

The final extract this week (56:06) is from the fourth talk in Berkeley 1969, titled 'Awareness in



meditation’.

#### **Other platforms**

(Apple) Krishnamurti Podcast - Ep. 73  
(Spotify) Krishnamurti Podcast - Ep. 73  
(YouTube) Krishnamurti Podcast - Ep. 73  
(Podbean) Krishnamurti Podcast - Ep. 73

## **Beauty**

### **Ep. 77 - Krishnamurti on Beauty**

Audio Podcast - 62 minutes

#### **Summary**

‘Can there be beauty in the external world without understanding the beauty of life in oneself?’

This week’s podcast has five sections, including an exclusive recording made for the book ‘Krishnamurti to Himself’, which has not been heard before, outside of the archives.

The first extract (2:06) is from Krishnamurti’s fifth talk in Saanen 1982, titled ‘What is beauty?’

The second extract (9:22) is from the fourth talk in Saanen in 1985, titled ‘Is it beauty when you are absorbed by something?’

The third extract (27:02) is from Krishnamurti’s fourth talk in Madras 1974, titled ‘The silence of a quiet mind is the essence of beauty’.

The fourth extract (37:18) is from the fourth talk in Ojai 1978, titled ‘Beauty and desire’.

The final extract this week (53:54) is from a recording by Krishnamurti in Ojai 1983, titled ‘A new day has begun, full of beauty’.

#### **Other platforms**

(Apple) Krishnamurti Podcast - Ep. 77  
(Spotify) Krishnamurti Podcast - Ep. 77  
(YouTube) Krishnamurti Podcast - Ep. 77  
(Podbean) Krishnamurti Podcast - Ep. 77

## **Being/Becoming**

### **Ep. 199 - Krishnamurti on Being and Becoming**

Audio Podcast - 62 minutes

#### **Summary**

‘As you observe with attentive passion, that very attention puts an end to becoming, which is of time and thought.’

This week’s episode on Being and Becoming has four sections.

The first extract (2:42) is from Krishnamurti’s third talk in Saanen 1983, titled: Most of Us Want To Become Something.

The second extract (11:16) is from the second talk in Saanen in 1980, titled: Becoming Is the Movement of Thought.

The third extract (31:04) is from Krishnamurti’s second talk in San Francisco 1984, titled: Attention Puts an End To Becoming.

The final extract in this episode (50:19) is from the sixth talk in Madras 1982, titled: In Meditation There Is No Becoming or Being.

#### **Other platforms**

(Apple) Krishnamurti Podcast - Ep. 199  
(Spotify) Krishnamurti Podcast - Ep. 199  
(YouTube) Krishnamurti Podcast - Ep. 199  
(Podbean) Krishnamurti Podcast - Ep. 199

## Belief

### Ep. 203 - Krishnamurti on Belief

Audio Podcast - 75 minutes

#### Summary

'Belief is a projection or an invention of thought. But we are attached to it because it gives a certain feeling of security, however illusory it is.'

This week's episode on Belief has five sections.

The first extract (2:33) is from Krishnamurti's sixth talk in Ojai 1976, titled: Religion Is Not Belief.

The second extract (12:54) is from the second talk in Saanen 1975, titled: Belief Is Incorrect Thinking.

The third extract (19:53) is from Krishnamurti's second talk in Amsterdam 1981, titled: Belief Is Merely a Projection.

The fourth extract (50:30) is from the fourth talk in New Delhi 1982, titled: Is It Possible To Be Free of All Belief?

The final extract in this episode (57:05) is from Krishnamurti's third talk in Ojai 1949, titled: Would We Be Lost Without Beliefs?

#### Other platforms

(Apple) Krishnamurti Podcast - Ep. 203  
(Spotify) Krishnamurti Podcast - Ep. 203  
(YouTube) Krishnamurti Podcast - Ep. 203  
(Podbean) Krishnamurti Podcast - Ep. 203

## Bliss/Ecstasy/Benediction

### Ep. 257 - Krishnamurti on Bliss, Ecstasy and Benediction

Audio Podcast - 77 minutes

#### Summary

'Bliss is not pleasure; ecstasy is not brought about by thought; it is an entirely different thing. And you can only come upon that when you understand the nature of thought.'

This episode on Bliss, Ecstasy and Benediction has five sections.

The first extract (2:47) is from Krishnamurti's second talk in London 1969, and is titled: Bliss Is Not Pleasure.

The second extract (14:15) is from the third talk in San Diego 1970, and is titled: The Bliss of Total Revolution.

The third extract (32:02) is from Krishnamurti's sixth talk in New Delhi 1963, and is titled: Ecstasy in Meditation.

The fourth extract (44:17) is from the sixth talk in Madras 1981, and is titled: The Benediction of Living a Life That Is Whole.

The final extract in this episode (1:01:10) is from the fourth talk in Bombay 1985, and is titled: That

Benediction Is Where You Are.

**Other platforms**

(Apple) Krishnamurti Podcast - Ep. 257  
(Spotify) Krishnamurti Podcast - Ep. 257  
(YouTube) Krishnamurti Podcast - Ep. 257  
(Podbean) Krishnamurti Podcast - Ep. 257

## Brain

### Ep. 171 - Krishnamurti on the Brain

Audio Podcast - 80 minutes

**Summary**

'Here you have the clue or the key: to observe without the old brain responding. When the old brain doesn't respond, there is the quality of a new brain coming into being.'

This week's episode on The Brain has three sections.

The first extract (2:28) is from Krishnamurti's second talk in Saanen 1983, titled: What Is the Function of the Brain?

The second extract (38:16) is from the sixth talk in Madras 1979, titled: Can the Brain Only Register What Is Necessary?

The final extract in this episode (47:27) is from Krishnamurti's seventh talk in Saanen 1970, titled: Can the Brain Be Quiet?

**Other platforms**

(Apple) Krishnamurti Podcast - Ep. 171  
(Spotify) Krishnamurti Podcast - Ep. 171  
(YouTube) Krishnamurti Podcast - Ep. 171  
(Podbean) Krishnamurti Podcast - Ep. 171

## Care

### Ep. 243 - Krishnamurti on Care

Audio Podcast - 59 minutes

**Summary**

'To find out correct action, right action, accurate action, there must be care.'

This week's episode on Care has five sections.

The first extract (2:45) is from Krishnamurti's first talk in Bombay 1964, and is titled: Care: A Little Word with Deep Meaning.

The second extract (9:06) is from Krishnamurti's third talk in New Delhi 1963, and is titled: To See Is to Care.

The third extract (23:05) is from the second discussion in Ojai 1976, and is titled: Right Action Needs Care.

The fourth extract (39:49) is from the second question and answer meeting at Brockwood Park in 1981, and is titled: Does Anybody Care?

The final extract in this episode (52:03) is from Krishnamurti's first talk in Rajghat 1967, and is titled: In Attention There Is Care and Affection.

**Other platforms**

(Apple) Krishnamurti Podcast - Ep. 243  
(Spotify) Krishnamurti Podcast - Ep. 243

[\(YouTube\) Krishnamurti Podcast - Ep. 243](#)  
[\(Podbean\) Krishnamurti Podcast - Ep. 243](#)

## Cause/Effect

### [Ep. 162 - Krishnamurti on Cause and Effect](#)

Audio Podcast - 75 minutes

#### Summary

'When you discover the cause, the effect can be wiped away. But we are always dealing with effects.'

This week's episode on Cause and Effect has four sections.

The first extract (2:43) is from Krishnamurti's second talk at Brockwood Park in 1982, titled: Ending the Cause of Conflict.

The second extract (24:08) is from the third talk in Saanen 1982, titled: The Effect Can Be Ended by Ending the Cause.

The third extract (1:00:40) is from the second question and answer meeting in Saanen 1982, titled: Can You Live Without a Cause?

The final extract in this episode (1:05:56) is from Krishnamurti's sixth talk in Madras 1964, titled: No Effect, No Cause, No Motive.

#### Other platforms

[\(Apple\) Krishnamurti Podcast - Ep. 162](#)  
[\(Spotify\) Krishnamurti Podcast - Ep. 162](#)  
[\(YouTube\) Krishnamurti Podcast - Ep. 162](#)  
[\(Podbean\) Krishnamurti Podcast - Ep. 162](#)

## Change

### [Ep. 57 - Krishnamurti on Change](#)

Audio Podcast - 78 minutes

#### Summary

This week's podcast has five sections.

The first extract, starting at 2:12, is from Krishnamurti's fifth talk in Saanen 1974, titled If you change, humanity changes.

The second extract, starting at 7:37, is from the second question and answer meeting in Madras 1981, titled Why don't we change?

The third extract, starting at 23:06, is from the second talk in Saanen 1973, titled The urgency of change

The fourth extract, starting at 34:13, is from later in the same talk, titled Total transformation

The final extract this week, starting at 1:05:08, is from the third discussion in Saanen 1973, titled Change without ambition.

#### Other platforms

[\(Apple\) Krishnamurti Podcast - Ep. 57](#)  
[\(Spotify\) Krishnamurti Podcast - Ep. 57](#)  
[\(YouTube\) Krishnamurti Podcast - Ep. 57](#)  
[\(Podbean\) Krishnamurti Podcast - Ep. 57](#)

## Chattering

### [Ep. 237 - Krishnamurti on Chattering](#)

Audio Podcast - 60 minutes

#### Summary

Your mind is chattering and your mind is you. When you see the actual truth that you and the chattering are one, all your effort to change it comes to an end. Then what takes place?’

This week’s episode on Chattering has five sections.

The first extract (2:41) is from the fourth question and answer meeting in Ojai 1980, and is titled: Why Does the Mind Chatter?

The second extract (8:47) is from Krishnamurti’s fifth talk in Ojai 1978, and is titled: Chattering Takes Up Space.

The third extract (15:53) is from the first question and answer meeting at Brockwood Park in 1983, and is titled: Ending the Habit of Chattering.

The fourth extract (31:02) is from Krishnamurti’s fourth talk at Brockwood Park in 1979, and is titled: You and the Chattering Mind Are One.

The final extract in this episode (46:36) is from the sixth talk in Ojai 1976, and is titled: The Non-Chattering, Silent Mind.

#### Other platforms

[\(Apple\) Krishnamurti Podcast - Ep. 237](#)

[\(Spotify\) Krishnamurti Podcast - Ep. 237](#)

[\(YouTube\) Krishnamurti Podcast - Ep. 237](#)

[\(Podbean\) Krishnamurti Podcast - Ep. 237](#)

## Choice

### [Ep. 240 - Krishnamurti on Choice](#)

Audio Podcast - 66 minutes

#### Summary

‘A mind that is not clear, a mind that is confused, will inevitably choose. But for a mind that sees very clearly, there is no choice at all.’

This week’s episode on Choice has three sections.

The first extract (2:40) is from Krishnamurti’s fourth talk in New Delhi 1972, and is titled: Choice Implies Duality and Confusion.

The second extract (30:52) is from the third talk in Saanen 1965, and is titled: Choice and the Will to Change.

The final extract in this episode (1:00:52) is from Krishnamurti’s fourth talk at Brockwood Park in 1976, and is titled: Awareness Without Choice.

#### Other platforms

[\(Apple\) Krishnamurti Podcast - Ep. 240](#)

[\(Spotify\) Krishnamurti Podcast - Ep. 240](#)

[\(YouTube\) Krishnamurti Podcast - Ep. 240](#)

[\(Podbean\) Krishnamurti Podcast - Ep. 240](#)

## Civilisation

### [Ep. 281 - Krishnamurti on Civilisation](#)

Audio Podcast - 85 minutes

#### Summary

'Trapped in this peculiar culture and civilisation, how am I to fundamentally change, and what is involved in this change?'

This episode on Civilisation has three sections.

The first extract (2:42) is from Krishnamurti's second talk in Saanen 1973, and is titled: Civilisation Conditions Us.

The second extract (40:51) is from the second small group discussion in Rome 1972, and is titled: Western Civilisation Is Based on Measurement.

The final extract in this episode (48:30) is from Krishnamurti's third talk in Saanen 1973, and is titled: Freedom from the Conditioning of Civilisation.

#### **Other platforms**

[\(Apple\) Krishnamurti Podcast - Ep. 281](#)

[\(Spotify\) Krishnamurti Podcast - Ep. 281](#)

[\(YouTube\) Krishnamurti Podcast - Ep. 281](#)

[\(Podbean\) Krishnamurti Podcast - Ep. 281](#)

## **Clarity**

### **[Ep. 219 - Krishnamurti on Clarity](#)**

Audio Podcast - 64 minutes

#### **Summary**

'Clarity is seeing things as they are; seeing what is, without any opinion; seeing the movement of your mind, observing it very closely, minutely, diligently, without any purpose, without any directive.'

This week's episode on Clarity has two sections.

The first extract (2:51) is from Krishnamurti's third talk in Saanen 1977, titled: Clarity, Skill and Compassion.

The second and final extract in this episode (56:55) is from the sixth talk in Madras 1964, titled: Clarity Is Essential.

#### **Other platforms**

[\(Apple\) Krishnamurti Podcast - Ep. 219](#)

[\(Spotify\) Krishnamurti Podcast - Ep. 219](#)

[\(YouTube\) Krishnamurti Podcast - Ep. 219](#)

[\(Podbean\) Krishnamurti Podcast - Ep. 219](#)

## **Comparison**

### **[Ep. 104 - Krishnamurti on Comparison](#)**

Audio Podcast - 58 minutes

#### **Summary**

Is it possible to live without comparison of any kind, never translating yourself in terms of comparison with another or with an idea or hero?'

This week's episode on Comparison has six sections.

The first extract (2:34) is from Krishnamurti's sixth talk in Saanen 1970, titled 'We are conditioned to compare'.

The second extract (8:27) is from the fourth talk in Bombay 1983, titled 'We are always comparing'.

The third extract (12:42) is from Krishnamurti's fourth talk in Bombay 1967, titled 'Can you live

without comparison?’

The fourth extract (24:44) is from the second talk in Rajghat 1974, titled ‘What happens when there is no comparison?’

The fifth extract (34:28) is from Krishnamurti’s third talk in Ojai 1982, titled ‘Where there is comparison there must be fear’.

The final extract in this episode (46:35) is from the first question and answer meeting in Saanen 1985, titled ‘Why do gurus compare themselves to Krishnamurti?’

#### **Other platforms**

[\(Apple\) Krishnamurti Podcast - Ep. 104](#)  
[\(Spotify\) Krishnamurti Podcast - Ep. 104](#)  
[\(YouTube\) Krishnamurti Podcast - Ep. 104](#)  
[\(Podbean\) Krishnamurti Podcast - Ep. 104](#)

## **Compassion**

### **[Ep. 78 - Krishnamurti on Compassion](#)**

Audio Podcast - 57 minutes

#### **Summary**

‘Compassion means passion for all human beings, animals and nature. How can there be compassion when there is fear or when the mind is constantly pursuing pleasure?’

This week’s podcast has six sections.

The first extract (2:08) is from Krishnamurti’s fourth talk in Madras 1983, titled ‘What is compassion?’.

The second extract (7:02) is from the second talk in San Francisco 1973, titled ‘We have no compassion’

The third extract (15:02) is from Krishnamurti’s second talk at Brockwood Park in 1975, titled ‘The ending of sorrow is the beginning of compassion’.

The fourth extract (29:37) is from the second question and answer meeting at Brockwood Park in 1979, titled ‘Compassion is supreme’.

The fifth extract (34:44) is from Krishnamurti’s third question and answer meeting in Ojai 1982, titled ‘Compassion can only exist when the self is not’.

The final extract this week (46:08) is from the fifth discussion in Saanen 1975, titled ‘Without compassion, the sacred cannot be found’.

#### **Other platforms**

[\(Apple\) Krishnamurti Podcast - Ep. 78](#)  
[\(Spotify\) Krishnamurti Podcast - Ep. 78](#)  
[\(YouTube\) Krishnamurti Podcast - Ep. 78](#)  
[\(Podbean\) Krishnamurti Podcast - Ep. 78](#)

## **Concentration**

### **[Ep. 246 - Krishnamurti on Concentration](#)**

Audio Podcast - 69 minutes

#### **Summary**

‘Though concentration is necessary, meditation involves much more than concentration, or the control of thought.’

This week's episode on Concentration has three sections.

The first extract (2:25) is from the second question and answer meeting in Ojai in 1982, and is titled: Concentration and Attention.

The second extract (18:03) is from Krishnamurti's seventh talk in Saanen 1981, and is titled: Concentration and Control.

The final extract in this episode (44:45) is from the third talk in Claremont 1968, and is titled: Concentration and Meditation.

#### **Other platforms**

[\(Apple\) Krishnamurti Podcast - Ep. 246](#)  
[\(Spotify\) Krishnamurti Podcast - Ep. 246](#)  
[\(YouTube\) Krishnamurti Podcast - Ep. 246](#)  
[\(Podbean\) Krishnamurti Podcast - Ep. 246](#)

## **Conclusions**

### **[Ep. 183 - Krishnamurti on Conclusions](#)**

Audio Podcast - 64 minutes

#### **Summary**

'Distortion exists because you have opinions and conclusions. To observe, the mind must be free to look with no distortion, so that it is fresh to look and to learn.'

This week's episode on Conclusions has three sections.

The first extract (2:58) is from Krishnamurti's first talk in San Francisco 1973, titled: Can the Mind That Functions on Conclusions Be Free?

The second extract (17:15) is from the second talk in Santa Monica 1974, titled: Preventing Conclusions in Relationship.

The final extract in this episode (35:18) is from Krishnamurti's second talk at Brockwood Park in 1973, titled: Why Do We Draw Conclusions?

#### **Other platforms**

[\(Apple\) Krishnamurti Podcast - Ep. 183](#)  
[\(Spotify\) Krishnamurti Podcast - Ep. 183](#)  
[\(YouTube\) Krishnamurti Podcast - Ep. 183](#)  
[\(Podbean\) Krishnamurti Podcast - Ep. 183](#)

## **Conditioning**

### **[Ep. 11 - Conditioning - Krishnamurti with Mary Zimbalist 1](#)**

Audio Podcast - 31 minutes

#### **Summary**

Mary Zimbalist was Krishnamurti's assistant from the 1960s until his death in 1986. Her unfinished memoirs chronicling her time with Krishnamurti are online free of charge, and in the book *In the Presence of Krishnamurti*, which is available on our website [kfoundation.org](http://kfoundation.org).

This conversation with Krishnamurti was recorded in 1984. Topics covered include:  
Can the brain be free from all the programming it has received?

Is this possible through watching the very activity of thought?

Watchfulness makes the brain extraordinarily acute, sharp and clear. This clarity is freedom.

#### **Other platforms**

[\(Apple\) Krishnamurti Podcast - Ep. 11](#)



[\(Spotify\) Krishnamurti Podcast - Ep. 11](#)  
[\(YouTube\) Krishnamurti Podcast - Ep. 11](#)  
[\(Podbean\) Krishnamurti Podcast - Ep. 11](#)

### [Ep. 97 - Krishnamurti on Conditioning](#)

Audio Podcast - 62 minutes

#### **Summary**

'Can the mind be aware of the content of its conditioning only, and not try to go beyond it?'

This week's episode on Conditioning has two sections.

The first extract (2:24) is from Krishnamurti's second talk in Saanen 1973, titled 'Freeing the mind from the web of conditioning'.

The second and final extract (51:25) is from the seventh talk in Saanen 1981, titled 'Can one specialise yet function wholly?'

#### **Other platforms**

[\(Apple\) Krishnamurti Podcast - Ep. 97](#)  
[\(Spotify\) Krishnamurti Podcast - Ep. 97](#)  
[\(YouTube\) Krishnamurti Podcast - Ep. 97](#)  
[\(Podbean\) Krishnamurti Podcast - Ep. 97](#)

### [Ep. 8 - Krishnamurti with Iris Murdoch 2](#)

Audio Podcast - 42 minutes

#### **Summary**

Second conversation with Iris Murdoch: What do we mean by conditioning?

Iris Murdoch was a Booker prize winning novelist and philosopher. Her many books include The Bell, The Black Prince, and The Sea.

In this second conversation, Krishnamurti and Iris Murdoch look at why we are fragmented, how our way of thinking and acting is comparatively like the rest of mankind, and that we are the rest of humanity mankind because we all suffer. Krishnamurti states that when there is love, there is truth and beauty.

#### **Other platforms**

[\(Apple\) Krishnamurti Podcast - Ep. 8](#)  
[\(Spotify\) Krishnamurti Podcast - Ep. 8](#)  
[\(YouTube\) Krishnamurti Podcast - Ep. 8](#)  
[\(Podbean\) Krishnamurti Podcast - Ep. 8](#)

## **Conflict**

### [Ep. 47 - We live in conflict with everything - Krishnamurti with Linda Strawn](#)

Audio Podcast - 99 minutes

#### **Summary**

Linda Strawn was a presenter at Pacifica Radio. This conversation with Krishnamurti was recorded in Ojai, California in 1984. Topics include:

Is it possible to look at the external and internal simultaneously?

Why does the brain immediately create images when meeting someone?

Is there security psychologically?

Is it possible to uncondition the brain?

As long as you are conditioned, do what you will outwardly, nothing is going to change man.

I see nationalism is a danger, so I move away from danger.

Our brains are occupied all the time and so our energy is limited.

If you change, deeply, profoundly, it affects the consciousness of man.

Psychologically, do not depend on anybody.

#### **Other platforms**

[\(Apple\) Krishnamurti Podcast - Ep. 47](#)

[\(Spotify\) Krishnamurti Podcast - Ep. 47](#)

[\(YouTube\) Krishnamurti Podcast - Ep. 47](#)

[\(Podbean\) Krishnamurti Podcast - Ep. 47](#)

### **Ep. 93 - Krishnamurti on Conflict**

Audio Podcast - 68 minutes

#### **Summary**

'Where there is division there must be conflict. That is a law, and we all know this.'

This week's episode on Conflict has four sections.

The first extract (2:32) is from Krishnamurti's second question and answer meeting in Ojai 1981, titled 'Where there is division there is conflict.'

The second extract (28:51) is from the fifth talk in Saanen 1977, titled 'Is it possible to live without conflict?'

The third extract (39:02) is from Krishnamurti's first talk at Brockwood Park in 1984, titled 'Is thought the cause of conflict?'

The final extract this week (52:00) is from the third question and answer meeting in Saanen 1981, titled 'The root of conflict in relationship.'

#### **Other platforms**

[\(Apple\) Krishnamurti Podcast - Ep. 93](#)

[\(Spotify\) Krishnamurti Podcast - Ep. 93](#)

[\(YouTube\) Krishnamurti Podcast - Ep. 93](#)

[\(Podbean\) Krishnamurti Podcast - Ep. 93](#)

## **Conformity**

### **Ep. 186 - Krishnamurti on Conformity**

Audio Podcast - 65 minutes

#### **Summary**

Only when we are free of conformity can we find out what is original, essential, true. Unless we find that out, we will always live a counterfeit, second-hand life of imitation.'

This week's episode on Conformity has four sections.

The first extract (2:43) is from Krishnamurti's third talk in Madras 1964, titled: Most of Us Live a Life of Conformity.

The second extract (16:54) is from Krishnamurti's fifth talk in Saanen 1965, titled: To What Extent Can Conformity Be Ended?

The third extract (37:23) is from Krishnamurti's third talk in Ojai 1973, titled: Are We Educated To Conform?

The final extract in this episode (44:20) is from the second talk in Saanen 1970, titled: Freedom from Conformity.

#### **Other platforms**

(Apple) Krishnamurti Podcast - Ep. 186  
(Spotify) Krishnamurti Podcast - Ep. 186  
(YouTube) Krishnamurti Podcast - Ep. 186  
(Podbean) Krishnamurti Podcast - Ep. 186

## Confusion

### [Ep. 54 - Krishnamurti on Confusion](#)

Audio Podcast - 64 minutes

#### **Summary**

This week's podcast has two sections.

This first, longer, extract (starting at 2:16) is from Krishnamurti's third talk in New York 1966, titled Action born of confusion leads to more confusion.

The second, shorter, extract (starting at 1:00:40) is from the fourth talk in Madras 1970, titled Confusion tells its own story.

#### **Other platforms**

(Apple) Krishnamurti Podcast - Ep. 54  
(Spotify) Krishnamurti Podcast - Ep. 54  
(YouTube) Krishnamurti Podcast - Ep. 54  
(Podbean) Krishnamurti Podcast - Ep. 54

## Consciousness

### [Ep. 58 - Krishnamurti on Consciousness](#)

Audio Podcast - 62 minutes

#### **Summary**

This week's podcast has four sections.

The first extract, starting at 2:07, is from Krishnamurti's first talk in Saanen 1981, titled Consciousness is common to all mankind.

The second extract, starting at 20:51, is from the fourth talk at Brockwood Park 1977, titled Observing consciousness.

The third extract, starting at 38:06, is from the third talk in Bangalore 1974, titled What happens to consciousness when one dies?

The final extract this week, starting at 55:14, is from the fourth talk in New York 1974, titled The emptying of consciousness.

#### **Other platforms**

(Apple) Krishnamurti Podcast - Ep. 58  
(Spotify) Krishnamurti Podcast - Ep. 58  
(YouTube) Krishnamurti Podcast - Ep. 58  
(Podbean) Krishnamurti Podcast - Ep. 58

### [Ep. 17 - The circus of man's struggle - Krishnamurti with Alain Naude 1](#)

Audio Podcast - 60 minutes

#### **Summary**

Alain Naude was Krishnamurti's private secretary in the 1960s. He met Krishnamurti in 1963 whilst a music lecturer at Pretoria University and a professional concert pianist. He gave up his teaching and performing in 1964 to work with Krishnamurti. Fluent in several languages, he was very helpful at international gatherings and in attracting younger audiences to Krishnamurti's talks at a time of cultural change in the West.

This conversation with Krishnamurti was recorded in Malibu, California in 1972 and begins by

asking: Why do we divide the world as the human being and the divine?

When I realise that my consciousness is the consciousness of the world, and the consciousness of the world is me, whatever change takes place in me affects the whole of consciousness.

Can human consciousness undergo a radical change?

To find out if there is something beyond this consciousness I must understand the content of consciousness.

The mind must go beyond itself.

Do we realise that the observer is the content itself? If there is no thought, there is no thinker.

If the observer is the observed, what is the nature of change in consciousness? Will is not the factor of change.

Radical revolution in consciousness takes place when there is no conflict at all.

#### **Other platforms**

[\(Apple\) Krishnamurti Podcast - Ep. 17](#)

[\(Spotify\) Krishnamurti Podcast - Ep. 17](#)

[\(YouTube\) Krishnamurti Podcast - Ep. 17](#)

[\(Podbean\) Krishnamurti Podcast - Ep. 17](#)

#### **Ep. 253 - Krishnamurti on Emptying Consciousness**

Audio Podcast - 72 minutes

##### **Summary**

'Meditation is the emptying of the content of consciousness, which is consciousness. That is the meaning and the depth of meditation: the emptying of all the content, which means thought coming to an end.'

This episode on Emptying Consciousness has four sections.

The first extract (2:45) is from Krishnamurti's third talk at Brockwood Park in 1973, and is titled: What is Consciousness?

The second extract (11:15) is from the fifth discussion in Saanen 1975, and is titled: Freedom Implies Emptying Consciousness of Its Content.

The third extract (29:44) is from Krishnamurti's sixth talk in Ojai 1977, and is titled: Emptying Consciousness Means Thought Ending.

The final extract in this episode (42:36) is from the seventh talk in Saanen 1974, and is titled: Meditation Is the Emptying of Consciousness.

#### **Other platforms**

[\(Apple\) Krishnamurti Podcast - Ep. 253](#)

[\(Spotify\) Krishnamurti Podcast - Ep. 253](#)

[\(YouTube\) Krishnamurti Podcast - Ep. 253](#)

[\(Podbean\) Krishnamurti Podcast - Ep. 253](#)

#### **Ep. 44 - Can we live without the burden of a thousand yesterdays? - Krishnamurti with Pupul Jayakar 6**

Audio Podcast - 68 minutes

##### **Summary**

This second conversation between Krishnamurti and Pupul Jayakar from 1982 was recorded at Brockwood Park. They ask:

Is it possible to keep the mind very young, and yet ancient?

What is consciousness?

Is it possible to completely end the whole content of my consciousness, of human consciousness, which has grown through millennia?

Can the brain ever be free from its own bondage?

Is it possible to look at life as a whole, without fragmentation?

Pupul Jayakar, was a trustee of Krishnamurti Foundation India, and for decades was a friend of Krishnamurti's. She helped publish many of his books in India, along with writing a biography which was published soon after his death. Her other books include The Earth Mother, The Buddha, and God is Not a Full-Stop.

#### **Other platforms**

[\(Apple\) Krishnamurti Podcast - Ep. 44](#)

[\(Spotify\) Krishnamurti Podcast - Ep. 44](#)

[\(YouTube\) Krishnamurti Podcast - Ep. 44](#)

[\(Podbean\) Krishnamurti Podcast - Ep. 44](#)

## **Continuity**

### **[Ep. 236 - Krishnamurti on Continuity](#)**

Audio Podcast - 81 minutes

#### **Summary**

'The desire for continuity is the way of time, and time breeds fear; and thought as time dreads death.'

This week's episode on Continuity has five sections.

The first extract (2:42) is from Krishnamurti's sixth talk in Madras 1979, and is titled: We Seek Safety in Continuity.

The second extract (19:02) is from the sixth talk in Bombay 1962, and is titled: Thinking Establishes Continuity.

The third extract (31:44) is from Krishnamurti's fourth talk in Ojai 1985, and is titled: Is There a Continuity at All?

The fourth extract (48:51) is from the fifth talk in Madras 1976, and is titled: The Ending of Continuity.

The final extract in this episode (1:03:09) is from Krishnamurti's tenth talk in Saanen 1964, and is titled: Continuity and the Eternal.

#### **Other platforms**

[\(Apple\) Krishnamurti Podcast - Ep. 236](#)

[\(Spotify\) Krishnamurti Podcast - Ep. 236](#)

[\(YouTube\) Krishnamurti Podcast - Ep. 236](#)

[\(Podbean\) Krishnamurti Podcast - Ep. 236](#)

## **Contradiction**

### **[Ep. 157 - Krishnamurti on Contradiction](#)**

Audio Podcast - 70 minutes

#### **Summary**

'If there is no becoming, no attempting to be something, then there is no sense of fear. Then there is no contradiction, no lie in us at any level, consciously or unconsciously.'

This week's episode on Contradiction has three sections.

The first extract (2:46) is from Krishnamurti's thirteenth talk in Ojai 1949, titled: Why Is There Contradiction in Ourselves?

The second extract (18:03) is from the fifth talk in Paris 1965, titled: The Ending of Contradiction.

The final extract in this episode (1:00:28) is from a direct recording by Krishnamurti in Ojai 1984, titled: Contradiction Between the Outer and the Inner. This recording is previously unreleased.

#### **Other platforms**

[\(Apple\) Krishnamurti Podcast - Ep. 157](#)  
[\(Spotify\) Krishnamurti Podcast - Ep. 157](#)  
[\(YouTube\) Krishnamurti Podcast - Ep. 157](#)  
[\(Podbean\) Krishnamurti Podcast - Ep. 157](#)

## **Control**

### **[Ep. 181 - Krishnamurti on Control](#)**

Audio Podcast - 78 minutes

#### **Summary**

'Who is the controller whom all the time exercises authority to control? Who is the controller? Are they different from the controlled?'

This week's episode on Control has two sections.

The first extract (2:35) is from Krishnamurti's second talk in Saanen 1971, titled: Does Control Bring Order?

The second and final extract in this episode (47:11) is from the fourth talk in Madras 1973, titled: Is It Possible To Live Without Control?

#### **Other platforms**

[\(Apple\) Krishnamurti Podcast - Ep. 181](#)  
[\(Spotify\) Krishnamurti Podcast - Ep. 181](#)  
[\(YouTube\) Krishnamurti Podcast - Ep. 181](#)  
[\(Podbean\) Krishnamurti Podcast - Ep. 181](#)

## **Cooperation**

### **[Ep. 231 - Krishnamurti on Cooperation](#)**

Audio Podcast - 69 minutes

#### **Summary**

'We cannot live without cooperation. Life is relationship; life is cooperation. You and I cannot exist without cooperation, but to cooperate there must be freedom.'

This week's episode on Cooperation has eight sections.

The first extract (2:43) is from Krishnamurti's sixth talk in Madras 1965, and is titled: The Only Cooperation We Know.

The second extract (11:06) is from the sixth talk in Saanen 1968, and is titled: Cooperation Needs Humility.

The third extract (15:21) is from the first discussion at Brockwood Park in 1974, and is titled: Thought Prevents Cooperation.

The fourth extract (18:43) is from Krishnamurti's first talk in Bombay 1964, and is titled: To Cooperate Is To Care.

The fifth extract (25:00) is from the seventh talk in Bombay 1964, and is titled: Freedom to Cooperate.

The sixth extract (33:22) is from Krishnamurti's fourth talk in Madras 1964, and is titled: Cooperation and Passion.

The seventh extract (44:53) is from the sixth talk in New Delhi 1963, and is titled: The World Needs Cooperation.

The final extract in this episode (54:01) is from Krishnamurti's seventh talk in Madras 1964, and is titled: Aloneness Is a State of Cooperation.

#### **Other platforms**

[\(Apple\) Krishnamurti Podcast - Ep. 231](#)

[\(Spotify\) Krishnamurti Podcast - Ep. 231](#)

[\(YouTube\) Krishnamurti Podcast - Ep. 231](#)

[\(Podbean\) Krishnamurti Podcast - Ep. 231](#)

## **Creation**

### **[Ep. 209 - Krishnamurti on Creation](#)**

Audio Podcast - 78 minutes

#### **Summary**

'There cannot be compassion and love without death, which is the ending of everything. Then there is creation.'

This week's episode on Creation has three sections.

The first extract (2:39) is from the first question and answer meeting in Saanen 1985, titled: What is Creation?

The second extract (17:15) is from Krishnamurti's talk at Los Alamos in 1984, titled: Creation Can Only Take Place When Thought Is Silent.

The final extract in this episode (1:03:16) is from the ninth talk in Saanen 1961, titled: Destruction Is Creation.

#### **Other platforms**

[\(Apple\) Krishnamurti Podcast - Ep. 209](#)

[\(Spotify\) Krishnamurti Podcast - Ep. 209](#)

[\(YouTube\) Krishnamurti Podcast - Ep. 209](#)

[\(Podbean\) Krishnamurti Podcast - Ep. 209](#)

## **Crisis**

### **[Ep. 131 - Krishnamurti on Crisis](#)**

Audio Podcast - 58 minutes

#### **Summary**

'The crisis is not in economics, politics or religion. The crisis is in our consciousness.'

This week's episode on Crisis has four sections.

The first extract (2:26) is from Krishnamurti's second talk in Ojai 1985, titled 'Where is the crisis?'

The second extract (6:30) is from the fourth talk in Ojai 1981, titled 'The crisis must be answered'.

The third extract (28:15) is from Krishnamurti's first talk in Ojai 1981, titled 'To understand the crisis, we must be aware of thought'.

The final extract in this episode (50:12) is from the fifth talk in Bombay 1964, titled 'Facing a crisis inactively'.

#### **Other platforms**

(Apple) Krishnamurti Podcast - Ep. 131  
(Spotify) Krishnamurti Podcast - Ep. 131  
(YouTube) Krishnamurti Podcast - Ep. 131  
(Podbean) Krishnamurti Podcast - Ep. 131

## **Culture**

### **Ep. 188 - Krishnamurti on Culture**

Audio Podcast - 69 minutes

#### **Summary**

'What is it that brings about a culture totally different from the mechanistic culture we have accepted for thousands of years?'

This week's episode on Culture has five sections.

The first extract (2:24) is from Krishnamurti's sixth talk in Ojai 1982, titled: What Is Culture?

The second extract (9:45) is from the second talk in Saanen 1973, titled: Trapped in This Culture, How Am I To Change?

The third extract (22:58) is from Krishnamurti's fourth talk in Saanen 1973, titled: Our Culture Is Based on Pleasure.

The fourth extract (48:07) is from the third talk in Saanen 1971, titled: Culture Has Conditioned the Observer.

The final extract in this episode (1:01:58) is from Krishnamurti's third talk in Saanen 1973, titled: Intelligence Has Nothing To Do With Culture.

#### **Other platforms**

(Apple) Krishnamurti Podcast - Ep. 188  
(Spotify) Krishnamurti Podcast - Ep. 188  
(YouTube) Krishnamurti Podcast - Ep. 188  
(Podbean) Krishnamurti Podcast - Ep. 188

## **Death**

### **Ep. 34 - Living with death - Krishnamurti with Pupul Jayakar 4**

Audio Podcast - 63 minutes

#### **Summary**

This conversation from 1981 between Krishnamurti and Pupul Jayakar looks at ending and death. What is ending? The mind cannot enter into a totally new dimension if there is a shadow of memory. If the movement of thought ends, consciousness as we know it is not. Thought is the enemy of compassion. What significance has death? Have we seen the meaning of death, the extraordinary beauty of ending something?

Pupul Jayakar, was a trustee of Krishnamurti Foundation India, and for decades was a friend of Krishnamurti's. She helped publish many of his books in India, along with writing a biography which was published soon after his death. Her other books include The Earth Mother, The Buddha and God is Not a Full-Stop.

#### **Other platforms**

(Apple) Krishnamurti Podcast - Ep. 34  
(Spotify) Krishnamurti Podcast - Ep. 34  
(YouTube) Krishnamurti Podcast - Ep. 34  
(Podbean) Krishnamurti Podcast - Ep. 34



## Ep. 48 - Is death a matter of continuity, or ending? - Krishnamurti with Ravi Ravindra

Audio Podcast - 68 minutes

### Summary

This conversation between Krishnamurti and Ravi Ravindra was recorded in Ojai, California, in 1985. The inquiry includes:

What do we mean by energy?

The brain has tremendous energy.

Is it possible for me to know what happens when I die, without inventing theories?

Is all I have collected different from the 'I'?

The world is in disorder and 99% of people are disorderly.

We rarely ask what death is. What does it mean to die? How do you find out?

Ravi Ravindra was born in India and later moved to Canada. He holds a Ph.D. in physics and an M.A. in philosophy, and is professor of Comparative Religion at Dalhousie University in Nova Scotia. He met Krishnamurti in the 1960s and the two met formally and informally over the years. Among his many books, *Two Birds on One Tree* and *Centred Self*, focussing on his time with Krishnamurti.

### Other platforms

[\(Apple\) Krishnamurti Podcast - Ep. 48](#)

[\(Spotify\) Krishnamurti Podcast - Ep. 48](#)

[\(YouTube\) Krishnamurti Podcast - Ep. 48](#)

[\(Podbean\) Krishnamurti Podcast - Ep. 48](#)

## Ep. 79 - Krishnamurti on Death

Audio Podcast - 80 minutes

### Summary

'Why have we put death at the far end of one's life? Because we cling to what is known, and death is unknown.'

This week's podcast has five sections.

The first extract (2:12) is from Krishnamurti's sixth talk in Ojai 1981, titled 'What is the meaning of death?'

The second extract (11:36) is from the fourth talk in Madras 1985, titled 'Living with death'.

The third extract (31:30) is from Krishnamurti's second question and answer meeting in Saanen 1982, titled 'What is it that dies?'

The fourth extract (42:34) is from the third talk at Brockwood Park in 1975, titled 'What is immortality?'

The final extract this week (1:03:54) is an exclusive to this podcast, never being heard before outside of the archives. It is from a direct recording by Krishnamurti in 1984, titled 'The extraordinary simplicity of dying.'

### Other platforms

[\(Apple\) Krishnamurti Podcast - Ep. 79](#)

[\(Spotify\) Krishnamurti Podcast - Ep. 79](#)

[\(YouTube\) Krishnamurti Podcast - Ep. 79](#)

[\(Podbean\) Krishnamurti Podcast - Ep. 79](#)

## Dependence

### [Ep. 114 - Krishnamurti on Dependence](#)

Audio Podcast - 64 minutes

#### Summary

‘Seeing the whole structure and nature of dependence and how it makes the mind stupid, dull, and inactive, seeing of the totality of it, frees the mind.’

This week’s episode on Dependence has five sections.

The first extract (2:46) is from Krishnamurti’s second talk in Saanen 1967, titled ‘We all depend on something.’

The second extract (27:40) is from the second question and answer meeting in Saanen 1980, titled ‘Dependence in relationship.’

The third extract (44:58) is from the second question and answer meeting at Brockwood Park in 1985, titled ‘Where do we draw the line of dependency?’

The fourth extract (53:56) is from the second question and answer meeting at Brockwood Park in 1980, titled ‘Depending on others to understand.’

The final extract (59:59) in this episode is from the second question and answer meeting in Madras 1985, titled ‘Independence is necessary.’

#### Other platforms

[\(Apple\) Krishnamurti Podcast - Ep. 114](#)

[\(Spotify\) Krishnamurti Podcast - Ep. 114](#)

[\(YouTube\) Krishnamurti Podcast - Ep. 114](#)

[\(Podbean\) Krishnamurti Podcast - Ep. 114](#)

## Depression/Anxiety

### [Ep. 238 - Krishnamurti on Depression and Anxiety](#)

Audio Podcast - 75 minutes

#### Summary

‘I have anxiety and I have projected a state of not being anxious. To arrive at that state, I think I need time. But I never ask: Can this anxiety be changed immediately?’

This week’s episode on Depression & Anxiety has five sections.

The first extract (2:42) is from Krishnamurti’s first talk in Paris 1966, and is titled: We Separate Ourselves From Anxiety.

The second extract (16:32) is from the first question and answer meeting in Saanen 1983, and is titled: Love, Loneliness, Depression and Anxiety.

The third extract (30:12) is from Krishnamurti’s second talk at Brockwood Park in 1984, and is titled: Everyone in the World Goes Through Depression and Anxiety.

The fourth extract (44:34) is from the second talk in Saanen 1980, and is titled: Can Anxiety Be Analysed?

The final extract in this episode (56:06) is from Krishnamurti’s fourth talk at Brockwood Park in 1980, and is titled: The End of Anxiety.

#### Other platforms

[\(Apple\) Krishnamurti Podcast - Ep. 238](#)

[\(Spotify\) Krishnamurti Podcast - Ep. 238](#)

[\(YouTube\) Krishnamurti Podcast - Ep. 238](#)

[\(Podbean\) Krishnamurti Podcast - Ep. 238](#)

## Desire

### [Ep. 210 - Krishnamurti on Desire](#)

Audio Podcast - 67 minutes

#### Summary

'Desire for a car, desire for a woman or man, desire for position, desire for money, desire for enlightenment, are all on the same level.'

This week's episode on Desire has four sections.

The first extract (2:39) is from Krishnamurti's third talk in Bombay 1979, titled: What Is Desire?

The second extract (18:05) is from the fifth talk in Saanen 1979, titled: Is Desire Responsible For Fear?

The third extract (34:52) is from Krishnamurti's second talk in Ojai 1979, titled: Desire's Right Place.

The final extract in this episode (50:16) is from the fourth talk in Bombay 1984, titled: Meditation Has Nothing To Do With Desire.

#### Other platforms

[\(Apple\) Krishnamurti Podcast - Ep. 210](#)

[\(Spotify\) Krishnamurti Podcast - Ep. 210](#)

[\(YouTube\) Krishnamurti Podcast - Ep. 210](#)

[\(Podbean\) Krishnamurti Podcast - Ep. 210](#)

## Dialogue

### [Ep. 111 - Krishnamurti on Dialogue](#)

Audio Podcast - 58 minutes

#### Summary

If a question is left in the air, it is like a rose bud that gradually unfolds to show its nature and depth; it has its own vitality, energy and drive. That is a dialogue, not just accepting or rejecting what the other is saying.'

This week's episode on Dialogue has five sections.

The first extract (2:34) is from the first discussion in Saanen 1976, titled 'What does a dialogue imply?'

The second extract (6:15) is from the third discussion in Saanen 1979, titled 'Good relationship in dialogue'.

The third extract (9:18) is from Krishnamurti's third talk in Bombay 1978, titled 'Don't get caught in words'.

The fourth extract (15:34) is from the fourth talk in Bombay 1984, titled 'In dialogue you and I disappear and only the question remains'.

The final extract in this episode (21:18) is from the first discussion at Brockwood Park in 1977, titled 'A dialogue with oneself'.

#### Other platforms

[\(Apple\) Krishnamurti Podcast - Ep. 111](#)

[\(Spotify\) Krishnamurti Podcast - Ep. 111](#)

[\(YouTube\) Krishnamurti Podcast - Ep. 111](#)

[\(Podbean\) Krishnamurti Podcast - Ep. 111](#)

## Discipline

### [Ep. 173 - Krishnamurti on Discipline](#)

Audio Podcast - 73 minutes

#### **Summary**

'Is happiness found through discipline? By practising a certain rule, a certain discipline, a mode of conduct, are you ever free?'

This week's episode on Discipline has three sections.

The first extract (2:40) is from Krishnamurti's fifth talk in Ojai 1949, titled: Why Do We Discipline Ourselves?

The second extract (25:19) is from the fourth talk in Bombay 1964, titled: Discipline Means to Learn.

The final extract in this episode (46:08) is from Krishnamurti's sixth talk in Ojai 1949, titled: Discipline in Meditation.

#### **Other platforms**

[\(Apple\) Krishnamurti Podcast - Ep. 173](#)

[\(Spotify\) Krishnamurti Podcast - Ep. 173](#)

[\(YouTube\) Krishnamurti Podcast - Ep. 173](#)

[\(Podbean\) Krishnamurti Podcast - Ep. 173](#)

## Discontent

### [Ep. 195 - Krishnamurti on Discontent](#)

Audio Podcast - 76 minutes

#### **Summary**

'The flame of discontent, because it has no outlet, because it has no object in which it can fulfil itself, becomes great passion.'

This week's episode on Discontent has five sections.

The first extract (2:45) is from Krishnamurti's first talk in Rishi Valley 1967, titled: Discontent Is One Thing, Revolt Another.

The second extract (15:13) is from the second talk at Brockwood Park in 1980, titled: Discontent Is Good.

The third extract (23:38) is from the third question and answer meeting in Saanen 1980, titled: Discontent Without a Cause.

The fourth extract (46:36) is from Krishnamurti's fifth talk in Saanen 1977, titled: The Tremendous Flame of Discontent.

The final extract in this episode (1:01:33) is from the seventh talk in New Delhi 1964, titled: Total Discontent.

#### **Other platforms**

[\(Apple\) Krishnamurti Podcast - Ep. 195](#)

[\(Spotify\) Krishnamurti Podcast - Ep. 195](#)

[\(YouTube\) Krishnamurti Podcast - Ep. 195](#)

[\(Podbean\) Krishnamurti Podcast - Ep. 195](#)

## Disorder

### [Ep. 229 - Krishnamurti on Disorder](#)

Audio Podcast - 77 minutes

#### Summary

'Disorder implies conflict, conflict in our behaviour, conflict outwardly, conflict between nationalities, between classes, between vested interests, religiously or in business. So that is our life: great disorder.'

This week's episode on Disorder has four sections.

The first extract (2:52) is from Krishnamurti's first talk in New York 1974, and is titled: Disorder is Spreading Across the World.

The second extract (34:45) is from the fourth talk in Madras 1981, and is titled: Thought Is the Origin of Disorder.

The third extract (49:38) is also from Krishnamurti's fourth talk in Madras 1981, and is titled: Why Don't We See the Danger of Disorder?

The final extract in this episode (1:03:53) is from the sixth talk in Bombay 1982, titled: Total Perception of Disorder.

#### Other platforms

[\(Apple\) Krishnamurti Podcast - Ep. 229](#)

[\(Spotify\) Krishnamurti Podcast - Ep. 229](#)

[\(YouTube\) Krishnamurti Podcast - Ep. 229](#)

[\(Podbean\) Krishnamurti Podcast - Ep. 229](#)

## Division

### [Ep. 208 - Krishnamurti on Division](#)

Audio Podcast - 72 minutes

#### Summary

'There is division between the Jew and the Arab, between the Hindu and the Muslim, between various forms of ideologies. Wherever there is a division, inwardly and outwardly, there must be not only conflict and struggle, but war.'

This week's episode on Division has three sections.

The first extract (2:43) is from Krishnamurti's talk in Rome 1973, titled: Where There Is Division There Is Always Conflict.

The second extract (16:36) is from the second talk in Ojai 1977, titled: Why Do We Live in Division?

The final extract in this episode (34:08) is from Krishnamurti's third talk in Madras 1983, titled: Time Is Division.

#### Other platforms

[\(Apple\) Krishnamurti Podcast - Ep. 208](#)

[\(Spotify\) Krishnamurti Podcast - Ep. 208](#)

[\(YouTube\) Krishnamurti Podcast - Ep. 208](#)

[\(Podbean\) Krishnamurti Podcast - Ep. 208](#)

## Doubt

### [Ep. 152 - Krishnamurti on Doubt](#)

Audio Podcast - 57 minutes

#### Summary

'Most of us so easily accept things, especially in religious and so-called spiritual matters, where authority assumes it knows and that you don't know. But it is necessary to discover what truth is, and for this there must be doubt.'

This week's episode on Doubt has three sections.

The first extract (2:45) is from Krishnamurti's seventh talk in Saanen 1980, titled: Doubting Is Not the Same as Rejecting.

The second extract (29:38) is from the six talk in Ojai 1982, titled: Doubt Is a Great Purifier.

The final extract in this episode (39:27) is from the forth talk at Brockwood Park in 1974, titled: Doubt Is Necessary to Have No Illusion.

#### **Other platforms**

[\(Apple\) Krishnamurti Podcast - Ep. 152](#)

[\(Spotify\) Krishnamurti Podcast - Ep. 152](#)

[\(YouTube\) Krishnamurti Podcast - Ep. 152](#)

[\(Podbean\) Krishnamurti Podcast - Ep. 152](#)

## **Drugs**

### **Ep. 279 - Krishnamurti on Drugs**

Audio Podcast - 65 minutes

#### **Summary**

'Drugs don't alter your boredom, a drug doesn't end your sorrow. You may escape for the time being, but there is still sorrow.'

This episode on Drugs has six sections.

The first extract (2:42) is from Krishnamurti's first talk in Amsterdam 1971, and is titled: Why Do You Take Drugs?

The second extract (8:39) is from a discussion with students in Ojai 1966, and is titled: Taking Drugs Is Nothing New.

The third extract (17:24) is from Krishnamurti's fourth talk at Brockwood Park in 1971, and is titled: Can Drugs Reveal the Whole of Consciousness?

The fourth extract (28:32) is from Krishnamurti's fourth talk in Saanen 1971, and is titled: Dependency on Drugs.

The fifth extract (38:49) is from Krishnamurti's fourth talk in Santa Monica 1971, and is titled: Drugs Are an Impediment to Inquiry.

The final extract in this episode (55:49) is from the fourth talk in San Diego 1970, and is titled: Live a Beautiful Life Without Taking Drugs.

#### **Other platforms**

[\(Apple\) Krishnamurti Podcast - Ep. 279](#)

[\(Spotify\) Krishnamurti Podcast - Ep. 279](#)

[\(YouTube\) Krishnamurti Podcast - Ep. 279](#)

[\(Podbean\) Krishnamurti Podcast - Ep. 279](#)

## **Duality**

### **Ep. 248 - Krishnamurti on Duality**

Audio Podcast - 65 minutes

#### **Summary**

'There is no duality, only the fact. But when we want to get over the fact, we create duality.'

This week's episode on Duality has four sections.

The first extract (2:28) is from Krishnamurti's fifth talk in Bombay 1966, and is titled: What Is

Duality?

The second extract (24:15) is from the fourth talk in New Delhi 1983, and is titled: Is There Such Thing As Duality?

The third extract (32:41) is from Krishnamurti's second talk in Bombay 1984, and is titled: The Conflict of Duality.

The final extract in this episode (52:43) is from a talk in Rome 1973, and is titled: Observation Without Duality.

#### **Other platforms**

[\(Apple\) Krishnamurti Podcast - Ep. 248](#)

[\(Spotify\) Krishnamurti Podcast - Ep. 248](#)

[\(YouTube\) Krishnamurti Podcast - Ep. 248](#)

[\(Podbean\) Krishnamurti Podcast - Ep. 248](#)

## **Education**

### **Ep. 45 - On education - Krishnamurti interviewed by Fred Hall**

Audio Podcast - 45 minutes

#### **Summary**

This interview with Krishnamurti was recorded for television in Ojai 1975, in the context of the foundation of The Oak Grove School. Questions asked include:

You are working toward the realisation of a new school in the Ojai Valley. Why another school?

Would you mind explaining the words: 'whole', 'sane' and 'holy'?

You say a school is a place where one learns both the importance of knowledge and its irrelevance. Can you explain 'irrelevance'?

I'd like to ask you about three more words: 'thought', 'love', 'death'.

You have travelled far and spoken often and have been heard by millions, and you have created several schools. Do you feel that you have made a dent, that you have communicated meaningfully with large numbers of people?

Fred Hall was editor of Ojai Valley News and a radio pioneer. He was known for his interviews with famous musicians, bandleaders and singers of the 1930s, '40s and '50s. He lived Ojai for over 40 years and his newspaper often featured articles on Krishnamurti.

#### **Other platforms**

[\(Apple\) Krishnamurti Podcast - Ep. 45](#)

[\(Spotify\) Krishnamurti Podcast - Ep. 45](#)

[\(YouTube\) Krishnamurti Podcast - Ep. 45](#)

[\(Podbean\) Krishnamurti Podcast - Ep. 45](#)

### **Ep. 62 - Krishnamurti on Education**

Audio Podcast - 50 minutes

#### **Summary**

This week's episode on Education has four sections.

The first extract (2:07) is from Krishnamurti's discussion Ojai 1985, titled 'Why are we educated?'

The second extract (12:29) is from the fifth question and answer meeting in Saanen 1980, titled 'Education is cooperative'.

The third extract (18:23) is from the first question and answer meeting Madras 1981, titled 'Teaching is the highest profession'.

The final extract this week (29:29) is from the second question and answer meeting in Saanen 1983, titled 'What is right education?'

#### **Other platforms**

(Apple) Krishnamurti Podcast - Ep. 62  
(Spotify) Krishnamurti Podcast - Ep. 62  
(YouTube) Krishnamurti Podcast - Ep. 62  
(Podbean) Krishnamurti Podcast - Ep. 62

## **Education/Schools**

### **Ep. 151 - Krishnamurti on Krishnamurti Schools**

Audio Podcast - 61 minutes

#### **Summary**

'We saw the necessity of a new school. The meaning of the word 'school' is leisure, leisure in which to learn; and a place where students and teachers can flower as human beings, without fear, without confusion, with great integrity.'

This week's episode on Krishnamurti Schools has six sections.

The first extract (2:39) is from the first question and answer meeting at Brockwood Park in 1980, titled: Why do you have schools and foundations?

The second extract (9:30) is from the first question and answer meeting at Brockwood Park in 1981, titled: Do your schools create an elite atmosphere?

The third extract (18:36) is from the third question and answer meeting in Ojai 1982, titled: Why do people object to Krishnamurti schools?

The fourth extract (36:03) is from the second question and answer meeting at Brockwood Park in 1984, titled: Do your schools give students an understanding of the total human problem?

The fifth extract (45:50) is from a public discussion in Ojai 1975, titled: Can teachers and students uncondition themselves?

The final extract in this episode (51:22) is from Krishnamurti's fourth talk in Saanen 1974, titled: Can we end violence in our children?

#### **Other platforms**

(Apple) Krishnamurti Podcast - Ep. 151  
(Spotify) Krishnamurti Podcast - Ep. 151  
(YouTube) Krishnamurti Podcast - Ep. 151  
(Podbean) Krishnamurti Podcast - Ep. 151

## **Education/Teaching**

### **Ep. 177 - Krishnamurti on Teaching**

Audio Podcast - 60 minutes

#### **Summary**

'Teaching is the highest profession in the world. The highest profession because teachers are responsible for the future generation.'

This week's episode on Teaching has three sections.

The first extract (2:34) is from the first question and answer meeting in Madras 1981, titled: Teaching Is the Highest Profession.

The second extract (15:42) is from the third discussion in Ojai 1977, titled: What Is the Function of a Teacher?



The final extract in this episode (53:08) is from Krishnamurti's first talk at Rajghat in 1964, titled: No Teacher Can Help You.

#### **Other platforms**

(Apple) Krishnamurti Podcast - Ep. 177  
(Spotify) Krishnamurti Podcast - Ep. 177  
(YouTube) Krishnamurti Podcast - Ep. 177  
(Podbean) Krishnamurti Podcast - Ep. 177

## **Effort**

### **Ep. 138 - Krishnamurti on Effort**

Audio Podcast - 65 minutes

#### **Summary**

'All effort implies resistance, all effort implies contradiction, all effort involves an idea separate from action; and hence our daily lives are in contradiction.'

This week's episode on Effort has four sections.

The first extract (2:53) is from Krishnamurti's second talk in Madras 1964, titled 'Why do we make effort?'

The second extract (17:15) is from the sixth talk in Saanen 1965, titled 'Effort implies conformity.'

The third extract (29:04) is from Krishnamurti's second talk in New Delhi 1964 titled, 'Is it possible to live without effort?'

The final extract (38:30) in this episode is from the seventh talk in Saanen 1981, titled 'Does meditation require effort?'

#### **Other platforms**

(Apple) Krishnamurti Podcast - Ep. 138  
(Spotify) Krishnamurti Podcast - Ep. 138  
(YouTube) Krishnamurti Podcast - Ep. 138  
(Podbean) Krishnamurti Podcast - Ep. 138

## **Ego**

### **Ep. 27 -Is there a permanent ego? - Krishnamurti with Alain Naude 3**

Audio Podcast - 51 minutes

#### **Summary**

Alain Naude was Krishnamurti's private secretary in the 1960s. He met Krishnamurti in 1963 whilst a music lecturer at Pretoria University and a professional concert pianist. He gave up his teaching and performing in 1964 to work with Krishnamurti. Fluent in several languages, he was very helpful at international gatherings and in attracting younger audiences to Krishnamurti's talks at a time of cultural change in the West.

This conversation with Krishnamurti was recorded in Malibu, California in 1972 and begins by asking whether there is a permanent 'me'?

Unless I am free from the vulgar, I will continue representing the whole vulgarity of humanity.

I lead the usual life, along the small river, following that current. I am that current and 'the me' is bound to continue in that stream, with millions of others. I am not different from those millions of others.

When you say, 'My brother is dead,' and ask whether he is still living, as a separate consciousness, I question whether he was ever separate from the stream.

If there was a permanent self, it would be of this stream. Realising that I am like the rest of the world, that there is no 'me' separate, I can incarnate only if I step out of the stream.

Change takes place away from the stream; in the stream there is no change.

What happens if you step out of the stream? The stepping out is the incarnation.

When one steps out of the stream, one has compassion.

#### **Other platforms**

[\(Apple\) Krishnamurti Podcast - Ep. 27](#)  
[\(Spotify\) Krishnamurti Podcast - Ep. 27](#)  
[\(YouTube\) Krishnamurti Podcast - Ep. 27](#)  
[\(Podbean\) Krishnamurti Podcast - Ep. 27](#)

## **Emotion/Sentimentality**

### **[Ep. 61 - Krishnamurti on Emotion and Sentimentality](#)**

Audio Podcast - 64 minutes

#### **Summary**

This week's episode on Emotion and Sentimentality has eight sections.

The first extract (2:10) is from Krishnamurti's fifth talk in Saanen 1976, titled 'Emotions are natural, healthy, normal'.

The second extract (5:25) is from the third discussion in Saanen 1976, titled 'Emotion untouched by thought'.

The third extract (14:06) is from the fourth talk in Saanen 1970, titled 'Thought divides intellect and emotion'.

The fourth extract (23:17) is from the third discussion in Saanen 1971, titled 'Watching without thought or emotion'.

The fifth extract (30:45) is from the second talk in Saanen 1984, titled 'Health without emotional strain'.

The sixth extract (39:50) is from the second question and answer meeting in Madras 1981, titled 'Looking at emotion anew'.

The seventh extract (49:02) is from the third talk in New York 1974, titled 'Sentimental people are violent'.

The final extract (53:10) this week is from the fifth discussion in Saanen 1975, titled 'Compassion has no sentimentality'.

#### **Other platforms**

[\(Apple\) Krishnamurti Podcast - Ep. 61](#)  
[\(Spotify\) Krishnamurti Podcast - Ep. 61](#)  
[\(YouTube\) Krishnamurti Podcast - Ep. 61](#)  
[\(Podbean\) Krishnamurti Podcast - Ep. 61](#)

## **Emptiness**

### **[Ep. 227 - Krishnamurti on Emptiness](#)**

Audio Podcast - 75 minutes

#### **Summary**

'We must inquire into the question of emptiness. It is an amazingly important question because if

there is no emptiness, no new thing can be.'

This week's episode on Emptiness has five sections.

The first extract (2:23) is from Krishnamurti's third talk in Paris 1965, and is titled: The Two Types of Emptiness.

The second extract (16:42) is from the sixth talk in Saanen 1968, and is titled: What Are We To Do with Emptiness?

The third extract (38:46) is from Krishnamurti's third talk in Saanen 1975, and is titled: Total Perception of Emptiness.

The fourth extract (51:52) in this episode is from the fourth talk in Bombay 1966, and is titled: Emptiness and Space.

The final extract in this episode (1:05:23) is from Krishnamurti's sixth talk in New Delhi 1964, and is titled: In Emptiness Is Energy and Creation.

#### **Other platforms**

[\(Apple\) Krishnamurti Podcast - Ep. 227](#)

[\(Spotify\) Krishnamurti Podcast - Ep. 227](#)

[\(YouTube\) Krishnamurti Podcast - Ep. 227](#)

[\(Podbean\) Krishnamurti Podcast - Ep. 227](#)

## **Ending**

### **[Ep. 201 - Krishnamurti on Ending](#)**

Audio Podcast - 68 minutes

#### **Summary**

'When you end the past, there is not only a new observation but a sense of extraordinary freedom and movement.'

This week's episode, the first in Season 5, is on Ending. It has four sections.

The first extract (2:23) is from Krishnamurti's sixth talk in Saanen 1978, titled: Find Out What It Means to End.

The second extract (21:05) is from the third talk in Saanen 1982, titled: Ending Without a Cause.

The third extract (44:13) is from the second question and answer meeting at Brockwood Park in 1980, titled: The Ending of Thought.

The final extract in this episode (59:40) is from Krishnamurti's sixth talk in Saanen 1976, titled: An Ending With No Beginning.

#### **Other platforms**

[\(Apple\) Krishnamurti Podcast - Ep. 201](#)

[\(Spotify\) Krishnamurti Podcast - Ep. 201](#)

[\(YouTube\) Krishnamurti Podcast - Ep. 201](#)

[\(Podbean\) Krishnamurti Podcast - Ep. 201](#)

## **Energy**

### **[Ep. 112 - Krishnamurti on Energy](#)**

Audio Podcast - 72 minutes

#### **Summary**

The most creative energy has no identification; it comes with freedom, and that energy is creation.'

This week's episode on Energy has six sections.

The first extract (2:35) is from Krishnamurti's second talk in Madras 1986, titled 'What is energy?'

The second extract (16:19) is from the second question and answer meeting in Ojai 1983, titled 'How do we waste energy?'

The third extract (26:46) is from Krishnamurti's fourth talk at Brockwood Park in 1974, titled 'An energy that resolves our problems'.

The fourth extract (38:39) is from the seventh talk in Saanen 1975, titled 'Is there an energy that brings unity?'

The fifth extract (56:07) is from Krishnamurti's eighth talk in New Delhi 1962, titled 'An incorruptible energy'.

The final extract in this episode (1:06:59) is from a direct recording by Krishnamurti in 1984, titled 'Silence builds up great energy'. This is an exclusive to this podcast, having not been previously released.

#### **Other platforms**

[\(Apple\) Krishnamurti Podcast - Ep. 112](#)

[\(Spotify\) Krishnamurti Podcast - Ep. 112](#)

[\(YouTube\) Krishnamurti Podcast - Ep. 112](#)

[\(Podbean\) Krishnamurti Podcast - Ep. 112](#)

## **Enlightenment**

### **Ep. 98 - Krishnamurti on Enlightenment**

Audio Podcast - 76 minutes

#### **Summary**

'Enlightenment is not of time. It is not a process. It is not something that you gradually come to.'

This week's episode on Enlightenment has five sections.

The first extract (2:22) is from the second question and answer meeting in Ojai 1982, titled 'What is enlightenment?'

The second extract (12:51) is from the first question and answer meeting at Brockwood Park in 1980, titled 'The one who says, "I know," does not know'.

The third extract (20:51) is from the fourth question and answer meeting in Saanen 1980, titled 'Is enlightenment a matter of time?'

The fourth extract (34:43) is from the third question and answer meeting in Saanen 1981, titled 'Is enlightenment an experience?'

The final extract (44:30) is from Krishnamurti's sixth talk in Saanen 1979, titled 'A light to oneself'.

#### **Other platforms**

[\(Apple\) Krishnamurti Podcast - Ep. 98](#)

[\(Spotify\) Krishnamurti Podcast - Ep. 98](#)

[\(YouTube\) Krishnamurti Podcast - Ep. 99](#)

[\(Podbean\) Krishnamurti Podcast - Ep. 98](#)

## **Entertainment**

### **Ep. 148 - Krishnamurti on Entertainment**

Audio Podcast - 66 minutes

## Summary

'We are going to lose ourselves in organised religion, or in entertainment of every kind. As a result, humanity will become more and more superficial.'

This week's episode on Entertainment has four sections.

The first extract (2:52) is from Krishnamurti's first talk in San Francisco 1973, titled 'This is not entertainment'.

The second extract (21:30) is from the seventh talk in Saanen 1964, titled 'Are we being consumed by entertainment?'

The third extract (34:11) is from Krishnamurti's fifth talk in Saanen 1981, titled 'The world of entertainment is taking over'.

The final extract (43:18) in this episode is from the fifth talk in Madras 1981, titled 'We have only two choices left'.

## Other platforms

(Apple) Krishnamurti Podcast - Ep. 148

(Spotify) Krishnamurti Podcast - Ep. 148

(YouTube) Krishnamurti Podcast - Ep. 148

(Podbean) Krishnamurti Podcast - Ep. 148

## Escapes

### Ep. 224 - Krishnamurti on Escapes

Audio Podcast - 65 minutes

## Summary

'If there is no escape of any kind, what is left?'

This week's episode on Escapes has four sections.

The first extract (2:28) is from Krishnamurti's seventh talk in Madras 1964, titled: Our Escapes Become Problems.

The second extract (16:01) is from the third talk in Madras 1974, titled: The Futility of Escapes.

The third extract (29:11) is from Krishnamurti's third talk in Madras 1966, titled: Fear Cannot Be Understood if There Is Any Form of Escape.

The final extract in this episode (50:09) is from the fourth discussion in Saanen 1965, titled: Escapes Dissipate Energy.

## Other platforms

(Apple) Krishnamurti Podcast - Ep. 224

(Spotify) Krishnamurti Podcast - Ep. 224

(YouTube) Krishnamurti Podcast - Ep. 224

(Podbean) Krishnamurti Podcast - Ep. 224

## Evolution/Psychological

### Ep. 81 - Krishnamurti on Psychological Evolution

Audio Podcast - 73 minutes

## Summary

'We are asking: is there psychological evolution at all, the 'me' becoming something?'

This week's podcast has four sections.

The first extract (2:12) is from Krishnamurti's first talk in Saanen 1982, titled 'We have become like this through evolution'.

The second extract (23:58) is from the first talk in Saanen 1979, titled 'Psychologically there is no tomorrow'.

The third extract (36:52) is from Krishnamurti's third talk in Bombay 1983, titled 'Ending fear now'.

The final extract this week (1:04:12) is from the first talk in Saanen 1984, titled 'What you are now you will be'.

#### **Other platforms**

[\(Apple\) Krishnamurti Podcast - Ep. 81](#)  
[\(Spotify\) Krishnamurti Podcast - Ep. 81](#)  
[\(YouTube\) Krishnamurti Podcast - Ep. 81](#)  
[\(Podbean\) Krishnamurti Podcast - Ep. 81](#)

## **Existence**

### **Ep. 266 - Krishnamurti on Existence**

Audio Podcast - 67 minutes

#### **Summary**

'What does it all mean, the existence that we lead? What is the meaning of all the work, misery, confusion, and this sense of meaningless existence?'

This episode on Existence has four sections.

The first extract (2:40) is from Krishnamurti's fifth talk in Bombay 1981, and is titled: What Is the Most Important Thing In Our Existence?

The second extract (18:27) is from the sixth talk in Saanen 1972, and is titled: The Mind Finds Its Existence in Its Contents.

The third extract (44:30) is from Krishnamurti's sixth talk in New York 1966, and is titled: The Absurd Triviality of Our Existence.

The final extract in this episode (1:04:36) is from the fourth talk in New York 1972, and is titled: Why Do I Exist?

#### **Other platforms**

[\(Apple\) Krishnamurti Podcast - Ep. 266](#)  
[\(Spotify\) Krishnamurti Podcast - Ep. 266](#)  
[\(YouTube\) Krishnamurti Podcast - Ep. 266](#)  
[\(Podbean\) Krishnamurti Podcast - Ep. 266](#)

## **Experience**

### **Ep. 108 - Krishnamurti on Experience**

Audio Podcast - 72 minutes

#### **Summary**

'Experiences are always in the past, never at the moment, and any experience you have is recognisable, otherwise it is not an experience.'

This week's episode on Experience has two sections.

The first extract (2:49) is from Krishnamurti's fifth talk in New York 1966, titled 'Can experience bring about transformation?'

The second and final extract in this episode (54:42) is from the first question and answer meeting

at Brockwood Park in 1985, titled 'Is there experience without an experienter?'

#### **Other platforms**

(Apple) Krishnamurti Podcast - Ep. 108  
(Spotify) Krishnamurti Podcast - Ep. 108  
(YouTube) Krishnamurti Podcast - Ep. 108  
(Podbean) Krishnamurti Podcast - Ep. 108

## **Facts**

### **Ep. 156 - Krishnamurti on Facts**

Audio Podcast - 66 minutes

#### **Summary**

'To meet a fact totally implies meeting it not only intellectually but emotionally. This process of learning about the fact is not possible when you approach it with thought which already has known.'

This week's episode on Facts has four sections.

The first extract (2:48) is from the first question and answer meeting at Brockwood Park in 1983, titled: What Is a Fact?

The second extract (20:49) is from Krishnamurti's fourth talk in Bombay 1966, titled: The Word Is Not the Fact.

The third extract (38:48) is from the fifth talk in Saanen 1964, titled: Facing the Fact of Fear.

The final extract in this episode (55:26) is from the forth talk in Bombay 1962, titled: Meeting Facts Without Thought.

#### **Other platforms**

(Apple) Krishnamurti Podcast - Ep. 156  
(Spotify) Krishnamurti Podcast - Ep. 156  
(YouTube) Krishnamurti Podcast - Ep. 156  
(Podbean) Krishnamurti Podcast - Ep. 156

## **False**

### **Ep. 254 - Krishnamurti on The False**

Audio Podcast - 73 minutes

#### **Summary**

'It is only the mind that is empty of what is false that can discover what is true.'

This episode on The False has four sections.

The first extract (2:37) is from Krishnamurti's fourth talk in Saanen 1983, and is titled: Seeing the False.

The second extract (22:30s) is from the sixth talk in Paris 1961, and is titled: Denying the False.

The third extract (41:54) is from Krishnamurti's fifth talk in Madras 1979, and is titled: Freedom to See the False.

The final extract in this episode (58:41) is from the eighth talk in Ojai 1949, and is titled: A Fact is Not True or False.

#### **Other platforms**

(Apple) Krishnamurti Podcast - Ep. 254  
(Spotify) Krishnamurti Podcast - Ep. 254  
(YouTube) Krishnamurti Podcast - Ep. 254

## Fear

### [Ep. 12 - Fear - Krishnamurti with Mary Zimbalist 2](#)

Audio Podcast - 31 minutes

#### Summary

In her early working life, Mary Zimbalist was a model and actress. She first heard Krishnamurti speak in the 1940s and in the 1960s began helping Krishnamurti, becoming his assistant and friend. Her memoirs chronicling her time with Krishnamurti are online free of charge, and form the book *In the Presence of Krishnamurti*, which is available at our online bookstore.

This second conversation with Krishnamurti concerns the topic of fear. They ask whether, in the very act of looking at fear, we can discover its origin.

Can we look at fear as we would an extraordinary jewel?

Can we not look at a particular branch of fear but at the whole nature, structure and quality of fear?

#### Other platforms

[\(Apple\) Krishnamurti Podcast - Ep. 12](#)

[\(Spotify\) Krishnamurti Podcast - Ep. 12](#)

[\(YouTube\) Krishnamurti Podcast - Ep. 12](#)

[\(Podbean\) Krishnamurti Podcast - Ep. 12](#)

### [Ep. 25 - Can fear be completely wiped away? - Krishnamurti with Ronald Eyre](#)

Audio Podcast - 88 minutes

#### Summary

Ronald Eyre was a leading director for cinema, opera, television and the theatre. He was nominated for a Tony Award in 1975 as Best Director. He was also a television presenter and writer. His most well-known series was *The Long Search*, a survey of world religions.

Recorded at Brockwood in 1984, this conversation with Krishnamurti explores playfulness and distraction, the cycle of fear, and whether we do anything we love. Krishnamurti asks if we are afraid of life.

What are love and death?

Why is there such a tremendous craving inwardly?

What is the root of fear?

Why does thought enter into the realm of the psyche?

What is creation that is not born out of knowledge?

#### Other platforms

[\(Apple\) Krishnamurti Podcast - Ep. 25](#)

[\(Spotify\) Krishnamurti Podcast - Ep. 25](#)

[\(YouTube\) Krishnamurti Podcast - Ep. 25](#)

[\(Podbean\) Krishnamurti Podcast - Ep. 25](#)

### [Ep. 92 - Krishnamurti on Fear](#)

Audio Podcast - 71 minutes

#### Summary

'Most of us are concerned with trimming fear, like we trim branches of a tree. And we think this is good enough, but we don't challenge ourselves whether it is possible to be completely free of fear.'

This week's episode on Fear has five sections.



The first extract (2:24) is from Krishnamurti's second talk in San Francisco 1983, titled 'We are two friends discussing fear'.

The second extract (9:34) is from the fifth talk in Saanen 1981, titled 'What is fear?'

The third extract (23:52) is from Krishnamurti's third question and answer meeting in Ojai 1981, titled 'Observing fear'.

The fourth extract (47:56) is from the second question and answer meeting at Brockwood Park in 1985, titled 'Fear of change'.

The final extract (57:22) is from Krishnamurti's sixth talk in Saanen 1981, titled 'Fear of dying'.

#### **Other platforms**

[\(Apple\) Krishnamurti Podcast - Ep. 92](#)  
[\(Spotify\) Krishnamurti Podcast - Ep. 92](#)  
[\(YouTube\) Krishnamurti Podcast - Ep. 92](#)  
[\(Podbean\) Krishnamurti Podcast - Ep. 92](#)

## **Following**

### **[Ep. 212 - Krishnamurti on Following](#)**

Audio Podcast - 66 minutes

#### **Summary**

'The easiest thing for the mind, which is generally very lazy, is to follow what somebody else has said.'

This week's episode on Following has two sections.

The first extract (2:25) is from the first question and answer meeting at Brockwood Park in 1981, titled: Why do we follow?

The second and final extract in this episode (43:39) is from Krishnamurti's second talk in Saanen 1970, titled: Following means we are second-hand human beings.

#### **Other platforms**

[\(Apple\) Krishnamurti Podcast - Ep. 212](#)  
[\(Spotify\) Krishnamurti Podcast - Ep. 212](#)  
[\(YouTube\) Krishnamurti Podcast - Ep. 212](#)  
[\(Podbean\) Krishnamurti Podcast - Ep. 212](#)

## **Fragmentation**

### **[Ep. 232 - Krishnamurti on Fragmentation](#)**

Audio Podcast - 82 minutes

#### **Summary**

'Learn to look at the whole of life from a level which is comprehensive, which has no fragmentation at all. And being non-fragmentary, act from there – a total action.'

This week's episode on Fragmentation has three sections.

The first extract (2:29) is from Krishnamurti's second talk in Madras 1971, and is titled: Are You Aware That You Are Fragmented?

The second extract (23:05) is from the second talk at Brockwood Park in 1972, and is titled: Can We Be Free of Thought's Fragmentation?

The final extract in this episode (44:23) is from Krishnamurti's eighth talk in Saanen 1966, and is titled: The Fragmentation of Time.

#### **Other platforms**

[\(Apple\) Krishnamurti Podcast - Ep. 232](#)  
[\(Spotify\) Krishnamurti Podcast - Ep. 232](#)  
[\(YouTube\) Krishnamurti Podcast - Ep. 232](#)  
[\(Podbean\) Krishnamurti Podcast - Ep. 232](#)

## Freedom

### [Ep. 56 - Krishnamurti on Freedom](#)

Audio Podcast - 56 minutes

#### **Summary**

This week's podcast has five sections.

The first extract, starting at 2:07, is from Krishnamurti's second Q&A meeting at Brockwood in 1980, titled What is freedom?

The second extract, starting at 11:40, is from the fourth talk in Saanen 1965, titled Freedom and order.

The third extract, starting at 30:17, is from the first talk at Brockwood in 1972, titled Freedom from thought.

The fourth extract, starting at 45:13, is from the first talk in San Juan 1968, titled Freedom is not at the end, it's at the very first step.

The final extract this week, starting at 50:58, is from Krishnamurti's fourth talk in New Delhi 1973, titled Meditation is absolute inward freedom.

#### **Other platforms**

[\(Apple\) Krishnamurti Podcast - Ep. 56](#)  
[\(Spotify\) Krishnamurti Podcast - Ep. 56](#)  
[\(YouTube\) Krishnamurti Podcast - Ep. 56](#)  
[\(Podbean\) Krishnamurti Podcast - Ep. 56](#)

## Frustration

### [Ep. 163 - Krishnamurti on Frustration](#)

Audio Podcast - 76 minutes

#### **Summary**

'We want to fulfil ourselves but are prevented by circumstances, by our lack of capacity, by our desire to be secure, and so we are frustrated. Even if we do fulfil ourselves, there is always in fulfilment the shadow of frustration.'

This week's episode on Frustration has four sections.

The first extract (2:40) is from the seventh talk in New Delhi 1963, titled: Is There a Way Out of Our Fundamental Anxiety, Frustration and Despair?

The second extract (21:23) is from Krishnamurti's seventh talk in London 1961, titled: We Are Caught in the Wheel of Fulfilment and Frustration.

The third extract (51:36) is from the third question and answer meeting in Saanen 1980, titled: Frustration Is a Reaction to Discontent.

The final extract in this episode (1:05:58) is from Krishnamurti's fourth talk in Saanen 1962, titled: Living Without Frustration or Fear.

#### **Other platforms**

[\(Apple\) Krishnamurti Podcast - Ep. 163](#)  
[\(Spotify\) Krishnamurti Podcast - Ep. 163](#)

[\(YouTube\) Krishnamurti Podcast - Ep. 163](#)  
[\(Podbean\) Krishnamurti Podcast - Ep. 163](#)

## Fulfilment

### [Ep. 119 - Krishnamurti on Fulfilment](#)

Audio Podcast - 59 minutes

#### Summary

'We have always thought of desire in terms of fulfilment, achieving, gaining, and getting rich inwardly or outwardly.'

This week's episode on Fulfilment has five sections.

The first extract (2:22) is from Krishnamurti's fourth talk in Saanen 1966, titled 'Is there such thing as fulfilment?'

The second extract (9:22) is from the seventh talk in London 1961, titled 'The search for fulfilment.'

The third extract (32:14) is from Krishnamurti's fourth talk in Madras 1964, titled 'In fulfilment there is contradiction'.

The fourth extract (38:24) is from the fifth talk in Ojai 1982, titled 'Is love fulfilment in relationship?'

The final extract (53:47) this in this episode is from the third question and answer meeting in Saanen 1980, titled 'Does creativity need fulfilling?'

#### Other platforms

[\(Apple\) Krishnamurti Podcast - Ep. 119](#)  
[\(Spotify\) Krishnamurti Podcast - Ep. 119](#)  
[\(YouTube\) Krishnamurti Podcast - Ep. 119](#)  
[\(Podbean\) Krishnamurti Podcast - Ep. 119](#)

## Future

### [Ep. 136 - Krishnamurti on The Future](#)

Audio Podcast - 70 minutes

#### Summary

'If there is no future, because the future and the past are now, then what is action?'

This week's episode on The Future has five sections.

The first extract (2:44) is from the third question and answer meeting in Saanen 1982, titled 'What is the future of mankind?'

The second extract (9:25) is from Krishnamurti's third talk in Saanen 1976, titled 'Is there such thing as tomorrow?'

The third extract (19:26) is from the second question and answer meeting at Brockwood Park in 1984, titled 'The future is now'.

The fourth extract (39:39) is from Krishnamurti's first talk in Saanen 1984, titled 'Action without a future'.

The final extract in this episode (1:01:14) is from the fourth talk in Bombay 1983, titled 'There are only two possibilities left for us'.

#### Other platforms

[\(Apple\) Krishnamurti Podcast - Ep. 136](#)  
[\(Spotify\) Krishnamurti Podcast - Ep. 136](#)

[\(YouTube\) Krishnamurti Podcast - Ep. 136](#)  
[\(Podbean\) Krishnamurti Podcast - Ep. 136](#)

## God

### [Ep. 33 - On God - Krishnamurti with Pupul Jayakar 3](#)

Audio Podcast - 83 minutes

#### **Summary**

This conversation between Krishnamurti and Pupul Jayakar was recorded at Brockwood Park in 1981.

Jayakar begins by asking if they can discuss and investigate into the nature of God. They go on to question whether we can negate completely the whole movement of knowledge – except the knowledge of driving a car, speaking a language, technological knowledge?

Can one totally empty the whole accumulation of a million years?

We never say, 'I don't know.' That is an absolutely motionless state of mind, because I don't know. One of our difficulties is that we all want to know; which means put what God is into the bag of knowledge.

Can we have an insight into the movement of knowledge, so that the insight stops the movement? It's not that we stop the movement or the brain stops the movement; the very insight is the ending of knowledge and the beginning of something entirely different.

Is it possible to quieten thought completely? Is it possible to be free of the meditator? Then there is no problem. Then there is no question whether there is God or no God – because it doesn't matter.

Then meditation is the meditation of the universe.

Pupul Jayakar, who died in 1997, was an Indian cultural activist and writer, best known for her work on the revival of traditional and village arts, handlooms, and handicrafts. She was a close friend of prime minister Indira Gandhi, and was her cultural advisor and biographer. Having been to a school established by Annie Besant, Pupul became involved with Krishnamurti's work in the 1940s, becoming a trustee of the Indian foundation.

#### **Other platforms**

[\(Apple\) Krishnamurti Podcast - Ep. 33](#)  
[\(Spotify\) Krishnamurti Podcast - Ep. 33](#)  
[\(YouTube\) Krishnamurti Podcast - Ep. 33](#)  
[\(Podbean\) Krishnamurti Podcast - Ep. 33](#)

### [Ep. 68 - Krishnamurti on God](#)

Audio Podcast - 59 minutes

#### **Summary**

This week's episode on God has six sections.

The first extract (2:10) is from Krishnamurti's second question and answer meeting in Bombay 1985, titled 'To understand the human psyche is more important than to talk about God'.

The second extract (9:10) is from the second question and answer meeting in Madras 1981, titled 'Does God exist?'

The third extract (18:20) is from the third talk in Saanen 1984, titled 'Thought created God'.

The fourth extract (25:20) is from the seventh talk in London 1962, titled 'The religious mind isn't the mind that believes'.

The fifth extract (41:08) this week is from the second question and answer meeting at Brockwood Park in 1984, titled 'Why do we pray?'

The final extract (53:54) this week is from the first discussion at Brockwood Park in 1971, titled 'I don't know what God is'.

#### **Other platforms**

[\(Apple\) Krishnamurti Podcast - Ep. 68](#)  
[\(Spotify\) Krishnamurti Podcast - Ep. 68](#)  
[\(YouTube\) Krishnamurti Podcast - Ep. 68](#)  
[\(Podbean\) Krishnamurti Podcast - Ep. 68](#)

## **Good/Evil**

### **Ep. 18 - On good and evil - Krishnamurti with Alain Naude 2**

Audio Podcast - 57 minutes

#### **Summary**

Alain Naude was Krishnamurti's private secretary in the 1960s. He met Krishnamurti in 1963 whilst a music lecturer at Pretoria University and a professional concert pianist. He gave up his teaching and performing in 1964 to work with Krishnamurti. Fluent in several languages, he was very helpful at international gatherings and in attracting younger audiences to Krishnamurti's talks at a time of cultural change in the West.

This second conversation between Naude and Krishnamurti opens with the question: Do good and evil really exist or are they simply conditioned points of view? The inquiry looks at goodness as total order, not only outwardly but inwardly especially.

Is virtue the outcome of planning? You cannot will to do good. Either you are good or not good.

Will is the concentration of thought as resistance.

Are poisonous snakes, sharks and the cruel things in nature evil?

The moment we assert that there is absolute evil, that assertion is the denial of the good.

Goodness implies total abnegation of the self, because 'the me' is always separative.

Order means behaviour in freedom. Freedom means love.

When one sees all this very clearly there is a marvellous sense of absolute order.

#### **Other platforms**

[\(Apple\) Krishnamurti Podcast - Ep. 18](#)  
[\(Spotify\) Krishnamurti Podcast - Ep. 18](#)  
[\(YouTube\) Krishnamurti Podcast - Ep. 18](#)  
[\(Podbean\) Krishnamurti Podcast - Ep. 18](#)

### **Ep. 223 - Krishnamurti on Good & Evil**

Audio Podcast - 56 minutes

#### **Summary**

'Goodness is something totally divorced from evil. But we have mixed the two together and we say we must fight, resist, put away evil in order to be good.'

This week's episode on Good and Evil has four sections.

The first extract (2:33) is from the first question and answer meeting at Brockwood Park in 1984, titled: Is Goodness Related to Evil?

The second extract (24:19) is from the second question and answer meeting at Brockwood Park in 1984, titled: Do Good and Evil Exist Outside of Ourselves?

The third extract (33:00) is from Krishnamurti's first talk in Ojai 1979, titled: Can You Be Totally and Absolutely Good?

The final extract in this episode (48:51) is from the second talk in Ojai 1979, titled: To Be Good You Must Know Yourself.

#### **Other platforms**

(Apple) Krishnamurti Podcast - Ep. 223  
(Spotify) Krishnamurti Podcast - Ep. 223  
(YouTube) Krishnamurti Podcast - Ep. 223  
(Podbean) Krishnamurti Podcast - Ep. 223

## **Goodness/Generosity**

### **Ep. 280 - Krishnamurti on Goodness & Generosity**

Audio Podcast - 76 minutes

#### **Summary**

'Religion means to live daily life in goodness – goodness being compassionate, kind, generous.'

This episode on Goodness & Generosity has five sections.

The first extract (2:35) is from Krishnamurti's third talk in Rishi Valley 1973, and is titled: Educating Children to Flower in Goodness.

The second extract (22:12) is from the first talk in Ojai 1979, and is titled: Is Goodness Possible in This World?

The third extract (52:22) is from the fourth discussion at Brockwood Park School in 1982, and is titled: You Can't Be Generous Without Love.

The fourth extract (58:43) is from the seventh talk in Ojai 1949, and is titled: Generosity Comes With the Ending of Meanness.

The final extract in this episode (1:10:44) is from the fourth talk in Bangalore 1974, and is titled: Are You Generous in Your Heart?

#### **Other platforms**

(Apple) Krishnamurti Podcast - Ep. 280  
(Spotify) Krishnamurti Podcast - Ep. 280  
(YouTube) Krishnamurti Podcast - Ep. 280  
(Podbean) Krishnamurti Podcast - Ep. 280

## **Greed**

### **Ep. 105 - Krishnamurti on Greed**

Audio Podcast - 48 minutes

#### **Summary**

'If I allow time to be free from greed, I am still greedy. But to understand greed, the cause of greed, is the ending of greed.'

This week's episode on Greed has six sections.

The first extract (2:36) is from the first question and answer meeting in Bombay 1985, titled 'We are educated to have more, more, more'.

The second extract (7:20) is from Krishnamurti's third talk in Madras 1982, titled 'Trying to become non-greedy is still greed'.

The third extract (17:51) is from the fourth discussion in Saanen 1976, titled 'Observing the whole movement of greed'.

The fourth extract (26:45) is from Krishnamurti's second talk in Bombay 1981, titled 'How do I observe greed?'

The fifth extract (38:10) is from the fourth talk at Brockwood Park in 1971, titled 'Awareness of greed without the observer'.

The final extract (44:48) in this episode is from Krishnamurti's first talk at Stanford 1969, titled 'When the mind is not greedy, nothing can make it greedy'.

#### **Other platforms**

[\(Apple\) Krishnamurti Podcast - Ep. 105](#)

[\(Spotify\) Krishnamurti Podcast - Ep. 105](#)

[\(YouTube\) Krishnamurti Podcast - Ep. 105](#)

[\(Podbean\) Krishnamurti Podcast - Ep. 105](#)

## **Grief/Loss**

### **[Ep. 262 - Krishnamurti on Grief and Loss](#)**

Audio Podcast - 68 minutes

#### **Summary**

'When there is grief, we try every form of escape, but it is always there. Apparently, humanity has not resolved grief.'

This episode on Grief and Loss has four sections.

The first extract (2:35) is from Krishnamurti's first talk in Amsterdam 1981, and is titled: Living With Grief.

The second extract (12:32) is from the fifth talk in Saanen 1981, and is titled: Why Is There Grief and Hurt?

The third extract (24:30) is from Krishnamurti's sixth talk in Saanen 1982, and is titled: Is There an End to Grief and Suffering?

The final extract in this episode (43:34) is from the fourth talk in Ojai 1979, and is titled: Understanding the Deep Causes of Sorrow.

#### **Other platforms**

[\(Apple\) Krishnamurti Podcast - Ep. 262](#)

[\(Spotify\) Krishnamurti Podcast - Ep. 262](#)

[\(YouTube\) Krishnamurti Podcast - Ep. 262](#)

[\(Podbean\) Krishnamurti Podcast - Ep. 262](#)

## **Guilt**

### **[Ep. 235 - Krishnamurti on Guilt](#)**

Audio Podcast - 61 minutes

#### **Summary**

'Many people carry guilt all their life. It is like a wound never healing because they always remember guilt and it destroys their life.'

This week's episode on Guilt has six sections.

The first extract (2:40) is from Krishnamurti's second talk in Ojai 1985, and is titled: Forms of Guilt.

The second extract (13:30) is from the second talk at Brockwood Park in 1972, and is titled: Does the Word 'Guilt' Strengthen the Feeling?

The third extract (18:43) is from the second question and answer meeting in Saanen 1983, and is

titled: Why Do We Feel Guilty?

The fourth extract (28:15) is from Krishnamurti's fifth talk in London 1961, and is titled: Guilt Has Its Roots in Fear.

The fifth extract (35:02) is from the first question and answer meeting in Ojai 1985, and is titled: Guilt and Its Relationship to the Ego.

The final extract in this episode (53:52) is from Krishnamurti's seventh talk in Saanen 1973, and is titled: We Cherish Guilt.

#### **Other platforms**

[\(Apple\) Krishnamurti Podcast - Ep. 235](#)  
[\(Spotify\) Krishnamurti Podcast - Ep. 235](#)  
[\(YouTube\) Krishnamurti Podcast - Ep. 235](#)  
[\(Podbean\) Krishnamurti Podcast - Ep. 235](#)

## **Gurus**

### **[Ep. 164 - Krishnamurti on Gurus](#)**

Audio Podcast - 70 minutes

#### **Summary**

'Why do you ask help of another? This is a very serious problem because gurus are multiplying, with enormous wealth.'

This week's episode on Gurus has three sections.

The first extract (2:44) is from the first question and answer meeting in Saanen 1980, titled: Doubt What Gurus Are Saying.

The second extract (19:20) is from the first question and answer meeting in Ojai 1983, titled: There Is No Right Guru, Only the Wrong Guru.

The final extract in this episode (29:07) is from the first question and answer meeting at Brockwood Park in 1981, titled: What Makes You Want To Follow a Guru?

#### **Other platforms**

[\(Apple\) Krishnamurti Podcast - Ep. 164](#)  
[\(Spotify\) Krishnamurti Podcast - Ep. 164](#)  
[\(YouTube\) Krishnamurti Podcast - Ep. 164](#)  
[\(Podbean\) Krishnamurti Podcast - Ep. 164](#)

## **Habits**

### **[Ep. 71 - Krishnamurti on Habits](#)**

Audio Podcast - 57 minutes

#### **Summary**

This week's episode on Habits has four sections.

The first extract (2:06) is from Krishnamurti's fifth talk in Saanen 1962, titled 'Awareness of habits'.

The second extract (24:24) is from the first question and answer meeting at Brockwood Park in 1983, titled 'Ending the habit of chattering'.

The third extract (39:28) is from Krishnamurti's first talk in Saanen 1970, titled 'Listening ends habit'.

The final extract this week (48:08) is from the third discussion in Madras 1979, titled 'The habit of tradition'.



### Other platforms

(Apple) Krishnamurti Podcast - Ep. 71  
(Spotify) Krishnamurti Podcast - Ep. 71  
(YouTube) Krishnamurti Podcast - Ep. 71  
(Podbean) Krishnamurti Podcast - Ep. 71

## Happiness

### Ep. 65 - Krishnamurti on Happiness

Audio Podcast - 53 minutes

#### Summary

This week's episode on Happiness has six sections.

The first extract (2:07) is from Krishnamurti's fourteenth talk in Ojai 1949, titled 'Why are we seeking happiness?'

The second extract (8:32) is from the second talk in Bombay 1974, titled 'What is the meaning of life?'

The third extract (31:06) is from the fourth talk in Ojai 1978, titled 'The moment you say you are happy, you are not happy'.

The fourth extract (35:58) is from the sixth talk in Saanen 1972, titled 'When there is enjoyment, the brain relaxes'.

The fifth extract (42:18) this week is from the third talk in Ojai 1975, titled 'Is happiness in the past or future?'

The final extract this week (50:42) is from the first talk in San Juan 1968, titled 'To come upon happiness one must understand oneself'.

### Other platforms

(Apple) Krishnamurti Podcast - Ep. 65  
(Spotify) Krishnamurti Podcast - Ep. 65  
(YouTube) Krishnamurti Podcast - Ep. 65  
(Podbean) Krishnamurti Podcast - Ep. 65

## Hate

### Ep. 107 - Krishnamurti on Hate

Audio Podcast - 59 minutes

#### Summary

'Where there is jealousy, there is hate. Has hate any relationship to love? Is love the opposite of hate?'

This week's episode on Hate has four sections.

The first extract (2:27) is from Krishnamurti's first talk in Saanen 1982, titled 'Is hatred going to destroy us?'

The second extract (17:00) is from the seventh talk in Ojai 1949, titled 'How am I to be free of hate?'

The third extract (33:49) is from Krishnamurti's first talk at Brockwood Park in 1982, titled 'The flame of attention burns away hate'.

The final extract (43:16) this in this episode is from the fourth talk in Madras 1983, titled 'Has hate any relationship to love?'

## Other platforms

(Apple) Krishnamurti Podcast - Ep. 107  
(Spotify) Krishnamurti Podcast - Ep. 107  
(YouTube) Krishnamurti Podcast - Ep. 107  
(Podbean) Krishnamurti Podcast - Ep. 107

## Health

### Ep. 120 - Krishnamurti on Health

Audio Podcast - 67 minutes

#### Summary

'One has to have a very good, healthy body, and a brain that is capable of thinking rationally, healthily, objectively, efficiently, a brain that is absolutely quiet.'

This week's episode on Health has seven sections.

The first extract is (2:46) from Krishnamurti's seventh talk in Saanen 1970, titled 'Yoga and health'.

The second extract (12:50) is from the second discussion in Saanen 1975, titled 'Health implies wholeness'.

The third extract (21:35) is from the fourth question and answer meeting in Saanen 1980, titled 'How do you meet pain?'

The fourth extract (32:19) is from Krishnamurti's fourth talk at Brockwood Park in 1969, titled 'Healing takes place when there is no 'me'.

The fifth extract (35:42) is from the fourth talk in Madras 1985, titled 'Our bodies are as misused as our brains.'

The sixth extract (46:00) is from Krishnamurti's fourth talk in San Diego 1970, titled 'The body has its own intelligence.'

The final extract (56:06) in this episode is from the seventh talk in Saanen 1971, titled 'Harmony between the body, mind and heart'.

## Other platforms

(Apple) Krishnamurti Podcast - Ep. 120  
(Spotify) Krishnamurti Podcast - Ep. 120  
(YouTube) Krishnamurti Podcast - Ep. 120  
(Podbean) Krishnamurti Podcast - Ep. 120

## Heart

### Ep. 274 - Krishnamurti on The Heart

Audio Podcast - 69 minutes

#### Summary

'A heart that has no jealousy or envy, that knows no competition, that has no fear, that knows what it means to love – only such a heart and mind can respond to the phenomena going on in the world.'

This episode on The Heart has four sections.

The first extract (2:39) is from Krishnamurti's fourth talk in Bombay 1969, and is titled: A New Quality of Mind and Heart.

The second extract (23:24) is from the third discussion in Saanen 1971, and is titled: Harmony of the Body, Heart and Mind.

The third extract (34:44) is from Krishnamurti's first talk in Madras 1964, and is titled: Giving Your Heart to Understand.

The fourth and final extract in this episode (54:51) is from the fifth talk at Rishi Valley in 1965, and is titled: A Good Mind and a Good Heart.

#### **Other platforms**

(Apple) Krishnamurti Podcast - Ep. 274  
(Spotify) Krishnamurti Podcast - Ep. 274  
(YouTube) Krishnamurti Podcast - Ep. 274  
(Podbean) Krishnamurti Podcast - Ep. 274

## **Help**

### **Ep. 142 - Krishnamurti on Help**

Audio Podcast - 73 minutes

#### **Summary**

'Logically, sanely, I observe that nobody can help me. It is not that I become cynical; it is a fact. And so am I willing to stand alone?'

This week's episode on Help has four sections.

The first extract (2:49) from Krishnamurti's seventh talk in Bombay 1964, titled 'We have always sought help from others'.

The second extract (23:10) is from the first question and answer meeting at Brockwood Park in 1981, titled 'Why do I ask for help from another?'

The third extract (52:24) is from the second question and answer meeting in Saanen 1984, titled, 'Can anybody help you?'

The final extract in this episode (1:05:28) is from the thirteenth talk in Ojai 1949, titled 'Wanting to help others'.

#### **Other platforms**

(Apple) Krishnamurti Podcast - Ep. 142  
(Spotify) Krishnamurti Podcast - Ep. 142  
(YouTube) Krishnamurti Podcast - Ep. 142  
(Podbean) Krishnamurti Podcast - Ep. 142

## **Hope**

### **Ep. 149 - Krishnamurti on Hope**

Audio Podcast - 67 minutes

#### **Summary**

'I hope to be; I hope to become; I hope to achieve; I hope to fulfil; I hope to reach heaven, enlightenment. All this psychologically demands time.'

This week's episode on Hope has four sections.

This first extract (2:47) is from Krishnamurti's third talk in Ojai 1973, titled 'Is hope a reaction to despair?'

The second extract (14:36) is from the first question and answer meeting at Brockwood Park in 1981, titled 'We hope somebody will cure us'.

The third extract (37:43) is from Krishnamurti's second talk in Ojai 1983, titled 'Hope implies time'.

The final extract (50:36) in this episode is from the fourth talk at Brockwood Park in 1978, titled 'Can time and hope come to an end?'

#### **Other platforms**

(Apple) Krishnamurti Podcast - Ep. 149  
(Spotify) Krishnamurti Podcast - Ep. 149  
(YouTube) Krishnamurti Podcast - Ep. 149  
(Podbean) Krishnamurti Podcast - Ep. 149

## **Humanity**

### **Ep. 218 - Krishnamurti on Humanity**

Audio Podcast - 82 minutes

#### **Summary**

'You are the entire humanity. So if you are violent, you are contributing to violence; if you have ended sorrow, then you are bringing about freedom from the human mind's sorrow.'

This week's episode on Humanity has four sections.

The first extract (2:40) is from Krishnamurti's third talk in Ojai 1983, titled: Can humanity live peacefully?

The second extract (22:40) is from the first talk in Calcutta 1982, titled: You are humanity.

The third extract (49:05) is from Krishnamurti's fifth talk in Saanen 1981, titled: What is going to happen to humanity?

The final extract in this episode (1:11:15) is from the third talk in Madras 1974, titled: The stream of humanity.

#### **Other platforms**

(Apple) Krishnamurti Podcast - Ep. 218  
(Spotify) Krishnamurti Podcast - Ep. 218  
(YouTube) Krishnamurti Podcast - Ep. 218  
(Podbean) Krishnamurti Podcast - Ep. 218

### **Ep. 4 - The Future of Humanity - Krishnamurti with David Bohm 1**

Audio Podcast - 85 minutes

#### **Summary**

Part 1 of The Future of Humanity asks: what is the future of mankind? The pair discuss how our psychological problems are the result of thought, since thought breeds conflict. We think that thought can solve our problems but is this true? They look at how the self is put together by thought and whether our consciousness is individual to each of us, or inseparable, a consciousness of humanity. It is clear that dividing the world into countries and religions creates havoc, but is our very sense of self divisive? Why does division exist at all?

David Bohm has been described as one of the most significant theoretical physicists of the 20th century and was a fellow of the royal society. He worked with Einstein at the Institute for Advanced Study, and on the Manhattan Project with Oppenheimer. Later he pioneered research into quantum physics and models of the brain, being increasingly interested in consciousness, order and thought. His books include Wholeness and the Implicate Order, Science, Order and Creativity, and Causation and Chance in Modern Physics.

Bohm's contact with Krishnamurti began in the early 60s and continued into the 80s. Their dialogues are far-reaching and profound. Over 30 audios or videos are available on our YouTube channel at <https://bit.ly/2EfqsCU>, and are published in the books Truth and Actuality, The Transformation of Man, and The Ending of Time. Recorded in 1983, The Future of Humanity represents Bohm's and Krishnamurti's final dialogues together.

#### **Other platforms**

(Apple) Krishnamurti Podcast - Ep. 4  
(Spotify) Krishnamurti Podcast - Ep. 4

[\(YouTube\) Krishnamurti Podcast - Ep. 4](#)  
[\(Podbean\) Krishnamurti Podcast - Ep. 4](#)

## [Ep. 5 - The Future of Humanity - Krishnamurti with David Bohm 2](#)

Audio Podcast - 70 minutes

### **Summary**

The second and final part of The Future Of Humanity explores whether there is evolution of consciousness. Can the consciousness of mankind be changed through time? Is psychological conditioning centred in the self? Can our conditioned brain cells change? The pair then inquire into the relationship between the mind and the brain, suggesting that as long as the brain is conditioned, its relationship to the mind is limited. The then look at perception and intelligence.

David Bohm has been described as one of the most significant theoretical physicists of the 20th century and was a fellow of the royal society. He worked with Einstein at the Institute for Advanced Study, and on the Manhattan Project with Oppenheimer. Later he pioneered research into quantum physics and models of the brain, being increasingly interested in consciousness, order and thought. His books include Wholeness and the Implicate Order, Science, Order and Creativity, and Causation and Chance in Modern Physics.

Bohm's contact with Krishnamurti began in the early 60s and continued into the 80s. Their dialogues are far-reaching and profound. Over 30 audios or videos are available on our YouTube channel at <https://bit.ly/2EfqsCU>, and are published in the books Truth and Actuality, The Transformation of Man, and The Ending of Time. Recorded in 1983, The Future of Humanity represents Bohm's and Krishnamurti's final dialogues together.

### **Other platforms**

[\(Apple\) Krishnamurti Podcast - Ep. 5](#)  
[\(Spotify\) Krishnamurti Podcast - Ep. 5](#)  
[\(YouTube\) Krishnamurti Podcast - Ep. 5](#)  
[\(Podbean\) Krishnamurti Podcast - Ep. 5](#)

## **Humility**

## [Ep. 190 - Krishnamurti on Humility](#)

Audio Podcast - 64 minutes

### **Summary**

'Humility is not the subjugation of the desire that seeks fulfilment in success. Nor is it the religious humility of monks, saints and priests that cultivated austerity brings about.'

This week's episode on Humility has four sections.

The first extract (2:51) is from Krishnamurti's fourth talk in Bombay 1962, titled: Without Humility You Cannot Learn.

The second extract (11:47) is from the tenth talk in Saanen 1962, titled: You Cannot Cultivate Humility

The third extract (26:09) is from Krishnamurti's seventh talk in Saanen 1978, titled: Power and Humility.

The final extract in this episode (35:12) is from the fourth talk in Saanen 1961, titled: Humility Implies Total Destruction of the Self.

### **Other platforms**

[\(Apple\) Krishnamurti Podcast - Ep. 190](#)  
[\(Spotify\) Krishnamurti Podcast - Ep. 190](#)  
[\(YouTube\) Krishnamurti Podcast - Ep. 190](#)  
[\(Podbean\) Krishnamurti Podcast - Ep. 190](#)

## Hurt

### [Ep. 198 - Krishnamurti on Hurt](#)

Audio Podcast - 60 minutes

#### **Summary**

'Can your mind know it has been hurt, be aware of it, and not react at the conscious or unconscious level?'

This week's episode on Hurt has three sections.

The first extract (2:40) is from Krishnamurti's second talk in Bombay 1974, titled: What Is It That Gets Hurt?

The second extract (22:29) is from the fifth talk in Saanen 1974, titled: The Tradition of Hurt.

The final extract in this episode (39:40) is from Krishnamurti's third talk in Saanen 1974, titled: No More Hurt.

#### **Other platforms**

[\(Apple\) Krishnamurti Podcast - Ep. 198](#)

[\(Spotify\) Krishnamurti Podcast - Ep. 198](#)

[\(YouTube\) Krishnamurti Podcast - Ep. 198](#)

[\(Podbean\) Krishnamurti Podcast - Ep. 198](#)

## Ideals

### [Ep. 128 - Krishnamurti on Ideals](#)

Audio Podcast - 83 minutes

#### **Summary**

'If we can put away all ideals, understanding their escaping and postponing quality, and face something as it is, directly, immediately, give our full attention to it, then there is a possibility of transforming it.'

This week's episode on Ideals has four sections.

The first extract (2:52) is from Krishnamurti's first talk in Ojai 1978, titled 'Why do we live with the pressure of ideals?'

The second extract (17:48) is from the third talk in Saanen 1979, titled 'Is there security in ideals?'

The third extract (38:33) is from Krishnamurti's second talk in New Delhi 1972, titled 'Ideals prevent action'.

The final extract (51:03) in this episode is from the ninth talk in Ojai 1949, titled 'Ideals are a postponement'.

#### **Other platforms**

[\(Apple\) Krishnamurti Podcast - Ep. 128](#)

[\(Spotify\) Krishnamurti Podcast - Ep. 128](#)

[\(YouTube\) Krishnamurti Podcast - Ep. 128](#)

[\(Podbean\) Krishnamurti Podcast - Ep. 128](#)

## Ideas

### [Ep. 141 - Krishnamurti on Ideas](#)

Audio Podcast - 68 minutes

#### **Summary**

'Ideas play an extraordinarily important part in our life: what we think, what we feel, the beliefs and ideas in which we are conditioned.'

This week's episode on Ideas has four sections.

The first extract (2:30) is from Krishnamurti's seventh talk in Bombay 1965, titled 'God is an idea'.

The second extract (21:42) is from the second talk in New Delhi 1964, titled 'Is there an action without the idea?'

The third extract (33:12) is from Krishnamurti's second talk at Brockwood Park in 1974, titled 'There is conflict between ideas and action'.

The final extract in this episode (52:26) is from the eighth talk in Ojai 1949, titled 'There is no idea without sensation'.

#### **Other platforms**

[\(Apple\) Krishnamurti Podcast - Ep. 141](#)

[\(Spotify\) Krishnamurti Podcast - Ep. 141](#)

[\(YouTube\) Krishnamurti Podcast - Ep. 141](#)

[\(Podbean\) Krishnamurti Podcast - Ep. 141](#)

## **Identification**

### **[Ep. 129 - Krishnamurti on Identification](#)**

Audio Podcast - 80 minutes

#### **Summary**

'When I identify myself with a group, idea, belief or conclusion, that identification is the very essence of being occupied with myself.'

This week's episode on Identification has four sections.

The first extract (2:43) is from Krishnamurti's first talk in Saanen 1978, titled 'The movement of identification.'

The second extract (20:50) is from the eighth talk in Ojai 1949, titled 'Identification is the basis of illusion'.

The third extract (35:30) is from Krishnamurti's second talk in Saanen 1978, titled 'Identification is occupation with oneself'.

The final extract in this episode (55:58) is from the sixth talk in Saanen 1977, titled 'To find out the truth of death, all identification must end.'

#### **Other platforms**

[\(Apple\) Krishnamurti Podcast - Ep. 129](#)

[\(Spotify\) Krishnamurti Podcast - Ep. 129 Identification](#)

[\(YouTube\) Krishnamurti Podcast - Ep. 129](#)

[\(Podbean\) Krishnamurti Podcast - Ep. 129](#)

## **Illusion**

### **[Ep. 206 - Krishnamurti on Illusion](#)**

Audio Podcast - 74 minutes

#### **Summary**

'When the mind sees thought is the creator of illusion, you have an insight into the whole nature of illusion. It is that insight that dissolves all illusions.'

This week's episode on Illusion has three sections.

The first extract (2:36) is from Krishnamurti's third talk in Saanen 1979, titled: Security in Illusion.

The second extract (37:56) is from the second question and answer meeting in Ojai 1980, titled: Freedom From Any Form of Illusion.

The final extract in this episode (58:55) is from Krishnamurti's seventh talk in Saanen 1963, titled: A Brain Without Illusion or Fear.

#### **Other platforms**

(Apple) Krishnamurti Podcast - Ep. 206  
(Spotify) Krishnamurti Podcast - Ep. 206  
(YouTube) Krishnamurti Podcast - Ep. 206  
(Podbean) Krishnamurti Podcast - Ep. 206

## **Images**

### **Ep. 52 - Krishnamurti on Images**

Audio Podcast - 62 minutes

#### **Summary**

This week's podcast has three sections.

The first extract (starting at 2:11) is from Krishnamurti's first talk in Bombay 1966, titled To establish right relationship is to destroy the image.

The second extract (starting at 39:44) is from the fourth talk in Ojai 1977, titled Observing without the image

The final extract this week (starting at 50:46) is from the first talk in New York City 1974, titled In attention there is no image

#### **Other platforms**

(Apple) Krishnamurti Podcast - Ep. 52  
(Spotify) Krishnamurti Podcast - Ep. 52  
(YouTube) Krishnamurti Podcast - Ep. 52  
(Podbean) Krishnamurti Podcast - Ep. 52

## **Immeasurable**

### **Ep. 144 - Krishnamurti on the Immeasurable**

Audio Podcast - 68 minutes

#### **Summary**

'You cannot invite the immeasurable - it then becomes a plaything. You cannot lay down the path for another to follow - it is not to be put into words.'

This week's episode on The Immeasurable has five sections.

The first extract (2:49) is from the second question and answer meeting at Brockwood Park in 1985, titled 'Can discipline lead to the immeasurable?'

The second extract (11:36) is from Krishnamurti's fifth talk in Saanen 1971, titled 'Inquiring into the immeasurable without illusion'.

The third extract (30:47) is from the third talk in Saanen 1972, titled 'Has thought a place in investigating the immeasurable?'

The fourth extract (42:51) is from Krishnamurti's fourth talk at Brockwood Park in 1972, titled 'Finding out if there is something beyond all measure'.

The final extract in this episode (57:17) is from a recording made by Krishnamurti in Ojai 1984, titled 'The brain tries to measure the immeasurable'.

#### **Other platforms**



(Apple) Krishnamurti Podcast - Ep. 144  
(Spotify) Krishnamurti Podcast - Ep. 144  
(YouTube) Krishnamurti Podcast - Ep. 144  
(Podbean) Krishnamurti Podcast - Ep. 144

## Individuality

### Ep. 89 - Krishnamurti on Individuality

Audio Podcast - 75 minutes

#### Summary

'Each of us has been brought up to be a separate individual with our own soul. Is this a fact, or merely a concept?'

This week's episode on individuality has four sections.

The first extract (2:18) is from Krishnamurti's first talk in Ojai 1981, titled 'We think we are individuals'.

The second extract (25:34) is from the first talk at Brockwood Park in 1981, titled 'The concept of individuality is the root of division'.

The third extract (41:11) is from the first question and answer meeting in Ojai 1984, titled 'You are not unique'.

The final extract (1:06:15) is from Krishnamurti's third talk in Madras 1972, titled 'Is there a permanent you?'

#### Other platforms

(Apple) Krishnamurti Podcast - Ep. 89  
(Spotify) Krishnamurti Podcast - Ep. 89  
(YouTube) Krishnamurti Podcast - Ep. 89  
(Podbean) Krishnamurti Podcast - Ep. 89

## Innocence

### Ep. 155 - Krishnamurti on Innocence

Audio Podcast - 67 minutes

#### Summary

'The mind must be innocent, though it has gone through experiences. For the mind to realize that state of innocency, the accumulations of experience must come to an end.'

This week's episode on Innocence has four sections.

The first extract (2:36) is from Krishnamurti's ninth talk in Saanen 1964, titled: An Innocent Mind Is Empty of Experience.

The second extract (9:27) is from the second talk in Bombay 1967, titled: An Innocence Not Touched by Thought.

The third extract (24:20) is from Krishnamurti's seventh talk in Saanen 1970, titled: Only an Innocent Mind Can See Truth.

The final extract in this episode (41:40) is from the seventh talk in London 1962, titled: The Innocent Mind Is a Religious Mind.

#### Other platforms

(Apple) Krishnamurti Podcast - Ep. 155  
(Spotify) Krishnamurti Podcast - Ep. 155  
(YouTube) Krishnamurti Podcast - Ep. 155

## Inquiry

### [Ep. 247 - Krishnamurti on Inquiry](#)

Audio Podcast - 70 minutes

#### **Summary**

'To inquire demands a mind that has set aside its opinions, its judgements, its evaluations and is capable of observing exactly what is, outwardly and inwardly.'

This week's episode on Inquiry has five sections.

The first extract (2:44) is from the first question and answer meeting at Rajghat in 1981, and is titled What Does It Mean To Inquire?

The second extract (17:46) is from Krishnamurti's first talk at Brockwood Park in 1973, and is titled: Inquiry Requires a Serious Mind.

The third extract (27:40) is from the first talk at Brockwood Park in 1982, and is titled: Inquiry Into What To Do.

The fourth extract (41:12) is from Krishnamurti's seventh talk in Saanen 1975, and is titled: Inquiring Without Illusion or a Goal.

The final extract in this episode (56:53) is from the seventh discussion in Saanen 1973, and is titled: Inquiry Into the Sacred.

#### **Other platforms**

[\(Apple\) Krishnamurti Podcast - Ep. 247](#)

[\(Spotify\) Krishnamurti Podcast - Ep. 247](#)

[\(YouTube\) Krishnamurti Podcast - Ep. 247](#)

[\(Podbean\) Krishnamurti Podcast - Ep. 247](#)

## Insecurity

### [Ep. 169 - Krishnamurti on Insecurity](#)

Audio Podcast - 63 minutes

#### **Summary**

'If we can find out together what is insecurity and why we are insecure, then in the unfolding of it, in the causation of it, security naturally comes about.'

This week's episode on Insecurity has four sections.

The first extract (2:40) is from the second question and answer meeting at Brockwood Park in 1982, titled: The Nature of Insecurity.

The second extract (17:39) is from Krishnamurti's second talk in Bombay 1985, titled: Why Are We So Insecure?

The third extract (30:06) is from the second talk in Saanen 1982, titled: Total Insecurity.

The final extract in this episode (53:45) is from Krishnamurti's second talk at Rajghat in 1962, titled: Why This Insistence To Be Secure?

#### **Other platforms**

[\(Apple\) Krishnamurti Podcast - Ep. 169](#)

[\(Spotify\) Krishnamurti Podcast - Ep. 169](#)

[\(YouTube\) Krishnamurti Podcast - Ep. 169](#)

[\(Podbean\) Krishnamurti Podcast - Ep. 169](#)

## Insight

### [Ep. 172 - Krishnamurti on Insight](#)

Audio Podcast - 68 minutes

#### **Summary**

'Insight is not brought about through will, through desire, through memory. It is immediate perception and therefore action.'

This week's episode on Insight has two sections.

The first extract (2:39) is from the first question and answer meeting in Saanen 1981, titled: What Is Insight?

The second and final extract in this episode (22:38) is from the second talk in Saanen 1972, titled: Constant Insight Without Conclusion.

#### **Other platforms**

[\(Apple\) Krishnamurti Podcast - Ep. 172](#)

[\(Spotify\) Krishnamurti Podcast - Ep. 172](#)

[\(YouTube\) Krishnamurti Podcast - Ep. 172](#)

[\(Podbean\) Krishnamurti Podcast - Ep. 172](#)

## Intellect

### [Ep. 64 - Krishnamurti on Intellect](#)

Audio Podcast - 55 minutes

#### **Summary**

This week's episode on Intellect has five sections.

The first extract (2:08) is from Krishnamurti's fourth talk in Madras 1983, titled 'Intellection cannot go very far'.

The second extract (8:54) is from the sixth talk in Saanen 1980, titled 'Intellect has little place in compassion'.

The third extract (14:12) is from the fifth talk in Saanen 1970, titled 'Intelligence is beyond the interpretation of the intellect'.

The fourth extract (21:26) is from the fourth talk in Saanen 1978, titled 'Do we think reasonably, logically, sanely?'

The final extract this week (34:56) is from the second talk in New Delhi 1970, titled 'Can the intellectual process bring about a harmonious life?'

#### **Other platforms**

[\(Apple\) Krishnamurti Podcast - Ep. 64](#)

[\(Spotify\) Krishnamurti Podcast - Ep. 64](#)

[\(YouTube\) Krishnamurti Podcast - Ep. 64](#)

[\(Podbean\) Krishnamurti Podcast - Ep. 64](#)

## Intelligence

### [Ep. 15 - On Intelligence - Krishnamurti with David Bohm](#)

Audio Podcast - 92 minutes

#### **Summary**

David Bohm has been described as one of the most significant theoretical physicists of the 20th century and was a fellow of the royal society. He worked with Einstein at the Institute for Advanced

Study, and on the Manhattan Project with Oppenheimer. Later he pioneered research into quantum physics and models of the brain, being increasingly interested in consciousness, order and thought. Bohm's books include Wholeness and the Implicate Order, Science, Order and Creativity, and Causation and Chance in Modern Physics.

This relatively early conversation between Bohm and Krishnamurti centres around the relationship between thought and intelligence.

Thought is mechanical, measurable, a movement in time. Is intelligence mechanical and of time?

Does intelligence use thought?

Thought is a pointer; without intelligence the pointer has no value.

Politically, religiously and psychologically thought has created a world of tremendous contradiction and fragmentation.

Can life be guided by intelligence and lived in harmony?

The desire for intelligence has created the image of God.

Thought must be completely still for the awakening of intelligence. You come upon it when you see the whole. The quality of a mind that sees the whole is not touched by thought. Therefore there is perception and insight.

#### **Other platforms**

[\(Apple\) Krishnamurti Podcast - Ep. 15](#)

[\(Spotify\) Krishnamurti Podcast - Ep. 15](#)

[\(YouTube\) Krishnamurti Podcast - Ep. 15](#)

[\(Podbean\) Krishnamurti Podcast - Ep. 15](#)

#### **Ep. 70 - Krishnamurti on Intelligence**

Audio Podcast - 58 minutes

##### **Summary**

This week's episode on Intelligence has five sections.

The first extract (2:10) is from Krishnamurti's second question and answer meeting in Saanen 1985, titled 'Partial versus holistic intelligence'.

The second extract (15:17) is from the sixth talk in Saanen 1979, titled 'Intelligence is perception and action'.

The third extract (25:36) is from the third question and answer meeting in Saanen 1984, titled 'Unlimited intelligence'.

The fourth extract (47:55) is from the third talk in Saanen 1980, titled 'Where there is intelligence there is right action'.

The final extract this week (53:04) is from the fourth talk in New Delhi 1972, titled 'In intelligence is total security'.

#### **Other platforms**

[\(Apple\) Krishnamurti Podcast - Ep. 70](#)

[\(Spotify\) Krishnamurti Podcast - Ep. 70](#)

[\(YouTube\) Krishnamurti Podcast - Ep. 70](#)

[\(Podbean\) Krishnamurti Podcast - Ep. 70](#)

#### **Ep. 275 - Krishnamurti on Awakening Intelligence**

Audio Podcast - 66 minutes

##### **Summary**

'In the awakening of intelligence is the beginning of total happy security of human beings. Nowhere else will you have security except in that.'

This episode on Awakening has four sections.

The first extract (2:19) is from the second question and answer meeting in Saanen 1981, and is titled: Intelligence Cannot Be Cultivated.

The second extract (13:12) is from Krishnamurti's third talk in Saanen 1977, and is titled: The Three Essential Things in the Awakening of Intelligence.

The third extract (29:10) is from the third talk in Madras 1979, and is titled: In Awakening Intelligence Is Order and Security.

The final extract in this episode (55:55) is from the seventh discussion in Saanen 1971, and is titled: Have You Got This Intelligence?

#### **Other platforms**

[\(Apple\) Krishnamurti Podcast - Ep. 275](#)

[\(Spotify\) Krishnamurti Podcast - Ep. 275](#)

[\(YouTube\) Krishnamurti Podcast - Ep. 275](#)

[\(Podbean\) Krishnamurti Podcast - Ep. 275](#)

## **Isolation**

### **[Ep. 249 - Krishnamurti on Isolation](#)**

Audio Podcast - 73 minutes

#### **Summary**

'There can be security for mankind only if there is a global relationship, interrelationship economically and socially – a global relationship, not an isolated security.'

This week's episode on Isolation has four sections.

The first extract (2:34) is from Krishnamurti's second talk at Brockwood Park in 1982, and is titled: Ideologies Isolate.

The second extract (22:29) is from the second talk in Saanen 1982, and is titled: Is There Security in Isolation?

The third extract (44:08) is from Krishnamurti's fourth talk in Saanen 1982, and is titled: The Ending of Isolation.

The final extract this week (1:04:30) is from the tenth talk in Saanen 1964, and is titled: The Difference Between Isolation and Aloneness.

#### **Other platforms**

[\(Apple\) Krishnamurti Podcast - Ep. 249](#)

[\(Spotify\) Krishnamurti Podcast - Ep. 249](#)

[\(YouTube\) Krishnamurti Podcast - Ep. 249](#)

[\(Podbean\) Krishnamurti Podcast - Ep. 249](#)

## **Jealousy/Envy**

### **[Ep. 69 - Krishnamurti on Jealousy and Envy](#)**

Audio Podcast - 47 minutes

#### **Summary**

This week's episode on Jealousy and Envy has five sections.

The first extract (2:16) is from Krishnamurti's first question and answer meeting at Brockwood Park in 1983, titled 'Why am I jealous?'

The second extract (12:30) is from the second talk at Brockwood Park in 1978, titled 'Is jealousy part of love?'

The third extract (24:54) is from the second talk at Brockwood Park in 1975, titled 'Can you live without comparison?'

The fourth extract (32:00) is from the second talk in Saanen 1977, titled 'Ending envy'.

The final extract this week (42:18) is from the first talk at Brockwood Park in 1969, titled 'Giving all your attention to jealousy'.

#### **Other platforms**

[\(Apple\) Krishnamurti Podcast - Ep. 69](#)  
[\(Spotify\) Krishnamurti Podcast - Ep. 69](#)  
[\(YouTube\) Krishnamurti Podcast - Ep. 69](#)  
[\(Podbean\) Krishnamurti Podcast - Ep. 69](#)

## **Joy**

### **Ep. 205 - Krishnamurti on Joy**

Audio Podcast - 67 minutes

#### **Summary**

'Is there a way of life, having understood pleasure and fear, which is joyous, which is enjoyment, not the carrying over of pleasure from day to day?'

This week's episode on Joy has five sections.

The first extract (2:42) is from Krishnamurti's fourth talk in New Delhi 1966, titled: Joy Is Entirely Different From Pleasure.

The second extract (13:41) is from the fourth talk in Saanen 1977, titled: Thought Turns Joy Into Pleasure.

The third extract (27:18) is from Krishnamurti's fifth talk in Saanen 1970, titled: A Joy Untouched by Thought and Pleasure.

The fourth extract (42:29) is from the eighth talk in Bombay 1962, titled: Simplicity and Joy.

The final extract in this episode (1:01:55) is from a direct recording by Krishnamurti in 1983, titled: A Sense of Great Joy.

#### **Other platforms**

[\(Apple\) Krishnamurti Podcast - Ep. 205](#)  
[\(Spotify\) Krishnamurti Podcast - Ep. 205](#)  
[\(YouTube\) Krishnamurti Podcast - Ep. 205](#)  
[\(Podbean\) Krishnamurti Podcast - Ep. 205](#)

## **Knowing**

### **Ep. 256 - Krishnamurti on Knowing**

Audio Podcast - 68 minutes

#### **Summary**

'Knowing is far more important than acquiring knowledge. Knowing means learning. Knowing is always in the present.'

This episode on Knowing has four sections.

The first extract (2:34) is from Krishnamurti's second talk at Rajghat in 1969, and is titled: Is Knowing Based on the Past?

The second extract (15:30) is from the second talk in Bangalore 1971, and is titled: Knowing What Love Is.

The third extract (28:55) is from Krishnamurti's second talk in Saanen 1972, and is titled: How Do You Know You Are Petty or Dull?

The final extract in this episode (36:58) is from the fourth talk in New Delhi 1965, and is titled: Knowing What It Is To Live and To Die.

#### **Other platforms**

(Apple) Krishnamurti Podcast - Ep. 256  
(Spotify) Krishnamurti Podcast - Ep. 256  
(YouTube) Krishnamurti Podcast - Ep. 256  
(Podbean) Krishnamurti Podcast - Ep. 256

### **Ep. 244 - Krishnamurti on Not Knowing**

Audio Podcast - 63 minutes

#### **Summary**

'Remaining totally in a state of not knowing, you have tremendous energy.'

This week's episode on Not-knowing has five sections.

The first extract (2:36) is from the first talk in Saanen 1963, and is titled: The State of Not-knowing.

The second extract (18:11) is from Krishnamurti's fifth talk in Paris 1961, and is titled: Not-knowing Is Complete Attention.

The third extract (30:26) is from the second discussion in Saanen 1971, and is titled: Can the Brain Remain with Not-Knowing?

The fourth extract (41:22) is from Krishnamurti's fourth talk in Saanen 1974, and is titled: In Not-knowing There Is Great Energy.

The final extract in this episode (55:21) is from the seventh talk in Madras 1961, and is titled: We Are Afraid of Leaving the Known.

#### **Other platforms**

(Apple) Krishnamurti Podcast - Ep. 244  
(Spotify) Krishnamurti Podcast - Ep. 244  
(YouTube) Krishnamurti Podcast - Ep. 244  
(Podbean) Krishnamurti Podcast - Ep. 244

## **Knowledge**

### **Ep. 85 - Krishnamurti on Knowledge**

Audio Podcast - 73 minutes

#### **Summary**

'Knowledge is absolutely necessary to earn a livelihood, but why should I accumulate psychological knowledge?'

This week's episode has four sections.

The first extract (2:22) is from Krishnamurti's first talk in San Francisco 1973, titled 'The function of knowledge'.

The second extract (16:38) is from the first talk in Saanen 1973, titled 'What place has knowledge in transformation?'

The third extract (40:14) is from Krishnamurti's first talk at Brockwood Park in 1980, titled 'Ignorance and knowledge go together'.

The final extract (52:10) this week is from the sixth talk in Bombay 1981, titled 'Meditation is the understanding of knowledge'.

#### **Other platforms**

(Apple) Krishnamurti Podcast - Ep. 85  
(Spotify) Krishnamurti Podcast - Ep. 85  
(YouTube) Krishnamurti Podcast - Ep. 85  
(Podbean) Krishnamurti Podcast - Ep. 85

## **Krishnamurti**

### **Ep. 121 - Krishnamurti on Krishnamurti**

Audio Podcast - 54 minutes

#### **Summary**

'I am nobody. It is as simple as that. I am nobody.'

This week's episode on Krishnamurti has seven sections.

The first extract (2:33) is from the first talk in Saanen 1972, titled 'I know why I am here'.

The second extract (11:11) is from Krishnamurti's second talk in Ojai 1981, titled 'I am not a teacher'.

The third extract (17:54) is from an interview by Roy Tuckman in Ojai 1983.

The fourth extract (25:26) is from the third question and answer meeting in Saanen 1983, titled 'Krishnamurti's experiences'.

The fifth extract (36:15) is from the second question and answer meeting in Madras 1981, titled 'Has Krishnamurti performed miracles?'

The sixth extract (41:32) is from the first question and answer meeting in Ojai 1984, titled 'Have you designated someone to carry on your teachings?'

The final extract (46:33) this in this episode is from the third question and answer meeting in Saanen 1981, titled 'Who are you?'

#### **Other platforms**

(Apple) Krishnamurti Podcast - Ep. 121  
(Spotify) Krishnamurti Podcast - Ep. 121  
(YouTube) Krishnamurti Podcast - Ep. 121  
(Podbean) Krishnamurti Podcast - Ep. 121

### **Ep. 220 Krishnamurti's jokes and anecdotes**

Audio Podcast - 75 minutes

#### **Summary**

The format of this episode is different to the usual selection of longer extracts. During the course of Krishnamurti's talks and dialogues, he would sometimes include a joke, anecdote or parable, relevant to what was being said.

This episode compiles a collection of 26 of these from the 1970s and 80s, each one being much shorter than the usual extracts featured on the podcast.

#### **Other platforms**

(Apple) Krishnamurti Podcast - Ep. 220  
(Spotify) Krishnamurti Podcast - Ep. 220  
(YouTube) Krishnamurti Podcast - Ep. 220  
(Podbean) Krishnamurti Podcast - Ep. 220



## Ep. 23 - Has there been a radical change in Krishnamurti's teaching? - Krishnamurti with Pupul Jayakar 1

Audio Podcast - 79 minutes

### Summary

Pupul Jayakar, who died in 1997, was an Indian cultural activist and writer, best known for her work on the revival of traditional and village arts, handlooms, and handicrafts. She was a close friend of prime minister Indira Gandhi, and was her cultural advisor and biographer. Having been to a school established by Annie Basant, Pupul became involved with Krishnamurti's work in the 1940s, becoming a trustee of the Indian foundation.

This first conversation was recorded in 1978, at Brockwood Park. Pupul asks: Has there been a radical change in your teaching, a movement away from observation, from the division between the thinker and the thought? They ask whether it's possible to see the total content of consciousness and move out of it?

Complete, total insight is only possible instantly, and that instant is not contained in time.

The thinker and thought are not separate.

Thinking is based on growth, becoming, evolving.

Will the mind, being so heavily conditioned by the tradition of growth, listen?

### Other platforms

[\(Apple\) Krishnamurti Podcast - Ep. 23](#)

[\(Spotify\) Krishnamurti Podcast - Ep. 23](#)

[\(YouTube\) Krishnamurti Podcast - Ep. 23](#)

[\(Podbean\) Krishnamurti Podcast - Ep. 23](#)

## Learning

### Ep. 160 - Krishnamurti on Learning

Audio Podcast - 72 minutes

### Summary

'A mind that is continually moving from the unknown to the unknown, learning, learning, learning, such a mind is a most extraordinarily sensitive mind and therefore a free mind.'

This week's episode on Learning has four sections.

The first extract (2:45) is from the second discussion with students in Rishi Valley 1981, titled: Holistic Learning.

The second extract (12:01) is from Krishnamurti's first talk in Madras 1969, titled: In Learning, There Is No Authority.

The third extract (24:23) is from the third talk in New Delhi 1964, titled: Learning Is Never Accumulative.

The final extract in this episode (54:20) is from Krishnamurti's first talk at Brockwood Park in 1972, titled: Learning Is Instant Perception and Action.

### Other platforms

[\(Apple\) Krishnamurti Podcast - Ep. 160](#)

[\(Spotify\) Krishnamurti Podcast - Ep. 160](#)

[\(YouTube\) Krishnamurti Podcast - Ep. 160](#)

[\(Podbean\) Krishnamurti Podcast - Ep. 160](#)

## Leisure

### [Ep. 259 - Krishnamurti on Leisure](#)

Audio Podcast - 70 minutes

#### Summary

'Leisure is extraordinarily important – not to have a mind that is constantly occupied, constantly chattering. It is only in that unoccupied mind a new seed of learning can take place.'

This episode on Leisure has five sections.

The first extract (2:35) is from Krishnamurti's second talk in Ojai 1977, and is titled: The Importance of Leisure.

The second extract (21:06) is from the sixth talk at Rajghat in 1962, and is titled: We Have Very Little Leisure.

The third extract (30:48) is from Krishnamurti's seventh talk in Bombay 1964, and is titled: What Will We Do With Our Leisure?

The fourth extract (42:18) is from the third talk in Bombay 1966, and is titled: Great Leisure Is Coming.

The final extract in this episode (55:28) is from the fifth talk in Bombay 1962, and is titled: Leisure and Laziness.

#### Other platforms

[\(Apple\) Krishnamurti Podcast - Ep. 259](#)

[\(Spotify\) Krishnamurti Podcast - Ep. 259](#)

[\(YouTube\) Krishnamurti Podcast - Ep. 259](#)

[\(Podbean\) Krishnamurti Podcast - Ep. 259](#)

## Liberation

### [Ep. 250 - Krishnamurti on Liberation](#)

Audio Podcast - 66 minutes

#### Summary

'Liberation is not a form of snobbishness; it is there for anyone who will inquire into it. It is there with an ever-widening, deepening beauty and strength when there is self-knowing.'

This week's episode on Liberation has four sections.

The first extract (2:40) is from the second question and answer meeting at Brockwood Park in 1981, and is titled: Is Liberation Only for the Few?

The second extract (15:54) is from Krishnamurti's second talk in Madras 1964, and is titled: Liberation Is Not an Abstract Idea.

The third extract (29:07) is from the second talk in London 1969, and is titled: Liberation from Fear.

The final extract in this episode (1:33:33) is from Krishnamurti's fourth talk in Paris 1961, and is titled: Can Liberation Be Realised by Everyone?

#### Other platforms

[\(Apple\) Krishnamurti Podcast - Ep. 250](#)

[\(Spotify\) Krishnamurti Podcast - Ep. 250](#)

[\(YouTube\) Krishnamurti Podcast - Ep. 250](#)

[\(Podbean\) Krishnamurti Podcast - Ep. 250](#)

## Life

### Ep. 43 - How does one inquire into the source of all life? - Krishnamurti with Pupul Jayakar 5

Audio Podcast - 91 minutes

#### Summary

This conversation between Krishnamurti and Pupul Jayakar was recorded at Brockwood Park in 1982. The inquiry includes:

What is the source of all existence, all life, all action?

What is the approach of a mind that wants to inquire into something that it doesn't know, something that demands an extraordinary quality of deep subtlety, deep capacity of order?

Why doesn't one feel totally responsible for the wars, the brutality, the terrible things that are happening in the world?

Human beings have created such disorder in themselves and therefore outwardly. How does one comprehend or be aware of the origin of disorder?

What is the state of action that is born out of complete attention?

Is it necessary to go through the process of watching one's reactions and observing diligently one's relationships?

Any person who gives attention, who really says, 'I must find the source of life,' who is passionate about it, not just casual, will listen. They will listen: it is in the air.

Pupul Jayakar, who died in 1997, was an Indian cultural activist and writer, best known for her work on the revival of traditional and village arts, handlooms and handicrafts. She was a close friend of prime minister Indira Gandhi, and was her cultural advisor and biographer. Having been to a school established by Annie Besant, Pupul became involved with Krishnamurti's work in the 1940s, becoming a trustee of the Indian foundation.

#### Other platforms

[\(Apple\) Krishnamurti Podcast - Ep. 43](#)  
[\(Spotify\) Krishnamurti Podcast - Ep. 43](#)  
[\(YouTube\) Krishnamurti Podcast - Ep. 43](#)  
[\(Podbean\) Krishnamurti Podcast - Ep. 43](#)

### Ep. 74 - Krishnamurti on Life

Audio Podcast - 81 minutes

#### Summary

This week's episode on Life has four sections.

The first extract (2:06) is from Krishnamurti's second talk in Bangalore 1971, titled 'What is our daily life?'

The second extract (9:44) is from the fourth talk in Saanen in 1973, titled 'Is there a meaning to life?'

The third extract (39:16) is from Krishnamurti's first talk in Ojai 1982, titled 'A holistic view of life'.

The final extract this week (1:15:04) is from the fifth discussion in Saanen 1968, titled 'The only thing important in life'.

#### Other platforms

[\(Apple\) Krishnamurti Podcast - Ep. 74](#)  
[\(Spotify\) Krishnamurti Podcast - Ep. 74](#)  
[\(YouTube\) Krishnamurti Podcast - Ep. 74](#)  
[\(Podbean\) Krishnamurti Podcast - Ep. 74](#)

### [Ep. 251 - Krishnamurti on The Meaning of Life](#)

Audio Podcast - 81 minutes

#### **Summary**

'Philosophers intellectually invent or reason out a meaning to life, and we generally accept such meaning because we have no meaning to our own lives.'

This episode on The Meaning of Life has two sections.

The first extract (2:42) is from Krishnamurti's fourth talk in Saanen 1973, and is titled: Meaning vs. Purpose.

The second and final extract in this episode (32:30) is from the fourth talk at Brockwood Park in 1976, and is titled: Finding Out the Meaning of Life.

#### **Other platforms**

[\(Apple\) Krishnamurti Podcast - Ep. 251](#)

[\(Spotify\) Krishnamurti Podcast - Ep. 251](#)

[\(YouTube\) Krishnamurti Podcast - Ep. 251](#)

[\(Podbean\) Krishnamurti Podcast - Ep. 251](#)

## **Light**

### [Ep. 132 - Krishnamurti on Light](#)

Audio Podcast - 74 minutes

#### **Summary**

'When you are a light to yourself you are a light to the world, because the world is you and you are the world.'

This week's episode on Light has five sections.

The first extract (2:45) is from Krishnamurti's second talk in Madras 1965, titled 'Observation and light go together'.

The second extract (20:54) is from the first question and answer meeting at Brockwood Park in 1981, titled 'Can I be a light to myself?'

The third extract (32:44) is from Krishnamurti's sixth talk in Saanen 1979, titled 'A light not kindled at another's lamp'.

The fourth extract (51:17) is from the seventh talk in Saanen 1976, titled 'When you are a light to yourself, you are a light to the world'.

The final extract in this episode (1:10:17) is from the fourth talk in Amsterdam 1968, titled 'In the light of silence'.

#### **Other platforms**

[\(Apple\) Krishnamurti Podcast - Ep. 132](#)

[\(Spotify\) Krishnamurti Podcast - Ep. 132](#)

[\(YouTube\) Krishnamurti Podcast - Ep. 132](#)

[\(Podbean\) Krishnamurti Podcast - Ep. 132](#)

## **Limitation**

### [Ep. 193 - Krishnamurti on Limitation](#)

Audio Podcast - 74 minutes

#### **Summary**

'I cling to my limitation, you cling to your limitation, and therefore there is perpetual conflict.'

This week's episode on Limitation has four sections.

The first extract (2:37) is from Krishnamurti's second talk in Bombay 1980, titled: Is There an Energy That Is Limitless?

The second extract (23:54) is from the third talk in Saanen 1978, titled: Thought Is Everlastingly Limited.

The third extract (41:42) is from Krishnamurti's second talk in Saanen 1983, titled: Self-Security in Limitation.

The final extract in this episode (1:03:49) is from the fourth talk at Brockwood Park in 1972, titled: Can the Mind See Its Own Limitation?

#### **Other platforms**

[\(Apple\) Krishnamurti Podcast - Ep. 193](#)

[\(Spotify\) Krishnamurti Podcast - Ep. 193](#)

[\(YouTube\) Krishnamurti Podcast - Ep. 193](#)

[\(Podbean\) Krishnamurti Podcast - Ep. 193](#)

## **Listening**

### **[Ep. 51 - Krishnamurti on Listening](#)**

Audio Podcast - 56 minutes

#### **Summary**

This week's theme is Listening. Upcoming themes are Images, Passion and Confusion.

This week's podcast has four sections.

This first extract (starting at 2:19) is from Krishnamurti's first talk in Saanen 1962, titled 'The Act of Listening'.

The second part (starting at 35:04) is from the sixth talk in Saanen 1983, titled 'In Listening is a Miracle'.

The third part (starting at 44:50) is from the fourth talk in Ojai 1977, titled 'The Art of Listening'.

The final extract this week (starting at 50:34) is from the ninth talk in Saanen 1965, titled 'You are Listening to Yourself and not to the Speaker'.

#### **Other platforms**

[\(Apple\) Krishnamurti Podcast - Ep. 51](#)

[\(Spotify\) Krishnamurti Podcast - Ep. 51](#)

[\(YouTube\) Krishnamurti Podcast - Ep. 51](#)

[\(Podbean\) Krishnamurti Podcast - Ep. 51](#)

## **Living**

### **[Ep. 41 - What is living, actually? - Krishnamurti with Donald Ingram Smith 2](#)**

Audio Podcast - 52 minutes

#### **Summary**

This conversation was recorded in Ojai, California in 1980. Subjects explored include:  
Our conditioning is irrational.

Will doubt help me to find out what truth is?

Is there a listening without the word, without recognition?

Thought can see itself in action.

We have got many toys which absorb us.

Is it possible to get rid of them?

An occupied mind is always limiting itself, narrowing its activity.

Donald Ingram Smith was a well-known Australian Broadcasting Corporation (ABC) broadcaster from Sydney. For many years he was involved with the recording of Krishnamurti's talks in Australia and India. He also hosted a radio programme on Krishnamurti. Ingram Smith first met Krishnamurti in 1949 and his memoirs of the times he spent with Krishnamurti through to his death are published in the book *Creative Happiness: A Journey with J. Krishnamurti*.

#### **Other platforms**

[\(Apple\) Krishnamurti Podcast - Ep. 41](#)

[\(Spotify\) Krishnamurti Podcast - Ep. 41](#)

[\(YouTube\) Krishnamurti Podcast - Ep. 41](#)

[\(Podbean\) Krishnamurti Podcast - Ep. 41](#)

### **Ep. 263 - Krishnamurti on Mechanical Living**

Audio Podcast - 82 minutes

#### **Summary**

'As long as the mechanical way of living continues, there must be degeneration of the human mind and heart, and in the society in which we live.'

This episode on Mechanical Living has three sections.

The first extract (2:37) is from Krishnamurti's first talk in Bombay 1974, and is titled: *Are You Living Mechanically?*

The second extract (21:22) is from the first question and answer meeting in Saanen 1983, and is titled: *Can the Mechanical Process of the Mind Stop?*

The final extract in this episode (39:29) is from Krishnamurti's fourth talk in Saanen 1974, and is titled: *Is There an Area of the Mind That Is Not Mechanical?*

#### **Other platforms**

[\(Apple\) Krishnamurti Podcast - Ep. 263](#)

[\(Spotify\) Krishnamurti Podcast - Ep. 263](#)

[\(YouTube\) Krishnamurti Podcast - Ep. 263](#)

[\(Podbean\) Krishnamurti Podcast - Ep. 263](#)

## **Loneliness**

### **Ep. 82 - Krishnamurti on Loneliness**

Audio Podcast - 59 minutes

#### **Summary**

'If you see the absurdity of escaping, the fact that running away from it is part of loneliness, then you have the energy to face loneliness.'

This week's podcast has five sections. The first extract (2:10) is from Krishnamurti's fourth talk in Saanen 1971, titled *'We isolate ourselves'*.

The second extract (11:30) is from the fourth talk in Saanen 1982, titled *'What is the cause of loneliness?'*

The third extract (31:52) is from Krishnamurti's sixth talk in Saanen 1976, titled *'Loneliness and death'*.

The fourth extract (40:16) is from the second talk in Ojai 1973, titled *'Observing loneliness'*.

The final extract this week (47:02) is from Krishnamurti's thirteenth talk in Ojai 1949, titled *'We are*

lonely but never alone'.

#### **Other platforms**

(Apple) Krishnamurti Podcast - Ep. 82  
(Spotify) Krishnamurti Podcast - Ep. 82  
(YouTube) Krishnamurti Podcast - Ep. 82  
(Podbean) Krishnamurti Podcast - Ep. 82

## **Love**

### **Ep. 96 - Krishnamurti on Love**

Audio Podcast - 67 minutes

#### **Summary**

'Where there is love, then do what you will, it will be right action'.

This week's episode on Love has five sections.

The first extract (2:16) is from Krishnamurti's fourth talk in Ojai 1984, titled 'What is love?'

The second extract (10:28) is from the sixth talk in Saanen 1973, titled 'Love in relationships'.

The third extract (24:26) is from Krishnamurti's third talk in Saanen 1975, titled 'Is love a movement in time?'

The fourth extract (36:22) is from the third talk at Brockwood Park in 1985, titled 'With the ending of sorrow is love'.

The final extract this week (55:30) is from Krishnamurti's second talk in Bombay 1983, titled 'Is there love in your heart?'

#### **Other platforms**

(Apple) Krishnamurti Podcast - Ep. 96  
(Spotify) Krishnamurti Podcast - Ep. 96  
(YouTube) Krishnamurti Podcast - Ep. 96  
(Podbean) Krishnamurti Podcast - Ep. 96

### **Ep. 7 - Krishnamurti with Iris Murdoch 1**

Audio Podcast - 63 minutes

#### **Summary**

First conversation with Iris Murdoch: There is no love where there is self-interest.

Iris Murdoch was a well-known novelist and philosopher. Her books explore themes such as good and evil, morality, and the power of the unconscious. They emphasise the inner lives of individuals, in the tradition of Dostoyevski and Tolstoy, whilst her philosophical works reinterpret Aristotle and Plato.

In this first conversation, Krishnamurti and Iris Murdoch inquire into love, discovering that love is not desire or pleasure; love is not the opposite of hate; love has no relationship to jealousy; and that love can never bring conflict.

#### **Other platforms**

(Apple) Krishnamurti Podcast - Ep. 7  
(Spotify) Krishnamurti Podcast - Ep. 7  
(YouTube) Krishnamurti Podcast - Ep. 7  
(Podbean) Krishnamurti Podcast - Ep. 7

## **Masters/Hierarchy**

### **Ep. 28 - Masters and hierarchy - Krishnamurti with Alain Naude 4**

Audio Podcast - 49 minutes

## Summary

Alain Naude was Krishnamurti's private secretary in the 1960s. He met Krishnamurti in 1963 whilst a music lecturer at Pretoria University and a professional concert pianist. He gave up his teaching and performing in 1964 to work with Krishnamurti. Fluent in several languages, he was very helpful at international gatherings and in attracting younger audiences to Krishnamurti's talks at a time of cultural change in the West.

This fourth conversation between Naude and Krishnamurti was recorded in January 1972. Naude begins by asking about masters. 'One finds in various teachings the idea of masters, conscious entities who work for the good of mankind. Is there a reservoir of wisdom? Do such entities exist, or does man want to have myths?'

Krishnamurti responds that there is a reservoir of goodness and a reservoir of violence and asks whether there something which is not these two, that is beyond these two?

Is your mind capable of not being held in the reservoirs of goodness or violence?

When you understand these two opposites and go beyond them, meditation is not in terms of vision or action, but the state of silence which is then operating, an energy which then flows. That energy has no character.

When one asks, 'Is there a hierarchy, a master, a group of evolved entities?' you are asking from a point of view, or from desire, from hope.

What is the relationship between the current of vulgarity and that which is beyond and above the opposites?

## Other platforms

[\(Apple\) Krishnamurti Podcast - Ep. 28](#)  
[\(Spotify\) Krishnamurti Podcast - Ep. 28](#)  
[\(YouTube\) Krishnamurti Podcast - Ep. 28](#)  
[\(Podbean\) Krishnamurti Podcast - Ep. 28](#)

## Matter

### [Ep. 239 - Krishnamurti on Matter](#)

Audio Podcast - 66 minutes

## Summary

'Thought is matter. You may not accept it but go into it, examine it. Is there something beyond matter? How will you find out?'

This week's episode on Matter has four sections.

The first extract (2:27) is from Krishnamurti's third talk in Saanen 1974, and is titled: Is All Existence Matter?

The second extract (29:41) is from the first question and answer meeting at Rajghat in 1981, and is titled: Is Thought a Material Process?

The third extract (33:09) is from Krishnamurti's sixth talk in Ojai 1980, and is titled: Can the Mind Investigate Something Beyond Matter?

The final extract in this episode (51:37) is from Krishnamurti's sixth talk in Ojai 1979, and is titled: Thought as Matter Comes to an End.

## Other platforms

[\(Apple\) Krishnamurti Podcast - Ep. 239](#)  
[\(Spotify\) Krishnamurti Podcast - Ep. 239](#)  
[\(YouTube\) Krishnamurti Podcast - Ep. 239](#)  
[\(Podbean\) Krishnamurti Podcast - Ep. 239](#)



## Maturity

### [Ep. 278 - Krishnamurti on Maturity](#)

Audio Podcast - 67 minutes

#### Summary

'Maturity comes not with age or having a degree. That is not maturity. Maturity is a state of mind and heart.'

This episode on Maturity has five sections.

The first extract (2:41) is from Krishnamurti's sixth talk in Bombay 1962, and is titled: What is Maturity?

The second extract (21:42) is from the fourth talk at Rishi Valley in 1965, and is titled: The Slowly Maturing Mind.

The third extract (37:18) is from the second discussion with staff at Brockwood Park in 1974, and is titled: Maturing Endlessly.

The fourth extract (45:16) is from Krishnamurti's sixth public talk in Saanen 1962, and is titled: Immediate Maturity.

The final extract in this episode (1:03:28) is from the second talk at Rajghat in 1965, and is titled: Maturity Means Every Act Is Complete.

#### Other platforms

[\(Apple\) Krishnamurti Podcast - Ep. 278](#)

[\(Spotify\) Krishnamurti Podcast - Ep. 278](#)

[\(YouTube\) Krishnamurti Podcast - Ep. 278](#)

[\(Podbean\) Krishnamurti Podcast - Ep. 278](#)

## Measurement

### [Ep. 123 - Krishnamurti on Measurement](#)

Audio Podcast - 74 minutes

#### Summary

'When you are free, when the brain is free of measurement, the very brain cells that have been used to measurement, conditioned by measurement, have suddenly awakened to the truth.'

This week's episode on Measurement has five sections.

The first extract (2:26) is from the fifth question and answer meeting in Saanen 1980, titled 'We have fallen into the habit of measurement'.

The second extract (28:18) is from Krishnamurti's sixth talk in Saanen 1983, titled 'The 'better' is measurable.'

The third extract (40:34) is from the second talk at Brockwood Park in 1972, titled 'Measurement brings fragmentation'.

The fourth extract (1:01:52) is from the third question and answer meeting in Ojai 1982, titled 'Where there is measurement there is no spirituality'.

The final extract in this episode (1:07:31) is from Krishnamurti's seventh talk in Saanen 1978, titled 'Attention is freedom from measurement'.

#### Other platforms

[\(Apple\) Krishnamurti Podcast - Ep. 123](#)

[\(Spotify\) Krishnamurti Podcast - Ep. 123](#)

[\(YouTube\) Krishnamurti Podcast - Ep. 123](#)

[\(Podbean\) Krishnamurti Podcast - Ep. 123](#)

## Meditation

### [Ep. 14 - Krishnamurti with Chogyam Trungpa Rinpoche](#)

Audio Podcast - 40 minutes

#### Summary

Chogyam Trungpa Rinpoche was a Buddhist meditation master and a major figure in the dissemination of Buddhism to the West. He founded more than one hundred meditation centres throughout the world, including Naropa University in Boulder, Colorado, where Pema Chodron, Allen Ginsberg and Ken Wilber were among his many students. He wished to present the path of meditation in secular terms, developing a programme called Shambhala Training.

This conversation with Krishnamurti was recorded in San Diego, California in 1972. In it, the pair ask: what is the quality of the mind that is no longer held in the matrix of experience? What is meditation and why should one meditate? They inquire into seeing without the 'me', and the possibility of a total observation without time and memory.

#### Other platforms

[\(Apple\) Krishnamurti Podcast - Ep. 14](#)  
[\(Spotify\) Krishnamurti Podcast - Ep. 14](#)  
[\(YouTube\) Krishnamurti Podcast - Ep. 14](#)  
[\(Podbean\) Krishnamurti Podcast - Ep. 14](#)

### [Ep. 36 - Inquiring into meditation - Krishnamurti with Christopher Titmuss](#)

Audio Podcast - 46 minutes

#### Summary

This conversation between Krishnamurti and Titmuss was recorded at Brockwood Park in 1984.

Krishnamurti asks:

What do we mean by the word 'meditation'?

Why should we meditate?

Do we need to be taught how to meditate?

Have we extended ambition from this world to the spiritual world?

Who is the controller that controls thought?

Christopher Titmuss, a former Buddhist monk, is a teacher and writer in the Buddhist tradition. He teaches and holds retreats in many countries around the world and many of his talks are available online. His books include *The Buddha of Love*, *Light on Enlightenment*, *An Awakened Life* and *Poems from the Edge of Time*.

#### Other platforms

[\(Apple\) Krishnamurti Podcast - Ep. 36](#)  
[\(Spotify\) Krishnamurti Podcast - Ep. 36](#)  
[\(YouTube\) Krishnamurti Podcast - Ep. 36](#)  
[\(Podbean\) Krishnamurti Podcast - Ep. 36](#)

### [Ep. 88 - Krishnamurti on Meditation](#)

Audio Podcast - 82 minutes

#### Summary

'Meditation means the emptying of consciousness of its content. Then only can the mind be absolutely quiet.'

This week's episode on Meditation has four sections.

The first extract (2:24) is from Krishnamurti's fourth talk in San Diego 1970, titled 'What is meditation?'

The second extract (16:41) is from the seventh talk in Saanen 1974, titled 'The controller is the controlled'.

The third extract (42:32) is from Krishnamurti's sixth talk in Ojai 1949, titled 'Meditation is the beginning of self-knowledge'.

The final extract (1:11:11) this week is from a direct recording by Krishnamurti in 1983, titled 'Meditation is without measurement'. This recording is exclusive to this podcast and has not been heard outside of the archives before now.

#### **Other platforms**

[\(Apple\) Krishnamurti Podcast - Ep. 88](#)  
[\(Spotify\) Krishnamurti Podcast - Ep. 88](#)  
[\(YouTube\) Krishnamurti Podcast - Ep. 88](#)  
[\(Podbean\) Krishnamurti Podcast - Ep. 88](#)

## **Memory**

### **Ep. 242 - Krishnamurti on Memory**

Audio Podcast - 66 minutes

#### **Summary**

'Memory is necessary at a certain level, but when memory becomes merely mechanical action in human relationships, it becomes a danger and creates mischief.'

This week's episode on Memory has five sections.

The first extract (2:35) is from Krishnamurti's second talk in New Delhi 1966, and is titled: What Is the Function of Memory?

The second extract (8:26) is from the fourteenth talk in Ojai 1949, and is titled: We Live on Memories.

The third extract (21:40) is from Krishnamurti's third talk at Brockwood Park in 1983, and is titled: Does Memory Cause Suffering?

The fourth extract (38:03) is from the second talk in Amsterdam 1981, and is titled: We Are Nothing But Memory.

The final extract (48:56) is from Krishnamurti's second talk in Ojai 1984, and is titled: Motive Is Born of Memory

#### **Other platforms**

[\(Apple\) Krishnamurti Podcast - Ep. 242](#)  
[\(Spotify\) Krishnamurti Podcast - Ep. 242](#)  
[\(YouTube\) Krishnamurti Podcast - Ep. 242](#)  
[\(Podbean\) Krishnamurti Podcast - Ep. 242](#)

### **Ep. 9 - Krishnamurti with David Shainberg**

Audio Podcast - 62 minutes

#### **Summary**

Memory, thought and the illusion of continuity.

Shainberg trained at the American Institute for Psychoanalysis and worked in New York. He was a leading force behind the integration of eastern and western philosophies in the understanding of consciousness and experience. Shainberg was the first to bring psychoanalysts and eastern spiritual leaders together. He retired from practice in 1981 in order to devote more time to painting.

Recorded in New York in 1983, the conversation between Krishnamurti and Shainberg inquires into why illusion and thought have such power.

What can a person do for another who is caught up in their illusions?

Why do human beings give importance to their own self-centred activity?

The very idea of protecting oneself brings about isolation.

The 'me' is not something separate from memory. Memory is the only thing that continues, but represents something that is dead, finished.

Our psyche is being programmed by ideologies, which have been put together by thought.

#### **Other platforms**

(Apple) Krishnamurti Podcast - Ep. 9  
(Spotify) Krishnamurti Podcast - Ep. 9  
(YouTube) Krishnamurti Podcast - Ep. 9  
(Podbean) Krishnamurti Podcast - Ep. 9

## **Mind**

### **Ep. 117 - Krishnamurti on the Mind**

Audio Podcast - 83 minutes

#### **Summary**

'A religious mind never thinks in terms of growth and evolution. It is always jumping out of time.'

This week's episode on The Mind has five sections.

The first extract (2:36) is from the tenth talk in London 1961, titled 'The shallow mind'.

The second extract (16:26) is from the fourth talk at Brockwood Park in 1980, titled 'Why is the mind caught in time?'

The third extract (38:28) is from Krishnamurti's eighth talk in Madras 1961, titled 'The scientific mind and the religious mind'.

The fourth extract (1:02:12) is from Krishnamurti's seventh talk in Saanen 1971, titled 'A mind in harmony'.

The final extract (1:15:00) this in this episode is from the fourth talk in Madras 1974, titled 'A mind with enormous space'.

#### **Other platforms**

(Apple) Krishnamurti Podcast - Ep. 117  
(Spotify) Krishnamurti Podcast - Ep. 117  
(YouTube) Krishnamurti Podcast - Ep. 117  
(Podbean) Krishnamurti Podcast - Ep. 117

### **Ep. 40 - A mind that is not empty cannot find truth - Krishnamurti with Alain Naude 6**

Audio Podcast - 80 minutes

#### **Summary**

This conversation between Krishnamurti and Naude was recorded in Malibu in 1972. Naude begins by asking: Are the various scriptures of India and the Middle East similar to or in contradiction to your teaching?

Krishnamurti later asks: Can thought end right through one's consciousness? Must thought not end for something new to be observed?

How does the mind look at itself? Does it look as an observer different from the observed, or without the observer and therefore there is only the observed?

Can consciousness empty itself of its content?

What has happened to the mind that has discarded the weight of becoming, of tradition, myth,

gurus and authority?

A mind that has no space can never find truth. A mind that is not empty can never find truth.

Remaining with the fact of hurt.

When you are nothing, you love.

There is a movement in silence that has no beginning and no end, a movement that is always new.

Inquiry is different from effort, from seeking, from achievement.

Alain Naude was Krishnamurti's private secretary in the 1960s. He met Krishnamurti in 1963 whilst a music lecturer and concert pianist. He gave up his teaching and performing in 1964 to work with Krishnamurti. Fluent in several languages, he was very helpful at international gatherings and in attracting younger audiences to Krishnamurti's talks, at a time of cultural change in the West.

#### **Other platforms**

[\(Apple\) Krishnamurti Podcast - Ep. 40](#)

[\(Spotify\) Krishnamurti Podcast - Ep. 40](#)

[\(YouTube\) Krishnamurti Podcast - Ep. 40](#)

[\(Podbean\) Krishnamurti Podcast - Ep. 40](#)

### [Ep. 272 - Krishnamurti on The Scientific Mind and the Religious Mind](#)

Audio Podcast - 79 minutes

#### **Summary**

'The really scientific mind and the really religious mind are the only two minds that can exist now, not the superstitious, believing, temple-going, church-worshipping mind.'

This episode on The Scientific Mind and the Religious Mind has two sections.

The first extract (2:47) is from Krishnamurti's eleventh talk in London 1961, and is titled: The Scientific and Religious Spirit.

The second and final extract in this episode (53:01) is from the eighth talk in Madras 1961, and is titled: The Only Two Minds That Can Now Exist.

#### **Other platforms**

[\(Apple\) Krishnamurti Podcast - Ep. 272](#)

[\(Spotify\) Krishnamurti Podcast - Ep. 272](#)

[\(YouTube\) Krishnamurti Podcast - Ep. 272](#)

[\(Podbean\) Krishnamurti Podcast - Ep. 272](#)

## **Misc.**

### [Ep. 1 - Krishnamurti interviewed by Bernard Levin](#)

Audio Podcast - 32 minutes

#### **Summary**

This interview with Krishnamurti was first broadcast in 1981. Recorded at Brockwood Park in Hampshire, as part of The Levin Interview TV series, it serves as a good introduction to Krishnamurti's work. Bernard Levin was one of Britain's best-known journalists.

Questions explored include:

Why don't we realise the damage we are doing in the world?

Is it wrong to seek happiness?

What is action?

What is right living?

Can society be changed? How is man to be free?

#### **Other platforms**

[\(Apple\) Krishnamurti Podcast - Ep. 1](#)  
[\(Spotify\) Krishnamurti Podcast - Ep. 1](#)  
[\(YouTube\) Krishnamurti Podcast - Ep. 1](#)  
[\(Podbean\) Krishnamurti Podcast - Ep. 1](#)

### **Ep. 2 - Krishnamurti's Commentaries on Living read by Terence Stamp (Part 1)**

Audio Podcast - 34 minutes

#### **Summary**

Commentaries on Living is one of Krishnamurti's most well-known and best loved books. In it, he recalls many of the private conversations with those who came to see him. With encouragement from Aldous Huxley these meetings were written down by Krishnamurti and published in 1956.

Terence Stamp is an Oscar-nominated actor. It was through working with Fellini that he met and became friends with Krishnamurti, who, in Stamp's words, 'used his presence to pause my thinking.' Thanks to the Karina Library in Ojai, California for these recordings.

Chapters included in this episode are Fulfilment, Thought and Love, Simplicity of the Heart, The Self, and Psychological Security.

#### **Other platforms**

[\(Apple\) Krishnamurti Podcast - Ep. 2](#)  
[\(Spotify\) Krishnamurti Podcast - Ep. 2](#)  
[\(YouTube\) Krishnamurti Podcast - Ep. 2](#)  
[\(Podbean\) Krishnamurti Podcast - Ep. 2](#)

### **Ep. 3 - Krishnamurti's Commentaries on Living read by Terence Stamp (Part 2)**

Audio Podcast - 42 minutes

#### **Summary**

Commentaries on Living is one of Krishnamurti's most well-known and best loved books. In it, he recalls many of the private conversations with those who came to see him. With encouragement from Aldous Huxley these meetings were written down by Krishnamurti and published in 1956.

Terence Stamp is an Oscar-nominated actor. It was through working with Fellini that he met and became friends with Krishnamurti, who, in Stamp's words, 'used his presence to pause my thinking.' Thanks to the Karina Library in Ojai, California for these recordings.

Chapters included in this episode are Continuity, Awareness, Loneliness, and Silence.

#### **Other platforms**

[\(Apple\) Krishnamurti Podcast - Ep. 3](#)  
[\(Spotify\) Krishnamurti Podcast - Ep. 3](#)  
[\(YouTube\) Krishnamurti Podcast - Ep. 3](#)  
[\(Podbean\) Krishnamurti Podcast - Ep. 3](#)

### **Ep. 6 - Krishnamurti interviewed by Ross Saunders**

Audio Podcast - 30 minutes

#### **Summary**

Krishnamurti Interviewed by Ross Saunders. This interview was recorded for the Australian television show 'This Day Tonight'. The programme is half an hour long and was recorded in 1970.

Describing the interview in her diary, Mary Zimbalist, Krishnamurti's assistant, said that Krishnamurti 'demolished belief and religion then went on with such fresh clarity until the end of the half hour, covering a great deal with simplicity and eloquence.'

Questions explored include:

Is it possible for a mind to be free from yesterday and from belief?

How can an individual, who is part of the system, get outside the system in order to observe it and

himself?

Do the younger generation have a thirst for awareness and self-knowledge?

You have been critical of religions. Could you tell me your own particular outlook on religion?

What do you make of death?

More than 40 years after you dissolved the Order of the Star, how would you summarise your aims?

#### **Other platforms**

[\(Apple\) Krishnamurti Podcast - Ep. 6](#)  
[\(Spotify\) Krishnamurti Podcast - Ep. 6](#)  
[\(YouTube\) Krishnamurti Podcast - Ep. 6](#)  
[\(Podbean\) Krishnamurti Podcast - Ep. 6](#)

#### **Ep. 13 - Krishnamurti interviewed by Oliver Hunkin**

Audio Podcast - 27 minutes

##### **Summary**

Oliver Hunkin was head of religious programmes at the BBC, where he revolutionised the format. He was also an author and cartoonist. In his memoirs he wrote: 'We have to admit there is an air of antique unreality about organised religion. The majority of people do not see the point of it. Have we lost track of the fact that religion is a specific experience rather than a system of dogma?' Indeed, he had a revelatory spiritual experience one evening whilst driving, later saying: 'I felt totally at one with the landscape, and with myself, and with all creation. The memory of it has affected my attitude to life ever since'.

This interview with Krishnamurti was recorded at Brockwood Park in 1970. In the conversation, Krishnamurti states that authority has crippled the mind, religiously and inwardly. The authority of belief, imposed by religions, destroys the discovery of reality. One relies on authority because one is afraid to stand alone.

To understand fear one must also understand pleasure, as they are two sides of the same coin.

Are we seeing each other with an image?

There is love only when I have understood myself and so in myself there is no fragmentation, anger, ambition or greed.

Effort is a contradiction of energies.

A meditative mind is a very silent mind.

#### **Other platforms**

[\(Apple\) Krishnamurti Podcast - Ep. 13](#)  
[\(Spotify\) Krishnamurti Podcast - Ep. 13](#)  
[\(YouTube\) Krishnamurti Podcast - Ep. 13](#)  
[\(Podbean\) Krishnamurti Podcast - Ep. 13](#)

#### **Ep. 21 - Krishnamurti with Keith Berwick 1**

Audio Podcast - 28 minutes

##### **Summary**

Keith Berwick is a four-time Emmy Award winning television broadcaster, and senior fellow of the Aspen Institute. His career also includes historian, educator, newspaper publisher and editor. He lives in Santa Barbara, California.

This first interview was recorded in Los Angeles in 1981. Berwick begins by asking: Why, in 1929, Krishnamurti gave up being the head of The Order of the Star.

Other themes include:

What is the major theme of the teachings?

The fundamental issue is whether the human condition, with all its misery, anxiety and sorrow can be changed.

We don't realise that our consciousness is the common ground on which we all stand; we think we are separate.

There is nothing sacred in what thought has created.

How does one achieve right action, right relationship?

If you have no image you can never be hurt.

Freedom is to be free from the image-building machinery, which is thought.

#### **Other platforms**

[\(Apple\) Krishnamurti Podcast - Ep. 21](#)

[\(Spotify\) Not available](#)

[\(YouTube\) Krishnamurti Podcast - Ep. 21](#)

[\(Podbean\) Krishnamurti Podcast - Ep. 21](#)

#### **Ep. 22 - Krishnamurti with Keith Berwick 2**

Audio Podcast - 55 minutes

##### **Summary**

Keith Berwick is a four-time Emmy Award winning television broadcaster, and senior fellow of the Aspen Institute. His career also includes historian, educator, newspaper publisher and editor. He lives in Santa Barbara, California.

This second interview was recorded in Los Angeles in 1983, two years after the first. Themes include: What is a human being? What is an individual?

Clarity can only come into being when there is no confusion.

One must have physical security, but it is being denied because we think in terms of tribalism.

Disorder creates authority.

Ambition, jealousy, desire and pleasure are not love.

What is intelligence? What is thinking?

Conscious meditation is determination, not meditation. To meditate you must understand relationship.

What is the root of desire?

Is there another instrument than thought? If thought has its right place, then you can look.

#### **Other platforms**

[\(Apple\) Krishnamurti Podcast - Ep. 22](#)

[\(Spotify\) Krishnamurti Podcast - Ep. 22](#)

[\(YouTube\) Krishnamurti Podcast - Ep. 22](#)

[\(Podbean\) Krishnamurti Podcast - Ep. 22](#)

#### **Ep. 26 - Krishnamurti interviewed by Eric Robson**

Audio Podcast - 28 minutes

##### **Summary**

Eric Robson is a broadcaster, author and documentary film maker, based in the UK where he also farms. For 25 years he chaired Gardner's Question Time.

This 1984 conversation was part of a television series he hosted, called Revelations.



Questions Robson asks Krishnamurti include:

Did you ever believe, as the people who were sponsoring you believed, that you were some sort of messiah?

Can you explain why you are so positively against organised religion?

Is your system rooted in any religion?

How do you strip away conditioning?

Is there only one truth or are there many truths?

When you approach the pathless land of truth, do you have to do anything with that truth?

Is it possible for everyone to achieve truth?

You said that the world can only change through personal transformation, and yet the world is sliding to the edge of a black abyss. Won't personal transformation simply come too late?

#### **Other platforms**

[\(Apple\) Krishnamurti Podcast - Ep. 26](#)

[\(Spotify\) Krishnamurti Podcast - Ep. 26](#)

[\(YouTube\) Krishnamurti Podcast - Ep. 26](#)

[\(Podbean\) Krishnamurti Podcast - Ep. 26](#)

#### **[Ep. 29 - Krishnamurti interviewed by Frank Waters](#)**

Audio Podcast - 90 minutes

##### **Summary**

Frank Waters was a well-known American author based in New Mexico. His books include novels, biographies, histories, and essay collections. Known as the Grandfather of Southwestern Literature, he was nominated for the Nobel Prize several times.

His interview with Krishnamurti took place in Malibu, California in 1972. Subjects include: what brings about receptivity?

Speaking to the unconscious.

The little self and the big self.

How Krishnamurti's teachings work.

Myth

The destruction of the planet.

Sleep.

Kundalini.

#### **Other platforms**

[\(Apple\) Krishnamurti Podcast - Ep. 29](#)

[\(Spotify\) Krishnamurti Podcast - Ep. 29](#)

[\(YouTube\) Krishnamurti Podcast - Ep. 29](#)

[\(Podbean\) Krishnamurti Podcast - Ep. 29](#)

#### **[Ep. 31 - Krishnamurti with Donald Ingram Smith 1](#)**

Audio Podcast - 54 minutes

##### **Summary**

This conversation between Krishnamurti and Donald Ingram Smith, entitled 'Awareness is a mirror in which the movement of thought is perceived', was recorded in Ojai, California in 1977.

Krishnamurti asks whether all of consciousness is made up of its content.

Can thought be aware of itself?

Is whatever thought has created reality?

Intelligence is not a product of thought.

Thought has limited itself, made itself a fragment.

Attention is the summation of all energy.

Donald Ingram Smith was a well-known Australian Broadcasting Corporation (ABC) broadcaster from Sydney. For many years he was involved with the recording of Krishnamurti's talks in Australia and India. He also hosted a radio programme on Krishnamurti. Ingram Smith first met Krishnamurti in 1949 and his memoirs of the times he spent with Krishnamurti through to his death are published in the book *Creative Happiness: A Journey with J. Krishnamurti*.

#### **Other platforms**

[\(Apple\) Krishnamurti Podcast - Ep. 31](#)

[\(Spotify\) Krishnamurti Podcast - Ep. 31](#)

[\(YouTube\) Krishnamurti Podcast - Ep. 31](#)

[\(Podbean\) Krishnamurti Podcast - Ep. 31](#)

#### **Ep. 32 - Krishnamurti interviewed by Wilfred Thomas**

Audio Podcast - 32 minutes

##### **Summary**

This interview by Wilfred Thomas with Krishnamurti took place at the recently-purchased Brockwood Park in Hampshire. It was recorded for Australian radio.

Questions asked include:

How old were you when you first heard the theosophists' plans for you?

When did you first have doubts about the pattern they had laid down for you?

How are you reaching younger people?

Do you think it is possible that humanity, instead of breaking up into national groups and races, will merge into one?

What is your definition of love?

What do you think happens when the body dies, reincarnation?

You now have three institutions. Are they maintained by subscriptions?

Wilfred Thomas lived in Australia and then London. He began his career as a singer and later moved on to presenting and acting for television and radio.

#### **Other platforms**

[\(Apple\) Krishnamurti Podcast - Ep. 32](#)

[\(Spotify\) Krishnamurti Podcast - Ep. 32](#)

[\(YouTube\) Krishnamurti Podcast - Ep. 32](#)

[\(Podbean\) Krishnamurti Podcast - Ep. 32](#)

#### **Ep. 37 - Krishnamurti's Commentaries on Living read by Terence Stamp (Part 3)**

Audio Podcast - 37 minutes

##### **Summary**

*Commentaries on Living* is one of Krishnamurti's most well-known and best loved books. In it, he recalls many of the private conversations with those who came to see him. With encouragement from Aldous Huxley these meetings were written down by Krishnamurti and published in 1956.

Chapters included in this episode are titled *Three Pious Egoists*, *Identification*, *Gossip & Worry*,

Thought & Love, Aloneness & Isolation, and Pupil & Master.

Terence Stamp is an Oscar-nominated actor, known for his roles in *The Limey*, *Superman*, *The Collector*, *Wall Street* and many others. It was through working with Fellini that he met and became friends with Krishnamurti, who, in Stamp's words, 'used his presence to pause my thinking.'

#### **Other platforms**

(Apple) Krishnamurti Podcast - Ep. 37  
(Spotify) Krishnamurti Podcast - Ep. 37  
(YouTube) Krishnamurti Podcast - Ep. 37  
(Podbean) Krishnamurti Podcast - Ep. 37

### **Ep. 38 - Krishnamurti's Commentaries on Living read by Terence Stamp (Part 4)**

Audio Podcast - 34 minutes

#### **Summary**

*Commentaries on Living* is one of Krishnamurti's most well-known and best loved books. In it, he recalls many of the private conversations with those who came to see him. With encouragement from Aldous Huxley these meetings were written down by Krishnamurti and published in 1956.

Chapters included in this episode are titled *The Rich & The Poor*, *Ceremonies & Conversion*, *Knowledge*, *Respectability*, and *Politics*, none of which have been released previously.

Terence Stamp is an Oscar-nominated actor, known for his roles in *The Limey*, *Superman*, *The Collector*, *Wall Street* and many others. It was through working with Fellini that he met and became friends with Krishnamurti, who, in Stamp's words, 'used his presence to pause my thinking.'

#### **Other platforms**

(Apple) Krishnamurti Podcast - Ep. 38  
(Spotify) Krishnamurti Podcast - Ep. 38  
(YouTube) Krishnamurti Podcast - Ep. 38  
(Podbean) Krishnamurti Podcast - Ep. 38

### **Ep. 42 - Krishnamurti's Commentaries on Living read by Terence Stamp (Part 5)**

Audio Podcast - 37 minutes

#### **Summary**

*Commentaries on Living* is one of Krishnamurti's most well-known and best loved books. In it, he recalls many of the private conversations with those who came to see him. With encouragement from Aldous Huxley these meetings were written down by Krishnamurti and published in 1956. Two further volumes were published in 1958 and 1960.

Chapters included in this episode are titled *Experiencing*, *Virtue*, *Simplicity of the Heart*, *Facets of the Individual*, *Sleep*, and *Love in Relationship*.

Terence Stamp is an Oscar-nominated actor, known for his roles in *The Limey*, *Superman*, *The Collector*, *Wall Street* and many others. It was through working with Fellini that he met and became friends with Krishnamurti. Stamp includes his experiences with Krishnamurti in his recent memoir *The Ocean Fell Into the Drop*.

#### **Other platforms**

(Apple) Krishnamurti Podcast - Ep. 42  
(Spotify) Krishnamurti Podcast - Ep. 42  
(YouTube) Krishnamurti Podcast - Ep. 42  
(Podbean) Krishnamurti Podcast - Ep. 42

### **Ep. 46 - Krishnamurti's Commentaries on Living read by Terence Stamp (Part 6)**

Audio Podcast - 44 minutes

#### **Summary**

*Commentaries on Living* is one of Krishnamurti's most well-known and best loved books. In it, he recalls many of the private conversations with those who came to see him. With encouragement from Aldous Huxley these meetings were written down by Krishnamurti and published in 1956. Two further volumes were published in 1958 and 1960. Chapters included in this episode are titled 'The Known and the Unknown', 'The Search for Truth', 'Sensitivity', 'The Individual and Society',

‘The Self’, and ‘Belief’.

Terence Stamp is an Oscar-nominated actor, known for his roles in *The Limey*, *Superman*, *The Collector*, *Wall Street* and many others. It was through working with Fellini that he met and became friends with Krishnamurti. Stamp includes his experiences with Krishnamurti in his recent memoir *The Ocean Fell Into the Drop*.

#### **Other platforms**

(Apple) Krishnamurti Podcast - Ep. 46  
(Spotify) Krishnamurti Podcast - Ep. 46  
(YouTube) Krishnamurti Podcast - Ep. 46  
(Podbean) Krishnamurti Podcast - Ep. 46

### **Ep. 50 - Terence Stamp reading Commentaries on Living – Part 7**

Audio Podcast - 45 minutes

#### **Summary**

*Commentaries on Living* is one of Krishnamurti’s most well-known and best loved books. In it, he recalls many of the private conversations with those who came to see him. With encouragement from Aldous Huxley these meetings were written down by Krishnamurti and published in 1956. Two further volumes were published in 1958 and 1960.

Chapters included in this episode are titled Silence, Renunciation of Riches, Repetition and Sensation, The Radio and Music, Authority, Meditation, and Anger.

Terence Stamp is an Oscar-nominated actor, known for his roles in *The Limey*, *Superman*, *The Collector*, *Wall Street* and many others. It was through working with Fellini that he met and became friends with Krishnamurti. Stamp includes his experiences with Krishnamurti in his recent memoir *The Ocean Fell Into the Drop*.

#### **Other platforms**

(Apple) Krishnamurti Podcast - Ep. 50  
(Spotify) Krishnamurti Podcast - Ep. 50  
(YouTube) Krishnamurti Podcast - Ep. 50  
(Podbean) Krishnamurti Podcast - Ep. 50

## **Morality**

### **Ep. 161 - Krishnamurti on Morality**

Audio Podcast - 63 minutes

#### **Summary**

‘Social conformity is called morality. But if you go into it very deeply, you see that such morality is immoral.’

This week’s episode on Morality has four sections.

The first extract (2:35) is from Krishnamurti’s first talk in Madras 1971, titled: *Our Social Morality Is Immorality*.

The second extract (19:02) is from the second talk in Madras 1969, titled: *Is There Security in Morality?*

The third extract (39:51) is from Krishnamurti’s fourth talk in Paris 1965, titled: *Virtue Has Nothing To Do With Our Social Morality*.

The final extract in this episode (55:14) is from the fourth talk in Bombay 1981, titled: *Without Beauty There Is No Morality*.

#### **Other platforms**

(Apple) Krishnamurti Podcast - Ep. 161  
(Spotify) Krishnamurti Podcast - Ep. 161  
(YouTube) Krishnamurti Podcast - Ep. 161  
(Podbean) Krishnamurti Podcast - Ep. 161

## Motive

### [Ep. 252 - Krishnamurti on Motive](#)

Audio Podcast - 74 minutes

#### Summary

'Motives are based on pleasure – avoiding pain and holding onto pleasure. There is no other kind of motive.'

This episode on Motive has five sections.

The first extract (2:39) is from Krishnamurti's first talk at Rajghat in 1967, and is titled: Why Do We Have Motives?

The second extract (9:19) is from the second discussion in Saanen 1976, and is titled: Can I Live Without a Motive or Direction?

The third extract (20:12) is from the third question and answer meeting in Saanen 1984, and is titled: Motives and Desire.

The fourth extract (37:46) is from Krishnamurti's third talk in Saanen 1982, and is titled: Facing Facts Without a Motive.

The Final extract in this episode (52:49) is from the second discussion in Saanen 1977, and is titled: Awareness Without Motive.

#### Other platforms

[\(Apple\) Krishnamurti Podcast - Ep. 252](#)

[\(Spotify\) Krishnamurti Podcast - Ep. 252](#)

[\(YouTube\) Krishnamurti Podcast - Ep. 252](#)

[\(Podbean\) Krishnamurti Podcast - Ep. 252](#)

## Movement

### [Ep. 268 - Krishnamurti on Movement](#)

Audio Podcast - 73 minutes

#### Summary

'Thought is a material process, a movement. When there is no movement, there something totally original, totally untouched by humanity, untouched by all the movement of thought.'

This episode on Movement has three sections.

The first extract (2:48) is from Krishnamurti's third talk in Saanen 1973, and is titled: Thought Is Movement in Time.

The second extract (29:46) is from the seventh talk in Saanen 1976, and is titled: When the Movement of the Past Meets the 'Now'.

The final extract in this episode (1:04:49) is from a direct recording by Krishnamurti in 1970, and is titled: Ending the Movement of Association.

#### Other platforms

[\(Apple\) Krishnamurti Podcast - Ep. 268](#)

[\(Spotify\) Krishnamurti Podcast - Ep. 268](#)

[\(YouTube\) Krishnamurti Podcast - Ep. 268](#)

[\(Podbean\) Krishnamurti Podcast - Ep. 268](#)

## Mutation

### [Ep. 113 - Krishnamurti on Mutation](#)

Audio Podcast - 73 minutes

#### Summary

There must be a revolutionary change, a complete mutation at the very root of our being, otherwise our problems, both economic and social, will inevitably increase.'

This week's episode on Mutation has five sections.

The first extract (2:40) is from the fourth talk in Saanen 1964, titled 'There must be a mutation and it must take place now'.

The second extract (28:59) is from Krishnamurti's fifth talk in Saanen 1983, titled 'What is going to happen to the human brain?'

The third extract (50:14) is from the third talk in New Delhi 1966, titled 'How do we bring about a mutation?'

The fourth extract (55:25) is from the second question and answer meeting in Saanen 1983, titled 'With perception there is a mutation'.

The final extract in this episode (1:05:29) is from Krishnamurti's tenth talk in Saanen 1963, titled 'Out of mutation there is action'.

#### Other platforms

[\(Apple\) Krishnamurti Podcast - Ep. 113](#)

[\(Spotify\) Krishnamurti Podcast - Ep. 113](#)

[\(YouTube\) Krishnamurti Podcast - Ep. 113](#)

[\(Podbean\) Krishnamurti Podcast - Ep. 113](#)

## Nationalism

### [Ep. 179 - Krishnamurti on Nationalism](#)

Audio Podcast - 65 minutes

#### Summary

As long as you have sovereign governments - that is, nationalistic separate governments with their armies - you are bound to have wars.'

This week's episode on Nationalism has three sections.

The first extract (2:32) is from Krishnamurti's first talk at Rajghat in 1965, titled: As Long as We Have Separate Nationalistic Governments, We Are Bound To Have Wars.

The second extract (29:35) is from the first talk in Ojai 1977, titled: Is There Security in Nationalism?

The final extract in this episode (44:49) is from Krishnamurti's first talk in Saanen 1983, titled: Nationalism Is Glorified Tribalism.

#### Other platforms

[\(Apple\) Krishnamurti Podcast - Ep. 179](#)

[\(Spotify\) Krishnamurti Podcast - Ep. 179](#)

[\(YouTube\) Krishnamurti Podcast - Ep. 179](#)

[\(Podbean\) Krishnamurti Podcast - Ep. 179](#)

## Nature/Environment

### [Ep. 83 - Krishnamurti on Nature and the Environment](#)

Audio Podcast - 69 minutes

## Summary

'We never have this feeling of wholeness, where the things of the sea and earth, the nature and the sky, is the universe, is part of us.'

This week's podcast has seven sections. The first extract (2:12) is from Krishnamurti's fourth talk in Madras 1979, titled 'If one loses contact with nature'.

The second extract (8:28) is from the second question and answer meeting at Brockwood Park in 1980, titled 'We are the greatest danger to the world'.

The third extract (12:14) is from Krishnamurti's second question and answer meeting in Ojai 1985, titled 'Are we struggling against our nature in seeking to change?'

The fourth extract (18:00) is from the first talk in Saanen 1978, titled 'Observing natural sensation'.

The fifth extract (28:32) is from Krishnamurti's fourth talk at Brockwood Park in 1983, titled 'What is the origin of all life?'

The sixth extract (42:14) is from the second talk in Benares 1964, titled 'Communion with nature'.

The final extract this week (51:26) is from a direct recording by Krishnamurti in 1983, titled 'Will we ever live on this beautiful earth peacefully?' This exclusive recording is presented here for the first time.

## Other platforms

[\(Apple\) Krishnamurti Podcast - Ep. 83](#)

[\(Spotify\) Krishnamurti Podcast - Ep. 83](#)

[\(YouTube\) Krishnamurti Podcast - Ep. 83](#)

[\(Podbean\) Krishnamurti Podcast - Ep. 83](#)

## Negation

### Ep. 84 - Krishnamurti on Negation

Audio Podcast - 75 minutes

## Summary

'When your mind is in that state of complete negation, you can approach anew all your problems, and then you will find that they can be resolved totally and completely.'

This week's podcast has five sections.

The first extract (2:18) is from Krishnamurti's fifth talk in Saanen 1965, titled 'The negative approach'.

The second extract (9:18) is from the sixth talk in Paris 1961, titled 'To see what is true there must be negation of the false'.

The third extract (15:52) is from Krishnamurti's sixth talk in Bombay 1966, titled 'Negation is positive action'.

The fourth extract (39:56) is from the fourth talk in Ojai 1982, titled 'Negating all that is not love'.

The final extract this week (52:54) is from Krishnamurti's fifth talk in Bombay 1982, titled 'Negation, death and ending'.

## Other platforms

[\(Apple\) Krishnamurti Podcast - Ep. 84](#)

[\(Spotify\) Krishnamurti Podcast - Ep. 84](#)

[\(YouTube\) Krishnamurti Podcast - Ep. 84](#)

[\(Podbean\) Krishnamurti Podcast - Ep. 84](#)

## Nothingness

### [Ep. 134 - Krishnamurti on Nothingness](#)

Audio Podcast - 77 minutes

#### **Summary**

'It is only out of nothingness that creation takes place; out of that emptiness is that creation that is the summation of all energy.'

This week's episode on Nothingness has six sections.

The first extract (2:50) is from Krishnamurti's fourth talk in London 1962, titled 'Nothingness is not something mysterious'

The second extract (7:18) is from the fourth talk in Saanen 1978, titled 'We are frightened to be nothing.'

The third extract (23:30) is from Krishnamurti's fourth talk in Saanen 1975 titled, 'In nothingness is complete security.'

The fourth extract (41:12) is from the seventh talk in Saanen 1980, titled 'Our culture says, Be something.'

The fifth extract (54:55) is from Krishnamurti's fourth talk in Madras 1973, titled 'From nothingness comes the creative flowering of life.'

The final extract in this episode (1:10:19) is from the fifth talk in Bombay 1962, titled 'In nothingness is communion'.

#### **Other platforms**

[\(Apple\) Krishnamurti Podcast - Ep. 134](#)

[\(Spotify\) Krishnamurti Podcast - Ep. 134](#)

[\(YouTube\) Krishnamurti Podcast - Ep. 134](#)

[\(Podbean\) Krishnamurti Podcast - Ep. 134](#)

## Observation

### [Ep. 60 - Krishnamurti on Observation](#)

Audio Podcast - 64 minutes

#### **Summary**

This week's podcast has four sections.

The first extract, starting at 2:11, is from Krishnamurti's first talk in Madras 1969, titled 'Seeing exactly what is.'

The second extract, starting at 7:54, is from the first question and answer meeting in Ojai 1980, titled 'Can the observer be absent in observation?'

The third extract, starting at 20:22, is from the forth talk in San Diego 1970, titled 'To observe clearly, the mind must be quiet.'

The final extract, starting at 29:17, this week is from the first talk at Brockwood Park 1973, titled 'The observer is the observed.'

#### **Other platforms**

[\(Apple\) Krishnamurti Podcast - Ep. 60](#)

[\(Spotify\) Krishnamurti Podcast - Ep. 60](#)

[\(YouTube\) Krishnamurti Podcast - Ep. 60](#)

[\(Podbean\) Krishnamurti Podcast - Ep. 60](#)



## Observer

### [Ep. 137 - Krishnamurti on The Observer](#)

Audio Podcast - 80 minutes

#### Summary

'When the observer is looking at itself, the observer is absolutely silent. If the observer is absolutely quiet, you see what actually is. If the observer is totally silent, then that which is, is non-existent.'

This week's episode on The Observer has six sections.

The first extract (2:43) is from Krishnamurti's first talk at Brockwood Park in 1974, titled 'Who is the observer?'

The second extract (15:56) is from the first talk at Brockwood Park in 1970, titled 'The observer is one of many fragments'.

The third extract (27:30) is from Krishnamurti's third talk at Brockwood Park in 1970, titled 'The observer is the reservoir of knowledge'.

The fourth extract (42:40) is from the first question and answer meeting in Ojai 1980, titled 'The observer is the image maker'.

The fifth extract (56:08) is from Krishnamurti's second talk in Saanen 1978, titled 'Is there an observer?'

The final extract in this episode (1:12:53) is from the sixth talk in Ojai 1978, titled 'In meditation there is neither the observer nor the observed'.

#### Other platforms

[\(Apple\) Krishnamurti Podcast - Ep. 137](#)

[\(Spotify\) Krishnamurti Podcast - Ep. 137](#)

[\(YouTube\) Krishnamurti Podcast - Ep. 137](#)

[\(Podbean\) Krishnamurti Podcast - Ep. 137](#)

## Occupation

### [Ep. 159 - Krishnamurti on Occupation](#)

Audio Podcast - 68 minutes

#### Summary

'When one is occupied with oneself, with one's body, with one's beauty - this constant occupation with oneself - you deny all relationship.'

This week's episode on Occupation has six sections.

The first extract (2:33) is from the second question and answer meeting at Brockwood Park in 1981, titled: Why Are Our Minds Perpetually Occupied?

The second extract (13:58) is from Krishnamurti's sixth talk in Saanen 1972, titled: Are We Afraid To Be Unoccupied?

The third extract (23:57) is from the second talk in Saanen 1978, titled: Identification Is the Essence of Occupation.

The fourth extract (36:39) is from Krishnamurti's first talk in New Delhi 1981, titled: You Cannot Observe if Your Mind Is Occupied.

The fifth extract (47:41) is from the sixth talk in Saanen 1979, titled: An Occupied Mind Has No Order.

The final extract in this episode (54:27) is from Krishnamurti's fourth talk at Brockwood Park in 1981, titled: Meditation Is Finding Out if the Brain Can Be Unoccupied.

#### **Other platforms**

(Apple) Krishnamurti Podcast - Ep. 159  
(Spotify) Krishnamurti Podcast - Ep. 159  
(YouTube) Krishnamurti Podcast - Ep. 159  
(Podbean) Krishnamurti Podcast - Ep. 159

## **Opinion/Judgement**

### **Ep. 165 - Krishnamurti on Opinion and Judgment**

Audio Podcast - 72 minutes

#### **Summary**

'Observe your opinions, watch them, and by watching, not rationalising, not justifying, just watching, you will see that opinions do not matter at all.'

This week's episode on Opinion and Judgement has five sections.

The first extract (2:44) is from the second question and answer meeting in Ojai 1984, titled: Why Cling to Opinions, Not Facts?

The second extract (16:41) is from Krishnamurti's first talk in Saanen 1983, titled: Opinions Bring Conflict.

The third extract (25:10) is from the fourth talk in New Delhi 1972, titled: Opinions Prevent Clarity of Perception.

The fourth extract (36:23) is from Krishnamurti's second talk in Santa Monica 1974, titled: Opinions and Judgements Are a Barrier to Relationship.

The final extract in this episode (59:42) is from the third discussion in Saanen 1976, titled: Is Right Action Based on Judgement?

#### **Other platforms**

(Apple) Krishnamurti Podcast - Ep. 165  
(Spotify) Krishnamurti Podcast - Ep. 165  
(YouTube) Krishnamurti Podcast - Ep. 165  
(Podbean) Krishnamurti Podcast - Ep. 165

## **Opposites**

### **Ep. 217 - Krishnamurti on Opposites**

Audio Podcast - 61 minutes

#### **Summary**

'As long as we live in opposites – jealousy and non-jealousy, the good and the bad, the ignorant and the enlightened – there must be constant conflict in duality.'

This week's episode on Opposites has four sections.

The first extract (2:27) is from Krishnamurti's third talk in Calcutta 1982, titled: Do opposites exist?

The second extract (14:08) is from the third talk at Brockwood Park in 1978, titled: Does freedom have an opposite?

The third extract (28:30) is from Krishnamurti's second talk in Madras 1972, titled: The battle between the opposites.

The final extract in this episode (38:54) is from the fourth talk in Saanen 1980, titled: There is only

the fact, not its opposite.

#### **Other platforms**

[\(Apple\) Krishnamurti Podcast - Ep. 217](#)  
[\(Spotify\) Krishnamurti Podcast - Ep. 217](#)  
[\(YouTube\) Krishnamurti Podcast - Ep. 217](#)  
[\(Podbean\) Krishnamurti Podcast - Ep. 217](#)

## **Order**

### **Ep. 118 - Krishnamurti on Order**

Audio Podcast - 74 minutes

#### **Summary**

'How is your mind to have complete, total order in action, in thought, in every movement, psychologically as well as physiologically?'

This week's episode on Order has five sections.

The first extract (2:51) is from Krishnamurti's second talk at Brockwood Park in 1978, titled 'How is one to have complete order in oneself?'

The second extract (17:48) is from the second talk in Saanen 1971, titled 'Can control bring order?'

The third extract (33:23) is from Krishnamurti's third talk in Bombay 1984, titled 'The art of living in order.'

The fourth extract (45:13) is from the third talk at Rajghat in 1981, titled 'Putting your house in order'.

The final extract (59:20) in this episode is from a direct recording by Krishnamurti in 1983, titled 'Order is the very essence of the universe.' This is an exclusive to the podcast, not heard before outside of the archives.

#### **Other platforms**

[\(Apple\) Krishnamurti Podcast - Ep. 118](#)  
[\(Spotify\) Krishnamurti Podcast - Ep. 118](#)  
[\(YouTube\) Krishnamurti Podcast - Ep. 118](#)  
[\(Podbean\) Krishnamurti Podcast - Ep. 118](#)

## **Organisations**

### **Ep. 273 - Krishnamurti on Organisations**

Audio Podcast - 76 minutes

#### **Summary**

'Organisations will never succeed in bringing about peace because human beings individually, collectively, nationally, are in conflict.'

This episode on Organisations has six sections.

The first extract (2:40) is from a phonograph recording of Krishnamurti, and is titled: Truth Cannot Be Organised.

The second extract (8:18) is from the first talk in Santa Monica 1971, and is titled: Organisations Have Not Solved Our Problems.

The third extract (26:16) is from Krishnamurti's talk at the United Nations in 1985, and is titled: Organisations Cannot Help Us Live Peacefully

The fourth extract (48:33) is from the first talk at Brockwood Park in 1979, and is titled: The

Divisive Nature of Authority and Organisations.

The fifth extract (55:15) is from Krishnamurti's first talk in Madras 1972, and is titled: Organisations Will Not Bring About Transformation.

The final extract in this episode (1:01:15) is from the second question and answer meeting at Brockwood Park in 1979, and is titled: Why Are There Krishnamurti Organisations?

#### **Other platforms**

(Apple) Krishnamurti Podcast - Ep. 273  
(Spotify) Krishnamurti Podcast - Ep. 273  
(YouTube) Krishnamurti Podcast - Ep. 273  
(Podbean) Krishnamurti Podcast - Ep. 273

## **Pain**

### **Ep. 175 - Krishnamurti on Pain**

Audio Podcast - 67 minutes

#### **Summary**

'As long as you think about pain, you intensify the memory of it. Therefore, thinking about pain increases the fear of it.'

This week's episode on Pain has three sections.

The first extract (2:23) is from the fourth question and answer meeting in Saanen 1980, titled: How Do You Meet Pain?

The second extract (11:18) is from Krishnamurti's third talk in Bombay 1971, titled: Fear of Pain.

The final extract in this episode (33:58) is from the first question and answer meeting in Saanen 1982, titled: Psychological and Physical Pain.

#### **Other platforms**

(Apple) Krishnamurti Podcast - Ep. 175  
(Spotify) Krishnamurti Podcast - Ep. 175  
(YouTube) Krishnamurti Podcast - Ep. 175  
(Podbean) Krishnamurti Podcast - Ep. 175

## **Passion**

### **Ep. 53 - Krishnamurti on Passion**

Audio Podcast - 50 minutes

#### **Summary**

This week's podcast has four sections.

The first extract (starting at 2:07) is from Krishnamurti's fourth talk in Madras 1964, titled We have killed passion.

The second extract (starting at 29:12) is from the second talk in New Delhi 1970, titled Out of sorrow comes passion.

The third extract (starting at 34:45) is from the third talk in Bombay 1974, titled Compassion means passion for all.

The final extract this week (starting at 45:23) is from the fourth talk in Madras 1967, titled Without passion there is no love.

#### **Other platforms**

(Apple) Krishnamurti Podcast - Ep. 53  
(Spotify) Krishnamurti Podcast - Ep. 53

[\(YouTube\) Krishnamurti Podcast - Ep. 53](#)  
[\(Podbean\) Krishnamurti Podcast - Ep. 53](#)

## Patterns/Formulas

### [Ep. 222 - Krishnamurti on Patterns & Formulas](#)

Audio Podcast - 72 minutes

#### **Summary**

'When the mind is learning all the time, it brings about its own sweet discipline. In this there is no conformity, no pattern, no formula, no suppression or obedience – it is living.'

This week's episode on Patterns & Formulas has two sections.

The first extract (2:37) is from Krishnamurti's first talk at Rajghat in 1964, titled: Is revolution according to a pattern?

The second and final extract in this episode (15:54) is from the fourth talk in Bombay 1964, titled: Freedom Without a Pattern or Formula.

#### **Other platforms**

[\(Apple\) Krishnamurti Podcast - Ep. 222](#)  
[\(Spotify\) Krishnamurti Podcast - Ep. 222](#)  
[\(YouTube\) Krishnamurti Podcast - Ep. 222](#)  
[\(Podbean\) Krishnamurti Podcast - Ep. 222](#)

## Peace

### [Ep. 90 - Krishnamurti on Peace](#)

Audio Podcast - 76 minutes

#### **Summary**

'Peace is necessary in order to grow, to flower, to understand, to have time to look around, to explore into ourselves and what we find there. We must have peace.'

This week's episode on Peace has three sections.

The first extract (2:26) is from Krishnamurti's first talk in Saanen 1983, titled 'Is it possible to live in peace?'

The second extract (30:32) is from the second question and answer meeting at Brockwood in 1984, titled 'Peace requires intelligence'.

The final extract (58:08) this week is from Krishnamurti's ninth talk in Saanen 1964, titled 'Peace of mind'.

#### **Other platforms**

[\(Apple\) Krishnamurti Podcast - Ep. 90](#)  
[\(Spotify\) Krishnamurti Podcast - Ep. 90](#)  
[\(YouTube\) Krishnamurti Podcast - Ep. 90](#)  
[\(Podbean\) Krishnamurti Podcast - Ep. 90](#)

## Perception

### [Ep. 234 - Krishnamurti on Perception](#)

Audio Podcast - 73 minutes

#### **Summary**

'Is there a perception not born of memory, not born of knowledge, a perception that sees the whole nature and structure of conflict, a perception this is whole?'

This week's episode on Perception has four sections.

The first extract (2:37) is from Krishnamurti's second talk at Brockwood Park in 1978, and is titled: Perception and Desire.

The second extract (12:45) is from the first talk at Brockwood Park in 1971, and is titled: A Different Kind of Perception.

The third extract (22:20) is from Krishnamurti's third talk in Saanen 1981, and is titled: A Perception Free of Time and Thought.

The final extract in this episode (55:49) is from the fourth talk at Brockwood Park in 1972, and is titled: The Light of Perception.

#### **Other platforms**

[\(Apple\) Krishnamurti Podcast - Ep. 234](#)

[\(Spotify\) Krishnamurti Podcast - Ep. 234](#)

[\(YouTube\) Krishnamurti Podcast - Ep. 234](#)

[\(Podbean\) Krishnamurti Podcast - Ep. 234](#)

## **Pleasure**

### **Ep. 115 - Krishnamurti on Pleasure**

Audio Podcast - 66 minutes

#### **Summary**

'At the moment of perception there is no pleasure. There is only perception.'

This week's episode on Pleasure has five sections.

The first extract (2:23) is from Krishnamurti's fourth talk in Saanen 1973, titled 'Is pleasure the meaning of life?'

The second extract (21:32) is from the second talk at Brockwood Park 1976, titled 'Continuance of pleasure'.

The third extract (31:58) is from Krishnamurti's fifth talk in Saanen 1975, titled 'Thought pursues pleasure.'

The fourth extract (51:24) is from the second talk at Brockwood Park in 1978, titled 'Is it possible not to register pleasure?'.

The final extract (58:42) this in this episode is from Krishnamurti's fifth talk in Saanen 1970, titled 'A life of ecstasy in which pleasure doesn't enter'.

#### **Other platforms**

[\(Apple\) Krishnamurti Podcast - Ep. 115](#)

[\(Spotify\) Krishnamurti Podcast - Ep. 115](#)

[\(YouTube\) Krishnamurti Podcast - Ep. 115](#)

[\(Podbean\) Krishnamurti Podcast - Ep. 115](#)

## **Politics**

### **Ep. 277 - Krishnamurti on Politics**

Audio Podcast - 77 minutes

#### **Summary**

'We need political, religious, social and psychological change, deep down at the very roots. How is this to be brought about, and where do we begin?'

This episode on Politics has six sections.

The first extract (2:48) is from the third discussion with young people in Saanen 1968, and is titled: Does Change Begin Politically?

The second extract (15:48) is from the fourth question and answer meeting in Ojai 1982, and is titled: Political Action.

The third extract (34:41) is from a radio interview at Brockwood Park in 1980, and is titled: The Involvement of Religion in Politics.

The fourth extract (41:59) is from Krishnamurti's first public talk in San Francisco 1983, and is titled: Political Division.

The fifth extract (59:38) is from the first talk at Rajghat in 1981, and is titled: Is the World the Politicians' Responsibility or Our Own?

The final extract in this episode (1:13:09) is from Krishnamurti's second talk at Rajghat in 1967, and is titled: A True Democrat.

#### **Other platforms**

[\(Apple\) Krishnamurti Podcast - Ep. 277](#)

[\(Spotify\) Krishnamurti Podcast - Ep. 277](#)

[\(YouTube\) Krishnamurti Podcast - Ep. 277](#)

[\(Podbean\) Krishnamurti Podcast - Ep. 277](#)

## **Power**

### **Ep. 194 - Krishnamurti on Power**

Audio Podcast - 71 minutes

#### **Summary**

'Every human being wants power in some form or other.'

This week's episode on Power has five sections.

The first extract (2:48) is from Krishnamurti's seventh talk in Saanen 1978, titled: Why Do We Want Power?

The second extract (15:11) is from the second talk at Brockwood Park in 1984, titled: Power Is Evil.

The third extract (21:03) is from Krishnamurti's third talk in New Delhi 1983, titled: We Worship Power.

The fourth extract (27:59) is from the third talk in Bombay 1962, titled: We Use Function To Achieve Status and Power.

The final extract in this episode (36:07) is from Krishnamurti's eleventh talk in London 1961, titled: The Power of Love.

#### **Other platforms**

[\(Apple\) Krishnamurti Podcast - Ep. 194](#)

[\(Spotify\) Krishnamurti Podcast - Ep. 194](#)

[\(YouTube\) Krishnamurti Podcast - Ep. 194](#)

[\(Podbean\) Krishnamurti Podcast - Ep. 194](#)

## **Present**

### **Ep. 180 - Krishnamurti on The Present**

Audio Podcast - 72 minutes

## Summary

'The future is the past, modified by the accidents of the present. Tomorrow is yesterday, reshaped by the experiences, reactions and knowledge of today. This is what we call time.'

This week's episode on The Present has four sections.

The first extract (2:49) is from Krishnamurti's fifth talk in Paris 1966, titled: Living Is in the Active Present.

The second extract (15:21) is from the seventh talk in Saanen 1963, titled: Is There a Present Untouched by the Past?

The third extract (30:34) is from the second public discussion in Saanen 1974, titled: Can the Mind Live Wholly in the Present?

The final extract in this episode (43:16) is from Krishnamurti's eighth talk in Saanen 1966, titled: A Silent Mind Is Always in the Present.

## Other platforms

(Apple) Krishnamurti Podcast - Ep. 180

(Spotify) Krishnamurti Podcast - Ep. 180

(YouTube) Krishnamurti Podcast - Ep. 180

(Podbean) Krishnamurti Podcast - Ep. 180

## Problems

### Ep. 147 - Krishnamurti on Problems

Audio Podcast - 72 minutes

## Summary

'Social problems, economic problems, mechanical problems, computer problems, and our own problems in our daily life, in our relationships - why do we have problems at all? Is it necessary to have problems?'

This week's episode on Problems has four sections.

The first extract (2:34) is from Krishnamurti's first talk in Bombay 1983, titled 'What is a problem?'

The second extract (20:21) is from the first talk at Brockwood Park in 1985, titled 'A brain free to solve problems'.

The third extract (42:34) is from Krishnamurti's fifth talk in Saanen 1965, titled 'Dealing with problems immediately.'

The final extract (1:06:19) in this episode is from the fifth talk in Ojai 1949, titled 'Letting a problem tell its story'.

## Other platforms

(Apple) Krishnamurti Podcast - Ep. 147

(Spotify) Krishnamurti Podcast - Ep. 147

(YouTube) Krishnamurti Podcast - Ep. 147

(Podbean) Krishnamurti Podcast - Ep. 147

## Progress

### Ep. 230 - Krishnamurti on Progress

Audio Podcast - 61 minutes

## Summary

'Is there psychological progress – the 'me' becoming better, nobler, wiser? The 'me' which is the past, which has accumulated so many things – insults, flatteries, pain, knowledge, suffering – can



that progress to a better state?’

This week’s episode on Progress has five sections.

The first extract (2:49) is from Krishnamurti’s third talk in Saanen 1973, and is titled: Are Human Beings Progressing?

The second extract (6:48) is from the first talk in Santa Monica 1974, and is titled: Where Do We Think We Are Progressing To?

The third extract (17:45) is from the first question and answer meeting in Madras 1981, and is titled: Can There Be Progress Without Conflict or Struggle?

The fourth extract (33:55) is from Krishnamurti’s third talk in Bombay 1983, and is titled: There Is No Such Thing As Psychological Progress.

The final extract in this episode (45:37) is from the fourth talk in San Francisco 1973, and is titled: Progress in Meditation.

#### **Other platforms**

[\(Apple\) Krishnamurti Podcast - Ep. 230](#)

[\(Spotify\) Krishnamurti Podcast - Ep. 230](#)

[\(YouTube\) Krishnamurti Podcast - Ep. 230](#)

[\(Podbean\) Krishnamurti Podcast - Ep. 230](#)

## **Psyche**

### **[Ep. 124 - Krishnamurti on the Psyche](#)**

Audio Podcast - 83 minutes

#### **Summary**

‘If thought, reason, knowledge or experience will not bring about a radical revolution in the psyche, what will?’

This week’s episode on The Psyche has four sections.

The first extract (2:52) is from Krishnamurti’s second talk in Ojai 1976, titled ‘The psyche is put together by thought’.

The second extract (26:05) is from the second talk in San Francisco 1983, titled ‘Time and the psyche’.

The third extract (46:32) is from Krishnamurti’s fifth talk in New York 1966, titled ‘What will bring about a revolution in the psyche?’

The final extract in this episode (1:15:12) is from the fifth talk in Madras 1981, titled ‘It is not your psyche, it is the human psyche.’

#### **Other platforms**

[\(Apple\) Krishnamurti Podcast - Ep. 124](#)

[\(Spotify\) Krishnamurti Podcast - Ep. 124](#)

[\(YouTube\) Krishnamurti Podcast - Ep. 124](#)

[\(Podbean\) Krishnamurti Podcast - Ep. 124](#)

## **Questioning**

### **[Ep. 228 - Krishnamurti on Questioning](#)**

Audio Podcast - 65 minutes

#### **Summary**

‘Most of us do question, and our questioning is a reaction. We do not like something, and we

question it, reject it or modify it. This questioning is according to the urges and demands, and has a motive behind it.'

This week's episode on Questioning has seven sections.

The first extract (2:38) is from Krishnamurti's first talk in Bombay 1962, and is titled: Two Types of Questioning.

The second extract (12:49) is from the first question and answer meeting in Ojai 1985, and is titled: Letting a Question Evolve and Expand.

The third extract (19:18) is from the first question and answer meeting in Bombay 1985, and is titled: Is the Answer in the Question?

The fourth extract (25:12) is from the first question and answer meeting in Ojai 1984, and is titled: Only the Question Remains.

The fifth extract (39:46) is from a discussion at Brockwood Park School in 1983, and is titled: Learn the Art of Questioning.

The sixth extract (46:38) is from the first question and answer meeting in Ojai 1983, and is titled: It Is Important To Put the Right Question.

The final extract in this episode (53:30) is from Krishnamurti's fourth talk at Brockwood Park in 1971, and is titled: The Impossible Question.

#### **Other platforms**

[\(Apple\) Krishnamurti Podcast - Ep. 228](#)  
[\(Spotify\) Krishnamurti Podcast - Ep. 228](#)  
[\(YouTube\) Krishnamurti Podcast - Ep. 228](#)  
[\(Podbean\) Krishnamurti Podcast - Ep. 228](#)

## **Quiet**

### **Ep. 221 - Krishnamurti on Quiet**

Audio Podcast - 69 minutes

#### **Summary**

'When you are interested to find out, that very interest is the flame that makes the mind, the brain, the body quiet.'

This week's episode on Quiet has four sections.

The first extract (2:38) is from Krishnamurti's second talk at Rajghat in 1967, titled: Can We Make the Mind Quiet?

The second extract (16:39) is from Krishnamurti's sixth talk in New Delhi 1963, titled: The Conscious Mind Must Be Completely Quiet.

The third extract (23:25) is from the second discussion in Saanen 1971, titled: When the Brain Is Quiet.

The fourth and final extract in this episode (36:03) is from the seventh discussion in Saanen 1971, titled: What relationship has meditation to the quiet mind?

#### **Other platforms**

[\(Apple\) Krishnamurti Podcast - Ep. 221](#)  
[\(Spotify\) Krishnamurti Podcast - Ep. 221](#)  
[\(You Tube\) Krishnamurti Podcast - Ep. 221](#)  
[\(Podbean\) Krishnamurti Podcast - Ep. 221](#)

## Rationality

### [Ep. 215 - Krishnamurti on Rationality](#)

Audio Podcast - 77 minutes

#### Summary

'The fact is human beings are irrational. But there is a concept that human beings are rational, and we live according to that concept.'

This week's episode on Rationality has five sections.

The first extract (2:46) is from Krishnamurti's first talk in Ojai 1980, titled: Are Human Beings Rational?

The second extract (15:07) is from the fourth question and answer meeting in Ojai 1980, titled: Is there rational, sane justice in the world?

The third extract (22:05) is from the first question and answer meeting in Saanen 1981, titled: Can 'You are the world' be justified on a rational basis?

The fourth extract (33:41) is from Krishnamurti's first talk in Saanen 1975, titled: Reality is made up of rational and irrational thinking.

The final extract in this episode (58:06) is from the fourth talk in Ojai 1980, titled: End fear and one becomes rational and sane.

#### Other platforms

[\(Apple\) Krishnamurti Podcast - Ep. 215](#)

[\(Spotify\) Krishnamurti Podcast - Ep. 215](#)

[\(YouTube\) Krishnamurti Podcast - Ep. 215](#)

[\(Podbean\) Krishnamurti Podcast - Ep. 215](#)

## Reaction

### [Ep. 192 - Krishnamurti on Reaction](#)

Audio Podcast - 71 minutes

#### Summary

'You have to understand your reactions, from which your daily action springs. We react, we revolt, we accumulate, we defend, we resist, we acquire, we submit - all these are reactions.'

This week's episode on Reaction has five sections.

The first extract (2:37) is from Krishnamurti's fifth talk in Bombay 1962, titled: We Move From Reaction to Reaction.

The second extract (12:20) is from the first talk at Brockwood Park in 1978, titled: The Reaction We Call Fear.

The third extract (23:41) is from Krishnamurti's first talk in San Francisco 1983, titled: Looking at the Reaction of Violence.

The fourth extract (33:04) is from the fourth talk in Saanen 1962, titled: Reactions Are Based on Ideas.

The final extract in this episode (44:54) is from Krishnamurti's eleventh talk in London 1961, titled: Revolution Is Not a Reaction.

#### Other platforms

[\(Apple\) Krishnamurti Podcast - Ep. 192](#)

[\(Spotify\) Krishnamurti Podcast - Ep. 192](#)

[\(YouTube\) Krishnamurti Podcast - Ep. 192](#)

[\(Podbean\) Krishnamurti Podcast - Ep. 192](#)

## Reality

### [Ep. 225 - Krishnamurti on Reality](#)

Audio Podcast - 62 minutes

#### **Summary**

'We have to find out if there is a reality or not – a reality that is not invented by thought, a reality that is not projected by thought in the field of time.'

This week's episode on Reality has four sections.

The first extract (2:37) is from Krishnamurti's fourth talk in Ojai 1976, and is titled: Our Mechanistic Reality.

The second extract (20:59) is from the second talk in Saanen 1975, and is titled: Freedom and Order in the World of Reality.

The third extract (41:51) is from Krishnamurti's seventh talk in Saanen 1976, and is titled: Reality Includes Illusion.

The final extract in this episode (47:29) is from the third talk in Bangalore 1973, and is titled: Is There a Reality Beyond Thought?

#### **Other platforms**

[\(Apple\) Krishnamurti Podcast - Ep. 225](#)

[\(Spotify\) Krishnamurti Podcast - Ep. 225](#)

[\(YouTube\) Krishnamurti Podcast - Ep. 225](#)

[\(Podbean\) Krishnamurti Podcast - Ep. 225](#)

## Reincarnation

### [Ep. 153 - Krishnamurti on Reincarnation](#)

Audio Podcast - 72 minutes

#### **Summary**

'Knowing you are going to die, there is fear and you have the comforting hope of reincarnation. You have never inquired what it is that reincarnates, but there is that hope.'

This week's episode on Reincarnation has four sections.

The first extract (2:39) is from the third question and answer meeting in Saanen 1983, titled: What Is It That Is Going To Be Reborn?

The second extract (20:17) is from the third question and answer meeting in Ojai 1980, titled: Ending Conflict Now Is Far More Important Than Reincarnation.

The third extract (36:09) is from the first question and answer meeting in Bombay 1985, titled: Does Past Suffering and Enjoyment Have Any Bearing on the Present Life?

The final extract in this episode (48:21) is from Krishnamurti's third talk in Bangalore 1974, titled: You have to be born anew this life, now.

#### **Other platforms**

[\(Apple\) Krishnamurti Podcast - Ep. 153](#)

[\(Spotify\) Krishnamurti Podcast - Ep. 153](#)

[\(YouTube\) Krishnamurti Podcast - Ep. 153](#)

[\(Podbean\) Krishnamurti Podcast - Ep. 153](#)

## Relationship

### [Ep. 76 - Krishnamurti on Relationship](#)

Audio Podcast - 75 minutes

#### **Summary**

'Relationship, if we allow it, can be a process of self-revelation; but, since we do not allow it, relationship becomes merely a gratifying activity. As long as the mind uses relationship for its own security, that relationship is bound to create confusion and antagonism.'

This week's podcast has two sections.

The first extract (2:14) is from Krishnamurti's first talk in Ojai 1973, titled 'A life in which there is no conflict in relationship'.

The second extract (1:02:55) is from the second talk in Ojai 1949, titled 'Right relationship'.

#### **Other platforms**

(Apple) [Krishnamurti Podcast - Ep. 76](#)  
(Spotify) [Krishnamurti Podcast - Ep. 76](#)  
(YouTube) [Krishnamurti Podcast - Ep. 76](#)  
(Podbean) [Krishnamurti Podcast - Ep. 76](#)

## Religion

### [Ep. 16 - Beyond organised religion - Krishnamurti with David O'Hanlon](#)

Audio Podcast - 89 minutes

#### **Summary**

Daniel O'Hanlon was a Jesuit priest and respected theologian. He taught at Marymount University in Los Angeles and for more than 30 years at the Jesuit School of Theology in Berkeley. He had many contacts in other religions, particularly of Asia, and included aspects of these religions in his teaching. Interested in integration of religions, in 1984 he published *Integration of Christian Practices: A Western Christian Looks East*.

This conversation with Krishnamurti, recorded in Malibu, California in 1972, asks whether organised religion brings about real depth of understanding.

Does the past have any value in coming upon something new?

Can the mind empty itself of the pettiness of what man has put together?

Thought can be used legitimately and illegitimately.

Krishnamurti urges us to find out if there is something beyond tradition and myth.

#### **Other platforms**

(Apple) [Krishnamurti Podcast - Ep. 16](#)  
(Spotify) [Krishnamurti Podcast - Ep. 16](#)  
(YouTube) [Krishnamurti Podcast - Ep. 16](#)  
(Podbean) [Krishnamurti Podcast - Ep. 16](#)

### [Ep. 95 - Krishnamurti on Religion](#)

Audio Podcast - 60 minutes

#### **Summary**

'Religion is not the authoritarian, accepted form of religion, the state religion, the religion of belief, of faith, of dogma, of rituals, of worshipping a symbol.'

This week's episode on Religion has five sections.

The first extract (2:24) is from Krishnamurti's sixth talk in Ojai 1982, titled 'What is religion?'

The second extract (19:07) is from the fourth talk in Madras 1974, titled 'Religion is the core of a

new culture’.

The third extract (33:38) is from Krishnamurti’s second talk in London 1982, titled ‘The religious mind’.

The fourth extract (47:31) is from the sixth talk in Saanen 1984, titled ‘The religious mind is in a state of creation’.

The final short extract (54:29) is from a recording by Krishnamurti in Ojai 1984, titled ‘Religion is a form of science’. This recording made for the book ‘Krishnamurti to Himself’ is an exclusive to this podcast and has not been made available before now.

#### **Other platforms**

[\(Apple\) Krishnamurti Podcast - Ep. 95](#)

[\(Spotify\) Krishnamurti Podcast - Ep. 95](#)

[\(YouTube\) Krishnamurti Podcast - Ep. 95](#)

[\(Podbean\) Krishnamurti Podcast - Ep. 95](#)

## **Religion/Meditation**

### **Ep. 49 - Religion and Meditation - Krishnamurti with Alain Naude 7**

Audio Podcast - 45 minutes

#### **Summary**

This conversation between Krishnamurti and Alain Naude was recorded in Malibu, California, in 1972. Subjects include:

Is there any connection between the supernatural and religion?

Is a religious life to lead a good life?

A religious life is a life in which the self is not.

We get caught in the so-called mysterious. But when the self is not, there is a greater, vaster mystery.

Self-knowing is much more important than acquiring some kind of power.

What place has meditation in religious life?

Meditation is not control or a practice, it is not an effort to achieve an experience or to remain in a particular state of consciousness.

If the self is, the religious life is not. Can one dissolve the self?

Why are certain human beings entrenched in the myth of Jesus or Krishna?

Attachment destroys freedom.

Where there is freedom there is joy. It is that quality of mind that has this sense of joy and freedom that perceives.

Meditation means freedom and joy to observe, without any attachment or partial perception.

Alain Naude was Krishnamurti’s private secretary in the 1960s. He met Krishnamurti in 1963 whilst a music lecturer and concert pianist. He gave up his teaching and performing in 1964 to work with Krishnamurti. Fluent in several languages, he was very helpful at international gatherings and in attracting younger audiences to Krishnamurti’s talks, at a time of cultural change in the West.

#### **Other platforms**

[\(Apple\) Krishnamurti Podcast - Ep. 49](#)

[\(Spotify\) Krishnamurti Podcast - Ep. 49](#)

[\(YouTube\) Krishnamurti Podcast - Ep. 49](#)  
[\(Podbean\) Krishnamurti Podcast - Ep. 49](#)

## Resistance

### [Ep. 189 - Krishnamurti on Resistance](#)

Audio Podcast - 86 minutes

#### Summary

'There is an action in which there is no resistance, no interference of the past, no response of the 'me'. That action is not in the field of time; it is instantaneous and therefore complete.'

This week's episode on Resistance has three sections.

The first extract (2:47) is from Krishnamurti's eighth talk in New Delhi 1962, titled: Our Lives Are Built on Resistance.

The second extract (23:32) is from the first talk in Madras 1969, titled: We Seek Security Through Resistance.

The final extract in this episode (52:37) is Krishnamurti's sixth talk in Saanen 1971, titled: To Live in This World Without Resistance.

#### Other platforms

[\(Apple\) Krishnamurti Podcast - Ep. 189](#)  
[\(Spotify\) Krishnamurti Podcast - Ep. 189](#)  
[\(YouTube\) Krishnamurti Podcast - Ep. 189](#)  
[\(Podbean\) Krishnamurti Podcast - Ep. 189](#)

## Respectability

### [Ep. 269 - Krishnamurti on Respectability](#)

Audio Podcast - 77 minutes

#### Summary

'The flowering of goodness can never take place when the mind is respectable, when the mind is conforming to a pattern – the social pattern, an ideological pattern or a religious pattern.'

This episode on Respectability has two sections.

The first extract (2:45) is from Krishnamurti's fourth talk in Bombay 1965, and is titled: The Framework of Respectability.

The second and final extract (45:54) in this episode is from the sixth talk in London 1961, and is titled: Respectability and Conditioning.

#### Other platforms

[\(Apple\) Krishnamurti Podcast - Ep. 269](#)  
[\(Spotify\) Krishnamurti Podcast - Ep. 269](#)  
[\(YouTube\) Krishnamurti Podcast - Ep. 269](#)  
[\(Podbean\) Krishnamurti Podcast - Ep. 269](#)

## Responsibility

### [Ep. 176 - Krishnamurti on Responsibility](#)

Audio Podcast - 62 minutes

#### Summary

'We must lay the foundation not on sands but on the responsibility of our daily life, and try to bring about a tremendous revolution in that life.'

This week's episode on responsibility has three sections.

The first extract (2:39) is from the second question and answer meeting in Ojai 1985, titled: What Is Our Responsibility to Ourselves and Others?

The second extract (19:09) is from Krishnamurti's second talk in Santa Monica 1974, titled: Freedom and Responsibility Go Together.

The third and final extract in this episode is (34:06) from the first talk in Bombay 1965, titled: It Is Your Responsibility To Bring About a Tremendous Change in the World

#### **Other platforms**

(Apple) Krishnamurti Podcast - Ep. 176  
(Spotify) Krishnamurti Podcast - Ep. 176  
(YouTube) Krishnamurti Podcast - Ep. 176  
(Podbean) Krishnamurti Podcast - Ep. 176

## **Revolution**

### **Ep. 103 - Krishnamurti on Revolution**

Audio Podcast - 74 minutes

#### **Summary**

A radical revolution is necessary, a revolution that is not merely economic or social, but at much greater depth, at the very root of consciousness.'

This week's episode on Revolution has five sections.

The first extract (2:28) is from Krishnamurti's talk in Rishi Valley 1967, titled 'Revolt is one thing, revolution another'.

The second extract (32:57) is from the second talk in Bombay 1967, titled 'A radical revolution is necessary'.

The third extract (44:47) is from Krishnamurti's seventh talk in London 1962, titled 'A deep psychological revolution'.

The fourth extract (52:39) is from the sixth talk in Paris 1961, titled 'Revolution from complete emptiness.'

The final extract in this episode (1:07:19) is from Krishnamurti's seventh talk in New Delhi 1963, titled 'A religious revolution'.

#### **Other platforms**

(Apple) Krishnamurti Podcast - Ep. 103  
(Spotify) Krishnamurti Podcast - Ep. 103  
(YouTube) Krishnamurti Podcast - Ep. 103  
(Podbean) Krishnamurti Podcast - Ep. 103

## **Reward/Punishment**

### **Ep. 196 - Krishnamurti on Reward and Punishment**

Audio Podcast - 66 minutes

#### **Summary**

'Is there an action that is not mechanistic, which is not based on reward and punishment?'

This week's episode on Reward and Punishment has five sections.

The first extract (2:30) is from Krishnamurti's first talk at Rajghat in 1965, titled: Do Reward and Punishment Help Us To Change?



The second extract (19:09) is from the third talk in Madras 1985, titled: Pleasure, Reward and Punishment.

The third extract (29:42) is from Krishnamurti's second talk in Bangalore 1974, titled: Reward, Punishment and the Mechanical Mind.

The fourth extract (40:42) is from the third talk at Brockwood Park in 1977, titled: Through Suffering We Seek a Reward.

The final extract in this episode (50:15) is from Krishnamurti's fourth talk in Santa Monica 1974, titled: There Is No Reward in Meditation.

#### **Other platforms**

[\(Apple\) Krishnamurti Podcast - Ep. 196](#)

[\(Spotify\) Krishnamurti Podcast - Ep. 196](#)

[\(YouTube\) Krishnamurti Podcast - Ep. 196](#)

[\(Podbean\) Krishnamurti Podcast - Ep. 196](#)

## **Sacred**

### **[Ep. 30 - A feeling for something sacred - Krishnamurti with David Bohm](#)**

Audio Podcast - 94 minutes

#### **Summary**

David Bohm's contact with Krishnamurti began in the early 60s and continued into the 80s. Their dialogues are far-reaching and profound. Over 30 audios and videos are available on our YouTube channel, and are published in the books Truth and Actuality, The Transformation of Man, and The Ending of Time.

Recorded in 1981 in Ojai, California, this conversation explores the sacred, with Krishnamurti saying that there is a sacred origin which gives one tremendous passion and energy. He asks: Is anyone willing to totally abandon everything that thought has created, including the 'me'?

Is it possible to live a daily life in the modern world without any identification?

How am I to educate myself to have no shocks of any kind?

Only a brain free from shocks can find the origin.

The brain must be always in a state of movement without identification, like a river. Then it cannot be shocked.

#### **Other platforms**

[\(Apple\) Krishnamurti Podcast - Ep. 30](#)

[\(Spotify\) Krishnamurti Podcast - Ep. 30](#)

[\(YouTube\) Krishnamurti Podcast - Ep. 30](#)

[\(Podbean\) Krishnamurti Podcast - Ep. 30](#)

### **[Ep. 139 - Krishnamurti on The Sacred](#)**

Audio Podcast - 74 minutes

#### **Summary**

'The things that have been put in the churches, temples and mosques are not sacred, but yet we worship them. We worship symbols created by thought and pray to them. We project that which is sacred according to our conditioning.'

This week's episode on The Sacred has four sections.

The first extract (2:35) is from the second question and answer meeting in Ojai 1982, titled 'Is thought sacred?'

The second extract (10:26) is from Krishnamurti's sixth talk in Ojai 1982, titled 'Is there anything

sacred in life?’

The third extract (39:20) is from the seventh talk in Saanen 1975, titled ‘The sacred is mysterious’.

The final extract (47:31) in this episode is from Krishnamurti’s fourth talk in Madras 1974, titled ‘Everything becomes sacred’.

#### **Other platforms**

(Apple) Krishnamurti Podcast - Ep. 139  
(Spotify) Krishnamurti Podcast - Ep. 139  
(YouTube) Krishnamurti Podcast - Ep. 139  
(Podbean) Krishnamurti Podcast - Ep. 139

## **Security**

### **Ep. 99 - Krishnamurti on Security**

Audio Podcast - 57 minutes

#### **Summary**

‘Is there security at all? There is when there is intelligence. Intelligence is the most positive force of security’.

This week’s episode on Security has four sections.

The first extract (2:24) is from the second question and answer meeting at Brockwood Park in 1982, titled ‘Is there any security?’

The second extract (17:26) is from Krishnamurti’s sixth talk in Saanen 1974, titled ‘Our physical security is being threatened’.

The third extract (34:51) is from the first talk in Saanen 1977, titled ‘Can thought provide security?’

The final extract this week (49:27) is from Krishnamurti’s second talk in New York 1974, titled ‘Total security’.

#### **Other platforms**

(Apple) Krishnamurti Podcast - Ep. 99  
(Spotify) Krishnamurti Podcast - Ep. 99  
(YouTube) Krishnamurti Podcast - Ep. 99  
(Podbean) Krishnamurti Podcast - Ep. 99

## **Seeing**

### **Ep. 258 - Krishnamurti on Seeing**

Audio Podcast - 63 minutes

#### **Summary**

‘What prevents you from seeing is your condemnation and justification, which is the past. When you listen, when you see without condemnation, you are free of the past.’

This episode on Seeing has three sections.

The first extract (2:39) is from Krishnamurti’s fourth talk at Brockwood Park in 1970, and is titled: Seeing Is Action.

The second extract (30:01) is from the second talk in New Delhi 1962, and is titled: Seeing Without Contradiction.

The final extract in this episode (41:04) is from Krishnamurti’s second talk in Saanen 1961, and is titled: Total Seeing.

#### **Other platforms**

(Apple) Krishnamurti Podcast - Ep. 258  
(Spotify) Krishnamurti Podcast - Ep. 258  
(YouTube) Krishnamurti Podcast - Ep. 258  
(Podbean) Krishnamurti Podcast - Ep. 258

## Seeking

### Ep. 191 - Krishnamurti on Seeking

Audio Podcast - 80 minutes

#### Summary

'When you seek, you are seeking something away from the actual fact, towards something that will give you greater pleasure. One seeks because one is dissatisfied with the normal, shallow, narrow, cunning existence.'

This week's episode on Seeking has three sections.

The first extract (2:47) is from Krishnamurti's fourth talk in Madras 1967, titled: What Are You Seeking?

The second extract (44:14) is from the sixth talk in New York 1966, titled: There Must Be an End To Seeking.

The final extract in this episode (1:08:35) is from Krishnamurti's sixth talk in New Delhi 1962, titled: A Mind No Longer Seeking.

#### Other platforms

(Apple) Krishnamurti Podcast - Ep. 191  
(Spotify) Krishnamurti Podcast - Ep. 191  
(YouTube) Krishnamurti Podcast - Ep. 191  
(Podbean) Krishnamurti Podcast - Ep. 191

## Self

### Ep. 245 - Krishnamurti on The Self

Audio Podcast - 79 minutes

#### Summary

'The self is nothing but words and memories. So the self is the past. And to know oneself means to observe yourself.'

This week's episode on The Self has five sections.

The first extract (2:39) is from Krishnamurti's fifth talk in Madras 1978, and is titled: The Nature of the Self.

The second extract (24:30) is from the fourth talk in Saanen 1985, and is titled: Self-Interest.

The third extract (43:18) is from Krishnamurti's eighth talk in Saanen 1964, and is titled: Self-Pity.

The fourth extract (54:14) is from the seventh talk in Saanen 1974, and is titled: Is There a Higher Self?

The final extract in this episode (1:05:11) is from Krishnamurti's seventh talk in Saanen 1973, and is titled: Emptying the Mind of the Activities of the Self.

#### Other platforms

(Apple) Krishnamurti Podcast - Ep. 245  
(Spotify) Krishnamurti Podcast - Ep. 245  
(YouTube) Krishnamurti Podcast - Ep. 245  
(Podbean) Krishnamurti Podcast - Ep. 245

## Self-Knowledge

### [Ep. 66 - Krishnamurti on Self Knowledge](#)

Audio Podcast - 59 minutes

#### Summary

This week's episode on Self-knowledge has six sections.

The first extract (2:10) is from Krishnamurti's first question and answer meeting in Saanen 1980, titled 'What is self-knowledge?'

The second extract (9:42) is from the fifth discussion in Saanen 1977, titled 'Observing oneself in relationship'.

The third extract (22:38) is from the third talk at Brockwood Park in 1970, titled 'We look at ourselves with knowledge'.

The fourth extract (37:56) is from the third question and answer meeting in Saanen 1981, titled 'Reading the book of oneself'.

The fifth extract (45:40) is from the sixth talk in Ojai 1949, titled 'Without self-knowledge there can be no meditation'.

The final extract this week (54:22) is from the third question and answer meeting in Ojai 1982, titled 'Because we don't know ourselves, we destroy'.

#### Other platforms

[\(Apple\) Krishnamurti Podcast - Ep. 66](#)

[\(Spotify\) Krishnamurti Podcast - Ep. 66](#)

[\(YouTube\) Krishnamurti Podcast - Ep. 66](#)

[\(Podbean\) Krishnamurti Podcast - Ep. 66](#)

## Self/Stream

### [Ep. 39 - Stepping out of the stream of the self - Krishnamurti with Alain Naude 5](#)

Audio Podcast - 83 minutes

#### Summary

This conversation between Krishnamurti and Naude was recorded in Malibu in 1972. They ask: Is there in us a place where there is no corruption, where there is real, absolute peace and order?

The stream of vulgarity in the world has its source in the self, 'the me', the ego.

When there is no self, there is a responsibility for humanity.

What is the relationship between this stream, the self which is perpetuating the stream, and the unknown?

How is one who is in the stream to understand instantly, without going through the evolutionary process?

One steps out of the stream if one denies time, in the sense of becoming, being, achieving, comparing.

Can the mind, without any motive, negate the self?

Alain Naude was Krishnamurti's private secretary in the 1960s. He met Krishnamurti in 1963 whilst a music lecturer and concert pianist. He gave up his teaching and performing in 1964 to work with Krishnamurti. Fluent in several languages, he was very helpful at international gatherings and in

attracting younger audiences to Krishnamurti's talks, at a time of cultural change in the West.

#### **Other platforms**

[\(Apple\) Krishnamurti Podcast - Ep. 39](#)  
[\(Spotify\) Krishnamurti Podcast - Ep. 39](#)  
[\(YouTube\) Krishnamurti Podcast - Ep. 39](#)  
[\(Podbean\) Krishnamurti Podcast - Ep. 39](#)

## **Selfishness**

### **Ep. 170 - Krishnamurti on Selfishness**

Audio Podcast - 80 minutes

#### **Summary**

'Selfishness is what it is. To observe it purely, without any distortion or pressure, that very observation exposes the whole consequences of selfishness and cleanses the mind of selfishness.'

This week's episode on Selfishness has five sections.

The first extract (2:50) is from Krishnamurti's second talk in Bombay in 1982, titled: We Are All Selfish.

The second extract (8:13) is from the first talk in Saanen 1978, titled: Why Are We So Appallingly Selfish?

The third extract (33:40) is from the second question and answer meeting in Saanen 1981, titled: Total Dissipation of Selfishness.

The fourth extract (42:16) is from Krishnamurti's fifth talk in Bombay 1980, titled: Trying Not To Be Selfish Is Selfish.

The final extract in this episode (51:59) is from the sixth talk in Saanen 1975, titled: Stepping Out of the Stream of Selfishness.

#### **Other platforms**

[\(Apple\) Krishnamurti Podcast - Ep. 170](#)  
[\(Spotify\) Krishnamurti Podcast - Ep. 170](#)  
[\(YouTube\) Krishnamurti Podcast - Ep. 170](#)  
[\(Podbean\) Krishnamurti Podcast - Ep. 170](#)

## **Sensation**

### **Ep. 184 - Krishnamurti on Sensation**

Audio Podcast - 66 minutes

#### **Summary**

'We live by the senses, by sensation, and it is only when thought creates the image out of sensation that all the complexities of desire arise.'

This week's episode on Sensation has four sections.

The first extract (2:29) is from Krishnamurti's fourth talk in Saanen 1966, titled: Our Lives Are Based on Sensation and Desire.

The second extract (13:53) is from the eighth talk in Ojai 1949, titled: Ideas Are the Result of Sensation.

The third extract (32:59) is from Krishnamurti's third talk in Saanen 1976, titled: Total Sensation.

The final extract in this episode (49:46) is from a direct recording by Krishnamurti in Ojai 1983,

titled: A Spring Morning.

#### **Other platforms**

(Apple) Krishnamurti Podcast - Ep. 184  
(Spotify) Krishnamurti Podcast - Ep. 184  
(YouTube) Krishnamurti Podcast - Ep. 184  
(Podbean) Krishnamurti Podcast - Ep. 184

## **Sensitivity**

### **Ep. 271 - Krishnamurti on Sensitivity**

Audio Podcast - 69 minutes

#### **Summary**

'Without sensitivity there is no intelligence, and therefore no love. And where there is no love, there is no beauty.'

This episode on Sensitivity has three sections.

The first extract (2:38) is from Krishnamurti's second talk at Rajghat in 1967, and is titled: Most of Us Are Insensitive.

The second extract (22:47) is from the second talk at Brockwood Park in 1969, and is titled: Extraordinary Sensitivity.

The final extract in this episode (34:00) is from Krishnamurti's eighth talk in Saanen 1963, and is titled: The Highly Sensitive Brain.

#### **Other platforms**

(Apple) Krishnamurti Podcast - Ep. 271  
(Spotify) Krishnamurti Podcast - Ep. 271  
(YouTube) Krishnamurti Podcast - Ep. 271  
(Podbean) Krishnamurti Podcast - Ep. 271

## **Seriousness**

### **Ep. 197 - Krishnamurti on Seriousness**

Audio Podcast - 60 minutes

#### **Summary**

'Life is serious and it is only one who is really serious that knows how to live, not the flippant or those who are merely seeking entertainment.'

This week's episode on Seriousness has four sections.

The first extract (2:39) is from Krishnamurti's second talk in London 1966, titled: What Is It To Be Serious?

The second extract (11:05) is from the first talk in Saanen 1973, titled: I Don't Know How Serious You Are.

The third extract (16:39) is from Krishnamurti's first talk in Saanen 1970, titled: You Have To Be Serious Confronted With the Chaos in the World.

The final extract in this episode (46:38) is from the first talk in Saanen 1963, titled: A Serious Mind.

#### **Other platforms**

(Apple) Krishnamurti Podcast - Ep. 197  
(Spotify) Krishnamurti Podcast - Ep. 197  
(YouTube) Krishnamurti Podcast - Ep. 197  
(Podbean) Krishnamurti Podcast - Ep. 197

## Sex

### [Ep. 202 - Krishnamurti on Sex](#)

Audio Podcast - 76 minutes

#### Summary

'Why has sex such an important part in our life? Though it is one of our primary urges, why has it assumed such fantastic magnitude?'

This week's episode on Sex has four sections.

The first extract (2:38) is from the second question and answer meeting at Brockwood Park in 1979, titled: Why Have We Given Sex Such Importance?

The second extract (14:00) is from Krishnamurti's third talk at Brockwood Park in 1971, titled: Sex, Pleasure and Love.

The third extract (57:23) is from Krishnamurti's fourth talk in New Delhi in 1966, titled: Is Sex a Problem?

The final extract in this episode (1:09:30) is from the second small group discussion at Brockwood Park in 1978, titled: Non-Identification With Sex.

#### Other platforms

[\(Apple\) Krishnamurti Podcast - Ep. 202](#)

[\(Spotify\) Krishnamurti Podcast - Ep. 202](#)

[\(YouTube\) Krishnamurti Podcast - Ep. 202](#)

[\(Podbean\) Krishnamurti Podcast - Ep. 202](#)

## Silence

### [Ep. 100 - Krishnamurti on Silence](#)

Audio Podcast - 61 minutes

#### Summary

'In silence is that quality of energy you have never touched before, and that is the transforming factor, the real creative movement of life.'

This week's episode on Silence has seven sections.

The first extract (2:27) is from the first question and answer meeting in Ojai 1984, titled 'Why is silence necessary?'

The second extract (9:08) is from the first question and answer meeting in Ojai 1983, titled 'Silence needs space.'

The third extract (18:05) is from Krishnamurti's third talk in Madras 1967, titled 'Silence is not the ending of noise'.

The fourth extract (26:46) is from the fourth talk in Madras 1974, titled 'Silence is not to be practiced'.

The fifth extract (35:32) is from Krishnamurti's fourth talk in New Delhi 1973, titled 'In silence there is a totally different kind of energy'.

The sixth extract (43:43) is from the fourth talk at Brockwood Park in 1984, titled 'The sound of silence'.

The final extract in this episode (52:12) is from a direct recording made by Krishnamurti in Ojai 1983, titled 'The roots of heaven are in deep abiding silence'. This recording has not been heard before, outside of the archives.

#### Other platforms

(Apple) Krishnamurti Podcast - Ep. 100  
(Spotify) Krishnamurti Podcast - Ep. 100  
(YouTube) Krishnamurti Podcast - Ep. 100  
(Podbean) Krishnamurti Podcast - Ep. 100

## Simplicity

### [Ep. 146 - Krishnamurti on Simplicity](#)

Audio Podcast - 69 minutes

#### Summary

'The modern world is becoming very, very complicated, and one must therefore make one's own life extraordinarily simple. That simplicity demands a great deal of intelligence.'

This week's episode on Simplicity has three sections.

The first extract (2:57) is from Krishnamurti's eighth talk in Bombay 1962, titled 'Simplicity and virtue in a complex world'.

The second extract (25:07) is from the seventh talk in Saanen 1965, titled, 'Simplicity comes with the understanding of sorrow'.

The final extract in this episode (56:17) is from the first talk in San Francisco 1984, titled 'Complexity must be approached with simplicity'

#### Other platforms

(Apple) Krishnamurti Podcast - Ep. 146  
(Spotify) Krishnamurti Podcast - Ep. 146  
(YouTube) Krishnamurti Podcast - Ep. 146  
(Podbean) Krishnamurti Podcast - Ep. 146

## Sleep/Dreams

### [Ep. 135 - Krishnamurti on Sleep and Dreams](#)

Audio Podcast - 65 minutes

#### Summary

'When the brain is quiet in sleep, rejuvenation of its whole structure takes place and a quality of innocence comes into being.'

This week's episode on Sleep and Dreams has four sections.

The first extract (2:29) is from Krishnamurti's second talk at Brockwood Park in 1969, titled 'Can we understand ourselves by analysing our dreams?'

The second extract (31:12) is from the second talk at Brockwood Park in 1972, titled 'The mind tries to create order through dreams'.

The third extract (36:56) is from Krishnamurti's fourth talk in San Diego 1970, titled 'Attention during sleep'.

The final extract in this episode (43:48) is from the seventh talk in Saanen 1970, titled 'Can the brain be completely quiet in sleep?'

#### Other platforms

(Apple) Krishnamurti Podcast - Ep. 135  
(Spotify) Krishnamurti Podcast - Ep. 135  
(YouTube) Krishnamurti Podcast - Ep. 135  
(Podbean) Krishnamurti Podcast - Ep. 135



## Society

### [Ep. 87 - Krishnamurti on Society](#)

Audio Podcast - 66 minutes

#### Summary

'We need a new society; and that society is not going to be created by anybody except by you. I do not think we feel the immense responsibility of this.'

This week's episode on Society has five sections.

The first extract (2:29) is from Krishnamurti's fourth question and answer meeting in Ojai 1981, titled 'What is your relationship to society?'

The second extract (8:36) is from the third talk in Madras 1985, titled 'Each one of us has built society'.

The third extract (19:10) is from Krishnamurti's second question and answer meeting in Saanen 1982, titled 'Is it possible to not contribute to the cruelty of society?'

The fourth extract (30:24) is from the fourth talk in Saanen 1972, titled 'Society creates an image in us'.

The final extract (48:36) this week is from Krishnamurti's first talk in Bombay 1965, titled 'We need a new society'.

#### Other platforms

[\(Apple\) Krishnamurti Podcast - Ep. 87](#)

[\(Spotify\) Krishnamurti Podcast - Ep. 87](#)

[\(YouTube\) Krishnamurti Podcast - Ep. 87](#)

[\(Podbean\) Krishnamurti Podcast - Ep. 87](#)

## Solitude

### [Ep. 216 - Krishnamurti on Solitude](#)

Audio Podcast - 55 minutes

#### Summary

'Solitude is a lovely word. It implies walking alone, looking, listening, not carrying your troubles, problems and anxieties; being absolutely alone, enjoying.'

This week's episode on Solitude has six sections.

The first extract (2:44) is from Krishnamurti's second discussion in Saanen 1978, titled: Solitude is not loneliness.

The second extract (13:24) is from the second question and answer meeting at Brockwood Park in 1979, titled: Will solitude end our confusion?

The third extract (26:39) is from Krishnamurti's fourth talk at Brockwood Park in 1979, titled: Is the demand for companionship born out of solitude?

The fourth extract (35:15) is from Krishnamurti's third talk in Saanen 1962, titled: Are we ever alone?

The fifth extract (41:44) is from the third question and answer meeting in Saanen 1980, titled: What solitude reveals.

The final extract in this episode (46:35) is from a direct recording by Krishnamurti in Ojai 1983, titled: A solitude far from the noise of civilization.

#### Other platforms

[\(Apple\) Krishnamurti Podcast - Ep. 216](#)

[\(Spotify\) Krishnamurti Podcast - Ep. 216](#)  
[\(YouTube\) Krishnamurti Podcast - Ep. 216](#)  
[\(Podbean\) Krishnamurti Podcast - Ep. 216](#)

## Sorrow

### [Ep. 110 - Krishnamurti on Sorrow](#)

Audio Podcast - 63 minutes

#### Summary

'What is sorrow? Why does one suffer? Will the discovery of the cause of suffering end suffering?'

This week's episode on Sorrow has three sections.

This first extract (2:58) is from Krishnamurti's fifth talk in Saanen 1972, titled 'What is sorrow?'

The second extract (33:23) is from the first question and answer meeting at Brockwood Park in 1980, titled 'Is suffering necessary?'

The final extract (53:44) in this episode is from Krishnamurti's third talk in Ojai 1985, titled 'There can be no sorrow with love'.

#### Other platforms

[\(Apple\) Krishnamurti Podcast - Ep. 110](#)  
[\(Spotify\) Krishnamurti Podcast - Ep. 110](#)  
[\(YouTube\) Krishnamurti Podcast - Ep. 110](#)  
[\(Podbean\) Krishnamurti Podcast - Ep. 110](#)

## Space

### [Ep. 241 - Krishnamurti on Space](#)

Audio Podcast - 63 minutes

#### Summary

'Space implies a movement, an energy which is boundless like the heavens. In the heavens there is complete order. Where there is vast space there is order. When there is no space, there is disorder.'

This week's episode on Space has six sections.

The first extract (2:40) is from Krishnamurti's sixth talk in Madras 1976, and is titled: We Must Have Space.

The second extract (11:08) is from the fourth talk at Rajghat in 1964, and is titled: Space Without an Object Is Freedom.

The third extract (26:01) is from Krishnamurti's ninth talk in London 1961, and is titled: Time and Space.

The fourth extract (32:22) is from the sixth talk in Saanen 1983, and is titled: Space to Listen.

The fifth extract (40:22) is from Krishnamurti's fourth talk in Ojai 1973, and is titled: Space in Art.

The final extract (47:56) in this episode is from the fourth talk in Ojai 1973, and is titled: Space and Order.

#### Other platforms

[\(Apple\) Krishnamurti Podcast - Ep. 241](#)  
[\(Spotify\) Krishnamurti Podcast - Ep. 241](#)  
[\(YouTube\) Krishnamurti Podcast - Ep. 241](#)  
[\(Podbean\) Krishnamurti Podcast - Ep. 241](#)

## [Ep. 20 - Inner space - Krishnamurti with Jacob Needleman 2](#)

Audio Podcast - 64 minutes

### **Summary**

Jacob Needleman is Professor of Philosophy at San Francisco State University and former Director of the Center for the Study of New Religions at Berkeley. He is the author of many books, including *The Heart of Philosophy*, *Money and the Meaning of Life*, *Time and the Soul*, and *I Am Not I*.

This second conversation with Krishnamurti was recorded in Malibu, California in 1971.

Questions that come up in the conversation include: Is it possible to be free of the centre, so that the centre doesn't create space around itself and build a wall?

Can the centre be still?

Can consciousness empty itself of its content?

Is love within the field of consciousness?

Are there environments which are conducive to liberation?

### **Other platforms**

[\(Apple\) Krishnamurti Podcast - Ep. 20](#)

[\(Spotify\) Not available](#)

[\(YouTube\) Krishnamurti Podcast - Ep. 20](#)

[\(Podbean\) Krishnamurti Podcast - Ep. 20](#)

## **Spirituality**

## [Ep. 174 - Krishnamurti on Spirituality](#)

Audio Podcast - 75 minutes

### **Summary**

'What is a spiritual life? Is a spiritual life a life of total freedom? Freedom from sorrow, freedom from fear, freedom from all conditioning. To be free.'

This week's episode on Spirituality has five sections.

The first extract (2:52) is from the third question and answer meeting in Ojai 1982, titled: *Are There Levels of Spirituality?*

The second extract (20:58) is from the first question and answer meeting at Brockwood Park in 1985, titled: *Are Spiritual Experiences Illusional?*

The third extract (40:06) is from Krishnamurti's fourth talk in Saanen 1980, titled: *There Is No Spiritual Authority*.

The fourth extract (54:38) is from the third question and answer meeting in Saanen 1983, titled: *What Is a Spiritual Life?*

The final extract in this episode (1:01:57) is from the seventh talk in New Delhi 1963, titled: *The Religious Spirit*.

### **Other platforms**

[\(Apple\) Krishnamurti Podcast - Ep. 174](#)

[\(Spotify\) Krishnamurti Podcast - Ep. 174](#)

[\(YouTube\) Krishnamurti Podcast - Ep. 174](#)

[\(Podbean\) Krishnamurti Podcast - Ep. 174](#)

## Stillness

### [Ep. 276 - Krishnamurti on Stillness](#)

Audio Podcast - 81 minutes

#### Summary

'There is a stillness which is not dependent on anything. It is only that quality of stillness, that absolute silence of the mind that can see the eternal, timeless, nameless.'

This episode on Stillness has six sections.

The first extract (2:36) is from the fourth small group discussion at Brockwood Park in 1973, and is titled: Does Controlling the Mind Lead to Stillness?

The second extract (24:07) is from the seventh discussion in Saanen 1969, and is titled: Stillness Cannot Be Induced.

The third extract (35:38) is from Krishnamurti's eighth talk in Paris 1961, and is titled: In Stillness Comes a Different Kind of Life.

The fourth extract (48:18) is from the sixth discussion in Saanen 1969, and is titled: The Temporary Stillness Brought About by a Shock.

The fifth extract (55:56) is from Krishnamurti's seventh talk in Saanen 1979, and is titled: Stability in Stillness.

The final extract in this episode (1:03:28) is from the sixth talk in New Delhi 1962, and is titled: Complete Stillness of the Mind.

#### Other platforms

[\(Apple\) Krishnamurti Podcast - Ep. 276](#)

[\(Spotify\) Krishnamurti Podcast - Ep. 276](#)

[\(YouTube\) Krishnamurti Podcast - Ep. 276](#)

[\(Podbean\) Krishnamurti Podcast - Ep. 276](#)

## Stimulation

### [Ep. 166 - Krishnamurti on Stimulation](#)

Audio Podcast - 74 minutes

#### Summary

'When you realise that any form of outward or inward stimulation breeds indifference and dullness, when one sees the truth of it, the stimulation naturally will drop away.'

This week's episode on Stimulation has four sections.

The first extract (2:49) is from Krishnamurti's first talk at Brockwood Park in 1983, titled: This Is Not Intellectual Stimulation.

The second extract (9:13) is from the fourth talk in New Delhi 1966, titled: Most of Us Depend on Stimulation.

The third extract (21:11) is from Krishnamurti's first talk in Ojai 1949, titled: Relationship Is Not Stimulation.

The fourth extract (35:07) is from the sixth talk in Bombay 1965, titled: Is Beauty Stimulation?

The final extract in this episode (42:58) is from Krishnamurti's fifth discussion in Saanen 1965, titled: Stimulants in Any Form Dull the Mind.

#### Other platforms

[\(Apple\) Krishnamurti Podcast - Ep. 166](#)

[\(Spotify\) Krishnamurti Podcast - Ep. 166](#)

[\(YouTube\) Krishnamurti Podcast - Ep. 166](#)  
[\(Podbean\) Krishnamurti Podcast - Ep. 166](#)

## Struggle

### [Ep. 133 - Krishnamurti on Struggle](#)

Audio Podcast - 60 minutes

#### Summary

'There is a way of living without conflict and struggle. It doesn't mean becoming lazy, the mind becoming stagnant or dull. This way of living without effort can only come about if we understand the whole process of contradiction.'

This week's episode on Struggle has four sections.

The first extract (2:48) is from the 1974 film Problems of Living, titled 'We are caught in the trap of endless struggle'.

The second extract (8:44) is from Krishnamurti's third talk in Bombay 1962, titled 'Why do we struggle?'

The third extract (33:44) is from the first question and answer meeting at Rajghat in 1981, titled 'We struggle for everything'.

The final extract in this episode (44:00) is from the fourth talk at Brockwood Park in 1980, titled 'Struggling to end all struggle'.

#### Other platforms

[\(Apple\) Krishnamurti Podcast - Ep. 133](#)  
[\(Spotify\) Krishnamurti Podcast - Ep. 133](#)  
[\(YouTube\) Krishnamurti Podcast - Ep. 133](#)  
[\(Podbean\) Krishnamurti Podcast - Ep. 133](#)

## Suppression

### [Ep. 106 - Krishnamurti on Suppression](#)

Audio Podcast - 60 minutes

#### Summary

'If I don't escape, control, suppress or try to rationalise, my energy is concentrated. So I have enormous energy to deal with facts.'

This week's episode on Suppression has four sections.

The first extract (2:48) is from Krishnamurti's second talk in Calcutta 1982, titled 'Should we suppress desire?'

The second extract (22:30) is from the second discussion in Saanen 1972, titled 'What happens if I don't suppress anger?'

The third extract (33:11) is from Krishnamurti's third talk in New Delhi 1983, titled 'We are conditioned to suppress fear'.

The final extract (45:57) in this episode is from the seventh talk in New Delhi 1963, titled 'Religions encourage suppression'.

#### Other platforms

[\(Apple\) Krishnamurti Podcast - Ep. 106](#)  
[\(Spotify\) Krishnamurti Podcast - Ep. 106](#)  
[\(YouTube\) Krishnamurti Podcast - Ep. 106](#)  
[\(Podbean\) Krishnamurti Podcast - Ep. 106](#)

## Symbols

### [Ep. 233 - Krishnamurti on Symbols](#)

Audio Podcast - 70 minutes

#### Summary

'One must go beyond words, beyond names, beyond symbols to really find out, to search very deeply, to inquire without restraint and without limitation.'

This week's episode on Symbols has four sections.

The first extract (2:36) is from Krishnamurti's eighth talk in Madras 1961, and is titled: The Influence of Symbols.

The second extract (24:12) is from the first question and answer meeting at Brockwood Park in 1980, and is titled: We Invent a Symbol Then Worship It.

The third extract (32:08) is from Krishnamurti's first talk at Rajghat in 1962, and is titled: Can We Be Free of Symbols?

The final extract in this episode (40:56) is from Krishnamurti's sixth talk in Ojai 1982, and is titled: No Symbol Is Sacred.

#### Other platforms

[\(Apple\) Krishnamurti Podcast - Ep. 233](#)

[\(Spotify\) Krishnamurti Podcast - Ep. 233](#)

[\(YouTube\) Krishnamurti Podcast - Ep. 233](#)

[\(Podbean\) Krishnamurti Podcast - Ep. 233](#)

## Systems/Methods

### [Ep. 150 - Krishnamurti on Systems and Methods](#)

Audio Podcast - 70 minutes

#### Summary

'Systems have been created by man in his search for security, and the search for security through systems is destroying man.'

This week's episode on Methods and Systems has three sections.

The first extract (3:00) is from Krishnamurti's second talk in Saanen 1968, titled 'No system is going to help us'.

The second extract (25:26) is from the fourth talk in New York 1974, titled, 'Systems are not sane'.

The final extract (53:40) in this episode is from Krishnamurti's sixth talk in Ojai 1976, titled 'Methods are mechanical'.

#### Other platforms

[\(Apple\) Krishnamurti Podcast - Ep. 150](#)

[\(Spotify\) Krishnamurti Podcast - Ep. 150](#)

[\(YouTube\) Krishnamurti Podcast - Ep. 150](#)

[\(Podbean\) Krishnamurti Podcast - Ep. 150](#)

## Talent/Skill

### [Ep. 264 - Krishnamurti on Talent and Skill](#)

Audio Podcast - 68 minutes

#### Summary

'The great painters, great musicians and great architects have extraordinary capacities and talent, but in their daily life they are like you and me, and like everybody else.'

This episode on Talent and Skill has five sections.

The first extract (2:40) is from a question & answer meeting at Rajghat in 1964, and is titled: Talent and Fulfilment.

The second extract (15:30) is from the fifth question & answer meeting in Saanen 1980, and is titled: Why Are We Mediocre Despite Our Talents?

The third extract (25:38) is from the third question & answer meeting in Ojai 1980, and is titled: Talent and Creativity.

The fourth extract (42:06) is from Krishnamurti's third talk in Saanen 1977, and is titled: Skill in Action.

The final extract in this episode (1:00:05) is from the fourth discussion in Saanen 1977, and is titled: Skill and the Art of Living.

#### **Other platforms**

[\(Apple\) Krishnamurti Podcast - Ep. 264](#)

[\(Spotify\) Krishnamurti Podcast - Ep. 264](#)

[\(YouTube\) Krishnamurti Podcast - Ep. 264](#)

[\(Podbean\) Krishnamurti Podcast - Ep. 264](#)

## **Teacher**

### **Ep. 19 - The role of the teacher - Krishnamurti with Jacob Needleman 1**

Audio Podcast - 60 minutes

#### **Summary**

Jacob Needleman is Professor of Philosophy at San Francisco State University and former Director of the Center for the Study of New Religions at Berkeley. He is the author of many books, including *The Wisdom of Love*, *Time and the Soul*, *Why Can't We Be Good?*, and *Necessary Wisdom*. He popularised the term 'new religious movements' and was honoured by the New York Open Center in 2006.

This first conversation with Krishnamurti was recorded in Malibu, California in 1971. It forms the opening chapter of the classic book, *The Awakening of Intelligence*.

Subjects discussed include: the spiritual revolution among young people, hope of a new flowering for civilisation, and whether one can go into oneself at tremendous depths and find out everything, without asking for help.

If there were no books or gurus, what we do?

Is effort needed to reach God, enlightenment or truth?

Why do we divide energy?

The observer comes into being in wanting to change 'what is'.

The state of not-knowing is intelligence.

#### **Other platforms**

[\(Apple\) Krishnamurti Podcast - Ep. 19](#)

[\(Spotify\) Not available](#)

[\(YouTube\) Krishnamurti Podcast - Ep. 19](#)

[\(Podbean\) Krishnamurti Podcast - Ep. 19](#)

## Technology

### [Ep. 168 - Krishnamurti on Technology](#)

Audio Podcast - 72 minutes

#### **Summary**

'The brain has put man on the moon, it has invented terrible things that kill, and also technology has given man great comfort, hygiene and communication. But the brain is limited because, at present, it is incapable of going inward.'

This week's episode on Technology has four sections.

The first extract (2:49) is from Krishnamurti's first talk at Brockwood Park in 1982, titled: Technology Is Invading Our Consciousness.

The second extract (12:55) is from the first talk in Ojai 1981, titled: Is the Crisis One of Technology or Is It in Ourselves?

The third extract (37:32) is from the first talk in Madras 1982, titled: Can the Brain Go in a Direction Other Than Technological?

The final extract in this episode (1:04:45) is from the seventh talk in Saanen 1978, titled: Technology Stems From Measurement.

#### **Other platforms**

[\(Apple\) Krishnamurti Podcast - Ep. 168](#)  
[\(Spotify\) Krishnamurti Podcast - Ep. 168](#)  
[\(YouTube\) Krishnamurti Podcast - Ep. 168](#)  
[\(Podbean\) Krishnamurti Podcast - Ep. 168](#)

## Thinking

### [Ep. 270 - Krishnamurti on Thinking](#)

Audio Podcast - 79 minutes

#### **Summary**

'Thinking is mechanical; thinking can never be free. It can be reasonable, sane and logical, but thinking can never be free.'

This episode on Thinking has three sections.

The first extract (2:30) is from Krishnamurti's first talk at Rajghat in 1985, and is titled: What Is Thinking?

The second extract (37:36) is from the first talk in Saanen 1982, and is titled: Is Thinking Individual?

The final extract in this episode (1:03:50) is from Krishnamurti's seventh talk in Saanen 1961, and is titled: Positive and Negative Thinking.

#### **Other platforms**

[\(Apple\) Krishnamurti Podcast - Ep. 270](#)  
[\(Spotify\) Krishnamurti Podcast - Ep. 270](#)  
[\(YouTube\) Krishnamurti Podcast - Ep. 270](#)  
[\(Podbean\) Krishnamurti Podcast - Ep. 270](#)

## Thinking/Together

### [Ep. 213 - Krishnamurti on Thinking Together](#)

Audio Podcast - 68 minutes

#### **Summary**

'Thinking together does not mean that you agree or disagree, accept or reject, defend or offend,



but together find out if it is possible, by thinking together, to act together.'

This week's episode on Thinking Together has four sections.

The first extract (2:39) is from Krishnamurti's first talk in Saanen 1979, titled: Thinking Together Without Barriers.

The second extract (33:47) is from the second talk in Ojai 1980, titled: Thinking Together to Eliminate Conflict.

The third extract (46:03) is from Krishnamurti's second talk in Saanen 1979, titled: In thinking together, relationship changes completely.

The final extract in this episode (56:57) is from the third question and answer meeting in Saanen 1980, titled: What do you mean when you ask us to think together?

#### **Other platforms**

[\(Apple\) Krishnamurti Podcast - Ep. 213](#)

[\(Spotify\) Krishnamurti Podcast - Ep. 213](#)

[\(YouTube\) Krishnamurti Podcast - Ep. 213 \(YouTube\)](#)

[\(Podbean\) Krishnamurti Podcast - Ep. 213](#)

## **Thought**

### **Ep. 80 - Krishnamurti on Thought**

Audio Podcast - 91 minutes

#### **Summary**

'If thought is the cause of this chaos, thought can end and something totally new can begin.'

This week's podcast has seven sections.

The first extract (2:09) is from Krishnamurti's first talk at Brockwood Park in 1984, titled 'What is thinking?'

The second extract (9:06) is from the second talk in Madras 1979, titled 'Thought is limited'.

The third extract (23:48) is from Krishnamurti's first talk in Saanen 1980, titled 'Is thought the cause of chaos?'

The fourth extract (33:16) is from the first question and answer meeting in Bombay 1984, titled 'You are thought'.

The fifth extract (43:26) is from Krishnamurti's second question and answer meeting at Brockwood Park in 1979, titled 'Can thought be aware of itself as it arises?'

The sixth extract (50:00) is from the seventh talk in Saanen 1971, titled 'Can thought be completely silent?'

The final extract this week (1:24:40) is from the sixth talk at Rajghat in 1962, titled 'Letting every thought flower in freedom'.

#### **Other platforms**

[\(Apple\) Krishnamurti Podcast - Ep. 80](#)

[\(Spotify\) Krishnamurti Podcast - Ep. 80](#)

[\(YouTube\) Krishnamurti Podcast - Ep. 80](#)

[\(Podbean\) Krishnamurti Podcast - Ep. 80](#)

## Thought/Consciousness

### Ep. 24 - Thought cannot comprehend the totality of consciousness - Krishnamurti with Pupul Jayakar 2

Audio Podcast - 88 minutes

#### Summary

Pupul Jayakar was a trustee of Krishnamurti Foundation India, and for decades was a friend of Krishnamurti's. She helped publish many of his books in India, along with writing a biography which was published soon after his death. Her other books include *The Earth Mother*, *The Buddha* and *God is Not a Full-Stop*.

This second conversation was recorded in the summer of 1978, at Brockwood. Krishnamurti asks: What does the word 'conscious' mean to you?, saying that thought can never be aware of the total content of consciousness.

Can the mind perceive the totality?

Is there a love or a quality which is not part of consciousness?

Is it possible to observe with all one's senses?

Is there a totally different dimension to consciousness, not invented by thought? Can this be discovered?

What quality is necessary to move out of the circle of consciousness?

How can we know order when we live in total disorder?

When thought is completely, absolutely still, there is an action.

#### Other platforms

[\(Apple\) Krishnamurti Podcast - Ep. 24](#)

[\(Spotify\) Krishnamurti Podcast - Ep. 24](#)

[\(YouTube\) Krishnamurti Podcast - Ep. 24](#)

[\(Podbean\) Krishnamurti Podcast - Ep. 24](#)

## Thought/Intelligence

### Ep. 35 - Thought cannot investigate into intelligence - Krishnamurti with Asit Chandmal

Audio Podcast - 70 minutes

#### Summary

This conversation took place at Brockwood Park in 1982.

Krishnamurti asks: Do you accept that intelligence is not the product of thought?

What do you have you left when you don't use the brain to inquire?

What is not contaminated by thought?

Can your brain observe something whole without any kind of fragmentation?

Krishnamurti and Asit Chandmal were friends for many years, and Krishnamurti would often stay with him when in Bombay. Chandmal studied engineering in London, where he later taught mathematical economics, before becoming finance director at Tata Motors. His interest in computing led to Chandmal's involvement with many Silicon Valley start-ups. A trustee of the Krishnamurti Foundation India, he was also a keen photographer and in 1985 published the *One Thousand Moons*, a book of photographs illustrating a year in Krishnamurti's life.

#### Other platforms

[\(Apple\) Krishnamurti Podcast - Ep. 35](#)

[\(Spotify\) Krishnamurti Podcast - Ep. 35](#)

[\(YouTube\) Krishnamurti Podcast - Ep. 35](#)  
[\(Podbean\) Krishnamurti Podcast - Ep. 35](#)

## Time

### [Ep. 55 - Krishnamurti on Time](#)

Audio Podcast - 56 minutes

#### **Summary**

This week's podcast has four sections.

The first extract, starting at 2:10, is from Krishnamurti's first talk in Rajghat 1984, titled The future is now

The second extract, starting at 12:30, is from the third talk in Ojai 1980, titled Your consciousness is the essence of time

The third extract, starting at 28:36, is from the forth talk at Brockwood 1973, titled Thought is time as movement

The final extract this week, starting at 51:19, is from the sixth talk in Saanen 1978, titled When you understand death, time has come to an end

#### **Other platforms**

[\(Apple\) Krishnamurti Podcast - Ep. 55](#)  
[\(Spotify\) Krishnamurti Podcast - Ep. 55](#)  
[\(YouTube\) Krishnamurti Podcast - Ep. 55](#)  
[\(Podbean\) Krishnamurti Podcast - Ep. 55](#)

## Tomorrow

### [Ep. 255 - Krishnamurti on Tomorrow](#)

Audio Podcast - 76 minutes

#### **Summary**

'We have divided time into yesterday, today and tomorrow, and hence we have invented the process of gradual achievement for freeing ourselves.'

This episode on Tomorrow has three sections.

The first extract (2:26) is from Krishnamurti's fifth talk in New Delhi 1964, and is titled: Our Invented Tomorrow.

The second extract (23:21) is from the second talk at Brockwood Park in 1984, and is titled: Is There Security Tomorrow?

The final extract in this episode (44:06) is from the fourth talk in New York 1966, and is titled: Freedom from Yesterday, Today and Tomorrow.

#### **Other platforms**

[\(Apple\) Krishnamurti Podcast - Ep. 255](#)  
[\(Spotify\) Krishnamurti Podcast - Ep. 255](#)  
[\(YouTube\) Krishnamurti Podcast - Ep. 255](#)  
[\(Podbean\) Krishnamurti Podcast - Ep. 255](#)

## Tradition

### [Ep. 200 - Krishnamurti on Tradition](#)

Audio Podcast - 77 minutes

#### **Summary**

'Tradition can be 10,000 years old or two days old, and according to that I live. This means I live in the past and am therefore betraying the present.'

This week's episode on Tradition has five sections.

The first extract (2:39) is from Krishnamurti's second talk in New Delhi 1962, titled: Tradition Is Habit Seasoned in Time.

The second extract (13:19) is from the first talk in Bombay 1974, titled: Tradition Makes the Mind Mechanical.

The third extract (30:22) is from Krishnamurti's second talk in Saanen 1970, titled: The Authority of Tradition.

The fourth extract (46:06) is from the fourth talk in Bombay 1978, titled: Is Tradition Different From You?

The final extract in this episode (59:59) is from Krishnamurti's fourth talk in Madras 1979, titled: The Tradition of Time.

#### **Other platforms**

[\(Apple\) Krishnamurti Podcast - Ep. 200](#)  
[\(Spotify\) Krishnamurti Podcast - Ep. 200](#)  
[\(YouTube\) Krishnamurti Podcast - Ep. 200](#)  
[\(Podbean\) Krishnamurti Podcast - Ep. 200](#)

## **Transformation**

### **Ep. 158 - Krishnamurti on Transformation**

Audio Podcast - 80 minutes

#### **Summary**

'The chief concern for a serious person is the total transformation of the human mind - total not partial, a complete revolution in the psyche - because that is the first movement which can transform the outward environment.'

This week's episode on Transformation has five sections.

The first extract (2:42) is from Krishnamurti's second talk at Brockwood Park in 1976, titled: There Must Be a Transformation in Human Consciousness.

The second extract (8:55) is from the first talk in Saanen 1973, titled: What Place Has Knowledge in the Transformation of the Mind?

The third extract (39:47) is from Krishnamurti's second talk in Saanen 1974, titled: The Energy Needed for Total Transformation.

The fourth extract (53:34) is from the second question and answer meeting in Madras 1985, titled: Transformation Requires Clear Perception.

The final extract in this episode (1:06:05) is from Krishnamurti's fourteenth talk in Ojai 1949, titled: Complete Transformation.

#### **Other platforms**

[\(Apple\) Krishnamurti Podcast - Ep. 158](#)  
[\(Spotify\) Krishnamurti Podcast - Ep. 158](#)  
[\(YouTube\) Krishnamurti Podcast - Ep. 158](#)  
[\(Podbean\) Krishnamurti Podcast - Ep. 158](#)

## Trust/Faith

### [Ep. 260 - Krishnamurti on Trust and Faith](#)

Audio Podcast - 63 minutes

#### **Summary**

'We are incapable, so we look, we search, we find somebody to tell us what to do, and we put our faith in those people. But faith and trust have no value.'

This episode on Trust and Faith has five sections.

The first extract (2:24) is from the second question and answer meeting in Saanen 1980, and is titled Trust and Certainty.

The second extract (13:42) is from Krishnamurti's fifth talk in Madras 1964, and is titled: Trust and Faith Have No Value.

The third extract (22:58) is from the second talk in Bombay 1962, and is titled: There Is Nothing You Can Trust.

The fourth extract (42:18) is from the first question and answer meeting in Bombay 1984, and is titled: What Is Faith?

The final extract in this episode (48:03) is from Krishnamurti's third talk in Colombo 1980, and is titled: Faith and Suffering.

#### **Other platforms**

[\(Apple\) Krishnamurti Podcast - Ep. 260](#)

[\(Spotify\) Krishnamurti Podcast - Ep. 260](#)

[\(YouTube\) Krishnamurti Podcast - Ep. 260](#)

[\(Podbean\) Krishnamurti Podcast - Ep. 260](#)

## Truth

### [Ep. 75 - Krishnamurti on Truth](#)

Audio Podcast - 64 minutes

#### **Summary**

'Truth is not something that is mysterious; truth is where you are.'

From there we can begin.' This week's podcast has five sections.

The first extract (2:06) is a rare recording of Krishnamurti reading 'Truth is a Pathless Land', in Ojai 1930.

The second extract (7:10) is from the second question and answer meeting in Ojai 1980, titled 'Is truth absolute or relative?'

The third extract (34:02) is from Krishnamurti's third question and answer meeting at Brockwood Park in 1983, titled 'Facts show what the truth is'.

The fourth extract (53:04) is from the fourth talk at Brockwood Park in 1972, titled 'Truth is to see the false'.

The final extract this week (58:34) is from Krishnamurti's first question and answer meeting in Ojai 1984, titled 'Truth acts as a poison if one doesn't act'.

#### **Other platforms**

[\(Apple\) Krishnamurti Podcast - Ep. 75](#)

[\(Spotify\) Krishnamurti Podcast - Ep. 75](#)

[\(YouTube\) Krishnamurti Podcast - Ep. 75](#)

[\(Podbean\) Krishnamurti Podcast - Ep. 75](#)

## Uncertainty

### [Ep. 102 - Krishnamurti on Uncertainty](#)

Audio Podcast - 57 minutes

#### Summary

When you live in a state of complete inward uncertainty, you will see that you meet any challenge with clarity and swiftness.'

This week's episode on Uncertainty has two sections.

The first extract (2:44) is from Krishnamurti's first question and answer meeting in Saanen 1980, titled 'We move from certainty to uncertainty to certainty'.

The second and final extract (14:04) in this episode is from the second talk in Bombay 1964, titled 'Be free and live in a state of uncertainty'.

#### Other platforms

[\(Apple\) Krishnamurti Podcast - Ep. 102](#)

[\(Spotify\) Krishnamurti Podcast - Ep. 102](#)

[\(YouTube\) Krishnamurti Podcast - Ep. 102](#)

[\(Podbean\) Krishnamurti Podcast - Ep. 102](#)

## Unconscious

### [Ep. 214 - Krishnamurti on The Unconscious](#)

Audio Podcast - 69 minutes

#### Summary

'How is the unconscious to be exposed, without effort, without analysis, without the conscious mind which cannot examine it?'

This week's episode on The Unconscious has four sections.

The first extract (2:43) is from Krishnamurti's fifth talk in London 1962, titled: Understanding the Unconscious.

The second extract (22:42) is from the fifth talk in Saanen 1974, titled: Unconscious Hurts.

The third extract (34:48) is from Krishnamurti's second talk at Brockwood Park in 1972, titled: Ending Unconscious Fears.

The final extract in this episode (58:19) is from the third talk in New York 1974, titled: Awareness of the Unconscious.

#### Other platforms

[\(Apple\) Krishnamurti Podcast - Ep. 214](#)

[\(Spotify\) Krishnamurti Podcast - Ep. 214](#)

[\(YouTube\) Krishnamurti Podcast - Ep. 214](#)

[\(Podbean\) Krishnamurti Podcast - Ep. 214](#)

## Understanding

### [Ep. 130 - Krishnamurti on Understanding](#)

Audio Podcast - 70 minutes

#### Summary

'In the state of understanding, there is no barrier between the fact and yourself. When you understand something, your whole attention is given to it.'

This week's episode on Understanding has six sections.

The first extract (2:50) is from Krishnamurti's fourth talk in Madras 1964, titled 'In what sense are

we using the word ‘understand’?’

The second extract (8:24) is from the first talk in Saanen 1962, titled ‘Will mental exploration bring about understanding?’

The third extract (16:06) is from the first question and answer meeting at Brockwood Park in 1985 titled, ‘Does asking for guidance prevent understanding?’

The fourth extract (30:10) is from Krishnamurti’s fourth talk in Ojai 1981, titled ‘Understanding brings its own discipline.’

The fifth extract (45:42) is from the third talk in Paris 1965, titled ‘Is understanding a matter of time?’

The final extract in this episode (58:35) is from the fourth talk at Brockwood Park in 1971, titled ‘Meditation can only begin with the total understanding of oneself’.

#### **Other platforms**

[\(Apple\) Krishnamurti Podcast - Ep. 130](#)

[\(Spotify\) Krishnamurti Podcast - Ep. 130](#)

[\(YouTube\) Krishnamurti Podcast - Ep. 130](#)

[\(Podbean\) Krishnamurti Podcast - Ep. 130](#)

## **Unity**

### **Ep. 154 - Krishnamurti on Unity**

Audio Podcast - 62 minutes

#### **Summary**

‘There can be unity only when there is no division. I am divided because of my images, my conclusions, my opinions. When I have no conclusion, no image, there is no division.’

This week’s episode on Unity has four sections.

The first extract (2:49) is from Krishnamurti’s second talk at Brockwood Park in 1979, titled: Can Religion Bring Unity?

The second extract (19:26) is from the fourth talk in Saanen 1972, titled: Can There Be Unity Between Conditioned Minds?

The third extract (25:39) is from Krishnamurti’s first talk in New Delhi 1962, titled: Unity Cannot Be Brought About by a Symbol or Flag

The final extract in this episode (34:57) is from the seventh talk in Saanen 1975, titled: Thought Wants Unity Yet Brings Division.

#### **Other platforms**

[\(Apple\) Krishnamurti Podcast - Ep. 154](#)

[\(Spotify\) Krishnamurti Podcast - Ep. 154](#)

[\(YouTube\) Krishnamurti Podcast - Ep. 154](#)

[\(Podbean\) Krishnamurti Podcast - Ep. 154](#)

## **Urgency**

### **Ep. 187 - Krishnamurti on Urgency**

Audio Podcast - 82 minutes

#### **Summary**

‘There can be understanding only when there is tremendous urgency. When there is an urgency, there is attention; and out of that comes freedom.’

This week's episode on Urgency has five sections.

The first extract (2:40) is from Krishnamurti's first talk in Ojai 1966, titled: When There Is Urgency There Is Attention.

The second extract (34:29) is from the fourth talk in Saanen 1970, titled: The Very Urgency of Change Is the Change.

The third extract (38:51) is from Krishnamurti's second talk in Saanen 1977, titled: Urgency Puts the Background in Abeyance

The fourth extract (52:42) is from the fifth talk at Rajghat in 1964, titled The Urgency of Love.

The final extract in this episode (1:14:22) is from Krishnamurti's first talk in Saanen 1978, titled: Urgency Removes Interference.

#### **Other platforms**

[\(Apple\) Krishnamurti Podcast - Ep. 187](#)

[\(Spotify\) Krishnamurti Podcast - Ep. 187](#)

[\(YouTube\) Krishnamurti Podcast - Ep. 187](#)

[\(Podbean\) Krishnamurti Podcast - Ep. 187](#)

## **Values**

### **[Ep. 116 - Krishnamurti on Values](#)**

Audio Podcast - 80 minutes

#### **Summary**

'Is there action that is correct under all circumstances, not based on values?'

This week's episode on Values has three sections.

The first extract (2:35) is from Krishnamurti's first talk at Rajghat 1969, titled 'Question your values and traditions'.

The second extract (30:20) is from the third talk in Saanen 1980, titled 'Our actions are based on values.'

The final extract (56:42) in this episode is from Krishnamurti's third talk in Ojai 1949, titled 'We have taken our values and beliefs for granted'.

#### **Other platforms**

[\(Apple\) Krishnamurti Podcast - Ep. 116](#)

[\(Spotify\) Krishnamurti Podcast - Ep. 116](#)

[\(YouTube\) Krishnamurti Podcast - Ep. 116](#)

[\(Podbean\) Krishnamurti Podcast - Ep. 116](#)

## **Violence**

### **[Ep. 63 - Krishnamurti on Violence](#)**

Audio Podcast - 60 minutes

#### **Summary**

This week's episode on Violence has five sections.

The first extract (2:12) is from Krishnamurti's first discussion at Brockwood Park in 1977, titled 'What is violence?'

The second extract (8:06) is from the second talk in Bombay 1983, titled 'Facing the fact of violence'



The third extract (15:14) is from the first question and answer meeting in Saanen 1982, titled 'Does violence have an opposite?'

The fourth extract (28:48) is from the first talk in San Francisco 1983, titled 'Ending violence without motive'.

The final extract this week (49:10) is from the first question and answer meeting in Saanen 1981, titled 'Are you adding to the violence in the world?'

#### **Other platforms**

[\(Apple\) Krishnamurti Podcast - Ep. 63](#)  
[\(Spotify\) Krishnamurti Podcast - Ep. 63](#)  
[\(YouTube\) Krishnamurti Podcast - Ep. 63](#)  
[\(Podbean\) Krishnamurti Podcast - Ep. 63](#)

## **Virtue**

### **[Ep. 207 - Krishnamurti on Virtue](#)**

Audio Podcast - 63 minutes

#### **Summary**

'Virtue has nothing whatsoever to do with society and its so-called morality. Virtue can come about only when there is psychological order within oneself.'

This week's episode on Virtue has four sections.

The first extract (2:35) is from Krishnamurti's third talk in Saanen 1962, titled: Respectability Is Not Virtue.

The second extract (13:14) is from the fourth talk in Paris 1965, titled: Order, Virtue and Freedom.

The third extract (28:35) is from the fifth talk in New York 1966, titled: Virtue Has No Authority.

The final extract in this episode (43:02) is from Krishnamurti's eighth talk in Bombay 1962, titled: The Simplicity of Virtue.

#### **Other platforms**

[\(Apple\) Krishnamurti Podcast - Ep. 207](#)  
[\(Spotify\) Krishnamurti Podcast - Ep. 207](#)  
[\(YouTube\) Krishnamurti Podcast - Ep. 207](#)  
[\(Podbean\) Krishnamurti Podcast - Ep. 207](#)

## **Vulnerability**

### **[Ep. 282 - Krishnamurti on Vulnerability](#)**

Audio Podcast - 65 minutes

#### **Summary**

'Only a mind that is vulnerable is capable of affection and love, not a mind that is jealous, possessive or dominating.'

This episode on Vulnerability has three sections.

The first extract (2:46) is from the second public discussion in Saanen 1965, and is titled: Vulnerability & Sensitivity.

The second extract (22:06) is from a direct recording in Ojai 1983, and is titled: We Lose Vulnerability in This World of Noise.

The third and final extract (37:57) in this episode is from the sixth talk in Saanen 1966, and is titled: Pretension, Innocence & Vulnerability.

### Other platforms

(Apple) Krishnamurti Podcast - Ep. 282  
(Spotify) Krishnamurti Podcast - Ep. 282  
(YouTube) Krishnamurti Podcast - Ep. 282  
(Podbean) Krishnamurti Podcast - Ep. 282

## War/Killing

### Ep. 125 - Krishnamurti on War and Killing

Audio Podcast - 83 minutes

#### Summary

'Psychologically we are one. Unless human beings deeply realise this, we are going to have wars, we are going to be eternally in conflict.'

This week's episode on War and Killing has five sections.

The first extract (2:31) is from Krishnamurti's first talk in Bombay 1984, titled 'What is the cause of wars?'

The second extract (20:08) is from the first talk in New Delhi 1965, titled 'Is there such thing as a righteous war?'

The third extract (33:16) is from Krishnamurti's talk at the United Nations, New York 1984, titled 'If there is no security in our relationships, that is the beginning of war.'

The fourth extract (58:07) is from the second question and answer meeting in Saanen 1982, titled 'How can I not contribute to war?'

The final extract in this episode (1:07:52) is from the second question and answer meeting in Saanen 1984, titled 'Can we live without bringing suffering or death?'

#### Other platforms

(Apple) Krishnamurti Podcast - Ep. 125  
(Spotify) Krishnamurti Podcast - Ep. 126  
(YouTube) Krishnamurti Podcast - Ep. 125  
(Podbean) Krishnamurti Podcast - Ep. 125

## What is

### Ep. 211 - Krishnamurti on 'What Is'

Audio Podcast - 80 minutes

#### Summary

'There is only 'what is', and not the changing of 'what is'. The changing of 'what is' is the movement of thought in time.'

This week's episode on What Is has four sections.

The first extract (2:38) is from Krishnamurti's second talk in Ojai 1983, titled: 'What is' and 'what should be'.

The second extract (29:30) is from the third talk at Brockwood Park in 1978, titled: 'What is' has no opposite.

The third extract (40:20) is from the eighth discussion in Saanen 1970, titled: 'What is' contains the past, present and future.

The final extract in this episode (59:55) is from Krishnamurti's fourth talk at Brockwood Park in 1973, titled: The cessation of 'what is'.

### Other platforms

(Apple) Krishnamurti Podcast - Ep. 211  
(Spotify) Krishnamurti Podcast - Ep. 211  
(YouTube) Krishnamurti Podcast - Ep. 211  
(Podbean) Krishnamurti Podcast - Ep. 211

## Wholeness

### Ep. 178 - Krishnamurti on Wholeness

Audio Podcast - 68 minutes

#### Summary

'To find out a deep, abiding, unshakeable honesty, which is integrity, wholeness, is to discover a state of the brain in which there is no movement at all.'

This week's episode on Wholeness has four sections.

The first extract (2:46) is from Krishnamurti's first talk at Brockwood Park in 1980, titled: A Sense of Wholeness, of Global Reality.

The second extract (26:39) is from the fifth talk in Saanen 1973, titled: Can Wholeness Be Brought About by Thought?

The third extract (35:52) is from the third question and answer meeting in Saanen 1984, titled: A Deep Abiding Wholeness and Integrity.

The final extract in this episode (53:22) is from the fourth talk in Madras 1974, titled: A Mind That Is Whole, Not Fragmented.

### Other platforms

(Apple) Krishnamurti Podcast - Ep. 178  
(Spotify) Krishnamurti Podcast - Ep. 178  
(YouTube) Krishnamurti Podcast - Ep. 178  
(Podbean) Krishnamurti Podcast - Ep. 178

## Will

### Ep. 226 - Krishnamurti on Will

Audio Podcast - 63 minutes

#### Summary

'There is an ending to effort, struggle, and all forms of resistance and escapes, when you understand the nature and the structure of will, which is born of choice and effort.'

This week's episode on Will has three sections.

The first extract (2:44) is from Krishnamurti's seventh talk in Saanen 1977, titled: What Is the Nature and Structure of Will?

The second extract (18:05) is from the third talk in Saanen 1976, titled: Is Change Dependent on Will?

The final extract in this episode (44:29) is from Krishnamurti's sixth talk in Saanen 1971, titled: Is It Possible To Live Without Will?

### Other platforms

(Apple) Krishnamurti Podcast - Ep. 226  
(Spotify) Krishnamurti Podcast - Ep. 226  
(YouTube) Krishnamurti Podcast - Ep. 226  
(Podbean) Krishnamurti Podcast - Ep. 226

## Wisdom

### [Ep. 182 - Krishnamurti on Wisdom](#)

Audio Podcast - 74 minutes

#### Summary

'Perception reveals the truth, and out of that perception wisdom comes. Intelligence is the action of that wisdom in daily life.'

This week's episode on Wisdom has six sections.

The first extract (2:45) is from Krishnamurti's fourth talk in Paris 1965, titled: Wisdom and Self-knowledge.

The second extract (17:45) is from the second public discussion in Saanen 1973, titled: Wisdom and Clarity.

The third extract (32:02) is from Krishnamurti's fifth talk in Saanen 1972, titled: Wisdom and Helping Another.

The fourth extract (39:51) is from the fifth talk in Saanen 1974, titled: Wisdom and Sorrow.

The fifth extract (49:28) is from Krishnamurti's third talk in Bombay 1982, titled: Wisdom and Security.

The final extract in this episode (57:08) is from the sixth talk in Ojai 1976, titled: Wisdom and Meditation.

#### Other platforms

[\(Apple\) Krishnamurti Podcast - Ep. 182](#)

[\(Spotify\) Krishnamurti Podcast - Ep. 182](#)

[\(YouTube\) Krishnamurti Podcast - Ep. 182](#)

[\(Podbean\) Krishnamurti Podcast - Ep. 182](#)

## Words/Language

### [Ep. 185 - Krishnamurti on Words and Language](#)

Audio Podcast - 74 minutes

#### Summary

'Words divide the fact from the observer. The word, or the screen of words, has separated the observer and the observed.'

This week's episode on Words and Language has five sections.

The first extract (2:40) is from Krishnamurti's second talk in New Delhi 1963, titled: A Mind Caught in Words.

The second extract (13:19) is from the fifth discussion in Saanen 1976, titled: Separating Words From Facts.

The third extract (30:20) is from Krishnamurti's first talk in Ojai 1978, titled: The Pressure of Language.

The fourth extract (46:40) is from the third discussion in Saanen 1974, titled: Words Separate the Observer From the Observed.

The final extract in this episode (56:44) is from the sixth discussion in London 1965, titled: Looking Without Words.

#### Other platforms

[\(Apple\) Krishnamurti Podcast - Ep. 185](#)

[\(Spotify\) Krishnamurti Podcast - Ep. 185](#)

[\(YouTube\) Krishnamurti Podcast - Ep. 185](#)  
[\(Podbean\) Krishnamurti Podcast - Ep. 185](#)

## Work

### [Ep. 204 - Krishnamurti on Work](#)

Audio Podcast - 81 minutes

#### **Summary**

'Shall I seek a job according to my idiosyncrasies, which means, according to my conditioning? My conditioning is the result of society which says prestige and status are most important, not function.'

This week's episode on Work has five sections.

The first extract (2:48) is from the second question and answer meeting in Saanen 1980, titled: Right Living, Right Livelihood.

The second extract (14:34) is from Krishnamurti's seventh talk in Saanen 1972, titled: A Job You Love.

The third extract (28:01) is from the second talk in Saanen 1973, titled: Deny the Culture, Yet Live in the World.

The fourth extract (52:08) is from Krishnamurti's fifth talk in Saanen 1973, titled: Work as Part of a Harmonious Life.

The final extract in this episode (1:04:55) is from the second talk in Ojai 1977, titled: I Have No Problem With Livelihood.

#### **Other platforms**

[\(Apple\) Krishnamurti Podcast - Ep. 204](#)  
[\(Spotify\) Krishnamurti Podcast - Ep. 204](#)  
[\(YouTube\) Krishnamurti Podcast - Ep. 204](#)  
[\(Podbean\) Krishnamurti Podcast - Ep. 204](#)

## Yoga

### [Ep. 101 - Krishnamurti on Yoga](#)

Audio Podcast - 54 minutes

#### **Summary**

If you are doing yoga there must be no effort at all, no forcing the body. If you force the body it is not yoga.'

This week's episode on Yoga has six sections.

The first extract (2:30) is from the fourth talk at Brockwood Park in 1972, titled 'The origins of yoga'.

The second extract (5:36) is from the fourth talk in Amsterdam 1971, titled 'Which is more important, a healthy body or a healthy mind?'

The third extract (12:23) is from Krishnamurti's fourth discussion at Brockwood Park School in 1970, titled 'Yoga without effort or control'.

The fourth extract (24:45) is from the first question and answer meeting at Brockwood Park in 1979, titled 'Can yoga awaken deeper energy, called kundalini?'

The fifth extract (35:25) is from Krishnamurti's third talk in Ojai 1985, titled 'The highest form of

yoga'.

The final extract in this episode (42:28) is from the sixth talk in Ojai 1980, titled 'There is only one yoga'.

**Other platforms**

[\(Apple\) Krishnamurti Podcast - Ep. 101](#)

[\(Spotify\) Krishnamurti Podcast - Ep. 101](#)

[\(YouTube\) Krishnamurti Podcast - Ep. 101](#)

[\(Podbean\) Krishnamurti Podcast - Ep. 101](#)

## **You Are The World**

[Ep. 267 - Krishnamurti on 'You Are The World'](#)

Audio Podcast - 76 minutes

**Summary**

'The problem is you. The problem, the crisis, the challenge is in you, and you have to reply adequately. You are the world.'

This episode on You Are the World has three sections.

The first extract (2:46) is from Krishnamurti's first talk in Madras 1977, and is titled: It is an absolute, irrevocable fact that you are the world.

The second extract (23:26) is from the third talk in New Delhi 1963, and is titled: There Is No Division Between the World and You.

The third and final extract in this episode (1:00:35) is from the third talk in Bombay 1977, and is titled: The Stream of Continuity.

**Other platforms**

[\(Apple\) Krishnamurti Podcast - Ep. 267](#)

[\(Spotify\) Krishnamurti Podcast - Ep. 267](#)

[\(YouTube\) Krishnamurti Podcast - Ep. 267](#)

[\(Podbean\) Krishnamurti Podcast - Ep. 267](#)